

MA CHAMPIONSHIP RECORDS as at 8 May 2009				* indicates 2009 changes			**also Aust Record		
AGE	N A M E	STATE	TIME	YEAR	AGE	N A M E	STATE	TIME	YEAR
	<b>60 METRES</b>		<b>MEN</b>			<b>60 METRES</b>		<b>WOMEN</b>	
M30	TRAVIS VENEMA	QLD	7.22s	2007	W30	**RANELL HOBSON	NSW	8.02s	2007
M35	**GREGORY SMITH	NSW	7.29s	2009	W35	RANELL HOBSON	NSW	8.05s	2008
M40	CHAS BARCLAY	NSW	7.52s	2009	W40	**GIANNA MOGENTALE	NSW	7.86s	2007
M45	DARREN HUGHES	NSW	7.57s	2009	W45	**DEBBIE LANCE	TAS	8.66s	2008
M50	LEO KENNEDY	ACT	7.71s	2008*	W50	JILL PRYOR	QLD	8.73s	2009
M55	JOHN VAN STRAPPEN	NSW	7.89s	2009*	W55	LYNNE CHOATE	WA	9.04s	2009
M60	KEITH HOWDEN	VIC	8.13s	2009*	W60	**MARGARET TAYLOR	ACT	9.29s	2009
M65	NEVILLE MCINTYRE	NSW	8.23s	2009	W65	NOREEN PARISH	QLD	9.77s	2007
M70	DAVID CLIVE	WA	8.65s	2009	W70	ANNETTE HORSNELL	QLD	10.00s	2008
M75	**JACK THACKRAY	ACT	9.47s	2007	W75	ANN COOPER	SA	10.23s	2007
M80	MAURICE DAUPHINET	QLD	10.61s	2007*	W80	**GWENDOLIN GLEESON	ACT	13.22s	2009
M85	KEN MATCHETT	VIC	12.51s	2007					
	<b>100 METRES</b>					<b>100 METRES</b>			
M30	PASQUALE VESCIO	QLD	11.27s	2005	W30	LORRAINE GRAINGER	NSW	12.31s	1981
M35	JOHN DUBLEWICZ	NSW	10.9s	1991	W35	D. IRWIN	VIC	12.44s	1981
M40	REG AUSTIN	NSW	11.12s	1981	W40	GIANNA MOGENTALE	NSW	12.37s	2007
M45	HAL THOMAS	SA	11.56s	1981*	W45	GIANNA MOGENTALE	NSW	12.75s	2009
M50	**LAURIE SNELLING	SA	11.56s	1981	W50	WENDY EY	SA	13.1s	1986
M55	HAL THOMAS	SA	11.63s	1992		MARGE ALLISON	NSW	13.1s	1995
M60	**BERNIE HOGAN	QLD	12.15s	1981	W55	NOREEN PARISH	NSW	14.16s	1998
M65	JOHN COOPER	QLD	12.68s	2006	W60	**ANN COOPER	SA	14.40s	1990
M70	HUGH COOGAN	QLD	13.37s	2006	W65	DAPHNE PIRIE	QLD	14.7s	1987
M75	FRED O'CONNOR	NSW	14.88s	1999	W70	ANNETTE HORSNELL	QLD	16.14s	2008
M80	MIKE JOHNSTON	VIC	15.79s	2002	W75	**ANN COOPER	SA	16.09s	2005
M85	HARRY GATHERCOLE	QLD	17.5s	1993	W80	RUTH FRITH	NSW	20.2s	1990
M90	BILL EMPEY	NSW	24.1s	1986	W85	MARGARET PROWSE	VIC	34.60s	2006
	<b>200 METRES</b>					<b>200 METRES</b>			
M30	**MARK ROSENBERG	NSW	22.13s	1994	W30	MELISSA MEDLICOTT	NSW	24.74s	1999
M35	KEVIN SILVER	QLD	22.06s	1993	W35	MELISSA MEDLICOTT	NSW	25.43s	2006
M40	B. WILSON	SA	22.54s	1983	W40	JULIE BRIMS	QLD	25.14s	2008
M45	REG AUSTIN	NSW	22.6s	1984	W45	BARBARA BLURTON	VIC	26.1s	1996
M50	**REG AUSTIN	NSW	23.1s	1987	W50	**MARGE ALLISON	NSW	26.4s	1995
M55	REG AUSTIN	NSW	24.26	1994	W55	WENDY SHEAVES DORAN	QLD	28.64s	2005
M60	REG AUSTIN	NSW	24.93s	1999	W60	**ANN COOPER	SA	29.8s	1991
M65	JOHN COOPER	QLD	26.17s	2004	W65	**ANN COOPER	SA	31.41s	1994
M70	HUGH COOGAN	QLD	27.46s	2006	W70	ANN COOPER	SA	33.81s	2002
M75	**MIKE JOHNSTON	VIC	29.76s	1998	W75	ANN COOPER	SA	34.72s	2005
M80	**MIKE JOHNSTON	VIC	31.82s	2002	W80	SHIRLEY BRASHER	TAS	49.20s	2008
M85	HARRY GATHERCOLE	QLD	36.78	1993	W85	MARGARET PROWSE	VIC	77.10s	2006
M90	ALEX PITTENDRICH	QLD	46.24	1998					
	<b>400 METRES</b>					<b>400 METRES</b>			
M30	**MARK ROSENBERG	NSW	48.35s	1994	W30	**GLENDA DOUGLASS	NSW	55.5s	1996
M35	ROBERT MCCUBBIN	VIC	49.46s	2002	W35	MARIE KAY	NSW	57.41s	1999
M40	**ROBERT MCCUBBIN	VIC	49.33s	2004	W40	JUDY POLLOCK	VIC	57.0s	1983
M45	S. HAYWOOD	NSW	52.6s	1993	W45	BARBARA BLURTON	VIC	58.6s	1996
M50	LAURIE SNELLING	SA	52.5s	1981	W50	MARGE ALLISON	NSW	59.5s	1995
M55	STUART HAYWARD	NSW	55.11s	2005	W55	BARBARA BLURTON	WA	64.68s	2005

M60	**PETER CROMBIE	NSW	56.85s	2005	W60	MARGE ALLISON	NSW	67.37s	2005
M65	COLIN BUYERS	QLD	59.85s	2009	W65	ANNE STOBAUS	VIC	74.16s	2007
M70	HUGH COOGAN	QLD	62.17s	2006	W70	MIRIAM CUDMORE	SA	84.63s	2008
M75	**DAVID CARR	WA	66.92s	2008	W75	HELEN AGOSTINI	SA	104m 34s	2002
M80	**MIKE JOHNSTON	VIC	72.85s	2002*	W80	**SHIRLEY BRASHER	TAS	2m 06.15s	2009
M85	HARRY GATHERCOLE	QLD	93.5s	1993	W85	**MARGARET PROWSE	VIC	2m 51.21s	2006
M90	ALEX PITTENDRICH	QLD	1m 57.78s	1997					
	<b>800 METRES</b>					<b>800 METRES</b>			
M30	**PAUL SCHNYDER	VIC	1m 55.40s	1997	W30	D. LANGE	SA	2m 14.3s	1986
M35	PETER TIPPET	SA	1m 54.8s	1986	W35	ANNE HOLCOMBE	VIC	2m 14.2s	1986
M40	ROBERT MCCUBBIN	VIC	1m 55.88s	2004	W40	JUDY POLLOCK	VIC	2m 13.22s	1983
M45	KEITH WHEELER	WA	2m 00.0s	1989	W45	BARBARA BLURTON	VIC	2m 17.2s	1996
M50	TOM ROBERTS	VIC	2m 00.7s	1984	W50	JENNY FLYNN	QLD	2m 18.07s	2005
M55	PAUL CRITCHLEY	NSW	2m 06.55s	1998	W55	BARBARA BLURTON	WA	2m 31.66s	2005
M60	DAVID CARR	WA	2m 16.28s	1993	W60	JAN MORREY	VIC	2m 41.20s	2003
M65	ALAN BRADFORD	QLD	2m 22.15s	2004	W65	SHIRLEY BRASHER	TAS	3m 01.18s	1992
M70	DAVID CARR	WA	2m 29.64s	2004	W70	**SHIRLEY BRASHER	TAS	3m 23.89s	1997
M75	DAVID CARR	WA	2m 38.5s	2009	W75	HELEN AGOSTINI	SA	4m 05.10s	2002
M80	MIKE JOHNSTON	VIC	3m 10.00s	2002	W80	SHIRLEY BRASHER	TAS	4m 46.97s	2007
M85	KEN MATCHETT	VIC	4m 23.94s	2007	W85	**MARGARET PROWSE	VIC	6m 35.91s	2006
M90	**ALEX PITTENDRICH	QLD	4m 28.2s	1997					
	<b>1500 METRES</b>					<b>1500 METRES</b>			
M30	BRENDAN GRAY	QLD	4m 06.17s	2004	W30	T. BELL	NSW	4m 43s	1983
M35	ALBIE THOMAS	NSW	3m 58.5s	1974	W35	MARCIA SHEER	SA	4m 30.16s	1993
M40	**ALBIE THOMAS	NSW	3m 55.4s	1975	W40	**DOT BROWNE	VIC	4m 31.8s	1983
M45	**KEITH WHEELER	WA	4m 02.1s	1989	W45	DOT BROWNE	VIC	4m 47.7s	1986
M50	RON YOUNG	VIC	4m 20.95s	1981	W50	JENNY FLYNN	QLD	4m 49.04s	2004
M55	JACK RYAN	VIC	4m 27.2s	1982	W55	JEAN ALBURY	VIC	5m 15.7s	1985
M60	BERT CARSE	WA	4m 40.11s	2002	W60	JEAN ALBURY	VIC	5m 36s	1990
M65	PETER SANDERY	SA	4m 57.80s	2007	W65	**SHIRLEY BRASHER	TAS	6m 02.68s	1992
M70	JOHN GILMOUR	WA	5m 10.2s	1991	W70	**SHIRLEY YOUNG	VIC	6m 47.29s	2000
M75	RANDALL HUGHES	VIC	5m 32.09s	1999	W75	HELEN AGOSTINI	SA	8m 06.78s	2002
M80	**BOB LEWIS	VIC	6m 34.57s	2008	W80	**SHIRLEY BRASHER	TAS	9m 34.52s	2007
M85	KEN MATCHETT	VIC	8m 51.48s	2007					
M90	ALEX PITTENDRICH	QLD	11m 04.39s	1998					
	<b>5000 METRES</b>					<b>5000 METRES</b>			
M30	PAUL WILSON	VIC	15m 08.60s	2002	W30	BILLINDA SCHIPP	NSW	17m 03.13s	2008
M35	**GARY HAND	ACT	14m 36.8s	1985	W35	MARCIA SHEER	SA	16m 42.74s	1994
M40	ALBIE THOMAS	NSW	14m 50.8s	1975	W40	GLENDA BANAGHAN	QLD	17m 05.51s	2007
M45	DAVE POWER	NSW	15m 33.6s	1975	W45	**DOT BROWNE	VIC	17m 33.3s	1986
M50	JIM LANGFORD	WA	16m 02.7s	1996	W50	**BRONWEN CARDY	VIC	17m 44.75s	2002
M55	JOHN GILMOUR	WA	16m 28.3s	1975	W55	BRONWEN CARDY	VIC	18m 52.64s	2007
M60	JOHN GILMOUR	WA	16m 38.3s	1982	W60	LAVINIA PETRIE	VIC	19m 58.73s	2004
M65	JOHN GILMOUR	WA	17m 44.4s	1986	W65	BRENDA RILEY	VIC	21m 13.68s	2006
M70	JOHN GILMOUR	WA	18m 47.0s	1990	W70	**SHIRLEY YOUNG	VIC	23m 21.4s	2000
M75	**RANDALL HUGHES	VIC	20m 18.04s	1999	W75	**SHIRLEY YOUNG	VIC	27m 56.65s	2005
M80	BILL BURRIDGE	NSW	24m 39.08s	2006					
M85	**PETER BROWNBILL	VIC	29m 24.79s	2004					
	<b>10,000 METRES</b>					<b>10,000 METRES</b>			
M30	PAUL WILSON	VIC	31m 50.16s	2002	W30	**BILLINDA SCHIPP	NSW	35m 07.4s	2008

M35	**ERIC COYLE	TAS	29m 58.6s	1985	W35	DESIREE LETHERBY	SA	35m 39s	1983
M40	STEVE AUSTIN	VIC	30m 23.18s	1992	W40	DOT BROWNE	VIC	35m 41s	1983
M45	DAVE POWER	NSW	32m 10s	1974	W45	**BRONWEN CARDY	VIC	36m 06.26s	2001
M50	ALAN BRADFORD	QLD	33m 25.8s	1991	W50	THERESIA BAIRD	VIC	38m 00.32s	1992
M55	JOHN GILMOUR	WA	34m 19s	1976	W55	**BRONWEN CARDY	VIC	37m 50.93	2007
M60	JOHN GILMOUR	WA	35m 10s	1980	W60	LAVINIA PETRIE	VIC	42m 06.09s	2004
M65	PETER SANDERY	SA	37m 40.41	2007	W65	SHIRLEY BRASHER	TAS	45m 49.42s	1992
M70	JOHN GILMOUR	WA	39m 49s	1990	W70	**SHIRLEY YOUNG	VIC	49m 30.43s	2000
M75	**RANDALL HUGHES	VIC	43m 05.41s	2000	W75	SHIRLEY YOUNG	VIC	59m 06.37s	2005
M80	**BILL BURRIDGE	NSW	50m 23.45s	2006					
M85	**KEN MATCHETT	VIC	60m 52.92s	2007					
	<b>MARATHON</b>					<b>MARATHON</b>			
M30	STEVE EVANS	?	2h 27m 25s	1995	W30	CAROL EY	ACT	2h 50m 29s	1992
M35	GARRY HAND	ACT	2h 23m 38s	1985	W35	SUSAN HOBSON	ACT	2h 32m 57s	1994
M40	**GARRY HAND	ACT	2h 19m 00s	1987	W40	JOANNE COWAN	NSW	2h 44m 16s	1997
M45	BILL RAIMOND	NSW	2h 29m 07s	1982	W45	BEV LUCAS	SA	2h 43m 45s	1995
M50	TONY LARKUM	NSW	2h 36m 30s	1991	W50	BEV LUCAS	SA	2h 49m 42s	1997
M55	JOHN GILMOUR	WA	2h 40m 56s	1978	W55	JANET UPCHER	TAS	3h 18m 09s	2002
M60	COLIN MCLEOD	QLD	2h 47m 22s	1999	W60	MARIE O'DONOVAN	NSW	3h 20m 28s	1993
M65	**COLIN MCLEOD	QLD	2h 54m 41s	2003	W65	CAROLINE CAMPBELL	ACT	4h 32m 32s	2008
M70	COLIN MCLEOD	QLD	3h 04m 07s	2006	W70	NORMA WALLETT	NSW	4h 57m 44s	2001
M75	RANDALL HUGHES	VIC	3h 40m 47s	1999	W75	NORMA WALLETT	NSW	5h 29m 40s	2006
M80	KEN MATCHETT	VIC	5h 17m 41s	2003					
M85	KEN MATCHETT	VIC	5h 25m 19s	2007					
	<b>3000 METRES STEEPLECHASE</b>					<b>2 km STEEPLECHASE</b>		<b>new height</b>	<b>30"</b>
M30	BRENDAN GRAY	QLD	10m 05.24s	2004	W30	MARY FIEN	NSW	7m 24.74s	2007
M35	JEFF BRODERICK	VIC	9m 13s	1991*	W35	MARY FIEN	NSW	7m 33.68s	2009
M40	DOUG WORLING	QLD	9m 31.6s	1975	W40	ELAINE COOPER	ACT	7m 17.61s	2001
M45	DOUG WORLING	QLD	9m 50.66s	1981	W45	ANTOINETTE SHAW	WA	8m 05.4s	1996
M50	ALAN BRADFORD	QLD	10m 15.1s	1991	W50	JANUS WRIGHT	VIC	8m 34.25s	2001
M55	ALAN BRADFORD	QLD	10m 29.16s	1994	W55	**ANTOINETTE SHAW	WA	8m 23.96s	2003
	<b>2 km STEEPLECHASE</b>		<b>new height</b>	<b>30"</b>	W60	FRANCES HARRIS	ACT	10m 26.34s	2003
M60	ALAN BRADFORD	QLD	7m 05.51s	1999	W65	**MARGARET ROBINSON	WA	10m 50.90s	2003
M65	ALAN BRADFORD	QLD	7m 28.46s	2004	W70	**SHIRLEY BRASHER	TAS	11m 24.25s	2000
M70	**ALAN BRADFORD	QLD	8m 20.95s	2009					
M75	**DAVID CARR	WA	8m 56.59s	2008					
M80	EDDIE GAMBLE	VIC	12m 25.0s	1997					
M85	**KEN MATCHETT	VIC	13m 23.05s	2007					
	<b>110 METRES HURDLES .991m/3'3"</b>					<b>100 METRES HURDLES</b>		<b>.840m/2'9"</b>	
M30	TERRY BALDWIN	VIC	15.78s	1994	W30	EILEEN HINDLE	WA	14.67s	1983
M35	**TERRY BALDWIN	VIC	15.10s	1998	W35	EILEEN HINDLE	WA	14.7s	1984
M40	CONRAD BURGE	ACT	15.5s	1991		<b>80 METRES HURDLES</b>		<b>.762m/2'6"</b>	
M45	**HARRY GILES	QLD	15.5s	1990	W40	EILEEN HINDLE	WA	11.8s	1989
	<b>100 METRES HURDLES .914m/3'</b>				W45	MARIE KAY	QLD	12.72s	2007
M50	MIKE STEVENSON	TAS	15.2s	1991	W50	BRENDA PARKINSON	SA	13.7s	1990
M55	**HARRY GILES	QLD	15.42s	1994	W55	BRENDA PARKINSON	SA	14.53s	1994
	<b>100 METRES HURDLES .840m/2'9"</b>					<b>80 METRES HURDLES</b>		<b>.686m/2'3" from 2000</b>	
M60	HARRY GILES	QLD	16.68s	2005	W60	MARGE ALLISON	NSW	14.85s	2005
M65	MIKE STEVENSON	TAS	16.95s	2007	W65	JUDITH KNIGHT	NSW	18.78s	1994
	<b>80 METRES HURDLES .762m/2'6"</b>				W70	ANNA ZEITZEN-VANDEBURG	VIC	22.27s	2005

M70	DON CHAMBERS	VIC	14.19s	2009				
M75	**FRED O'CONNOR	NSW	15.78s	1999				
M80	**FRED O'CONNOR	NSW	18.64s	2005				
M85	STAN STANKOVIC	VIC	34.62s	2008				
	<b>400 METRES HURDLES .914m/3'</b>					<b>400 METRES HURDLES</b>	<b>.762m/2'6"</b>	
M30	TERRY BALDWIN	VIC	57.3s	1996	W30	**GLENDA DOUGLASS	NSW	61.6s 1996
M35	HARRYGILES	QLD	56.09s	1981	W35	JULIE BRIMS	QLD	66.51s 2005
M40	HARRYGILES	QLD	56.73s	1988	W40	STACEY QUITZAU	NSW	64.97s 2001
M45	HARRYGILES	QLD	58.8s	1990	W45	**JAN HYNES	QLD	64.09s 1994
	JOHN MOLLOY	WA	58.8s	1996		<b>300 METRES HURDLES</b>	<b>.762m/2'6"</b>	
	<b>400 METRES HURDLES</b>	<b>.840m/2'9"</b>			W50	MARGARET TAYLOR	ACT	55.13s 2000
M50	HARRY GILES	QLD	62.14s	1994	W55	SUSAN HANEK	TAS	58.1s 1999
M55	**RICHARD TREMBATH	VIC	62.60s	1999		<b>300 METRES HURDLES</b>	<b>.686m/2'3" from 2000</b>	
	<b>300 METRES HURDLES</b>	<b>.762m/2'6"</b>			W60	MARGE ALLISON	NSW	54.87s 2005
M60	RICHARD TREMBATH	VIC	45.24s	2003	W65	**FRANCES HARRIS	ACT	67.37s 2007
M65	FRED O'CONNOR	NSW	50.7s	1990				
	<b>300 METRES HURDLES</b>	<b>.686m/2'3" from 2000</b>						
M70	FRED O'CONNOR	NSW	53.51s	1994				
M75	JACK THACKRAY	ACT	59.68s	2007				
M80	**FRED O'CONNOR	NSW	66.33s	2004				
	<b>5km TRACK WALK</b>					<b>5km TRACK WALK</b>		
M 30	IGNACIO JIMENEZ	QLD	22m 55.1s	1995	W30	MIRIAM HARDING	ACT	25m 46.9s 1988
M 35	DAVID SMITH	QLD	20m 43.8s	1995	W35	LISA PAOLINI	NSW	23m 46s 2001
M 40	DAVID SMITH	QLD	21m 26.18s	1998	W40	LYN VENTRIS	WA	23m 55.5s 2001
M 45	JOHN SMITH	NSW	22m 32s	1984	W45	LYN VENTRIS	WA	23m 51.03s 2006
M 50	ANDREW JAMIESON	VIC	23m 15.65s	1999	W50	**LYN VENTRIS	WA	23m 37.78s 2007
M 55	BOB GARDINER	VIC	23m 40.1s	1991	W55	HEATHER CARR	VIC	26m 01.40s 2007
M 60	ANDREW JAMIESON	VIC	23m 40.81s	2009	W60	**BRENDA RILEY	VIC	27m 13.41s 2004
M 65	THEO ORR	VIC	25m 47.04s	1987	W65	BRENDA RILEY	VIC	27m 51.04s 2006
M 70	**TOM DAINTRY	VIC	27m 01.8s	1982	W70	**JEAN ALBURY	TAS	29m 42.75s 2000
M 75	TOM DAINTRY	VIC	28m 43.86s	1987	W75	JEAN ALBURY	VIC	35m 31.62s 2007
M 80	TOM DAINTRY	VIC	30m 42.80s	1992	W80	NANCE JEFFREYS	VIC	39m 04s 1990
M 85	**GUS THEOBALD	VIC	33m 14.2s	1982				
M 90	**GUS THEOBALD	VIC	35m 10s	1987				
	<b>10km ROAD WALK (Best times, not records)</b>					<b>10 KM ROAD WALK (Best times, not records)</b>		
M30	ADAM PATTERSON	VIC	1h 07m 06s	2007	W30	LORRAINE JACHNO	ACT	47m 39s 1991
M35					W35	LISA PAOLINI	NSW	49m 49s 2001
M40	ROB MCFADDEN	SA	53m 17s	2007	W40	**LYN VENTRIS	WA	47m 25s 2001
M45	SIMON EVANS	VIC	51m 37s	2007	W45	LYN VENTRIS	WA	48m 34s 2006
M50	MARK DONAHOO	VIC	58m 12s	2009	W50	**LYN VENTRIS	WA	48m 27s 2007
M55	ALAN LUCAS	VIC	58m 01s	2007	W55	HEATHER CARR	VIC	54m 33m 2007
M60	GEORGE WHITE	SA	50m 22s	2007	W60	BRENDA RILEY	VIC	55m 18s 2004
M65	GRAHAM HARRISON	SA	64m 42s	2009	W65	BRENDA RILEY	VIC	56m 53s 2006
M70	MURRAY DICKINSON	VIC	59m 34s	2009	W70	**JEAN ALBURY	TAS	62m 31s 2000
M75	RICHARD LYNCH	QLD	1h 05m 41s	2004	W75	LORNA THOMPSON	QLD	74m 53s 2005
M80	RICHARD KEATINGE	QLD	1h 11m 10.5s	2003		CHRISTIANE DAUPHINET	QLD	74m 53s 2007
M85	RICHARD KEATINGE	QLD	1h 20m 12s	2009	W80	NANCE JEFFREYS	VIC	77m 35s 1990
	<b>20km ROAD WALK (Best times, not records)</b>					<b>20km ROAD WALK (Best times, not records)</b>		
M 30	RICHARD EVERSON	SA	1h 42m 44s	1998				
M 35	CHRIS LOCKWOOD	NSW	1h 37m 03s	2001				

M 40	GEORGE WHITE	VIC	1h 37m 53s	1990	W40	ANNETTE MAJOR	VIC	2hv 08m 27s	2007
M 45	JOHN SMITH	NSW	1h 37m 16s	1984					
M 50	ANDREW JAMIESON	VIC	1h 38m 58s	1997	W50	BARBARA BRYANT	VIC	1h 59m 04s	2007
M 55	ANDREW JAMIESON	VIC	1h 39m 44s	2006					
M 60	ANDREW JAMIESON	VIC	1h 38m 18s	2007					
M 65	MURRAY DICKINSON	VIC	1h 56m 09s	2004	W65	JOAN PURCELL	NSW	2h 34m 56s	2008
M 70	**TOM DAINTRY	VIC	2h 00m 16.1s	1985	W70	MARGARET BEAUMONT	VIC	2h 45m 11s	2008
M 75	TOM DAINTRY	VIC	2h 06m 40s	1987					
M80	A. WARBURTON	VIC	2h 58m 57s	1988					
M85	GUS THEOBALD	VIC	2h 28m 24s	1983					
M90	**GUS THEOBALD	VIC	2h 34m 01s	1987					
	<b>HIGH JUMP</b>					<b>HIGH JUMP</b>			
M30	TERRY BALDWIN	VIC	1.90m	1994	W30	**LYNETTE SMITH	NSW	1.66m	2005
M35	CLAYTON TOMPKINS	NSW	1.85m	1988	W35	LYNETTE SMITH	NSW	1.58m	2007
M40	**GRAEME MORRISH	VIC	1.95m	1982	W40	DEANN MAYFIELD	QLD	1.70m	2005
M45	VOLODYMYER SHELEVER	NSW	1.76m	2007	W45	MARGARET TAYLOR	ACT	1.45m	1997
M50	JOHN HUNT	ACT	1.74m	1992	W50	**MARGARET TAYLOR	ACT	1.44m	2001
M55	JOHN HUNT	ACT	1.68m	1997	W55	**MARGARET TAYLOR	ACT	1.35m	2003
	CLAYTON TOMPKINS	NSW	1.68m	2008*	W60	MARGARET TAYLOR	ACT	1.25m	2009
M60	TOM HANCOCK	VIC	1.52m	1997	W65	GWEN DAVIDSON	VIC	1.18m	1988
M65	GORDON GOURLAY	VIC	1.43m	1994	W70	**GWEN DAVIDSON	VIC	1.16m	1993
M70	**ALAN ROLFE	QLD	1.41m	1999	W75	GWEN DAVIDSON	VIC	1.05m	2001
M75	**GORDON GOURLAY	VIC	1.33m	2005					
M80	VIC YOUNGER	QLD	1.17m	1994					
M85	VIC YOUNGER	QLD	1.05m	1998					
M90	**VIC YOUNGER	VIC	0.95m	2004					
	<b>LONG JUMP</b>					<b>LONG JUMP</b>			
M30	TERRY BALDWIN	VIC	6.46m	1994	W30	EILEN HINDLE	WA	5.55m	1982
M35	CLAYTON TOMPKINS	NSW	6.73m	1986	W35	EILEN HINDLE	WA	5.71m	1987
M40	RUSSELL SARAH	VIC	6.57m	1986	W40	HELEN SEARLE	NSW	5.59m	1983
M45	P. VALLANCE	NSW	6.26m	1991	W45	MARIE KAY	NSW	5.21m	2006
M50	GRAHAM TAYLOR	ACT	5.76m	1997	W50	MARGARET TAYLOR	ACT	4.88m	1999
M55	DON FRASER	ACT	5.69m	1994	W55	**MARGARET TAYLOR	ACT	4.57m	2003
M60	DON FRASER	ACT	5.27m	1999*	W60	MARGARET TAYLOR	ACT	4.21m	2009
M65	GRAEME NODEN	VIC	5.01m	2003	W65	PAT CARR	WA	3.68m	1998
M70	DAVID CLIVE	WA	4.57m	2009	W70	PAT CARR	WA	3.46m	2003
M75	**FRED O'CONNOR	NSW	4.12m	1999	W75	PAT CARR	WA	2.99m	2007
M80	**FRED O'CONNOR	NSW	3.60m	2004	W80	RUTH FRITH	NSW	2.14m	1990
M85	HARRY GATHERCOLE	VIC	2.86m	1993					
M90	ALEX PITTENDRICH	QLD	2.14m	1998					
	<b>TRIPLE JUMP</b>					<b>TRIPLE JUMP</b>			
M30	ROGER GROPPPI	VIC	13.10m	1997	W30	**MAREE BUGEJA	QLD	11.68m	2006
M35	CLAYTON TOMPKINS	NSW	14.19m	1988	W35	EILEEN HINDLE	WA	11.31m	1987
M40	DEREK BOOSEY	QLD	14.01m	1987	W40	JULIE BRIMS	QLD	11.17m	2007
M45	GRAEME ANNAND	VIC	12.53m	1983	W45	MARGARET TAYLOR	ACT	10.74m	1995
M50	MURRAY TOLBERT	WA	12.12m	1996	W50	MARGARET TAYLOR	ACT	10.45m	2000
M55	KEN McCONNELL	TAS	12.19m	1980	W55	**MARGARET TAYLOR	ACT	10.20m	2003
M60	KEN McCONNELL	TAS	11.19m	1986*	W60	MARGARET TAYLOR	ACT	9.00m	2009
M65	KEN McCONNELL	TAS	10.58m	1990	W65	GWEN DAVIDSON	VIC	7.95m	1992
M70	**FRED O'CONNOR	NSW	9.85m	1994	W70	PAT CARR	WA	7.47m	2002

M75	FRED O'CONNOR	NSW	8.92m	2000	W75	GWEN DAVIDSON	VIC	5.99m	2001
M80	**FRED O'CONNOR	NSW	8.23m	2004	W80	RUTH FRITH	NSW	5.36m	1994
M85	VIC YOUNGER	QLD	5.87m	1998					
M90	ALEX PITTENDRICH	QLD	5.50m	1998					
	<b>POLE VAULT</b>					<b>POLE VAULT</b>			
M30	WARREN EVANS	QLD	3.65m	2005*	W30	MONTSE ROS	NSW	3.00m	2009
M35	WAYNE GARTH	VIC	4.05m	1988	W35	IRIE HILL	VIC	3.85m	2006
M40	BRUCE ARNOLD	QLD	3.90m	1998	W40	DAWN HARTIGAN	VIC	3.20m	2001
M45	BRUCE ARNOLD	QLD	3.70m	2000	W45	DAWN HARTIGAN	VIC	3.35m	2006
M50	BRUCE ARNOLD	QLD	3.65m	2005	W50	WILMA PERKINS	QLD	2.60m	2001
M55	GARVIN BROWN	QLD	3.20m	1986	W55	**WILMA PERKINS	QLD	2.50m	2005
	JIM POULTER	VIC	3.20m	1997	W60				
M60	KEN PRIESTLEY	VIC	3.20m	1999	W65	VAL CHESTERTON	ACT	1.40m	2006
M65	ROB BARCLAY	VIC	3.10m	2004					
M70	GARVIN BROWN	QLD	2.80m	2001					
M75	FRED O'CONNOR	NSW	1.88m	2001					
M 80	**FRED O'CONNOR	NSW	1.90m	2004					
M 85	VIC YOUNGER	QLD	1.50m	1999					
	<b>DISCUS THROW</b>					<b>DISCUS THROW</b>	<b>#W75+ 750gm from 2005</b>		
M30	YOHAN AMERASEKERA	VIC	44.65m	2004	W30	CHRIS SCHULTZ	VIC	48.12m	1984
M35	STUART GYNGELL	NSW	48.71m	2003	W35	CHRIS SCHULTZ	VIC	47.36m	1986
M40	STUART GYNGELL	NSW	49.73m	2005	W40	CHRIS SCHULTZ	VIC	44.42m	1991
M45	STUART GYNGELL	NSW	45.95m	2009	W45	CHRIS SCHULTZ	VIC	43.00m	1996
M50	ATTILLA SPAITS	ACT	44.60m	1992	W50	ISABELLE DENEFE	VIC	37.60m	1986
M55	WARWICK SELVEY	QLD	44.38m	1996	W55	CHRIS SCHULTZ	VIC	32.35m	2006
M60	RAY GREEN	ACT	49.66m	2005	W60	HEATHER DOHERTY	QLD	31.78m	1994
M65	WARWICK SELVEY	QLD	45.76m	2005	W65	**HEATHER DOHERTY	QLD	30.74m	1999
M70	RUDI HOCHREITER	VIC	37.58m	2000	W70	HEATHER DOHERTY	QLD	25.30m	2005
M75	ROY FOLEY	VIC	35.50m	1992*	W75	HEATHER DOHERTY	QLD	#22.09m	2009
M80	**SYDNEY COLEMAN	WA	29.56m	1996		GWEN DAVIDSON	VIC	18.99m(1kg)	1999
M85	**FELIKS JEKABSONS	QLD	25.28m	2008	W80	GWEN DAVIDSON	VIC	15.05m(1kg)	2007
M90	VIC YOUNGER	VIC	11.64m	2004	W85	RUTH FRITH	NSW	13.34m(1kg)	1998
					W90	**RUTH FRITH	NSW	12.10m(1kg)	2000
					W95	RUTH FRITH	QLD	#10.29m	2005
	<b>SHOT PUT</b>	<b>#M80+ 3kg from 2005</b>				<b>SHOT PUT</b>	<b>#W75+ 2kg from 2005</b>		
M30	YOHAN AMERASEKERA	VIC	13.87m	2004	W30	CHRIS SCHULTZ	VIC	14.98m	1984
M35	STUART GYNGELL	NSW	17.78m	2003	W35	CHRIS SCHULTZ	VIC	14.67m	1988
M40	STUART GYNGELL	NSW	17.68m	2008	W40	CHRIS SCHULTZ	VIC	13.22m	1991
M45	STUART GYNGELL	NSW	17.29m	2009	W45	CHRIS SCHULTZ	VIC	13.16m	1996
M50	GEORGE MENCIK	ACT	13.48m	1987	W50	CHRIS SCHULTZ	VIC	12.96m	1992
M55	GRAEME ROSE	VIC	13.08m	2000	W55	HELEN SEARLE	NSW	12.00m	1999
M60	GEORGE MENCIK	ACT	13.69m	1994	W60	HELEN SEARLE	NSW	12.05m	2000
M65	JIM PERIDIS	NSW	12.68m	1993	W65	HELEN SEARLE	QLD	11.41m	2005
M70	**JIM PERIDIS	NSW	13.03m	1997	W70	**HEATHER DOHERTY	QLD	8.62m	2005
M75	RUDI HOCHREITER	VIC	10.79m	2002*	W75	HEATHER DOHERTY	QLD	#8.20m	2009
M80	FELIKS JEKABSONS	QLD	#10.05m	2006		GWEN DAVIDSON	VIC	6.62m(3kg)	1999
M85	FELIKS JEKABSONS	QLD	#9.10m	2008	W80	**RUTH FRITH	NSW	6.93m(3kg)	1994
M90	VIC YOUNGER	VIC	4.69m(4kg)	2004	W85	RUTH FRITH	NSW	5.52m(3kg)	1999
					W90	**RUTH FRITH	NSW	5.37m(3kg)	2001
					W95	RUTH FRITH	QLD	#5.04m	2006

HAMMER THROW		#M80+ 3kg from 2005			HAMMER THROW		#W75+ 2kg from 2005		
M30	DAVID ALLAN	QLD	57.10m	2005	W30	KARYNE DI MARCO	NSW	59.27m	2008
M35	RUSSELL DEVINE	VIC	60.04m	2004	W35	PAM MATTHEWS	VIC	47.16m	1993
M40	HANS LOTZ	VIC	57.26m	1990	W40	JAYNE HARDY	ACT	45.58m	2004
M45	HANS LOTZ	VIC	56.14m	1997	W45	SHARON GIBBONS	ACT	43.10m	2004
M50	BOB WAGNER	QLD	51.93m	2007	W50	**MARJA PARVIAINEN	NSW	51.73m	1998
M55	**KEN READWIN	VIC	49.34m	1996	W55	MARJA PARVIAINEN	NSW	50.56m	2000
M60	GRAEME ROSE	VIC	47.56m	2008	W60	HELEN SEARLE	QLD	42.85m	2002
M65	WIM VAN WEENEN	VIC	48.32m	1997	W65	**HELEN SEARLE	QLD	41.41m	2006
M70	WIM VAN WEENEN	VIC	46.99m	2004	W70	VAL WORRELL	VIC	28.64m	2006
M75	ROY FOLEY	VIC	43.10m	1992*	W75	**HEATHER DOHERTY	QLD	#23.77m	2009
						GWEN DAVIDSON	VIC	22.92m(3kg)	1999
M80	FELIKS JEKABSONS	QLD	#30.82m	2006	W80	**GWEN DAVIDSON	VIC	23.12m(3kg)	2006
M85	FELIKS JEKABSONS	QLD	#27.36m	2008	W85	RUTH FRITH	NSW	13.36m(3kg)	1999
M90	VIC YOUNGER	VIC	9.73m(4kg)	2004	W90	**RUTH FRITH	NSW	13.13m(3kg)	2000
					W95	RUTH FRITH	QLD	#12.93m	2005
	<b>JAVELIN THROW</b>		<b>#Old Centre of Gravity</b>		<b>JAVELIN THROW</b>		<b>#Old Centre of Gravity</b>		
M30	ANDREW CURREY	NSW	77.65m	2001	W30	LYNETTE SMITH	NSW	38.74m	2005
						MARY THOMAS	NSW	#45.78m	1979
M35	MANFRED ROHKAMPER	VIC	#60.70m	1990	W35	JAYNE HARDY	ACT	41.28m	2000
						MARY THOMAS	NSW	#44.20m	1981
M40	JOHN KAY	NSW	61.78m	2001	W40	JAYNE HARDY	ACT	38.44m	2003
						MARY THOMAS	NSW	#41.94m	1985
M45	JOHN KAY	NSW	57.18m	2006	W45	JAYNE HARDY	ACT	36.38m	2008
						MARY THOMAS	NSW	#39.38m	1990
M50	BOB BANENS	ACT	54.22m	2001	W50	YASHA WATKINS	QLD	32.20m(500g)	2006
						MARY THOMAS	NSW	#46.75m(400g)	1998
M55	BOB BANENS	ACT	51.45m	2004	W55	**MARY THOMAS	NSW	39.17m(500g)	2001
M60	GRAEME ROSE	VIC	45.88m	2006	W60	MARY THOMAS	NSW	32.72m	2008
M65	GRAEME ROSE	VIC	41.08m	2009	W65	HEATHER DOHERTY	QLD	30.52m	1999
M70	**ERKKI SAARINEN	QLD	42.00m	2006	W70	**HEATHER DOHERTY	QLD	26.14m	2006
M75	COLIN MURRAYLEE	QLD	33.60m	2005*	W75	HEATHER DOHERTY	QLD	19.00m	2009
M80	**FRED O'CONNOR	NSW	28.72m	2005	W80	GWEN DAVIDSON	VIC	12.32m	2003
M85	KEVIN HOPKINS	NSW	21.32m	2004	W85	RUTH FRITH	NSW	9.96m	1998
M90	VIC YOUNGER	VIC	11.34m	2004	W90	RUTH FRITH	NSW	9.64m	2002
					W95	RUTH FRITH	QLD	7.70m	2005
	<b>WEIGHT THROW</b>				<b>WEIGHT THROW</b>		<b>#W75+ 4kg from 2</b>		
M30	DAVID ALLAN	QLD	16.32m	2005	W30	**KARYNE DI MARCO	NSW	18.57m	2008
M35	**RUSSELL DEVINE	VIC	17.76m	2004	W35	JAYNE HARDY	ACT	13.56m	2002
M40	GRANT EDWARDS	ACT	15.79m	2005	W40	JAYNE HARDY	ACT	13.70m	2003
M45	BOB WAGNER	QLD	15.76m	2005	W45	**CHRIS SCHULTZ	VIC	13.57m	1997
M50	BOB WAGNER	QLD	19.64m	2007	W50	MARJA PARVIAINEN	NSW	16.42m	1999
M55	GRAEME ROSE	VIC	16.60m	2000	W55	HELEN SEARLE	NSW	14.59m	1999
M60	**GRAEME ROSE	VIC	19.03m	2006	W60	**HELEN SEARLE	NSW	17.52m	2000
M65	**WIM VAN WEENEN	VIC	18.57m	1997	W65	HELEN SEARLE	QLD	16.10m	2006
M70	WIM VAN WEENEN	VIC	16.79m	2004	W70	VAL WORRELL	VIC	10.62m	2006
M75	COLIN MURRAYLEE	QLD	14.07m	2005*	W75	HEATHER DOHERTY	QLD	#10.33m	2009
						GWEN DAVIDSON	VIC	10.07m	1999
M80	ROY FOLEY	VIC	13.32m	1997	W80	GWEN DAVIDSON	VIC	8.76m	2006
M85	JOHN FRASER	VIC	11.56m	2001	W85	RUTH FRITH	NSW	6.07m	1999

					W90	**RUTH FRITH	NSW	6.19m	2001
					W95	RUTH FRITH	QLD	#6.00m	2005
<b>WEIGHT PENTATHLON (2002 Scoring) #new specs from 2005</b>					<b>WEIGHT PENTATHLON (2002 Scoring) #new specs from 2005</b>				
M30	YOHAN AMERASEKERA	VIC	2980	2004	* W30	**BYRONY GLASS	WA	3831	2009
M35	STUART GYNGELL	NSW	3559	2002	W35	JAYNE HARDY	ACT	3736	2002
M40	**STUART GYNGELL	NSW	3747	2006	W40	**JAYNE HARDY	ACT	4236	2003
M45	**STUART GYNGELL	NSW	3950	2009	W45	CHRIS SCHULTZ	VIC	4662	1996
M50	GRAEME ROSE	VIC	4200	1996	W50	MARJA PARVIAINEN	NSW	4345	1998
M55	GRAEME ROSE	VIC	4421	2001	W55	HELEN SEARLE	NSW	4366	1998
M60	**GRAEME ROSE	VIC	4538	2006	W60	**HELEN SEARLE	NSW	5081	2000
M65	**GRAEME ROSE	VIC	4766	2009	W65	**HELEN SEARLE	QLD	5387	2005
M70	COLIN MURRAYLEE	QLD	4421	1999	W70	**HEATHER DOHERTY	QLD	4636	2005
M75	COLIN MURRAYLEE	QLD	4272	2005	* W75	**HEATHER DOHERTY	QLD	#4986	2009
						GWEN DAVIDSON	VIC	4251	1999
M80	FELIKS JEKABSONS	QLD	#4208	2006	W80	GWEN DAVIDSON	VIC	4257	2003
M85	**FELIKS JEKABSONS	QLD	#4505	2008	W85	RUTH FRITH	NSW	4489	1998
					W90	RUTH FRITH	NSW	5558	2000
					W95	RUTH FRITH	QLD	#7383	2006
	<b>PENTATHLON w/DISCUS</b>					<b>PENTATHLON w/SHOT from 2009</b>			
M30	TERRY BALDWIN	VIC	*3456 2828	1996	* W30	ANNE VENEMA	QLD	1940	2009
M35	CLAYTON TOMPKINS	NSW	*3719 3243	1988	* W35	LYNETTE SMITH	NSW	2754	2009
M40	CLAYTON TOMPKINS	NSW	*3292 3148	1993	* W40	BAERBEL KORIBALSKI	NSW	2073	2009
M45	JOHN GORDON	NSW	*3784 3601	1993	* W45	DEBBIE LANCE	TAS	3015	2009
M50	KEN DANIELS	ACT	*3519 3275	1989	* W50	DONNA EMERSON	QLD	2229	2009
M55	**DON FRASER	ACT	*4101 3775	1994	* W55	ADELE LUCAS	TAS	2819	2009
M60	QUENTIN ANTHONY	ACT	*4221 3838	1992	* W60	**MARGARET TAYLOR	ACT	3699	2009
M65	MIKE JOHNSTON	VIC	*4142 3652	1991	* W65	**LESLEY HAMILTON	QLD	2897	2009
M70	MIKE JOHNSTON	VIC	*4269 3673	1993		<b>PENTATHLON w/DISCUS</b>			
M75	FRED O'CONNOR	NSW	*3139 3256	2001	W30	**LYNETTE SMITH	NSW	3255	2005
M80	**FRED O'CONNOR	NSW	3457	2004	W35	EILEEN HINDLE	WA	*3014 2668	1987
M85	HARRY GATHERCOLE	QLD	*1274 2546	1993	W40	JAN HYNES	QLD	*3501 3259	1988
	* Original Scoring, otherwise 2002 scoring				W45	CHRIS BATTERSBY	VIC	*3422 3143	1991
					W50	CHRIS BATTERSBY	VIC	*3490 3307	1994
					W55	MARGARET TAYLOR	ACT	3025	2003
					W60	PAT CARR	WA	*3118 2973	1994
					W65	LYDIA WIDERA	VIC	*3527 3436	1991
					W70	GWEN DAVIDSON	VIC	*2798 3362	1993
	<b>DECATHLON (2002 SCORING)</b>				W80	**SHIRLEY BRASHER	TAS	2558	2008
M30	WARREN EVANS	QLD	6352	2003		* Original Scoring, otherwise 2002 scoring			
M35	JASON BURT	QLD	4953	2009					
M40	ANDREW WHEELER	QLD	4215	2002					
M45	ARTHUR HARALAMPOU	QLD	4868	2002		<b>HEPTATHLON (2002 SCORING)</b>			
M50	BRUCE BODSWORTH	QLD	5030	2004	W30	LEANNE MCMURDY	QLD	3192	2003
M55	NELSON VINEY	QLD	5434	2003	* W35	JENNIFER BALDWIN	VIC	3822	2002
M60	GREG MAMALIS	NSW	6133	2003	W40	DEANN MAYFIELD	QLD	3984	2003
M65	**DON FRASER	ACT	7129	2005	W45	CHRISTINE BRIDLE	VIC	3990	2003
M70	**DON FRASER	ACT	6762	2009	W50	WILMA PERKINS	QLD	4624	2003
M75	FRANK PIETERS	QLD	4101	2004	W55	**WILMA PERKINS	QLD	5471	2005
M80	RAD LEOVIC	ACT	4006	2009					
M90	**VIC YOUNGER	VIC	4199	2003					

CHAMPION OF CHAMPIONS SPRINTS MEN					CHAMPION OF CHAMPIONS SPRINTS WOMEN				
1987	FRED TURNER M45	NSW	12.57s	SYD	1987	WILMA PERKINS W35	QLD	13.07s	SYD
1988	HARRY GATHERCOLE M80	VIC	12.3s (110)	BRIS	1988	KAREN ADAMS W35	NSW	11.9s (110)	QLD
1994	ROY FEARNALL M50	WA	11.26s	SYD	1994	MAVIS COLLINS W75	QLD	11.46s	SYD
1998	MICK PIRIE M65	QLD	?	BRIS	1998	NOREEN PARISH W55	NSW	?	BRIS
1999	REG AUSTIN M60	NSW	10.52s	ACT	1999	J. CASEY W50	NSW	12.14s	ACT
2000	JEFF KING M35	ACT	10.94s	TAS	2000	M. REID W45	ACT	11.13s	TAS
2001	REG AUSTIN M60	NSW	10.46s	NSW	2001	LYNNE CHOATE W45	WA	11.8sh	WA
						WILMA PERKINS W50	QLD	11.8sh	NSW
2002	JOHN WIGHT M55	QLD	10.63s	SA	2002	ANN COOPER W70	SA	11.63s	SA
2003	PETER CROMBIE M55	NSW	10.50s	WA	2003	ANN COOPER W70	SA	11.64s	WA
2004	DAVID CLIVE M67	WA	10.86s	MELB	2004	ANN COOPER W75	SA	11.81s	MELB
2005	JOHN COOPER M65	QLD	10.20s	BRIS	2005	WENDY SHEAVES/DORAN	QLD	12.11s	BRIS
2006	JOHN COOPER M66	QLD	10.42m	CANB	2006	ANN COOPER W77	SA	11.23m	CANB
2007	HUGH COOGAN M70	QLD	10.40s	TAS	2007	ANN COOPER W78	SA	11.03s	TAS
2008	NEVILLE MCINTYRE M65	NSW	10.56s	SYD	2008	GIANNA MOGENTALE W40	NSW	11.68s	SYD
2009	NEVILLE MCINTYRE M66	NSW	10.54s	ADEL*	2009	GIANNA MOGENTALE W45	NSW	11.80s	ADEL
	<b>CHAMPION OF CHAMPIONS THROWS MEN</b>					<b>CHAMPION OF CHAMPIONS THROWS WOMEN</b>			
1999	P. O'BRIEN M30	ACT	73.06m (JAV)	ACT	1999	MARY THOMAS W50	NSW	55.65 (JAV)	ACT
2000	J. DAVIS M65	QLD	60.20m (DT)	TAS	2000	CHRIS SCHULTZ W45	VIC	50.02 (DT)	TAS
2001	KEN READWIN M60	VIC	61.36m (HT)	NSW	2001	M. PARVIAINEN W55	NSW	60.65m (HT)	NSW
2002	TED VICKERS M82	QLD	18.12m (SP)	SA	2002	MARY THOMAS W55	NSW	15.99m (SP)	SA
2003	BOB BANENS M50	ACT	20.37m (WT)	WA	2003	RAEMA MCMILLAN W75	WA	20.72m (WT)	WA
2004	BOB WATSON M62	NSW	59.95m (JAV)	MELB	2004	MARY THOMAS W59	NSW	50.80m (JAV)	MELB
2005	WARREN EVANS	QLD	51.80m (DT)	BRIS	2005	LYNETTE SMITH W30	NSW	48.21m (DT)	BRIS
2006	GRAEME ROSE M60	VIC	59.19m (HT)	CANB	2006	TATIANA SUDARIKOVA	NSW	51.34m (HT)	CANB
2007	STUART GYNGELL M40	NSW	20.77m (SP)	TAS	2007	LISA KIRSCH	TAS	20.82m (SP)	TAS
2008	GRAEME ROSE M60	VIC	18.21m (WT)	SYD	2008	RAYLEA RUDOV	ACT	13.33m (WT)	SYD
2009	ANDREW ATKINSON-HOWATT M50	NSW	59.73m (JAV)	ADEL*	2009	MARY THOMAS W60	NSW	55.03m (JAV)	ADEL
	<b>ROYCE FOLEY TROPHY (Highest Points Winners in Weight Pentathlon - not to be won more than once in an age group)</b>								
1996	GRAEME ROSE M50	VIC	4256	PERTH	1996	CHRIS SCHULTZ W45	VIC	4464	PERTH
1997	WIM VAN WEENEN M65	VIC	4516	MELB	1997	HEATHER DOHERTY W60	QLD	4272	MELB
1998	TOM HANCOCK M60	VIC	4233	BRIS	1998	HELEN SEARLE W55	NSW	4337	BRIS
1999	COLIN MURRAYLEE M70	QLD	4484	CANB	1999	HEATHER DOHERTY W65	QLD	4587	CANB
	GRAEME ROSE M55	VIC	4484	CANB					
2000	RAY GREEN M55	ACT	4070	HOB	2000	HELEN SEARLE W60	NSW	5022	HOB
2001	BOB BANEN M50	ACT	4094	SYD	2001	RUTH FRITH W90	NSW	4215	SYD
2002	WIM VAN WEENEN M70	VIC	4232	ADEL	2002	MARY THOMAS W55	NSW	4118	ADEL
2003	TOM HANCOCK M65	VIC	4295	PERTH	2003	GWEN DAVIDSON W80	VIC	4257	PERTH
2004	FELIKSS JEKABSONS M80	QLD	3985	MELB	2004	HEATHER DOHERTY W70	QLD	4571	MELB
2005	COLIN MURRAYLEE M75	QLD	4272	BRIS	2005	RUTH FRITH W95	QLD	7380	BRIS
2006	GRAEME ROSE M60	VIC	4538	CANB	2006	HELEN SEARLE W65	QLD	5145	CANB
2007	KEITH JAMES M65	NSW	4027	HOB	2007	JAN BANENS W65	ACT	4363	HOB
2008	FELIKS JEKABSONS M85	QLD	4505	SYD	2008	JAYNE HARDY W45	ACT	4394	SYD
2009	GRAEME ROSE M65	VIC	4766	ADEL*	2009	HEATHER DOHERTY W75	QLD	4986	ADEL
	<b>BRIAN FOLEY AWARD (Best Age-Graded 800m/1500m Performance)</b>								
2009	DAVID CARR M76	WA	95.99%	ADEL					
	<b>Location of Australian Championships:</b>								
	Melbourne	1973				Adelaide	1993		
	Sydney	1974				Sydney	1994		

Adelaide	1975			Townsville	1995		
Brisbane	1976			Perth	1996		
Perth	1977			Melbourne	1997		
Melbourne	1978			Brisbane	1998		
Sydney	1979			Canberra	1999		
Adelaide	1980			Hobart	2000		
Brisbane	1981			Bankstown	2001		
Perth	1982			Adelaide	2002		
Melbourne	1983			Perth	2003		
Canberra	1984			Melbourne	2004		
Hobart	1985			Brisbane	2005		
Adelaide	1986			Canberra	2006		
Sydney	1987			Hobart	2007		
Brisbane	1988			Blacktown	2008		
Perth	1989			Adelaide	2009		
Melbourne	1990			Perth	2010		
Canberra	1991			Melbourne	2011		
Hobart	1992			Brisbane	2012		
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