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## **VRWC PUBLIC HEALTH AND SAFETY POLICY**

The Victorian Race Walking Club acknowledges the need for due diligence to be exercised when it conducts any walking events. For that reason, the following Public Health and Safety Policy has been formulated.

- A tent with table and chairs will be placed at the start/finish line on potentially hot or wet days to ensure that officials are suitably protected from the conditions. This tent will also be available for competitors who are in distress and need to be immediately sheltered. Competitors who need urgent or ongoing attention will be transferred to the clubrooms as soon as practicable and will be cared for there while it is determined if further medical attention is warranted.
- A refreshments table will be provided roadside for all walking events. This will provide water and will also be available for competitors to place their own refreshments.
- Refreshments will be provided for all officials on the course for any events of 20 km or longer.
- A telephone will be available in the clubrooms and a list of emergency phone numbers will be maintained and displayed next to the telephone.
- A First Aid kit will be available in the kitchen area of the clubrooms. This will be regularly checked and refurbished against a checklist of recommended items.
- VRWC will maintain a register of qualified First Aid persons.
- Only those persons designated as First Aid officers by the club may access the First Aid kit.
- A First Aid book will be maintained. Details of all emergency and First Aid matters will be recorded here.
- The club recognizes its responsibility to protect the health and wellbeing of all competitors. We reserve the right to withdraw any competitor whom we deem to be no longer in a fit state to continue. This decision may be made by one or more of the race referee, Club President, Vice President, Secretary or Treasurer or by those timekeepers and lapscorers at the start/finish area.
- The club recognises the potential of extreme conditions to adversely affect competitors and officials and reserves the right to either cancel events or modify race distances where it is deemed necessary
- The club will endeavour to have someone with current Level 2 First Aid certification available for all events but, failing this, will designate one of its officials as the First Aid officer for the day. That person will be responsible for overseeing any First Aid situations which arise.