

AUSTRALIAN MASTERS ATHLETICS & WORLD MASTERS ATHLETICS RECORDS

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As at 8 May 2009

MEN						WOMEN					
AGE		NAME	STATE	TIME	DATE	AGE		NAME	STATE	TIME	DATE
60 METRES						60 METRES					
M30	AR	ROBERT VIDLER	ACT	7.12s	2006	W30	AR	RANELL HOBSON	NSW	8.02s	2007
		MICHAEL RUTTER	ACT	6.8s h	1995	W35	AR	JULIE BRIMS	QLD	7.99s	2005
M35	AR	GREGORY SMITH	NSW	7.29s	2009			KATH HOLLAND	WA	7.4s h	1978
		MICHAEL RODEN	ACT	7.0s h	2002	W40	AR	GIANNA MOGENTALE	NSW	7.86s	2007
		KEN TELFER	ACT	7.0s h	2002	W45	AR	GIANNA MOGENTALE	NSW	8.03s	2009
M40	AR	MICHAEL RODEN	ACT	7.25s	2008	W50	AR	LYNNE CHOATE	WA	8.66s	2003
		STEVE JONES	ACT	7.0s h	2004			DEBBIE LANCE	NSW	8.66s	2008
M45	AR	STEPHEN JONES	QLD	7.40s	2009			MARGARET TAYLOR	ACT	8.3s h	2001
		MICHAEL WILSON	ACT	7.1s h	1995	W55	AR	WENDY SHEAVES-DORAN	QLD	8.82s	2005
M50	AR	WAYNE COUSINS	QLD	7.40s	2001	W60	AR	MARGARET TAYLOR	ACT	9.29s	2009
M55	AR	JOHN WIGHT	QLD	7.41s	1987	W65	AR	ANNETTE HORSNELL	QLD	9.61s	2002
M60	AR	PETER CROMBIE	NSW	7.94s	2006	W70	AR	ANNETTE HORSNELL	QLD	9.99s	2008
M65	AR	NEVILLE MCINTYRE	NSW	8.18s	2009	W75	AR	ANN COOPER	SA	10.23s	2007
M70	AR	HUGH COOGAN	QLD	8.55s	2006	W80	AR	GWENDOLIN GLEESON	ACT	13.22s	2009
M75	AR	JACK THACKRAY	ACT	9.47s	2007	W85	AR	MARGARET PROWSE	VIC	17.9s	2007
M80	AR	TOM BROWN	QLD	9.42s	1999						
M85	AR	CHARLIE HANKINS	QLD	10.45s	2001						
100 METRES						100 METRES					
M30	AR	BRETT BLANCO	WA	10.88s	2005	W30	AR	MELISSA MEDLICOTT	NSW	11.55s	2000
M35	AR	PETER O'DWYER	VIC	11.04s	2002	W35	AR	KATHY HOLLAND	WA	12.0s	1978
	WR	LINFORD CHRISTIE	GBR	9.97s	1995		WR	MERLENE OTTEY	JAM	10.74s	1996
M40	AR	REG AUSTIN	NSW	10.80s	1977	W40	AR	GIANNA MOGENTALE	NSW	12.26s	2007
	WR	TROY DOUGLAS	NED	10.29s	2003		WR	MERLENE OTTEY	SLO	11.09s	2004
M45	AR	BOB WISHART	VIC	11.2s	1989	W45	AR	GIANNA MOGENTALE	NSW	12.53s	2009
	WR	WILLIE GAULT	USA	10.72s	2006		WR	MERLENE OTTEY	SLO	11.34s	2008
M50	AR	LAURIE SNELLING	SA	11.56s	1981	W50	AR	MARGE ALLISON	NSW	13.06s	1995
	WR	WILLIAM COLLINS	USA	10.95s	2002		WR	PHIL RASCHKER	USA	12.50s	1997
M55	AR	BERNIE HOGAN	QLD	11.5s	1976	W55	AR	WENDY EY	SA	13.80s	1993
	WR	WILLIAM COLLINS	USA	11.44s	2008		WR	PHIL RASCHKER	USA	13.30s	2002
M60	AR	BERNIE HOGAN	QLD	12.15s	1981	W60	AR	ANN COOPER	SA	14.40s	1990
	WR	RON TAYLOR	GBR	11.70s	1995		WR	BRUNHILDE HOFFMAN	GER	13.89s	1999
M65	AR	MALCOLM PIRIE	QLD	12.62s	1994	W65	AR	ANN COOPER	SA	14.85s	1995
	WR	STEPHEN ROBBINS	USA	12.37s	2008		WR	NADINE O'CONNOR	USA	14.10s	2007
M70	AR	HUGH COOGAN	QLD	13.34s	2005	W70	AR	ANN COOPER	SA	15.72s	1999
	WR	BOBBY WHILDON	USA	12.77s	2005		WR	MARGARET PETERS	NZL	15.16s	2004
M75	AR	MIKE JOHNSTON	VIC	14.3s	1997	W75	AR	ANN COOPER	SA	16.09s	2005
	WR	WOLFGANG REUTER	GER	13.61s	2005		WR	PAULA SCHNEIDERHAN	GER	15.91s	1997
M80	AR	MIKE JOHNSTON	VIC	15.1s	2002	W80	AR	GWEN DAVIDSON	VIC	19.93s	2003
	WR	PAYTON JORDAN	USA	14.35s	1997		WR	HANNA GELBRICH	GER	18.42s	1993
M85	AR	CHARLIE BOOTH	VIC	16.98s	1989	W85	AR	MARGARET PROWSE	VIC	34.53s	2007
	WR	SUDA GIICHI	JPN	16.16s	1998		WR	NORA WEDEMO	SWE	19.83s	1999
M90	AR	HARRY GATHERCOLE	QLD	19.99s	1997	W90	AR	unclaimed			
	WR	FREDERICO FISCHER	BRA	17.53s	2007		WR	NORA WEDEMO	SWE	23.18s	2003
M95	AR	CHARLIE BOOTH	VIC	28.57s	2002						
	WR	FREDRICH MAHLO	GER	21.44s	2007						
M100	AR	LES AMEY	QLD	58.29s	2000						
	WR	PHILIP RABINOWITZ	RSA	30.86s	2004						

200 METRES					200 METRES						
M30	AR	MARK ROSENBERG	NSW	22.13s	1994	W30	AR	MELISSA MEDLICOTT	NSW	23.4s	2000
M35	AR	PETER O'DWYER	VIC	21.98s	2002	W35	AR	KATHY HOLLAND	WA	24.6s	1978
	WR	LINFORD CHRISTIE	GBR	20.11s	1995		WR	MERLENE OTTEY	JAM	21.93s	1995
M40	AR	REG AUSTIN	NSW	21.9s	1977	W40	AR	KYLIE STRONG	NSW	25.10s	2007
	WR	TROY DOUGLAS	NED	20.64s	2003		WR	MERLENE OTTEY	SLO	22.72s	2004
M45	AR	REG AUSTIN	NSW	22.40s	1983	W45	AR	JAN HYNES	QLD	25.63s	1991
	WR	WILLIE GAULT	USA	21.80s	2008		WR	MERLENE OTTEY	SLO	23.82s	2006
M50	AR	REG AUSTIN	NSW	23.1s	1987	W50	AR	MARGE ALLISON	NSW	26.4s	1995
	WR	EVERAD SAMUELS	USA	22.53s	2008		WR	MARIE LANDE MICHEL	PUR	25.65s	2007
M55	AR	HAL THOMAS	SA	24.02s	1992	W55	AR	WENDY SHEAVES-DORAN	QLD	28.08s	2005
	WR	WILLIAM COLLINS	USA	23.36s	2006		WR	INGRID MEIER	GER	27.26s	2003
M60	AR	PETER CROMBIE	NSW	24.83s	2005	W60	AR	ANN COOPER	SA	29.8s	1991
	WR	RON TAYLOR	GBR	24.00s	1995		AR	MARGE ALLISON	QLD	30.03s	2005
M65	AR	BERNIE HOGAN	QLD	25.6s	1985		WR	PHIL RASCHKER	USA	28.54s	2007
	WR	STEPHEN ROBBINS	USA	25.36s	2008	W65	AR	ANN COOPER	SA	31.41s	1994
M70	AR	HUGH COOGAN	QLD	26.84s	2005		WR	NADINE O'CONNOR	USA	29.37s	2007
	WR	HORST SCHRUDER	GER	26.71s	2005	W70	AR	ANN COOPER	SA	32.83s	1999
M75	AR	MIKE JOHNSTON	VIC	29.76s	1998		WR	MARGARET PETERS	NZL	31.45s	2004
	WR	WOLFGANG REUTER	GER	27.97s	2005	W75	AR	ANN COOPER	SA	33.6s	2004
M80	AR	MIKE JOHNSTON	VIC	31.82s	2002		WR	PAULA. SCHNEIDERHAN	GER	34.40s	1997
	WR	PAYTON JORDAN	USA	30.89s	1997	W80	AR	MARION SKARRATT	TAS	46.44s	2001
M85	AR	MIKE JOHNSTON	VIC	35.79s	2007		WR	MORITA MITSU	JPN	40.78s	2003
	WR	UGO SANSONETTI	ITA	34.24s	2004	W85	AR	MARGARET PROWSE	VIC	76.8s	2005
M90	AR	HARRY GATHERCOLE	QLD	44.24s	1997		WR	OLGA KOTELKO	CAN	48.36s	2004
	WR	FREDERICO FISCHER	BRA	38.57s	2007	W90	AR	unclaimed			
M95	WR	FREDRICH MAHLO	GER	48.69s	2007		WR	ROSARIO IGLESIAS	MEX	82.29s	2003
M100	WR	PHILLIP RABINOWITZ	RSA	77.59s	2004						
400 METRES					400 METRES						
M30	AR	MARK ROSENBERG	NSW	48.35s	1994	W30	AR	GLENDA DOUGLASS	NSW	55.5s	1996
M35	AR	JEFF KING	ACT	48.2s	2000	W35	AR	KATHY HOLLAND	WA	56.0s	1978
	WR	IBRAHIMA WADE	FRA	45.76s	2004		WR	AURELIA PENTON	CUBA	50.56s	1978
M40	AR	ROBERT McCUBBIN	VIC	49.33s	2004	W40	AR	MARIE KAYE	NSW	56.18s	2003
	WR	ENRICO SARACENI	ITA	47.81s	2004		WR	SARA MONTECINOS	CHL	53.68s	1994
M45	AR	REG AUSTIN	NSW	50.61s	1983	W45	AR	JAN HYNES	QLD	57.8s	1989
	WR	FRED SOWERBY	USA	50.20s	1994		AR	BARBARA BLURTON	VIC	57.91s	1995
M50	AR	REG AUSTIN	NSW	51.81s	1987		WR	MARIE LANDE MATHIEU	PUR	56.15s	2003
	WR	FRED SOWERBY	USA	51.39s	1999	W50	AR	MARGE ALLISON	NSW	58.51s	1995
M55	AR	COLIN MCCURRY	VIC	55.08s	2003		WR	MARIE LANDE MATHIEU	PUR	57.66s	2007
	WR	CHARLES ALLIE	USA	52.24s	2003	W55	AR	BARBARA BLURTON	WA	63.3s	2005
M60	AR	PETER CROMBIE	NSW	56.85s	2005		WR	AVRILA DOUGLAS	CAN	62.40s	2001
	WR	RALPH ROMAIN	TRI	53.88s	1995	W60	AR	ANNE STOBAUS	VIC	67.30s	2001
M65	AR	COLIN BUYERS	QLD	58.90s	2007		WR	PHIL RASCHKER	USA	66.69s	2007
	WR	GUIDO MUELLER	GER	56.37s	2004	W65	AR	ANNE STOBAUS	VIC	73.99s	2007
M70	AR	HUGH COOGAN	QLD	60.77s	2006		WR	DIANE PALMASON	CAN	68.21s	2003
	WR	HUGH COOGAN	AUS	60.77s	2006	W70	AR	ANN COOPER	SA	84.19s	2001
M75	AR	DAVID CARR	WA	66.92s	2008		WR	LEONTTNE VITOLA	LAT	76.81s	2008
	WR	WILHELM SELZER	GER	65.34s	2002	W75	AR	MARION SKARRETT	TAS	101.26s	1997
M80	AR	MIKE JOHNSTON	VIC	72.85s	2002		WR	MONICA SHONE	USA	88.17s	2002
	WR	MIKE JOHNSTON	AUS	72.85s	2002	W80	AR	SHIRLEY BRASHER	TAS	2m 06.15s	2009
M85	AR	MIKE JOHNSTON	VIC	85.99s	2007		WR	POLLY CLARKE	USA	1m 40.45s	1990
	WR	RODERICK PARKER	USA	84.18s	2004	W85	AR	MARGARET PROWSE	VIC	2m 51.21s	2006
M90	AR	ALEX PITTENDRICH	QLD	117.78s	1997		WR	ROSARIO IGLESIAS	MEX	2m 13.68s	1997
	WR	FREDERICH E MAHLO	GER	98.69s	2002	W90	AR	unclaimed			
M95	AR	ALEX PITTENDRICH	QLD	2m 50.1s	2001		WR	ROSARIO IGLESIAS	MEX	3m 06.85s	2001
	WR	ERWIN JASKULSKI	AUT	2m 38.64s	2000						

M100	WR	ERWIN JASKULSKI	AUT	3m 41s	2003						
800 METRES						800 METRES					
M30	AR	PAUL SCHNYDER	VIC	1m 55.4s	1997	W30	AR	JUDY DALY	SA	2m 07.4s	1978
M35	AR	ROBERT MCCUBBIN	VIC	1m 53.10s	2003	W35	AR	JUDY DALY	SA	2m 11.5s	1986
	WR	JOHNNY GRAY	USA	1m 43.36s	1995		WR	LYUBOV GURINA	RUS	1m 56.53s	1994
M40	AR	ROBERT MCCUBBIN	VIC	1m 51.56s	2004	W40	AR	JUDY POLLOCK	VIC	2m12.1s	1983
	WR	JIM SORENSEN	USA	1m 50.34s	2007		WR	Y. PODKOPAYEVA	RUS	1m 59.25s	1994
M45	AR	ALAN BRADFORD	QLD	1m 58.6s	1987	W45	AR	JEANETTE FLYNN	QLD	2m 13.13s	1999
	WR	SALADIN ALLAH	USA	1m 54.18s	2005		WR	Y. PODKOPAYEVA	RUS	2m 02.82s	1998
M50	AR	ALAN BRADFORD	QLD	2m 00.40s	1989	W50	AR	JEANETTE FLYNN	QLD	2m 16.05s	2005
	WR	NOLAN SHAHEED	USA	1m 58.65s	2000		WR	JEANETTE FLYNN	AUS	2m 16.05s	2005
M55	AR	TOM ROBERTS	VIC	2m 05.07s	1989	W55	AR	JEANETTE FLYNN	QLD	2m 21.98s	2007
	WR	STAN IMMELMAN	RSA	2m 03.7s	2001		WR	JEANETTE FLYNN	AUS	2m 21.98s	2007
M60	AR	ALAN BRADFORD	QLD	2m 10.42s	1999	W60	AR	ANNE STOBBAUS	VIC	2m 40.28s	2001
	WR	ALAN BRADFORD	AUS	2m 10.42s	1999		WR	GERDA VAN KOOTIN	HOL	2m 36.94s	1999
M65	AR	DAVID CARR	WA	2m 19.5s	1998	W65	AR	THERESIA BAIRD	VIC	2m 59.8s	2007
	WR	EARL FEE	CAN	2m 14.33s	1995		WR	DIANE PALMASON	CAN	2m 41.81s	2003
M70	AR	DAVID CARR	WA	2m 25.14s	2003	W70	AR	SHIRLEY BRASHER	TAS	3m 23.89s	1997
	WR	EARL FEE	CAN	2m 20.52s	1999		WR	ELFRIEDE HODAPP	GER	2m 59.55s	2006
M75	AR	DAVID CARR	WA	2m 34.3s	2007	W75	AR	SHIRLEY BRASHER	TAS	4m 00.16s	2002
	WR	DAVID CARR	AUS	2m 34.3s	2007		WR	EMMA MAZZENGA	ITA	3m 26.11s	2008
M80	AR	MIKE JOHNSTON	VIC	3m 05.6s	2002	W80	AR	MARION SKARRATT	TAS	4m 20.88s	2001
	WR	HAROLD CHAPSON	USA	2m 53.5s	1982		WR	NINA NAUMENKO	RUS	3m 45.00s	2005
M85	AR	MIKE JOHNSTON	VIC	3m 34.5s	2007	W85	AR	MARGARET PROWSE	VIC	6m 35.91s	2006
	WR	HOLGOR JOSEFSSON	SWE	3m 24.03s	2004		WR	ROSARIO IGLESIAS	MEX	5m 00.58s	1997
M90	AR	ALEX PITTENDRICH	QLD	4m 28.2s	1997	W90	AR	unclaimed			
	WR	ALEX PITTENDRICH	AUS	4m 28.2s	1997		WR	ROSARIO IGLESIAS	MEX	6m 59.18s	2001
M95	WR	MANUEL MUNOZ	MEX	9m 43.12s	2007						
1500 METRES						1500 METRES					
M30	AR	GLENN RITCHIE	NSW	3m 41.48s	1996	W30	AR	MARCIA SHEER	SA	4m 25.0s	1992
M35	AR	GERARD RYAN	ACT	3m 55.43s	1996	W35	AR	JUDY DALY	SA	4m 29.51s	1986
	WR	MIKE BOIT	KEN	3m 33.91s	1985		WR	MARICICA PUICA	ROM	3m 57.73s	1983
M40	AR	ALBIE THOMAS	NSW	3m 55.4s	1975	W40	AR	DOT BROWNE	VIC	4m 31.8s	1983
	WR	JIM SORENSEN	USA	3m 44.06s	2007		WR	Y. PODKOPAYEVA	RUS	3m 59.78s	1994
M45	AR	KEITH WHEELER	WA	4m 02.1s	1989	W45	AR	JEANETTE FLYNN	QLD	4m 33.29s	1997
	WR	JESUS BORREGO	ESP	3m 52.43s	2008		WR	Y. PODKOPAYEVA	RUS	4m 05.44s	1998
M50	AR	TOM ROBERTS	VIC	4m 05.2s	1984	W50	AR	JEANETTE FLYNN	QLD	4m 42.00s	2005
	WR	TOM ROBERTS	AUS	4m 05.2s	1984		WR	MAUREEN DE ST CROIX	CAN	4m 40.92s	2003
M55	AR	JACK RYAN	VIC	4m 17.6s	1980	W55	AR	ANN HOLCOMBE	VIC	5m 00.1s	2002
	WR	RON ROBERTSON	NZL	4m 12.5s	1997		WR	CAROLYN OXTON	GBR	4m 57.4s	1998
M60	AR	JOHN GILMOUR	WA	4m 29.0s	1979	W60	AR	JAN MORREY	VIC	5m 36.93s	2000
	WR	RON ROBERTSON	NZL	4m 27.65s	2001		WR	CORRIE KEIJSERS	NED	5m 18.14s	2002
M65	AR	JACK RYAN	VIC	4m 41.82s	1987	W65	AR	SHIRLEY BRASHER	TAS	6m 02.68s	1992
	WR	SIMON HERLAAR	HOL	4m 39.87s	1994		WR	LYDIA RITTER	GER	5m 43.61s	2004
M70	AR	DAVID CARR	WA	5m 05.2s	2003	W70	AR	SHIRLEY YOUNG	VIC	6m 47.29s	2000
	WR	SIMON HERLAAR	HOL	4m 57.65s	1999		WR	ELFRIEDE HODAPP	GER	6m 12.14s	2005
M75	AR	DAVID CARR	WA	5m 28.1s	2007	W75	AR	SHIRLEY BRASHER	TAS	7m 57.83s	2002
	WR	SHICHIRO MIDORIKAWA	JPN	5m 22.40s	2007		WR	DORIS DLAGAARD	DEN	6m 41.15s	2006
M80	AR	BOB LEWIS	VIC	6m 34.57s	2008	W80	AR	SHIRLEY BRASHER	TAS	9m 34.52s	2007
	WR	YOSHIMITSU MIYAUCHI	JPN	5m 59.11s	2004		WR	JOHANNA LUTHER	GER	7m 32.22s	1993
M85	AR	PETER BROWNBILL	VIC	7m 53s	2004	W85	AR	MARGARET PROWSE	VIC	12m 33.4s	2007
	WR	LONGINO PEREZ	MEX	7m 03.38s	1987		WR	IVY GRANSTROM	CAN	10m 33.40s	1997
M90	AR	PETER BROWNBILL	VIC	9m 32s	2008						
	WR	PETTER GREEN	NOR	8m 40s	2002						
M95	WR	PETTER GREEN	NOR	12m 57.7s	2007						

M95	WR	PETTER GREEN	NOR	26m 17.4s	2007						
5,000 METRES						5,000 METRES					
M30	AR	DAVID LEWIS	NSW	14m 51.80s	1989	W30	AR	SUSAN HOBSON	ACT	16m 25.7s	1989
M35	AR	GARRY HAND	ACT	14m 36.8s	1985	W35	AR	MARCIA SHEER	SA	16m 26.3s	1994
	WR	DIETER BAUMANN	GER	13m 07.4s	2002		WR	EDITH MASAI	KEN	14m 33.52s	2006
M40	AR	STEVE AUSTIN	VIC	14m 01.7s	1991	W40	AR	JOANNE COWAN	NSW	17m 00.65s	1998
	WR	MOHAMMED EZZHER	FRA	13m 43.15s	2000		WR	ELENA FIDATOV	ROM	15m 20.59s	2000
M45	AR	STEVE AUSTIN	VIC	14m 59.0s	1997	W45	AR	DOT BROWNE	VIC	17m 33.3s	1986
	WR	LUCIEN RAULT	FRA	14m 23.6s	1982		WR	NICOLE LEVEQUE	FRA	15m 55.71s	1996
M50	AR	COLIN O'BRIEN	VIC	15m 49.4s	1997	W50	AR	BRONWEN CARDY	VIC	17m 44.75s	2002
	WR	DAVID REES	GBR	14m 53.2s	2003		WR	JUTTA PEDERSEN	SWE	17m 17.02s	1997
M55	AR	JACK RYAN	VIC	15m 52.8s	1978	W55	AR	JEAN ALBURY	VIC	18m 49.0s	1985
	WR	MICHAEL F HAGER	GBR	15m 37s	2006		WR	BERNADINE PORTEWSKI	NZL	17m 58.05s	2005
M60	AR	JOHN GILMOUR	WA	16m 33.3s	1980	W60	AR	THERESIA BAIRD	VIC	19m 21.3s	2001
	WR	ADRIAAN HEIJDENS	NED	16m 12.57s	1999		WR	MARION IRVINE	USA	19m 14.8s	1989
M65	AR	JOHN GILMOUR	WA	17m 25.3s	1985	W65	AR	THERESIA BAIRD	VIC	20m 42.5s	2007
	WR	DEREK TURNBULL	NZ	16m 38.8s	1992		WR	MARIE-LOUISE MICHELSON	USA	20m 27.08s	2007
M70	AR	JOHN GILMOUR	WA	18m 46.62s	1989	W70	AR	SHIRLEY YOUNG	VIC	23m 21.4s	2000
	WR	ED WHITLOCK	CAN	18m 33.38s	2001		WR	ELFIEDE HODAPP	GER	22m 52.05s	2005
M75	AR	RANDALL HUGHES	VIC	20m 18.04s	1999	W75	AR	SHIRLEY YOUNG	VIC	27m 56.65s	2005
	WR	ED WHITLOCK	CAN	19m 07.02s	2006		WR	M. CZARWENKA-NAGEL	GER	24m 32.98s	2006
M80	AR	BILL BURRIDGE	NSW	24m 33.46s	2006	W80	AR	LORNA THOMPSON	QLD	36m 05.23s	2008
	WR	ED BENHAM	USA	21m 57.88 s	1988		WR	NINA NAUMENKO	RUS	26m 56.10s	2005
M85	AR	PETER BROWNBILL	VIC	29m 24.79s	2004	W85	AR	MARGARET PROWSE	VIC	45m 33.2s	2007
	WR	ALFRED FUNK	USA	25m 47.54s	2000		WR	MATSUE NISHIYAMA	JPN	37m 02.30s	1993
M90	AR	PETER BROWNBILL	VIC	36m 52.1s	2008						
	WR	GORDON PORTEOUS	GBR	31m 25.45s	2004						
M95	WR	HERB KIRK	USA	50m 23.53s	1991						
10,000 METRES						10,000 METRES					
M30	AR	GLENN RITCHIE	NSW	31m 06.5s	1995	W30	AR	BILLINDA SCHIPP	NSW	35m 07.4s	2008
M35	AR	ERIC COYLE	TAS	29m 58.5s	1985	W35	AR	DESIREE LETHERBY	SA	34m 34.4s	1981
	WR	CARLOS LOPES	POR	27m 17.48s	1984		WR	HELENA JAVORNIK	SLO	31m 06.63s	2004
M40	AR	STEVE AUSTIN	VIC	29m 23.1s	1991	W40	AR	DOT BROWNE	VIC	35m 30.5s	1985
	WR	MARTTI VAINIO	FIN	28m 30.88s	1991		WR	NICOLE LEVEQUE	FRA	32m 12.07s	1994
M45	AR	JAMES HARRISON	NSW	31m 43.17s	2009	W45	AR	BRONWEN CARDY	VIC	36m 06.26s	2001
	WR	ANTONIO VILLANUEVA	MEX	30m 02.56s	1987		WR	EVY PALM	SWE	32m 34.06s	1988
M50	AR	RON PETERS	QLD	32m 54.8s	2003	W50	AR	ANTOINETTE SHAW	WA	37m 31.9s	2000
	WR	ION DAMIAN	BEL	30m 56.08s	2003		WR	VALBORG OSTVERK	NOR	35m 37.0s	1981
M55	AR	JACK RYAN	VIC	33m 36.2s	1979	W55	AR	BRONWEN CARDY	VIC	37m 50.93s	2007
	WR	MICHAEL F HAGER	GBR	32m 27.7s	2006		WR	BERNADINE PORTENSKI	NZL	37m 22.4s	2006
M60	AR	JOHN GILMOUR	WA	34m 23.0s	1980	W60	AR	THERESIA BAIRD	VIC	39m 21.1s	2001
	WR	LUCIANO ACQUARONE	ITA	34m 14.88s	1991		WR	THERESIA BAIRD	AUS	39m 21.1s	2001
M65	AR	JOHN GILMOUR	WA	36m 11.0s	1984	W65	AR	THERESIA BAIRD	VIC	42m 07.1s	2007
	WR	DEREK TURNBULL	NZ	34m 42.2s	1992		WR	THERESIA BAIRD	AUS	42m 07.1s	2007
M70	AR	JOHN GILMOUR	WA	38m 26.0s	1989	W70	AR	SHIRLEY YOUNG	VIC	49m 30.43s	2000
	WR	ED WHITLOCK	CAN	38m 04.13s	2001		WR	M. CZARWENKA-NAGEL	GER	47m 22.51s	2000
M75	AR	RANDALL HUGHES	VIC	43m 05.41s	2000	W75	AR	SHIRLEY YOUNG	VIC	56m 59s	2005
	WR	ED WHITLOCK	CAN	39m 25.16s	2006		WR	M. CZARWENKA-NAGEL	GER	50m 00.93s	2005
M80	AR	BILL BURRIDGE	NSW	50m 23.45s	2006	W80	AR	unclaimed			
	WR	ED BENHAM	USA	44m 29.4s	1988		WR	NINA NAUMENKO	RUS	58m 24.70s	2005
M85	AR	KEN MATCHETT	VIC	60m 52.92s	2007	W85	AR	unclaimed			
	WR	MAX RASCHKE	GER	52m 50.80s	1993		WR	IVY GRANSTROM	CAN	86m 55.70s	1998
M90	WR	GORDON PORTEOUS	GBR	69m 27.5s	2004						
ONE HOUR RUN (currently not listed by WMA)						ONE HOUR RUN (currently not listed by WMA)					

M30	AR	ADRIAN SHEPPARD	ACT	17,296	2001	W30	AR	CAROL EY	ACT	15,705	1991
M35	AR	PHIL GARVIN	ACT	18,790	1986	W35	AR	ANNETTE PERKINS	ACT	15,552	1985
	WR	GASTON ROELANTS	BEL	20,774	1972		WR	CATHERINA SEGERS	BEL	16,521	1999
M40	AR	TREVOR JACOBS	ACT	17,819	1992	W40	AR	JACKIE FAIRWEATHER	ACT	16,056	2008
	WR	JOZEF EYCKMANS	BEL	19,149	1996		WR	GERDA MARIE DEHAES	BEL	15,844	1996
M45	AR	FRANK GREEN	ACT	17,759	1985	W45	AR	JENNY DOWIE	VIC	14,827	2004
	WR	ALAIN MIMOUN	FRA	18,862	1966		WR	INEKE STOFMEEL	NED	15,288	2004
M50	AR	MIKE MCAVOY	VIC	16,900	1988	W50	AR	ANNE YOUNG	ACT	13,593	1988
	WR	ALAIN MIMOUN	FRA	18,576	1971		WR	GREET WARNAAR	NED	15,052	1993
M55	AR	JOHN GILMOUR	WA	17,186	1974	W55	AR	BRONWEN CARDY	VIC	15,323	2007
	WR	JOHN VAN DER WANSEM	HOL	17,394	2005		WR	ROS TABOR	GBR	14,275	2004
M60	AR	JOHN GILMOUR	WA	16,854	1979	W60	AR	LAVINIA PETRIE	VIC	13,823	2003
	WR	JOHN GILMOUR	AUS	16,854	1979		WR	LAVINIA PETRIE	AUS	13,823	2003
M65	AR	JOHN GILMOUR	WA	15,892	1984	W65	AR	LAVINIA PETRIE	VIC	13,406	2008
	WR	JOHN GILMOUR	AUS	15,892	1984		WR	BERTHILIA DE PRETER	BEL	12,467	1996
M70	AR	JOHN GILMOUR	WA	15,474	1989	W70	AR	ROWENA BARKER	VIC	11,410	2003
	WR	JOHN GILMOUR	AUS	15,474	1989		WR	BERTHILIA DE PRETER	BEL	11,425	1999
M75	AR	BOB LEWIS	VIC	13,038	2003	W75	AR	CORRIE DE GROOT	VIC	10,050	2003
	WR	EDWARD BENHAM	USA	13,699	1983		WR	CORRIE DE GROOT	AUS	10,050	2003
M80	AR	BOB LEWIS	VIC	10,850	2008	W80	AR	MARGARET PROWSE	VIC	5,840	2004
	WR	PAUL SPANGLER	USA	12,130	1980		WR	MARY AMES	USA	7,049	1987
M85	WR	PAUL SPANGLER	USA	10,088	1984	W85	AR	MARGARET PROWSE	VIC	6,469	2007
HALF MARATHON (BEST ON RECORD, not listed by WMA)						HALF MARATHON (BEST ON RECORD, not listed by WMA)					
M30	AR	BRIAN SIMMONS	VIC	66m 44s	1990	W30	AR	KATE SEIBOLD-CROSBIE	VIC	77m 45s	2005
M35	AR	JOHN MEAGHER	VIC	67m 05.24s	2002	W35	AR	SUSAN HOBSON	ACT	70m 31s	1997
	WR	PAUL TERGAT	KEN	59m 10s	2005		WR	EDITH MASAI	KEN	67m 16s	2006
M40	AR	GARRY HAND	ACT	68m 01s	1986	W40	AR	SUSAN HOBSON	ACT	73m 27s	1999
	WR	JOHN CAMPBELL	NZL	62m 28s	1990		WR	HELENA JAVORNIK	SLO	70m 32s	2007
	WR	NELSON CHIRCHIR	KEN	62m 28s	1996	W45	AR	BEV LUCAS	SA	77m 39s	1991
M45	AR	HANK STOFFERS	WA	70m 17s	1988		WR	EVY PALM	SWE	71m 18s	1988
	WR	JOSE ANDRADE	POR	63m 57s	2003	W50	AR	BEV LUCAS	SA	77m 52s	1996
M50	AR	RON PETERS	QLD	71m 32s	2003		WR	TATYANA POZDNYAKOVA	UKR	76m 07s	2006
	WR	DAVID MARTIN REES	GBR	66m 42s	2003	W55	AR	BRONWEN CARDY	VIC	85m 10s	2007
M55	AR	RON PETERS	QLD	73m 06s	2008		WR	SHIRLEY MATSON	USA	83m 09s	1996
	WR	JIM O'NEIL	USA	69m 17s	1993	W60	AR	THERESIA BAIRD	VIC	86m 16s	2001
M60	AR	JOHN GILMOUR	WA	77m 03s	1980		WR	THERESIA BAIRD	AUS	86m 16s	2001
	WR	MANUEL ROSALES TOUZA	ESP	74m 18s	1996	W65	AR	LAVINIA PETRIE	VIC	103m 29s	2009
M65	AR	JOHN GILMOUR	WA	77m 17s	1985		WR	RONA FREDERIKS	GER	97m 46s	2005
	WR	WIL VAN DER LEE	NED	77m 13s	1997	W70	AR	ROWENA BARKER	VIC	112m 25.62s	2002
M70	AR	JOHN GILMOUR	WA	81m 41s	1989		WR	JUNE MACHALA	USA	102m 18s	2001
	WR	JOHN GILMOUR	AUS	81m 41s	1989	W75	AR	CORRIE DE GROOT	VIC	131m 15s	2004
M75	AR	BOB HORMAN	QLD	101m 44s	1994		WR	BETTY JEAN MCHUGH	CAN	113m 58s	2003
	WR	WARREN UTES	USA	90m 19s	1997	W80	WR	UNI WILMANN	NOR	134m 31s	2000
M80	AR	BOB HORMAN	QLD	106m 00s	2000						
	WR	JOHN KESTON	USA	99m 28s	1995						
M85	AR	BOB HORMAN	QLD	125m 11s	2004						
	WR	GEORG GABRIEL	GER	120m 05s	2006						
M90	WR	FAUJA SINGH	IND	158m 55s	2002						
MARATHON (BEST ON RECORD)						MARATHON (BEST ON RECORD)					
M30	AR	BRIAN SIMMONS	VIC	2:26:20	1990	W30	AR	KATE SEIBOLD-CROSBIE	VIC	2:44:11	2005
M35	AR	GARRY HAND	ACT	2:20:15	1985	W35	AR	KAREN GOBBY	WA	2:36:42	1991
	WR	CARLOS LOPES	POR	2:07:12	1985		WR	LYUDMILA PETROVA	RUS	2:21:29	2006
M40	AR	GARY HAND	ACT	2:19:00	1987	W40	AR	DOT BROWNE	VIC	2:41:25	1983
	WR	ANDRES ESPINOSA	MEX	2:08:46	2003		WR	PRISCILLA WELCH	GBR	2:26:51	1987
M45	AR	BILL RAIMOND	NSW	2:25:51	1982	W45	AR	BEV LUCAS	SA	2:43:45	1995

M55	AR	HARRY GILES	QLD	15.42s	1994	W55	AR	BRENDA PARKINSON	SA	13.94s	1992
	WR	WALT BUTLER	USA	14.49s	1996		WR	HELGI LAMP	EST	12.31s	1999
100 METRES HURDLES				.840m		80 METRES HURDLES				.686m from 2000	
M60	AR	MIKE STEVENSON	TAS	15.86s	2001	W60	AR	UNA LUND	QLD	14.24s	2001
	WR	COURTLAND GRAY	USA	14.62s	2004		WR	PHIL RASCHKER	USA	13.26s	2007
M65	AR	MIKE STEVENSON	TAS	16.42s	2005	W65	AR	JUDITH KNIGHT	NSW	18.25s	1994
	WR	GUIDO MULLER	GER	15.61s	2004						
80 METRES HURDLES				.762m		W70	AR	ANNA ZEITZEN	TAS	20.5s	2003
M65	AR	RICHARD TREMBATH	VIC	13.4s	2007		WR	ASTA LARSSON	SWE	16.10s	2004
M70	AR	DON CHAMBERS	VIC	14.14s	2007	W75	AR	unclaimed			
	WR	JAMES STOOKEY	USA	12.99s	2000		WR	ASTA LARSSON	SWE	19.76s	2007
M75	AR	FRED O'CONNOR	NSW	15.78s	1999	W80	AR	unclaimed			
	WR	JAMES STOOKEY	USA	13.62s	2005		WR	JOHNNYE VALIEN	USA	24.34s	2005
80 METRES HURDLES				.686m							
M80	AR	FRED O'CONNOR	NSW	18.64s	2005						
	WR	MELVIN LARSEN	USA	14.75s	2005						
M85	AR	VIC YOUNGER	QLD	26.65s	2000						
	WR	KIZO KIMURA	JPN	18.06s	1996						
M90	AR	VIC YOUNGER	VIC	44.4s	2003						
	WR	KIZO KIMURA	JPN	22.76s	2001						
400 METRES HURDLES				.914m		400 METRES HURDLES				.762m	
M30	AR	CAMERON YORKE	WA	54.43s	2009	W30	AR	GLENDA DOUGLASS	NSW	61.6s	1996
M35	AR	MICHAEL EDWARDS	WA	53.79s	1992	W35	A R	STACEY QUITZAW	NSW	62.3s	1996
	WR	DANNY MCFARLANE	JAM	48.57s	2008		WR	MARINA STEPANOVA	URS	52.94s	1986
M40	AR	NOEL CLOUGH	VIC	54.3s	1982	W40	AR	JAN HYNES	QLD	62.80s	1987
	WR	JAMES KING	USA	52.76s	1989		WR	BARBARA GAHLING	GER	58.35s	2007
M45	AR	HARRY GILES	QLD	58.02s	1989	W45	AR	JAN HYNES	QLD	64.09s	1994
	WR	GUIDO MUELLER	FRG	55.18s	1986		WR	JAN HYNES	AUS	64.09s	1994
400 METRES HURDLES				.840m		300 METRES HURDLES				.762m	
M50	AR	JOHN GORDON	NSW	60.22s	1997	W50	AR	JAN HYNES	QLD	45.8s	1994
	WR	HOWARD MOSCROP	GBR	56.56s	2008		WR	CHRISTINE MULLER	SUI	45.05s	2008
M55	AR	RICHARD TREMBATH	VIC	62.60s	1999	W55	AR	MARGE ALLISON	NSW	51.71s	2003
	WR	GUIDO MUELLER	GER	58.92s	1995		WR	PHIL RASCHKER	USA	49.14s	2002
300 METRES HURDLES				.840m							
M50	AR	MIKE STEVENSON	TAS	43.58s	1991						
M55	AR	RICHARD TREMBATH	VIC	44.0s	1999						
300 METRES HURDLES				.762m		300 METRES HURDLES				.686m from 2000	
M60	AR	RICHARD TREMBATH	VIC	45.19s	2003	W60	AR	MARGE ALLISON	QLD	51.64s	2005
	WR	GUIDO MUELLER	FRG	42.31s	1999		WR	MARGE ALLISON	AUS	51.64s	2005
M65	AR	MIKE STEVENSON	TAS	47.69s	2005	W65	AR	FRANCES HARRIS	ACT	67.37s	2007
	WR	GUIDO MUELLER	GER	43.89s	2004		WR	RIEDTJE DIJKMAN	NED	55.69s	2005
300 METRES HURDLES				.686m		W70	AR	ANNA ZEITZEN	TAS	96.1s	2003
M70	AR	ALAN BRADFORD	QLD	53.10s	2009		WR	FLORENCE MEILOR	USA	67.16s	2004
	WR	EARL FEE	CAN	49.07s	1999	W75	AR	unclaimed			
M75	AR	FRED O'CONNOR	NSW	56.29s	1999		WR	JOHNNYE VALIEN	USA	89.00s	2001
	WR	EARL FEE	CAN	52.91s	2005						
M80	AR	FRED O'CONNOR	NSW	66.33s	2004						
	WR	DAN BULKLEY	USA	62.61s	1999						
M85	AR	VIC YOUNGER	QLD	119.8s	1998						
	WR	RALPH MAXWELL	USA	81.44s	2008						
M90	WR	ILMARI KOPPINEN	FIN	121.71s	2008						
1,500 METRES WALK						1,500 METRES WALK					
M30	AR	CLYDE RIDDOCH	VIC	6m 11s	1983	W30	AR	SUE COOK	ACT	6m 40s	1990
M35	AR	STEVE HAUSFELD	ACT	6m 00.3s	1988	W35	AR	SHARON SCHNYDER	VIC	6m 47s	2000
M40	AR	DAVE THOMPSON	ACT	5m 58.9s	1986	W40	AR	HEATHER MCDONALD	VIC	6m 45s	1990

M45	AR	DAVID SMITH	QLD	22m 30.1s	2001	W45	AR	LYNETTE VENTRIS	WA	23m 42.4s	2005
	WR	GARY LITTLE	NZL	20m 54.4s	1991		WR	LYNETTE VENTRIS	AUS	23m 42.4s	2005
M50	AR	ANDREW JAMIESON	VIC	22m 19.3s	2001	W50	AR	LYNETTE VENTRIS	WA	23m 37.78s	2007
	WR	GARY LITTLE	NZL	21m 01s	1992		WR	LYNETTE VENTRIS	AUS	23m 37.78s	2007
M55	AR	ANDREW JAMIESON	VIC	22m 40.11s	2001	W55	AR	HEATHER CARR	VIC	25m 54.11s	2007
	WR	WILLI SAWALL	AUS	22m 11.5s	1997		WR	O. MEYER	GER	25m 28.0s	1985
M60	AR	ANDREW JAMIESON	VIC	22m 38.7s	2007	W60	AR	BRENDA RILEY	VIC	27m 13.41s	2004
	WR	ANDREW JAMIESON	AUS	22m 38.7s	2007		WR	O. MEYER	GER	26m 38.9s	1989
M65	AR	TOM DAINTRY	VIC	25m 44.0s	1979	W65	AR	BRENDA RILEY	VIC	27m 19.1s	2006
	WR	GERHARD WEIDNER	GER	25m 05.2s	1999		WR	BRENDA RILEY	AUS	27m 19.1s	2006
M70	AR	TOM DAINTRY	VIC	27m 01.8s	1982	W70	AR	JEAN ALBURY	TAS	29m 42.75s	2000
	WR	ARTHUR THOMSON	GBR	26m 01.52s	2006		WR	BRITTA TIBBLING	SWE	29m 16s	1991
M75	AR	TOM DAINTRY	VIC	28m 02.26s	1987	W75	AR	LORNA THOMPSON	QLD	34m 40.70s	2002
	WR	JAMES GRIMWADE	GBR	27m 40s	1987		WR	BRITTA TIBBLING	SWE	32m 44.76s	1993
M80	AR	GUS THEOBALD	VIC	30m 42.0s	1977	W80	AR	LORNA THOMPSON	QLD	38m 54.73s	2007
	WR	JAMES GRIMWADE	GBR	29m 24.1s	1992		WR	P. CLARKE	USA	37m 41s	1991
M85	AR	GUS THEOBALD	VIC	33m 14.2s	1982	W85	AR	MARGARET RUSSELL	QLD	44m 52.07s	2001
	WR	GUS THEOBALD	AUS	33m 15.0s	1982		WR	AINA ENGBERG	SWE	40m 13.37s	2008
M90	AR	GUS THEOBALD	VIC	35m 10s	1987	W90	WB	MARIA RAMIREZ BAUTISTA	MEX	49m 25.20s	2007
	WR	GUS THEOBALD	AUS	35m 10s	1987						
10k ROAD WALK (BEST ON RECORD)						10k ROAD WALK (BEST ON RECORD)					
M30	AB	IGNACIO JIMENEZ	QLD	46m 30s	1995	W30	AB	SUE COOK	VIC	46m 51s	1990
M35	AB	DAVID SMITH	QLD	41m 53s	1994	W35	AB	ANNE MANNING	NSW	44m 28s	1995
	WB	J. MARIN	ESP	39m 30s	1989		WB	KERRY JUNNA-SAXBY	AUS	42m 52s	1998
M40	AB	MARK DONAHO	VIC	43m 47.9s	1999	W40	AB	LYNETTE VENTRIS	WA	47m 25s	2001
	WB	WILLI SAWALL	AUS	40m 08s	1982		WB	S. GRIESBACH	FRA	47m 07s	?
M45	AB	MARK DONAHO	VIC	46m 40.4s	2003	W45	AB	LYNETTE VENTRIS	WA	46m 35.65s	2002
	WB	WILLI SAWALL	AUS	42m 18.0s	1988		WB	LYNETTE VENTRIS	AUS	46m 35.65s	2002
M50	AB	ANDREW JAMIESON	VIC	45m 41s	1999	W50	AB	LYNETTE VENTRIS	WA	48m 27s	2007
	WB	GARY LITTLE	NZL	42m 20s	1992		WB	LYNETTE VENTRIS	AUS	48m 27s	2007
M55	AB	ANDREW JAMIESON	VIC	46m 32.8s	2005	W55	AB	HEATHER CARR	VIC	53m 41.1s	2007
	WB	A. LIEPASKALNS	URS	43m 59.8s	?		WB	HEATHER CARR	AUS	53m 41.1s	2007
M60	AB	ANDREW JAMIESON	VIC	46m 22.1s	2007	W60	AB	BRENDA RILEY	VIC	55m 12s	2004
	WB	ANDREW JAMIESON	AUS	46m 22.1s	2007		WB	BRENDA RILEY	AUS	55m 12s	2004
M65	AB	RALPH BENNETT	VIC	51m 56s	2007	W65	AB	BRENDA RILEY	VIC	55m 32s	2005
	WB	GERHARD WEIDNER	GBR	50m 40.9s	1998		WB	BRENDA RILEY	AUS	55m 32s	2005
M70	AB	TOM DAINTRY	VIC	54m 17s	1981	W70	AB	JEAN ALBURY	TAS	62m 31s	2000
	WB	ARTHUR THOMSON	GBR	54m	2007		WB	BRITTA TIBBLING	SWE	60m 18s	1988
M75	AB	TOM DAINTRY	VIC	64m 39s	1990	W75	AB	LORNA THOMPSON	QLD	72m 49s	2002
	WB	JAMES GRIMWADE	GBR	55m 01s	1993		WB	BRITTA TIBBLING	SWE	67m 46s	1993
M80	AB	TOM DAINTRY	VIC	64m 23s	1993	W80	AB	NANCE JEFFREYS	VIC	77m 32s	1989
	WB	JAMES GRIMWADE	GBR	61m 25.4s	1993		WB	J. DANA	USA	75m 41.7s	2002
M85	AB	RICHARD KEATINGE	QLD	78m 52s	2008	W85	AB	NANCE JEFFREYS	VIC	92m 41.0s	1995
	WB	RICHARD KEATINGE	AUS	78m 52s	2008		WB	M. LINDGREN	SWE	83m 49s	1997
M90	AB	GUS THEOBALD	VIC	77m 52s	1990	W90	WB	MARIA RAMIREZ BAUTISTA	MEX	1h 38m 07s	2007
	WB	GUS THEOBALD	AUS	77m 52s	1990						
20k ROAD WALK (BEST ON RECORD)						20k ROAD WALK (BEST ON RECORD)					
M30	AB	IGNACIO JIMENEZ	QLD	1h 38m 02s	1997	W30	AB	JUSTIJANA ROSEMAN	VIC	1h 56m 56s	2007
M35	AB	WILLI SAWALL	VIC	1h 24m 04.3s	1980	W35	AB	ANNE MANNING	NSW	1h 36m 04s	1995
	WB	M. DAMILANO	ITA	1h 18m 54s	1992		WB	TAMARA KOVALENKO	RUS	1h 25m 49s	2000
M40	AB	WILLI SAWALL	VIC	1h 21m 36.0s	1982	W40	AB	LYNETTE VENTRIS	WA	1h 39m 26s	2001
	WB	WILLI SAWALL	AUS	1h 21m 36.0s	1982		WB	MARIA G MENDOZA	MEX	1h 33m 04s	2005
M45	AB	WILLI SAWALL	VIC	1h 33m 59s	1987	W45	AB	LYNETTE VENTRIS	WA	1h 34m 44s	2001
	WB	WILLI SAWALL	AUS	1h 25m 03s	1988		WB	LYNETTE VENTRIS	AUS	1h 34m 44s	2001
M50	AB	ANDREW JAMIESON	VIC	1h 34m 38s	1999	W50	AB	LYNETTE VENTRIS	WA	1h 45m 13s	2008

	WR	KIZO KIMURA	JPN	6.59m	2001							
M95	AR	ALEX PITTENDRICH	QLD	3.55m	2001							
		SHOT PUT		7.260kg			SHOT PUT			4kg		
M30	AR	DEAN COWAN	QLD	15.65m	2002	W30	AR	CHRIS SCHULTZ	VIC	15.71m	1984	
M35	AR	STUART GYNGELL	NSW	18.55m	2003	W35	AR	CHRIS SCHULTZ	VIC	15.41m	1987	
	WR	BRIAN OLDFIELD	USA	22.19m	1984		WR	LARISA PELESHENKO	RUS	21.46m	2000	
M40	AR	STUART GYNGELL	NSW	18.55m	2006	W40	AR	CHRIS SCHULTZ	VIC	14.36m	1991	
	WR	BRIAN OLDFIELD	USA	21.41m	1985		WR	ANTONINA IVANOVA	URS	19.05m	1973	
M45	AR	STUART GYNGELL	NSW	18.12m	2009	W45	AR	CHRIS SCHULTZ	VIC	13.18m	1998	
	WR	IVAN IVANCIC	YUG	20.77m	1983		WR	DENKA SILHAVA	CZE	16.95m	1999	
		SHOT PUT		6kg			SHOT PUT			3kg		
M50	AR	RAY GREEN	ACT	14.03m	1999	W50	AR	CHRIS SCHULTZ	VIC	14.39m	2001	
	WR	KLAUS LIEDTKE	GER	18.45m	1991		WR	HELMA TEUSCHER	GER	14.94m	2008	
M55	AR	RAY GREEN	ACT	13.85m	2000	W55	AR	MARY THOMAS	NSW	12.09m	2000	
	WR	KLAUS LIEDTKE	GER	17.50m	1996		WR	SIGRIN KOFINK	GER	14.47m	1991	
		SHOT PUT		5kg			W60	AR	HELEN SEARLE	NSW	12.36m	1999
M60	AR	GEORGE MENCIK	ACT	14.30m	1994		WR	SIGRIN KOFINK	GER	13.20m	1997	
	WR	KLAUS LIEDTKE	GER	18.37m	2001	W65	AR	HELEN SEARLE	QLD	11.58m	2004	
M65	AR	AIVARS PAVULINS	VIC	13.02m	1989		WR	SIGRIN KOFINK	GER	12.21m	2000	
	WR	KURT GOLDSCHMIDT	GER	15.78m	2008	W70	AR	HEATHER DOHERTY	QLD	8.62m	2005	
		SHOT PUT		4kg			WR	ROSEMARY CHRIMES	GBR	11.02m	2003	
M70	AR	JIM PERIDIS	NSW	13.03m	1997					*2kg from 10/2004		
	WR	KARL-HEINZ MARG	GER	15.89m	2008	W75	AR	HEATHER DOHERTY	QLD	7.36m	2008	
M75	AR	JIM PERIDIS	NSW	11.64m	2001		AR	HEATHER DOHERTY	QLD	*8.40m	2008	
	WR	HEINER WILL	GER	13.84m	2002		WR	ROSEMARY CHRIMES	GBR	8.95m	2008	
				*3kg from 11/2005		W80	AR	RUTH FRITH	NSW	6.93m	1994	
M80	AR	FELIX JEKABSONS	QLD	9.41m	2003		AR	RAEMA MCMILLAN	WA	*7.12m	2008	
		FELIX JEKABSONS	QLD	*10.19m	2006		WR	MASAYO KOHNO	JPN	7.71m	1995	
	WR	ARNIE GAYNOR	USA	13.82m	2008	W85	AR	RUTH FRITH	NSW	5.92m	1995	
M85	AR	JOHN FRASER	VIC	7.94m	2000		WR	HELEN BEAUCHAMP	USA	6.52m	2005	
		FELIX JEKABSONS	QLD	*9.66m	2008	W90	AR	RUTH FRITH	NSW	5.37m	2001	
	WR	ERIK ERIKSSON	FIN	10.82m	2006		WR	RUTH FRITH	AUS	5.37m	2001	
M90	AR	JOHN FRASER	VIC	6.90m	2005	W95	AR	RUTH FRITH	QLD	4.72m	2006	
	WR	FREDERICO FISCHER	BRA	9.54m	2007		AR	RUTH FRITH	QLD	*5.25m	2006	
M95	AR	unclaimed					WR	RUTH FRITH	AUS	4.72m	2004	
	WR	FREDRICH MAHLO	GER	6.93m	2007							
M100	WR	TAKASHI SHIMOKAWARA	JPN	5.11m	2008							
		DISCUS		2kg			DISCUS			1kg		
M30	AR	GRAHAM HICKS	VIC	50.57m	2008	W30	AR	CHRIS SCHULTZ	VIC	50.04m	1985	
M35	AR	DARRON HAWORTH	QLD	54.15m	2008	W35	AR	CHRIS SCHULTZ	VIC	48.90m	1989	
	WR	VIRGILJUS ALEKNA	LTU	71.56m	2007		WR	FAINA MYELNIK	URS	69.60m	1980	
M40	AR	MERV KEMP	SA	52.44m	1984	W40	AR	CHRIS SCHULTZ	VIC	48.52m	1991	
	WR	AL OERTER	USA	69.48m	1980		WR	ELLINA ZVEREVA	BLR	67.10m	2001	
M45	AR	GEOFF TYLER	VIC	49.08m	1994	W45	AR	CHRIS SCHULTZ	VIC	44.38m	1999	
	WR	AL OERTER	USA	66.12m	1982		WR	ZDENKA SILHAVA	CZE	64.09m	1999	
		DISCUS		1.5kg			W50	AR	CHRIS SCHULTZ	VIC	41.00m	2001
M50	AR	RAY GREEN	ACT	45.06m	1998		WR	CAROL FINSRUD	USA	45.67m	2007	
	WR	KLAUS WEIFFENBACH	GER	68.40m	1997	W55	AR	UNA LUND	QLD	35.30m	1996	
M55	AR	WARWICK SELVEY	QLD	44.42m	1995		WR	TAMARA DANILOVA	RUS	43.36m	1996	
	WR	KLAUS LIEDTKE	GER	64.58m	2000	W60	AR	HEATHER DOHERTY	QLD	33.24m	1994	
		DISCUS		1kg			WR	KAREN ILLGEN	GER	39.24m	2002	
M60	AR	WARWICK SELVEY	QLD	53.43m	2001	W65	AR	HEATHER DOHERTY	QLD	30.74m	1999	
	WR	KLAUS LIEDTKE	GER	66.36m	2001		WR	TAMARA DANILOVA	RUS	37.62m	2005	
M65	AR	TOM HANCOCK	VIC	46.79m	2002	W70	AR	HEATHER DOHERTY	QLD	25.45m	2006	
	WR	KLAUS LIEDTKE	GER	59.75m	2007		WR	ROSEMARY CHRIMES	GBR	31.62m	2003	

							WR	FELICIA MOLDOVAN	ROM	61.23m	2008		
M45	AR	BOB BANENS	ACT	57.38m	1999	W45	AR	JAYNE HARDY	ACT	36.38m	2008		
	WR	ARNIE BRADSTOCK	USA	71.75m	2007			*HEATHER DOHERTY	QLD	42.28m	1980		
							WR	ELISABETH WALLANDER	SWE	44.89m	2005		
JAVELIN				700g from 2000				JAVELIN				500g from 2000	
M50	AR	BOB BANENS	ACT	58.68m	2001	W50	AR	YASHA WATKINS	QLD	32.20m	2006		
	WR	LUIS NOGUEIRA	ESP	71.01m	2007			MARY THOMAS	NSW	48.56m(400g)	1995		
							WR	INGRID THYSSEN	GER	44.20m	2006		
M55	AR	BOB BANENS	ACT	51.75m	2005	W55	AR	MARY THOMAS	NSW	39.17m	2001		
	WR	KAUKO TIUSKU	FIN	64.17m	2001			HEATHER DOHERTY	QLD	40.10m(400g)	1989		
							WR	N. BEZJAK-URBANCIC	JUG	44.44m	2002		
JAVELIN				600g				JAVELIN				400g	
M60	AR	GRAEME ROSE	VIC	48.98m	2004	W60	AR	HEATHER DOHERTY	QLD	36.08m	1993		
	WR	ESA KIURU	FIN	62.47m	2007		WR	GERTRAUD SCHONAUER	AUT	41.28m	1997		
M65	AR	AIVARS PAVULINS	VIC	45.00m	1989	W65	AR	HEATHER DOHERTY	QLD	31.02m	1999		
	WR	GARY STENLUND	USA	57.67m	2006		WR	EVAUN B. WILLIAMS	GBR	38.07m	2006		
JAVELIN				500g from 2000				JAVELIN				26.14m	
M70	AR	ERKKI SAARINEN	QLD	42.00m	2006	W70	AR	HEATHER DOHERTY	QLD	26.14m	2006		
	WR	WLADYSLAW KOWALCZYK	GER	51.25m	2008	W75	A R	HEATHER DOHERTY	QLD	19.83m	2008		
M75	AR	ERKKI SAARINEN	QLD	37.07m	2009		WR	RACHEL HANSSSENS	BEL	23.84m	2006		
	WR	MATTI KAMILA	FIN	43.77m	2004	W80	AR	RAEMA MCMILLAN	WA	14.93m	2008		
JAVELIN				400g from 2000				JAVELIN				20.01m	
M80	AR	FRED O'CONNOR	NSW	28.72m	2005	W85	AR	RUTH FRITH	NSW	11.11m	1998		
	WR	WILLIAM PLATTS	USA	39.06m	2008		WR	OLGA KOTELKO	CAN	18.56m	2004		
M85	AR	VIC YOUNGER	QLD	21.98m	2000	W90	AR	RUTH FRITH	NSW	10.51m	2002		
	WR	KLAUS LANGER	GER	31.72m	2002		WR	JUANITA BROOKOVER	USA	10.97m	2005		
M90	AR	VIC YOUNGER	VIC	17.01m	2003	W95	AR	RUTH FRITH	QLD	9.03m	2006		
	WR	HELGE LONNROTH	FIN	23.87m	2007		WR	RUTH FRITH	AUS	9.03m	2006		
M95	WR	TRENT LANE	USA	20.80m	2005								
M100	WR	TAKASHI SHIMOKAWARA	JPN	12.42m	2007								
WEIGHT THROW				15.88kg				WEIGHT THROW				9.072kg	
M30	AR	DAVID ALLAN	QLD	17.05m	2005	W30	AR	KARYNE DI MARCO	NSW	18.57m	2008		
M35	AR	RUSSELL DEVINE	VIC	17.76m	2004	W35	AR	JAYNE HARDY	ACT	14.46m	2002		
	WR	IAN MAPLETHORPE	CAN	18.95m	2005		WR	CHRISTINE MCAHILL	NZL	16.57m	2002		
M40	AR	HANS LOTZ	VIC	16.60m	1992	W40	AR	JAYNE HARDY	ACT	14.62m	2003		
	WR	RALF JOSSA	GER	20.98m	2007		WR	ONEITHEA LEWIS	USA	19.09m	2002		
M45	AR	BOB WAGNER	QLD	16.11m	2004	W45	AR	CHRIS SCHULTZ	VIC	13.57m	1997		
	WR	VASILIOS MANGANAS	GRE	18.92m	2001		WR	ONEITHEA LEWIS	USA	17.88m	2005		
WEIGHT THROW				11.34kg				WEIGHT THROW				7.258kg	
M50	AR	BOB WAGNER	QLD	19.78m	2006	W50	AR	MARJA-LEENA PARVIAINEN	NSW	16.54m	1997		
	WR	VASILIOS MANGANAS	GRE	22.52m	2004		WR	MARJA-LEENA PARVIAINEN	AUS	16.54m	1997		
M55	AR	GRAEME ROSE	VIC	17.84m	1999	W55	AR	MARJA-LEENA PARVIAINEN	NSW	15.15m	2002		
	WR	ARILD BUSTERUD	NOR	21.29m	2004		WR	EVAUN B. WILLIAMS	GBR	17.02m	1994		
WEIGHT THROW				9.072kg				WEIGHT THROW				5.449kg	
M60	AR	GRAEME ROSE	VIC	19.03m	2006	W60	AR	HELEN SEARLE	NSW	17.52m	2000		
	WR	ARILD BUSTERUD	NOR	24.20m	2008		WR	INGE FALDAGER	DEN	17.84m	2008		
M65	AR	WIM VAN WEENEN	VIC	18.57m	1997	W65	AR	HELEN SEARLE	QLD	16.44m	2004		
	WR	ARNE LOTHE	NOR	20.53m	2003		WR	HELEN SEARLE	AUS	16.44m	2004		
WEIGHT THROW				7.258kg				WEIGHT THROW				11.40m	
M70	AR	WIM VAN WEENEN	VIC	17.96m	2002	W70	AR	VAL WORRELL	VIC	11.40m	2007		
	WR	ARNE LOTHE	NOR	20.85m	2008		WR	JUTTA SCHAEFER	GER	15.00m	2004		
										*4kg from 10/2004			
M75	AR	WIM VAN WEENEN	VIC	15.90m	2008	W75	AR	GWEN DAVIDSON	VIC	10.30m	1998		
	WR	ROBERT WARD	USA	18.26m	2008		AR	HEATHER DOHERTY	QLD	*10.33m	2008		
WEIGHT THROW				5.449kg				WEIGHT THROW				10.87m	
M80	AR	JOHN FRASER	VIC	15.10m	1995	W80	AR	MARIANNE NEUBERT	GER	10.87m	2004		
	WR	ARTHUR DREHER	GER	16.87m	2002		AR	GWEN DAVIDSON	VIC	8.80m	2003		
							AR	RAEMA MCMILLAN	WA	*9.33m	2008		

M85	AR	JOHN FRASER	VIC	12.99m	2000		WR	JULIA HUAPAYA MARTINEZ	PER	9.57m	2007
	WR	ERIK ERIKSSON	FIN	18.34m	2008	W85	AR	RUTH FRITH	NSW	7.78m	1995
M90	AR	JOHN FRASER	VIC	10.11m	2005		WR	RUTH FRITH	AUS	7.78m	1995
	WR	TORGEIR BRANDVOLD	NOR	10.59m	2004	W90	AR	RUTH FRITH	NSW	6.19m	2001
M95	AR	unclaimed					WR	RUTH FRITH	AUS	6.19m	2001
	WR	TRENT LANE	USA	7.56m	2006	W95	AR	RUTH FRITH	QLD	5.16m	2006
							AR	RUTH FRITH	QLD	*6.23m	2005
							WR	RUTH FRITH	AUS	5.11m	2006
56lb HEAVY WEIGHT						56lb HEAVY WEIGHT					
M30	AR	CLAYTON CAMPADONICO	QLD	5.13m	2007	W30	AR	KARYNE DI MARCO	NSW	4.07m	2008
M35	AR	DARRON HAWORTH	QLD	10.94m	2008	W35	AR	JAYNE HARDY	ACT	4.06m	2002
M40	AR	GRANT EDWARDS	ACT	10.82m	2007	W40	AR	JAYNE HARDY	ACT	4.72m	2003
M45	AR	GRANT EDWARDS	ACT	10.24m	2007	W45	AR	JAYNE HARDY	ACT	4.33m	2008
M50	AR	GEOFF CRUMPTON	ACT	7.79m	2007	W50	AR	ADRIANA VAN BOECKEL	NSW	2.98m	2003
M55	AR	ROGER GLASS	VIC	7.62m	2007	W55	AR	JUDY CORAM	VIC	3.32m	2005
M60	AR	GRAEME ROSE	VIC	7.01m	2006	W60	AR	RAYLEA RUDOV	ACT	3.27m	2007
M65	AR	WIM VAN WEENEN	VIC	6.18m	2001	W65	AR	RAYLEA RUDOV	ACT	3.24m	2008
M70	AR	WIM VAN WEENEN	VIC	5.84m	2006	W70	AR	MARGARITA JEKABSONS	QLD	1.82m	2007
M75	AR	HARRY WYNHOVEN	VIC	3.96m	2005	W75	AR	STELLA SABERTON	ACT	1.97m	2005
M80	AR	NORM WINDRED	NSW	3.12m	2008						
M85	AR	FELIX JEKABSONS	QLD	3.07m	2007						
100lb HEAVY WEIGHT						100lb HEAVY WEIGHT					
M30	AR	BRETT KINGSTON	NSW	2.86m	2006	W30	AR	KARYNE DI MARCO	NSW	2.24m	2008
M35	AR	DARRON HAWORTH	QLD	5.57m	2008	W35	AR	JAYNE HARDY	ACT	2.06m	2001
M40	AR	GRANT EDWARDS	ACT	4.94m	2007	W40	AR	JAYNE HARDY	ACT	2.24m	2007
M45	AR	GRANT EDWARDS	ACT	4.38m	2007	W45	AR	JAYNE HARDY	ACT	2.27m	2008
M50	AR	GEOFF CRUMPTON	ACT	4.22m	2008	W50	AR	JILL TAYLOR	NSW	1.50m	2008
M55	AR	BOB BANENS	ACT	3.40m	2007	W55	AR	TRISH THOMAS	ACT	1.47m	2004
M60	AR	RAY GREEN	ACT	2.92m	2004	W60	AR	TRISH THOMAS	ACT	1.61m	2007
M65	AR	BILL BINKS	VIC	3.09m	2006	W65	AR	JAN BANENS	ACT	1.40m	2008
M70	AR	WIM VAN WEENEN	VIC	2.74m	2006	W70	AR	MARGARITA JEKABSONS	QLD	0.85m	2007
M75	AR	HARRY WYNHOVEN	VIC	1.99m	2005						
M80	AR	NORM WINDRED	NSW	1.76m	2008						
M85	AR	FELIX JEKABSONS	QLD	1.66m	2007						
WEIGHT PENTATHLON (2002 Tables) *new specs from 11/2005						WEIGHT PENTATHLON (2002 Tables) *new specs from 11/2005					
M30	AR	GRAHAM HICKS	VIC	3444	2008	W30	AR	BYRONY GLASS	WA	3831	2009
M35	AR	DARRON HAWORTH	QLD	3620	2008	W35	AR	CHRIS SCHULTZ	VIC	3945	1987
	WR	OLAV JENSSSEN	NOR	4081	1999		WR	CHRISTI MCCAHILL	NZL	3935	2001
M40	AR	STUART GYNGELL	NSW	3747	2006	W40	AR	JAYNE HARDY	ACT	4236	2003
	WR	STEVE WHYTE	GBR	4176	2005		WR	ONEITHEA LEWIS	USA	5261	2003
M45	AR	STUART GYNGELL	NSW	3950	2009	W45	AR	CHRIS SCHULTZ	VIC	4686	1997
	WR	VASILIS MANGANAS	GRE	4355	2001		WR	ONEITHEA LEWIS	USA	5414	2005
M50	AR	GRAEME ROSE	VIC	4078	1995	W50	AR	CHRIS SCHULTZ	VIC	4535	2001
	WR	TOM GAGE	USA	4588	1995		WR	CAROL FINSRUD	USA	4763	2007
M55	AR	GRAEME ROSE	VIC	4288	1999	W55	AR	MARY THOMAS	NSW	4502	1999
	WR	ARILD BUSTERUD	NOR	4897	2003		WR	EVAUN WILLIAMS	GBR	4858	1993
M60	AR	GRAEME ROSE	VIC	4538	2006	W60	AR	HELEN SEARLE	NSW	5081	2000
	WR	ARILD BUSTERUD	NOR	5235	2008		WR	EVAUN WILLIAMS	GBR	5321	1998
M65	AR	GRAEME ROSE	VIC	4766	2009	W65	AR	HELEN SEARLE	QLD	5387	2005
	WR	KARL-HEINZ WENDEL	GER	5202	1995		WR	EVAUN WILLIAMS	GBR	5574	2003
M70	AR	COLIN MURRAYLEE	QLD	4432	1999	W70	AR	HEATHER DOHERTY	QLD	4636	2005
	WR	BOB WARD	USA	5364	2004		WR	EVAUN WILLIAMS	GBR	6189	2008
M75	AR	COLIN MURRAYLEE	QLD	4604	2004	W75	AR	GWEN DAVIDSON	VIC	4371	1998
	WR	BOB WARD	USA	5646	2008		AR	HEATHER DOHERTY	QLD	*4986	2009

M80	AR	JOHN FRASER	VIC	4357	1995	WR	KAIJA JORTIKKA	FIN	4539	1999	
	WR	GERHARD SCHEPE	USA	5135	1993	W80	GWEN DAVIDSON	VIC	4419	2003	
M85	AR	JOHN FRASER	VIC	4444	1999	WR	JULIA HUAPAYA MARTINEZ	PER	4482	2007	
	AR	FELIKS JEKABSONS	QLD	*4505	2008	W85	RUTH FRITH	AUS	4561	1995	
	WR	ERIK ERIKSSON	FIN	5531	2008	WR	OLGA KOTELKO	CAN	5465	2004	
M90	AR	JOHN FRASER	VIC	5201	2005	W90	RUTH FRITH	NSW	5558	2000	
	WR	JOHN FRASER	AUS	5201	2005	WR	RUTH FRITH	AUS	5544	2000	
M95	WR	TRENT LANE	USA	5999	2005	W95	RUTH FRITH	QLD	*7383	2005	
						WR	RUTH FRITH	AUS	6122	2004	
PENTATHLON (2002 Tables) LJ, Javelin, 200m, Discus, 1500m						"NEW/OCEANIA" PENTATHLON: 100m, Shot, Long Jump, Javelin, 800m					
M30	AR	WARREN EVANS	QLD	3275	2003	W30	LYNETTE SMITH	NSW	2463	2004	
M35	AR	TERRY BALDWIN	VIC	3589	1998		*WILMA PERKINS	QLD	2829	1984	
	WR	SILVIO HODOS	FRA	4003	1983	W35	LYNETTE SMITH	NSW	2754	2009	
M40	AR	RAY MOONEY	VIC	3311	1987		*WILMA PERKINS	QLD	3039	1986	
	WR	WERNER SCHALLAU	FRG	4076	1978	W40	JULIE BRIMS	QLD	2856	2006	
M45	AR	LLOYD MITCHELSON	NSW	3935	1985		*JAN HYNES	QLD	3568	1986	
	WR	GARY MILLER	USA	4009	1983	W45	LISA CROUCH	QLD	3653	2009	
M50	AR	TERRY HICKS	VIC	3662	2005	W50	CHRISTINE BRIDLE	VIC	3221	2009	
	WR	GARY MILLER	USA	4155	1988	W55	WILMA PERKINS	QLD	3932	2004	
M55	AR	DON FRASER	ACT	3775	1994	W60	MARGARET TAYLOR	ACT	3699	2009	
	WR	RICHMOND MORCOM	USA	3994	1977	W65	LESLEY HAMILTON	QLD	2897	2009	
M60	AR	RUDI HOCHREITER	VIC	4081	1987	W70	AR	unclaimed			
	WR	RUDI HOCHREITER	AUS	4081	1987	W75	AR	SHIRLEY BRASHER	TAS	2769	2002
M65	AR	RUDI HOCHREITER	VIC	4019	1992	W80	AR	SHIRLEY BRASHER	TAS	2593	2008
	WR	GUDMUND SKRIVERIK	NOR	4245	1986			*Pre-2000 with old Javelin			
M70	AR	MIKE JOHNSTON	VIC	3945	1991	"OLD" PENTATHLON: Long Jump, Javelin, 200m, Discus, 800m					
	WR	ADOLF KOCH	FRG	4223	1987	W30	AR	LYNETTE SMITH	NSW	3255	2005
M75	AR	DAVID CARR	WA	3462	2008	W35	AR	PETA BIRD	NSW	2965	1995
	WR	PIERRE DARROTT	FRA	3917	1996	W40	AR	JAN HYNES	QLD	3443	1987
M80	AR	FRED O'CONNOR	NSW	3456	2004	W45	AR	JAN HYNES	QLD	3698	1991
	WR	BILL CARTER	USA	3688	2003	W50	AR	UNA LUND	QLD	3719	1991
M85	AR	HARRY GATHERCOLE	QLD	2632	1994	W55	AR	WILMA PERKINS	QLD	3532	2005
	WR	KEN CARNINE	USA	2973	1993	W60	AR	PEGGY MACLIVER	WA	3373	2007
M90	AR	VIC YOUNGER	VIC	2672	2003	W65	AR	JOYCE BANNISTER	ACT	3577	1991
	WR	SACHIO YAMAMOTO	JPN	3434	2005	W70	AR	GWEN DAVIDSON	VIC	3373	1993
						W75	AR	PAT CARR	WA	2797	2007
						W80	AR	SHIRLEY BRASHER	TAS	2558	2008
DECATHLON (2002 WMA Tables)			M80 3kg Shot from 11/2005			HEPTATHLON (2002 WMA Tables)					
M30	AR	MATT MCEWEN	QLD	7705	2003	W30	AR	LYNETTE SMITH	NSW	3886	2005
M35	AR	JOHN GAN	QLD	5334	2006	W35	AR	MARIE KAY	NSW	4806	1999
	WR	LEV LOBODIN	RUS	8648	2004	WR		SABINE BRAUN	GER	6701	2002
M40	AR	TROY MCLAREN	QLD	5242	2006	W40	AR	MARIE KAY	NSW	5698	2001
	WR	KIP JANVRIN	USA	8618	2005	WR		BARBARA GAELING	GER	5929	2005
M45	AR	JOHN GORDON	NSW	6528	1993	W45	AR	MARIE KAY	NSW	6094	2005
	WR	VIKTOR GROUZENKIN	RUS	7767	1997	WR		MARIE KAY	AUS	6094	2005
M50	AR	TERRY HICKS	VIC	6319	2004	W50	AR	WILMA PERKINS	QLD	5119	2003
	WR	HUBERT INDRA	ITA	7824	2007	WR		PHIL RASCHKER	USA	6250	1999
M55	AR	KEN DANIELS	ACT	6067	1989	WR		CONCEICAO GEREMIUR	BRA	5788	2007
	WR	ROLF GEESE	GER	8390	1999	W55	AR	WILMA PERKINS	QLD	5471	2005
M60	AR	RUDI HOCHREITER	VIC	7204	1989	WR		PHIL RASCHKER	USA	6199	2003
	WR	ROLF GEESE	GER	8440	2005	W60	AR	MARJ ALLISON	QLD	5410	2008
M65	AR	DON FRASER	ACT	7129	2005	WR		PHIL RASCHKER	USA	6865	2007
	WR	EMIL PAWLIK	USA	7900	2005	W65	AR	GWEN DAVIDSON	VIC	4722	1989
M70	AR	DON FRASER	ACT	6762	2009	WR		FRIKA SAUER	GER	5963	2005
	WR	GUDMUND SKRIVERVIK	NOR	8231	1991	W70	AR	unclaimed			

		4X400m RELAYS MEN										
M30	AR	Warren Evans, Grant Barton, David Hill, Bruce Hill					QLD	3m 35.4s	Brisbane	2003		
M35	AR	Andrew Keane Qld, Chris Neale WA, Howard Arbuthnot Qld, Ken Telfer ACT						3m 42.11s	Riccione	2007		
	WR	Sterling, Drummond, Gardner, Thomas					USA	3m 19.9s	San Sebastian	2005		
M40	AR	Ricky Dunbar VIC, Barrie Milligan VIC, N.C.Orange, Reg Austin NSW						3m 26.86s	Christchurch	1981		
	WR	Allah, Morning, Gonera, Blackwell					USA	3m 20.83s	Philadelphia	2001		
M45	AR	Paul Critchley NSW, Barrie Kernaghan WA, Bernie Crealy WA, Fred Turner NSW						3m 33.26s	Melbourne	1987		
	WR	Luca, Caines, Oliver, Ross					GBR	3m 28.36s	Durban	1997		
M50	AR	Roy Fearnall WA, Keith Martin WA, Fred Turner NSW, Peter Crombie NSW						3m 37.86s	Buffalo	1995		
	WR	Tennyson, Moscrop, Broadhurst, Elderfield					GBR	3m 35.31s		2008		
M55	AR	John Cooper QLD, Mike Stevenson TAS, Richard Trembath VIC, Fred Turner NSW						3m 48.87s	Durban	1997		
	WR	Walcott, Padmore, Ross, Franklyn					GBR	3m 43.59s	Riccione	2007		
M60	AR	Hugh Coogan QLD, Bernie Condon NSW, Noel Garvey QLD, Reg Austin NSW						4m 00.86s	Durban	1997		
	WR	Adamson, Stewart, Johnson, Colbert					USA	3m 53.87s	Gateshead	1999		
M65	AR	Colin Buyers 66 Qld, Heinz Steinmann 66 Qld, Tony Ireland 67 NSW, Neville McIntyre 66 NSW						4m 02.7s	Adelaide	2009		
	WR	Klaus, Scheid, Busss, Müller					GER	4m 09.08s	Arhus	2005		
M70	AR	Donald Chambers Vic, Robert Cozens, Norman Richards WA, Hugh Coogan Qld						4m 38.33s	Riccione	2007		
	WR	Kapassakalis, Gasper, Schrader, Geier					USA	4m 31.07s	Poznan	2006		
M75	AR	Tom Hishon QLD, Max McKay NSW, Fred O'Connor NSW, Mike Johnston VIC						5m 16.77s	Gateshead	1999		
	WR	Konopka, Müller, Selzer, Reuter					GER	5m 01.51s	Poznan	2005		
M80	AR	unclaimed										
	WR	Miura, Aiki, Yabe, Watanabe					JPN	6m 00.03s	Okinawa	1998		
M85	AR	Andy Smith VIC, Leonard Foulser NSW, Eddie Gamble VIC, Vic Younger VIC						10m 32.60s	Brisbane	2001		
	WR											
		4X400m RELAYS WOMEN										
W30	AR	Lynette Smith, Ranell Hobson, Julie Forster, Gianna Mogentale					NSW	4m 14.96s	Hobart	2007		
W35	AR	Jennifer Clancy NSW, Jennifer Baldwin VIC, Gianna Mogentale NSW, Cherie Smees NSW						4m 02.04s	Brisbane	2001		
	WR	Mitchell, Mathews, Beadhall, Gabriel					GER	3m 50.80s	Gateshead	1999		
W40	AR	Bronwen Loizou VIC, Marie Kay NSW, Leanne Smith QLD, Glynis Cearns QLD						3m 57.28s	Brisbane	2001		
	WR	Roberts, Henderson, Brooker, Miles-Clark					USA	3m 56.27s	Philadelphia	2008		
W45	AR	Karen Adams WA, Heather Ihnativ NSW, Hayes, Barbara Blurton VIC						4m 08.50s	Durban	1997		
	WR	Karen Adams WA, Heather Ihnativ NSW, Hayes, Barbara Blurton VIC					AUS	4m 08.50s	Durban	1997		
W50	AR	Wilma Perkins QLD, Kathryn Heagney VIC, Judy Casey NSW, Barbara Blurton VIC						4m 24.92s	Brisbane	2001		
	WR	Godsell, Saunders-Mullins, Horder, Powell					GBR	4m 11.24s		2008		
W55	AR	Marge Allison NSW, Anne Stobaus Vic, Susan Hanek Tas, Peggy Macliver WA						4m 39.31s	Brisbane	2001		
	WR	Marge Allison NSW, Anne Stobaus Vic, Susan Hanek Tas, Peggy Macliver WA					AUS	4m 39.31s	Brisbane	2001		
W60	AR	Anne Stobaus Vic, Noreen Parris Qld, Marjorie Allison Qld, Peggy Macliver WA						4m 57.86s	Riccione	2007		
	WR	Solwazi, LaVigne, Cappetta, Daprano					USA	4m 56.74s	Brisbane	2001		
W65	AR	Shirley Brasher TAS, Daphne Pirie QLD, Sheila Abrahams QLD, Ann Cooper SA						6m 48.42s	Brisbane	2001		
	WR	Hodapp, Holzknacht, Sauer, Ritter					GER	5m 24.69s	San Sebastian	2005		
W70	AR	Cory Collins, Alison Ide, Consie Larmour, Anne Young					ACT	7m 00.77s	Canberra	2006		
	WR	McCarron, Visser, Reed, Palmason					CAN	6m 12.25s	Calgary	2008		
W75	AR	unclaimed										
	WR	Smalley, Onodera, Peterson, McDaniels					USA	7m 10.09s	Carolina	2003		
W80	AR	unclaimed										
	WR	Takinami, Mori Saito, Matsumoto, Avles					BRA	9m 49.43s	Rio de Janeiro	2007		
		4X800m RELAYS MEN										
M30	AR	Gary Parkinson 41, David Hill 38, Bruce Hill 38, Brendan Whelan 34					QLD	8m 30.74s	SAF Brisbane	2008		
M35	AR	John Braszell 47, Warren Burke 39, Mohammed Reese 37, David Woods 39					VIC	9m 58.3s	Murrumbeena	2007		
	WR	Cubells, Martinez, DeCossio, Tella					ESP	8m 11.84s	Valencia	2008		
M40	AR	John Molloy, David Carr, Duncan McAuley, Brian Foley					WA	9m 02s	Perth	1993		
M45	AR	Mick Horan, Colin Farlow, Amalendu Edelsten, Rod Lynch					ACT	9m 07.59s	Canberra	2007		
M40-49	WR	Hinton, Pope, Paulk, Young					USA	7m 54.17s	Eugene	2004		
M50	AR	Peter Hawes, Bruce Bodsworth, Bob Grayson, Terry Dauphinet					QLD	9m 14.4s	Nathan	2006		

M55	AR	Jason Collie 57, Bruce Bodsworth 56, Bob Grayson 56, Terry Dauphinet 55	QLD	9m 34.44s	SAF Brisbane	2008
M50-59	WR	Chantry, Robinson, Prattner, Patton	USA	8m 40.32s	Honolulu	2005
M60	AR	Noel Wright 62, Steve Napper 62, Don Mathewson 64, Les Gillies 62	NSW	10m 09.32s	Illawong	2009
M65	AR	Alan Bradford 69, Brian Morling 69, Colin McLeod 72, Colin Buyers 65	QLD	11m 15.37s	SAF Brisbane	2008
M60-69	WR	Maijoor, Ravensbergen, Zethof, Herlaar	NED	9m 33.95s	Beverwyk	1992
M70	AR	Alan Burgoyne, Andy Smith, Eddie Gamble, Cliff Barling	VIC	11m 44.1s		
M75	AR	Brian Paxman 77, Ken Whistler 76, Bob Hayres 76, Cecil Walkley 78	WA	16m 07.1s	Perth	2008
M70-79	WR	Selby, Escobson, Linde, Bryant	USA	11m 09.87s	Orono	1998
M80	AR	Gerry Heilmann 83, Michael Johnston 85, Ken Matchett 85, Jim Sinclair 82	VIC	17m 24.2s	Murrumbeena	2007
M80-89	WR	Gerry Heilmann 83, Michael Johnston 85, Ken Matchett 85, Jim Sinclair 82	AUS	17m 24.2s	Murrumbeena	2007
		4X800m RELAYS WOMEN				
W30	AR	Petrina Brown 40, Anne Venema 30, Glenda Banaghan 44, Jeanette Flynn 57	QLD	10m 21.11s	SAF Brisbane	2008
W35	AR	Sue Gore, Cris Penn, Sue Ward, Gianna Mogentale	NSW	10m 21.03s	Homebush	2008
W35-39	WR	Van de Van, Pos, Ruyter, Verhoef	NED	9m 37.29s	Dordrecht	1992
W40	AR	Francesca Smith 41, Debbie Crawford 46, Sharon Coad 45, Carolyn Davis 43	TAS	10m 39.0s	Hobart	2009
W45	AR	Margaret Saunders 54, Karen March 46, Kay Burt 51, Robin King 49	WA	11m 53.3s	Perth	2008
W40-49	WR	Everton, Dixon, Bunting, StCroix	CAN	9m 40.3s	Burnaby	2005
W50	AR	Charmaine Knobel, Maria O'Reilly, Jill Brown, Maureen Rossiter	ACT	12m 07.99s	Canberra	2005
W55	AR	Fay McNeill Qld, Jeanette Flynn Qld, Betty Menzies Qld, Kathy Heagney Vic		10m 31.0s	Brisbane	2007
W50-59	WR	Groesz, Kunz, Martin, Steinbach	USA	10m 27.04s	Valkenswaard	2006
W60	AR	Marge Allison 63, Jean Hampson 62, Irene Davey 60, Betty Menzies 64	QLD	12m 18.0s	SAF Brisbane	2008
W65	AR	unclaimed				
W60-69	WR	Michelsohn, LaVigne, Daprano, Ingalls	USA	12m 14.73s	Orono	2002
W70	AR	Anne Young, Alison Ide, Consie Larmour, Cory Collins	ACT	16m 43.22s	Bruce	2007
W70-79	WR	Anne Young, Alison Ide, Consie Larmour, Cory Collins	AUS	16m 43.22s	Bruce	2007
		4X1500m RELAYS MEN (currently not listed by WMA, but available from ex-WMA Records Officer Pete Mundle)				
M30	AR	Ross Nicholls 43, Steven Bell 34, Brendan Whelan 35, Joshua Bridge 37	QLD	19m 57.62s	SAF Brisbane	2008
M35	AR	Ross Nicholls 43, Joshua Bridge 37, Brendan Whelan 35, Shawn Claydon 40	QLD	18m 59.2s	SAF Brisbane	2008
M40	AR	Dale Moore, Colin Farlow, Paul Considine, Bryce Anderson	ACT	18m 57.9s	AIS, ACT	2004
M45	AR	Mark Jones, Peter Hallahan, Andy Clowes, Davis Sweeney	QLD	18m 31.73s	SAF Brisbane	2007
M40-49	WR	Faucheur, Crochemore, Bourdet, Ramdani	FRA	16m 44.78s	Bourgoin-Jallieu	2002
M50	AR	Robert Caldwell 50, Terry Pearce 51, Will Hersbach 53, Eero Keranen 51	VIC	18m 43.23s	Olympic Park, Vic	2007
M55	AR	Bruce Bodsworth, Dave Cundy, Bob Grayson, Jason Collie	QLD	20m 25.96s	SAF Brisbane	2007
M50-59	WR	Irvine, Combs, Sumner, Shapiro	USA	19m 12.67s	Irvine	2002
M60	AR	Bruce Wilson 62, Jim Klinge 61, John Oldfield 62, Jim Langford 63	WA	21m 48.4s	Perth	2008
M65	AR	Robert Schickert 66, David Roberts 65, Albert Carse 66, David Carr 75	WA	22m 15.3s	Perth	2008
M60-69	WR	Steijn, Terlown, Blom, Halter	NED	19m 55.43s	Tessenderlo	1996
M70	AR	Roger Abbott 71, Bob Chapman 74, Michael Freer 79, Tony Booth 70	ACT	27m 58.81s	AIS, ACT	2009
M75	AR	David Carr 76, Robert Hayres 77, Cecil Walkley 79, Irwin Barrett-Lennard 79	WA	30m 01.7s	Perth	2009
		4X1500m RELAYS WOMEN (currently not listed by WMA, but available from ex-WMA Records Officer Pete Mundle)				
W30	AR	Anne Venema 30, Jeanette Flynn 57, Petrina Brown 40, Glenda Banaghan 44	QLD	21m 47.9s	SAF Brisbane	2008
W35	AR	Rachelle Ellis-Brownlee 36, Bronwyn Calver 39, Nadine Thomlinson 39, Katie Forestien 42	ACT	23m 56.61s	AIS, ACT	2008
W35-39	WR	Howard, Gallagher, Davison, Caig	GBR	20m 13.0s		1997
W40	AR	Sarah Fien 41, Jane Zeller 40, Amanda Walker 41, Jackie Fairweather 41	ACT	21m 17.01s	AIS, ACT	2009
W45	AR	Gillian Young 60, Karen March 46, Karyn-Sue Gower 47, Robin King 49	WA	24m 32.0s	Perth	2008
W50	AR	Fay McNeill 54, Jeanette Flynn 54, Betty Menzies 60, Jean Hampson 59	QLD	23m 24.5s	Nathan	2006
W55	AR	Jill Brown 58, Maureen Rossiter 56, Kathy Sims 56, Carol Baird 58	ACT	27m 10.80s	AIS, ACT	2007
W60	AR	Peggy Macliver 64, Jacquelin Halberg 62, Shirley Bell 60, Gillian Young 61	WA	26m 30.0s	Perth	2009
W65	AR	Val Chesterton, Fran Harris, Sue Counsel, Jennifer Odgers	ACT	34m 09.33s	AIS, ACT	2006
W70	AR	Cory Collins 70, Anne Young 71, Alison Ide 71, Consie Larmour 71	ACT	34m 20.42s	AIS, ACT	2006
INDOOR RECORDS - from WMA Indoors Championships: 1st Sindelfingen, Germany, 10-14 March 2004, 2nd Linz, Austria, 15-20 March 2005, 3rd Clermont-Ferrand, France, 17-22 March 2008; from 2007 & 2008 USA Masters, Boston; and from British Masters, 23-24 February 2009						
MEN			WOMEN	# World Record		

60 METRES					60 METRES						
M40	AR	Ken Telfer	ACT	7.44s	2008	W40	AR	Jacqueline Bezuidenhout	NSW	8.36s	2008
M50	AR	David Lloyd	QLD	7.94s	2004	W65	AR	Noreen Parrish	Qld	9.88s	2008
M60	AR	Peter Crombie	NSW	7.98s	2006						
200 METRES					200 METRES						
M35	AR	Glenn Stephens	VIC	24.00s	2006	W40	AR	Jacqueline Bezuidenhout	NSW	27.57s	2008
M40	AR	Ken Telfer	ACT	23.90s	2008	W45	AR	#Marie Kay	Qld	25.85s	2008
M50	AR	Stuart Paterson	NSW	29.07s	2008						
M55	AR	Peter Crombie	NSW	25.30s	2004						
M60	AR	Peter Crombie	NSW	25.59s	2006						
400 METRES					400 METRES						
M35	AR	Glenn Stephens	VIC	52.94s	2006	W40	AR	Marie Kay	NSW	61.58s	2004
M40	AR	Ken Telfer	ACT	52.99s	2008	W45	AR	Marie Kay	Qld	56.99s	2008
M55	AR	Peter Crombie	NSW	57.04s	2004						
M60	AR	Peter Crombie	NSW	57.62s	2006						
M65	AR	Peter Sandery	SA	68.16s	2008						
M80	AR	Rad Leovic	ACT	88.33s	2008						
800 METRES					800 METRES						
M30	AR	Brendan Whelan	QLD	2m 04.24s	2008	W40	AR	Marie Kay	NSW	2m 57.32s	2004
M50	AR	Stuart Paterson	NSW	2m 18.25s	2008	W45	AR	Marie Kay	NSW	2m 39.79s	2006
M55	AR	Robert Pearce	SA	2m 27.34s	2008						
M60	AR	Neil MacDonald	VIC	2m 16.91s	2004						
M65	AR	Peter Sandery	SA	2m 30.46s	2008						
M80	AR	Rad Leovic	ACT	3m 44.71s	2008						
1500 METRES											
M45	AR	John Lisiewicz	SA	4m 28.51s	2008						
M50	AR	Stuart Paterson	NSW	4m 41.99s	2008						
M55	AR	Kevin Solomon	VIC	4m 27.49s	2004						
M60	AR	Neil MacDonald	VIC	4m 54.17s	2004						
M65	AR	Peter Sandery	SA	5m 07.61s	2008						
M80	AR	Rad Leovic	ACT	8m 58.06s	2008						
MILE											
M30	AR	Brendan Whelan	QLD	4m 31.43s	2008						
M55	AR	Robert Pearce	SA	5m 25.02s	2008						
M60	AR	#Kevin Solomon	VIC	5m 01.62s	2008						
M65	AR	Peter Sandery	SA	5m 22.70s	2008						
3000 METRES											
M30	AR	Brendan Whelan	QLD	9m 02.38s	2008						
M45	AR	John Lisiewicz	SA	9m 23.74s	2008						
M55	AR	Kevin Solomon	VIC	9m 30.32s	2004						
M60	AR	Kevin Solomon	VIC	10m 11.85s	2008						
M65	AR	Peter Sandery	SA	10m 36.54s	2008						
M80	AR	Rad Leovic	ACT	15m 56.73s	2008						
60 METRES HURDLES					60 METRES HURDLES						
M55	AR	Steve McGugan	NSW	10.42s	2008	W40	AR	Marie Kay	NSW	9.71s	2004
M80	AR	Rad Leovic	ACT	15.33s	2008	W45	AR	Marie Kay	NSW	9.43s	2006
3000 METRES WALK											
M50	AR	Mark Wall	TAS	15m 21.33s	2008						
HIGH JUMP					HIGH JUMP						
M55	AR	Viddy Jermacans	QLD	1.33m	2006	W40	AR	Marie Kay	NSW	1.45m	2004
M80	AR	Rad Leovic	ACT	0.99m	2008	W45	AR	Marie Kay	NSW	1.51m	2006
LONG JUMP					LONG JUMP						
M55	AR	Viddy Jermacans	QLD	4.99m	2006	W40	AR	Marie Kay	NSW	5.13m	2004
M80	AR	Rad Leovic	ACT	3.11m	2008	W45	AR	Marie Kay	Qld	5.57m	2008
TRIPLE JUMP											
M55	AR	Viddy Jermacans	QLD	8.88m	2006						

M80	AR	Rad Leovic	ACT	6.98m	2008						
POLE VAULT						POLE VAULT					
M35	AR	Warren Hill	VIC	3.00m	2004	W45	AR	#Dawn Hartigan	VIC	3.35m	2004
SHOT PUT						SHOT PUT					
M55	AR	Viddy Jermacans	QLD	8.40m	2006	W40	AR	Caroline Layt	NSW	9.58m	2008
M80	AR	Rad Leovic	ACT	7.37m	2008	W45	AR	Marie Kay	NSW	10.02m	2006
WEIGHT THROW						WEIGHT THROW					
				11.34kg							
M50	AR	Terrence Gibbs	NSW	14.25m	2007	W40	AR	Caroline Layt	NSW	11.22m	2008
56LB WEIGHT THROW											
M50	AR	Terrence Gibbs	NSW	7.08m	2007						
PENTATHLON						PENTATHLON					
M55	AR	Viddy Jermacans	QLD	2,830 points	2006	W40	AR	Marie Kay	NSW	3,311 points	2004
(60mH 12.87s, LJ 4.99m, SP 8.40m, HJ 1.33m, 1000m 3m 43.88s)						(60mH 9.71, HJ 1.45, SP 8.80, LJ 5.13, 800 2:57.32)					
M80	AR	Rad Leovic	ACT	3,036 points	2008	W45	AR	#Marie Kay	NSW	4,403 points	2006
(60mH 15.33s, LJ 2.91m, SP 7.37m, HJ 0.99m, 1000m 4m 47.96s)						(60mH 9.43, HJ 1.51, SP 10.02, LJ 5.41, 800 2:39.79)					
4 x 200 METRES RELAY						4 x 200 METRES RELAY					
M50	AR	Robert Pearce	SA	2m 00.17s	2008	W40	AR	Jacqueline Bezuidenhout	NSW	1m 49.98s	2008
		Peter Sandery	SA					Caroline Layt	NSW		
		Kevin Solomon	VIC					Janet Naylor	NSW		
		Stuart Paterson	NSW					Marie Kay	Qld		