

VICTORIAN MASTERS ATHLETIC CLUB INC. (VMACI)

Club Records as at 8 May 2009

VMA Club Records compiled by Records Officer, Clyde Riddoch, 5/1236-1238 Old Burke Road, Kew East Vic 3102

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* Australian Masters Record/Best

World Masters Record/Best

Italics indicates record set when not a VMA member.

Note: 2nd decimal place indicates electronic timing to 1/100 of a second, otherwise all hand timing.

MEN				WOMEN			
60 METRES		DATE	LOCATION	60 METRES		DATE	LOCATION
M30	Damien Downing	8.07	21/03/2008	Blacktown	W30	Unclaimed	
	<i>Aaron Tan</i>	<i>7.62</i>	<i>29/03/2009</i>	<i>Box Hill</i>	W35	Fiona Ely	9.46 29/03/2009 Box Hill
M35	Sandor Kazi	7.55	10/04/2009	Adelaide	W40	Sonya Pollard	8.46 6/04/2007 Hobart
M40	Andrew Wilcox	7.61	29/03/2009	Box Hill	W45	Jayne Matthews	9.09 29/03/2009 Box Hill
M45	Ivan Dodin	8.03	29/03/2009	Box Hill	W50	Dorn Jenkins	9.01 6/04/2007 Hobart
M50	Paul Turner	7.5	3/03/2007	Corio	W55	unclaimed	
M55	Paul Turner	7.81	29/03/2009	Box Hill	W60	June Reeves	10.1 2/10/2008 East Burwood
M60	Keith Howden	8.13	10/04/2009	Adelaide	W65	Jan Morrey	10.55 29/03/2009 Box Hill
M65	Bob Wishart	8.19	29/03/2009	Box Hill	W70	Shirley Coppock	11.65 10/04/2009 Adelaide
M70	Graeme Noden	8.83	29/03/2009	Box Hill	W75	unclaimed	
M75	Leo Coffey	9.3	2/10/2008	East Burwood	W80	Gwen Davidson	13.67 6/04/2007 Hobart
M80	Jim Sinclair	11.07	6/04/2007	Hobart	W85	*Margaret Prowse	17.9 16/04/2007 Doncaster
M85	Ken Matchett	12.51	6/04/2007	Hobart			
100 METRES				100 METRES			
M30	Marc Larose	11.0	20/03/1993	Murrumbeena	W30	Lisa Ford	12.4 6/12/1997 Geelong
	<i>Adam Basil</i>	<i>10.33</i>	<i>26/11/2005</i>			<i>Suzanne Broadrick</i>	<i>11.57 18/08/2000 Sydney</i>
M35	*Peter O'Dwyer	11.04	8/10/2002	Olympic Park	W35	Debra Tomsett	12.3 19/03/1994 Aberfeldie
M40	Garry Barker	11.2	18/03/1984	Murrumbeena		<i>Suzanne Broadrick</i>	<i>11.89 10/01/2004 Perth</i>
	Martin Hodgson	11.2	28/03/1998	Murrumbeena	W40	Debra Tomsett	12.4 28/03/1998 Murrumbeena
	Glenn White	11.2	8/04/2000	Murrumbeena	W45	Barbara Blurton	12.9 25/03/1995 Aberfeldie
M45	*Bob Wishart	11.2	18/03/1989	Murrumbeena	W45	Margaret Tweedie	12.9 16/03/2002 Murrumbeena
M50	Gary Barker	11.6	25/03/1995	Aberfeldie	W50	Margaret Tweedie	13.5 20/01/2007 Bendigo
M55	Gary Barker	11.8	20/03/1999	Murrumbeena	W55	Anne Stobaus	14.1 20/03/1999 Murrumbeena
M60	Bob Wishart	12.3	1/04/2006	Murrumbeena	W60	June Reeves	14.57 26/08/2005 San Sebastian
M65	Bob Wishart	12.96	28/03/2009	Box Hill	W65	Jan Morrey	15.26 5/03/2005 Murrumbeena
M70	Rudi Hochreiter	13.6	3/11/1996	Miami Qld	W70	Gwen Davidson	15.9 20/03/1993 Murrumbeena
M75	*Mike Johnson	14.3	15/03/1997	Aberfeldie	W75	Gwen Davidson	18.00 9/99 Adelaide
M80	*Mike Johnson	15.1	16/03/2002	Aberfeldie	W80	*Gwen Davidson	19.93 2/11/2003 Canberra
M85	*Charlie Booth	16.98	7/89	Eugene USA	W85	*Margaret Prowse	34.53 17/03/2007 Murrumbeena
M90	Charlie Booth	23.03	7/10/1995	Olympic Park			
M95	*Charlie Booth	28.57	8/10/2002	Olympic Park			
200 METRES				200 METRES			
M30	Terry Baldwin	22.4	24/03/1996	Murrumbeena	W30	Lisa Ford	25.5 14/12/1996 Olympic Park
	<i>Cameron Mackenzie</i>	<i>21.18</i>	<i>17/02/2000</i>	<i>Melbourne</i>		<i>*Denise Boyd</i>	<i>23.09 20/03/1983 Melbourne</i>
M35	*Peter O'Dwyer	21.98	30/11/2002	Geelong	W35	Chris McArdle	25.55 3/08/1989 Oregon USA
M40	Bob Wishart	22.0	14/03/1982	Collingwood		Debra Tomsett	25.3 20/03/1994 Aberfeldie
M45	Bob Wishart	23.4	3/88	Murrumbeena		<i>Suzanne Broadrick</i>	<i>24.68 27/01/2004 Aberfeldie</i>
M50	Joe Tennant	23.4	1976	Box Hill	W40	Judy Pollock	26.6 3/04/1983 Olympic Park
M55	Keith Howden	24.68	15/04/2001	Bankstown NSW		Debra Tomsett	26.6 29/03/1998 Olympic Park
M60	Keith Howden	25.77	2/11/2008	Southport	W45	Barbara Blurton	26.0 24/03/1996 Murrumbeena
M65	Graeme Noden	27.2	5/04/2003	Murrumbeena	W50	Anne Stobaus	27.7 24/03/1996 Murrumbeena
	Bob Wishart	27.40	29/03/2009	Box Hill	W55	Anne Stobaus	28.8 16/03/1997 Aberfeldie

M85	Stan Stankovic	34.62	21/03/2008	Blacktown					
M90	*Vic Younger	44.4	30/03/2003	Murrumbeena					
60 METRE HURDLES		(.762m)	from 2004						
M75	Gordon Gourlay	14.1	1/04/2006	Murrumbeena					
M80	George Goode	17.4	8/03/2008	Olympic Park					
400 METRE HURDLES		(.914m)			400 METRE HURDLES		(.762m)		
M30	Michael Skerritt	57.0	29/03/1998	Murrumbeena	W30	Rhonwen Binney	63.4	16/03/1991	Murrumbeena
	<i>Rohan Robinson</i>	50.7	26/02/2002	?		<i>Kerry Soanes</i>	62.0	21/12/1989	Melbourne
M35	Terry Baldwin	57.1	29/03/1998	Murrumbeena	W35	Mandi Cole	64.8	20/03/1994	Aberfeldie
	<i>Leigh Miller</i>	54.98	5/12/1998	Melbourne	W40	Debra Tomsett	67.6	17/02/2001	Box Hill
M40	*Noel Clough	54.3		Box Hill	W45	Joanne Russell	68.59	26/03/2005	Brisbane
M45	Graham Ford	62.5	14/12/1996	Box Hill	300 METRE HURDLES		(.762m)	from 2004	
		(.840m from 2000)			W45	Joanne Russell	49.65	6/03/2005	Murrumbeena
M50	Richard Trembath	62.6	7/04/1996	Perth	W50	Margaret Tweedie	49.38	18/03/2007	Murrumbeena
M55	*Richard Trembath	62.60	4/04/1999	Canberra	W55	June Reeves	64.13	7/07/2001	Brisbane
300 METRE HURDLES		(.84m)			200 METRE HURDLES		(.600m)	from 2004	
M50	Mike Hall	44.3	19/03/1989	Murrumbeena	W70	Anna Zeitzen-Vanderb	52.3	14/03/2004	Murrumbeena
M55	*Richard Trembath	44.0	21/03/1999	Murrumbeena					
		(.762m)							
M60	*Richard Trembath	45.19	29/03/2003	Launceston					
M65	Richard Trembath	48.8	19/08/2007	Doncaster					
		(.686m from 2000)							
M70	Charles Scarff	53.8	20/03/1994	Aberfeldie					
M75	Syd Elks	65.55	7/07/2001	Brisbane					
200 METRE HURDLES		(.686m)	from 2004						
M75	Gordon Gourlay	41.49	6/03/2005	Murrumbeena					
M80	Syd Elks	48.7	2/04/2006	Murrumbeena					
1,500 METRES WALK					1,500 METRES WALK				
M30	Aaron McDonough	7.50.14	12/12/2006	Epping	W30	Sharon Schnyder	6.48	29/03/1998	Murrumbeena
	<i>*Clyde Riddoch</i>	6.11	3/12/1983	Olympic Park	W35	*Sharon Schnyder	6.47	9/04/2000	Murrumbeena
M35	Clyde Riddoch	6.29	3/11/1988	East Burwood	W40	*Heather McDonald	6.45	3/90	Murrumbeena
M40	Paul Kennedy	6.15	3/02/2001	Aberfeldie	W45	*Heather McDonald	6.49	23/03/1996	Murrumbeena
M45	*Paul Kennedy	6.14.29	2004	Aberfeldie	W50	Heather Carr	7.10.2	1/04/2001	Murrumbeena
M50	*Andrew Jamieson	6.21.1	4/03/1999	East Burwood	W55	*Heather Carr	7.11.91	12/11/2005	Murrumbeena
M55	*Murray Dickinson	6.44.1	7/10/1995	Olympic Park	W60	*Jean Albury	7.39	3/90	Murrumbeena
M60	*Andrew Jamieson	6.52.50	9/03/2008	Olympic Park	W65	*Brenda Riley	7.48.2	6/03/2005	Murrumbeena
M65	*Ralph Bennett	7.23.56	29/03/2009	Box Hill	W70	*Jean Albury	8.24	9/04/2000	Murrumbeena
M70	*Murray Dickinson	8.04.01	29/03/2009	Box Hill	W75	*Jean Knox	9.55	24/03/2002	Murrumbeena
M75	Gordon Gourlay	10.45.9	2/04/2006	Murrumbeena	W80	*Nance Jeffreys	11.32	3/90	Murrumbeena
M80	Eddie Gamble	10.49.2	7/10/1995	Olympic Park	W85	*Nance Jeffreys	13.44.3	7/10/1995	Olympic Park
M85	*George Knott	12.04.6	7/10/1995	Olympic Park					
2,000 METRES WALK					2,000 METRES WALK				
M30	Aaron McDonough	10.26.13	16/12/2006	Epping	W30	unclaimed			
	<i>Paul Kennedy</i>	7.52.1	3/02/1990	Aberfeldie	W35	Kylie Irshad	9.20.5	27/01/2009	Knox
M35	Ross Reid	8.36	5/02/1994	Murrumbeena	W40	unclaimed			
	<i>Paul Kennedy</i>	7.50.65	13/11/1993	Aberfeldie	W45	Heather Carr	9.35.5	31/01/1998	Murrumbeena
M40	Ross Reid	8.43	2/12/1995	Murrumbeena	W50	Heather Carr	9.43	3/03/2001	Murrumbeena
	<i>Paul Kennedy</i>	8.06.48	12/02/2000	Aberfeldie	W55	*Heather Carr	9.57.5	25/11/2006	Knox
M45	*Paul Kennedy	8.22.77	16/10/2004	Aberfeldie	W60	*Gwen Steed	11.10	21/02/2004	Mentone
M50	*Andrew Jamieson	8.33	6/03/2000	Box Hill	W65	*Gwen Steed	11.32	22/01/2009	Knox
M55	*Andrew Jamieson	8.47.7	25/02/2003	Box Hill					

M60	*Bob Gardiner	9.33.7	15/02/1997	Aberfeldie					
M65	*Bob Gardiner	10.12	1/12/2001	Box Hill					
	3,000 METRES WALK					3,000 METRES WALK			
M30	Aaron McDonough	16.30.9	17/03/2007	Murrumbeena	W30	Kylie Irshad	16.11	1/04/2006	Murrumbeena
	<i>*David Smith</i>	<i>11.00.56</i>	<i>24/01/1987</i>	<i>Sydney</i>		<i>Lorraine Jachno</i>	<i>12.48.76</i>	<i>25/02/1992</i>	<i>Melbourne</i>
M35	*Willi Sawall	11.28.2	15/03/1980	Olympic Park	W35	Kylie Irshad	14.31.73	28/03/2009	Box Hill
M40	#Willi Sawall	11.28.21	21/02/1982	Albert Park		Alison Baker	14.29.7	2/12/1999	Melbourne
M45	*Paul Kennedy	12.50.2	11/02/2003	Aberfeldie	W40	Heather McDonald	14.26	3/07/1991	Solleftuna
M50	*Andrew Jamieson	12.59.5	27/01/2000	Olympic Park	W45	Heather McDonald	14.53.68	10/94	Brisbane
	<i>*Willi Sawall</i>	<i>12.56</i>	<i>2/12/1993</i>	<i>Olympic Park</i>	W50	Heather McDonald	15.26.81	7/03/2003	Olympic Park
M55	*Andrew Jamieson	13.21.7	27/03/2003	Box Hill	W55	#Heather Carr	15.08.4	24/03/2007	Knox
	<i>#Willi Sawall</i>	<i>12.44</i>	<i>14/12/1996</i>	<i>Geelong</i>	W60	*Liz Feldman	16.34	1/11/2008	Murrumbeena
M60	#Andrew Jamieson	13.24.07	31/03/2007	Olympic Park	W65	#Brenda Riley	16.22.1	1/04/2006	Murrumbeena
M65	#Tom Daintry	14.57	26/03/1978	Olympic Park	W70	Jean Knox	19.56.29	7/11/1998	Ashmore Qld
M70	*Tom Daintry	15.51	10/04/1982	Perth	W75	Jean Knox	22.14	1/04/2006	Murrumbeena
M75	*Tom Daintry	17.07.8	5/04/1987	Murrumbeena	W80	Nance Jeffreys	24.00		
M80	*Tom Daintry	18.44	5/04/1992	Murrumbeena	W85	*Nance Jeffreys	27.36	10/94	Brisbane
M85	#Gus Theobald	19.31	10/04/1982	Perth					
M90	#Gus Theobald	21.21	5/04/1987	Murrumbeena					
	5,000 METRES WALK					5,000 METRES WALK			
M30	Kevin Cassidy	26.46	20/03/1993	Murrumbeena	W30	Sharon Schnyder	24.42	28/03/1998	Murrumbeena
	<i>*David Smith</i>	<i>18.52.87</i>	<i>21/02/1986</i>	<i>Canberra</i>		<i>Lorraine Jachno</i>	<i>22.17.32</i>	<i>14/01/1990</i>	<i>Melbourne</i>
M35	Mark Donahoo	21.21	19/03/1994	Aberfeldie	W35	Heather McDonald	24.56	6/89	Canberra
	<i>Simon Baker</i>	<i>19.57.43</i>	<i>12/03/1994</i>		W40	Heather McDonald	24.39.8	18/07/1991	Turku Finland
M40	#Willi Sawall	19.45.65	31/03/1984	Olympic Park	W45	Heather McDonald	25.04.5	10/94	Brisbane
M45	Mark Donahoo	22.53.8	1/03/2007	Olympic Park	W50	Heather Carr	25.24	17/06/2001	Doncaster
	<i>*Willi Sawall</i>	<i>21.12.19</i>	<i>31/03/1990</i>	<i>Olympic Park</i>	W55	*Heather Carr	25.54.11	24/02/2007	Olympic Park
M50	*Andrew Jamieson	22.19.3	22/02/2001	Olympic Park	W60	*Brenda Riley	27.13.41	10/04/2004	Olympic Park
	<i>*Willi Sawall</i>	<i>21.38.3</i>	<i>19/03/1992</i>	<i>Olympic Park</i>	W65	#Brenda Riley	27.19.1	12/02/2006	Coburg
M55	*Andrew Jamieson	22.40.11	4/07/2001	Brisbane	W70	*Jean Albury	29.42.75	22/04/2000	Hobart
	<i>#Willi Sawall</i>	<i>22.11.5</i>		<i>Ballarat</i>	W75	Jean Knox	35.29	16/03/2002	Aberfeldie
M60	#Andrew Jamieson	22.38.7	1/03/2007	Olympic Park	W80	Nance Jeffreys	39.04	4/90	Olympic Park
M65	*Tom Daintry	25.44		Box Hill	W85	Nance Jeffreys	45.08	6/10/1995	Olympic Park
M70	*Tom Daintry	26.49.3	10/04/1982	Perth					
M75	*Tom Daintry	28.02.26	12/87	Olympic Park					
M80	*Gus Theobald	30.42	8/08/1977	Swedon					
M85	#Gus Theobald	33.14.2	10/04/1982	Perth					
M90	#Gus Theobald	35.09.5	4/87	NSW					
	10k ROAD WALK (BEST ON RECORD)					10k ROAD WALK (BEST ON RECORD)			
M30	Adam Patterson	67.06	7/04/2007	Hobart	W30	Kylie Bonney	53.01	17/01/2002	Geelong
	<i>*David Smith</i>	<i>38.20.9</i>	<i>15/09/1985</i>	<i>Sydney</i>		<i>Lorraine Jachno</i>	<i>45.25</i>	<i>16/06/1990</i>	<i>Grasseau</i>
M35	Mark Donahoo	43.45	9/04/1994	Box Hill	W35	Heather McDonald	50.51	7/89	Eugene USA
M40	*Mark Donahoo	43.47.9	26/06/1999	Middle Park	W40	Heather McDonald	49.37	16/06/1990	Grasseau
M45	*Mark Donahoo	46.40.4	21/06/2003	Middle Park	W45	Heather McDonald	50.35	4/06/1995	Geelong
M50	*Andrew Jamieson	45.41	26/06/1999	Middle Park	W50	Heather Carr	52.26	26/05/2001	Middle Park
	<i>*Willi Sawall</i>	<i>44.10.1</i>	<i>5/01/1992</i>	<i>Albert Park</i>	W55	#Heather Carr	53.41.1	21/07/2007	Middle Park
M55	*Andrew Jamieson	46.32.8	30/07/2005	Middle Park	W60	#Brenda Riley	55.12	19/09/2004	Middle Park
M60	#Andrew Jamieson	46.22.1	21/07/2007	Middle Park	W65	#Brenda Riley	55.31.8	13/11/2005	Middle Park
M65	*Ralph Bennett	51.56	18/08/2007	Middle Park	W70	*Jean Albury	62.31	24/04/2000	Hobart
M70	*Tom Daintry	54.17	9/05/1981	Christchurch	W75	Jean Knox	74.27	12/10/2002	Olympic Park
M75	*Tom Daintry	64.39	22/07/1990	Mulgrave	W80	*Nance Jeffreys	77.32	10/89	Adelaide

M80	*Tom Daintry	64.23	25/04/1993	Knox	W85	*Nance Jeffreys	92.41	8/10/1995	Olympic Park
M85	*George Knott	88.29	31/03/1997	Olympic Park					
M90	#Gus Theobald	77.52	22/01/1990						
15k ROAD WALK (BEST ON RECORD)					15k ROAD WALK (BEST ON RECORD)				
M30	unclaimed				W30	Justijana Roseman	91.54	18/05/2008	Ballarat
M35	unclaimed				W35	Kylie Irshad	83.59	3/05/2009	Middle Park
M40	unclaimed				W40	Gayle McIntyre	89.07	3/05/2008	Middle Park
M45	Mark Donahoo	79.32	3/05/2008	Middle Park	W45	Pam Tindal	88.13	3/05/2009	Middle Park
M50	Andrew Jamieson	69.19	21/05/2000	Ballarat	W55	Alison Thompson	94.13	3/05/2008	Middle Park
M55	Andrew Jamieson	72.36	25/06/2005	Middle Park	W60	Liz Feldman	92.28	19/10/2008	Middle Park
M60	Andrew Jamieson	70.43	3/05/2008	Middle Park	W70	Margaret Beaumont	115.38	3/05/2008	Middle Park
M65	Ralph Bennett	81.45	3/05/2008	Middle Park					
20k ROAD WALK (BEST ON RECORD)					20k ROAD WALK (BEST ON RECORD)				
M30	unclaimed				W30	Justijana Roseman	1.56.56	13/01/2008	Middle Park
	<i>*David Smith</i>	<i>1.19.22</i>	<i>19/07/1987</i>			<i>Simone Wolowiec</i>	<i>1.34.49</i>	<i>31/4/05</i>	
M35	*Willi Sawall	1.24.04.3	23/03/1980	Sydney	W35	Heather McDonald	1.52.12	8/05/1988	Melbourne
M40	#Willi Sawall	1.21.36	4/07/1982	Albert Park	W40	Heather McDonald	1.42.22	20/08/1989	Melbourne
M45	#Willi Sawall	1.25.03	27/08/1988	Canberra	W45	Kathy Woodward	1.48.01	8/05/1994	Knox
M50	*Andrew Jamieson	1.34.38	18/07/1999	Middle Park	W50	Celia Johnson	1.53.05	16/08/1998	Middle Park
M55	*Andrew Jamieson	1.35.12.7	18/08/2001	Coburg	W55	*Heather Carr	1.54.17	19/08/2006	Middle Park
M60	#Andrew Jamieson	1.35.38.9	24/06/2008	Middle Park	W60	unclaimed			
M65	*Ralph Bennett	1.50.54	16/12/2007	Middle Park	W65	#Brenda Riley	1.57.39	17/12/2006	Middle Park
M70	*Tom Daintry	2.00.16	8/04/1985	Hobart	W70	*Margaret Beaumont	2.45.11	24/03/2008	Blacktown
M75	*Tom Daintry	1.59.20	22/06/1986	Murrumbeena					
M80	*Gus Theobald	2.11.54.4	13/08/1977	Swedon					
M85	#Gus Theobald	2.26.07	21/08/1982						
M90	#Gus Theobald	2.34.01	21/04/1987	NSW					
30k ROAD WALK (BEST ON RECORD)					30k ROAD WALK (BEST ON RECORD)				
M30	unclaimed								
	<i>*David Smith</i>	<i>2.05.59</i>	<i>10/05/1986</i>	<i>Canberra</i>					
M35	Willi Sawall	2.10.11	1980						
M40	*Willi Sawall	2.08.01	16/05/1982						
M45	*Willi Sawall	2.19.40	1987						
	<i>*Willi Sawall</i>	<i>2.17.02</i>	<i>29/05/1988</i>						
M50	*Andrew Jamieson	2.31.20	5/09/1999						
M55	*Andrew Jamieson	2.32.04.4	9/11/2003	Middle Park					
M60	#Andrew Jamieson	2.28.54.6	3/05/2009	Middle Park					
50k ROAD WALK (BEST ON RECORD)					50k ROAD WALK (BEST ON RECORD)				
M30	unclaimed				W30	unclaimed			
	<i>*Simon Baker</i>	<i>3.43.13</i>	<i>28/08/1989</i>		W35	unclaimed			
M35	*Willi Sawall	3.46.34	6/04/1980		W40	*Marlaine Stanway	5.52.03	4/09/1978	Albert Park
M40	*Willi Sawall	3.59.48	16/08/1982		W45	unclaimed			
M45	unclaimed				W50	unclaimed			
M50	unclaimed				W55	#Liz Feldman	5.45.08	24/10/2004	Middle Park
	<i>*Willi Sawall</i>	<i>4.12.57</i>	<i>14/04/1992</i>						
M55	*Andrew Jamieson	4.46.44	24/10/2004	Middle Park					
M60	*Andrew Jamieson	4.27.40	2/12/2006	Geelong					
HIGH JUMP					HIGH JUMP				
M30	Terry Baldwin	1.90	2/04/1994	Homebush	W30	Glenis Johnson	1.47	4/90	Olympic Park

	<i>Tim Forsyth</i>	2.10	26/01/2006	Canberra		<i>Gabrielle Conroy</i>	1.82	7/01/2006	Melbourne
M35	Brendan Leane	1.90			W35	Irie Hill	1.65	11/03/2006	Murrumbeena
M40	*Graeme Morrish	1.95	10/04/1982	Perth	W40	Rosemary Wilson	1.45	19/03/2004	Aberfeldie
M45	Julien Cosmos	1.70	14/03/1982	Collingwood		<i>Helen Monger</i>	1.45	28/03/2009	Box Hill
M50	Bill Ronald	1.62	13/03/2004	Murrumbeena	W45	Salli Ann Lee	1.43	9/03/2003	Olympic Park
M55	Tom Hancock	1.60	23/11/1991	Box Hill	W50	Chris Battersby	1.35	19/03/1994	Aberfeldie
M60	Tom Hancock	1.54				Chris Bridle	1.35	28/03/2009	Box Hill
M65	*Tom Hancock	1.47	16/03/2002	Aberfeldie	W55	Barbara Brooks	1.05	3/90	Murrumbeena
M70	Gordon Gourlay	1.38	14/04/2001	Bankstown	W60	Bettina Woodburn	1.19	23/03/1985	Murrumbeena
M75	*Gordon Gourlay	1.33	15/04/2005	Adelaide	W65	*Gwen Davidson	1.22	12/87	Olympic Park
M80	Syd Elks	1.10	16/04/2006	Canberra	W70	*Gwen Davidson	1.16	10/04/1993	Adelaide
M85	Vic Younger	1.00	31/03/2001	Bankstown	W75	*Gwen Davidson	1.12	9/99	Adelaide
M90	*Vic Younger	0.95	10/04/2004	Olympic Park					
	LONG JUMP					LONG JUMP			
M30	Terry Baldwin	6.48	19/03/1994	Aberfeldie	W30	Glenis Johnson	5.55	10/12/1988	Doncaster
	Roger Groppi	6.48	25/03/1995	Aberfeldie		<i>Kym Burns</i>	6.16	14/02/2002	?
	* <i>Leigh Stuart</i>	7.93	24/03/2001		W35	Glenis Johnson	5.43	13/02/1993	Doncaster
M35	*Russell Sarah	6.82	19/03/1983	Sandringham	W40	Sue Haylock	4.76	19/03/1994	Aberfeldie
M40	Russell Sarah	6.51	29/03/1986	Adelaide	W45	Salli-Ann Lee	4.88	30/03/2003	
M45	Graeme Noden	5.97	8/12/1984	Murrumbeena	W50	Margaret Tweedie	4.46	4/03/2007	Murrumbeena
M50	Graeme Noden	5.73	22/11/1990	Frankston	W55	Nyala Miller	4.01	11/04/1998	Brisbane
M55	Graeme Noden	5.66	14/12/1996	Murrumbeena	W60	*Bettina Woodburn	4.03	4/85	Hobart
M60	Graeme Noden	5.21	8/04/1999	Murrumbeena	W65	Gwen Davidson	3.62	4/90	Olympic Park
M65	Graeme Noden	5.01	18/04/2003	Perth	W70	*Gwen Davidson	3.51	7/03/1993	Murrumbeena
M70	*Mike Johnston	4.75	16/10/1991	Brisbane	W75	Gwen Davidson	2.79	28/03/1998	Murrumbeena
M75	Rudi Hochreiter	3.93	24/02/2002	Geelong					
M80	Gerry Heilmann	3.28	7/08/2005	Doncaster					
M85	Vic Younger	2.70	6/07/2001	Brisbane					
M90	*Vic Younger	2.53	16/03/2003	Murrumbeena					
	POLE VAULT					POLE VAULT			
M30	Steven Polizzi	4.10	23/01/2007	Knox	W30	*Irie Hill	4.00	11/10/2002	Olympic Park
	<i>Don Baird</i>	5.36	8/06/1979	<i>Eugene USA</i>	W35	*Irie Hill	4.20	4/03/2006	Box Hill
	<i>Viktor Markov</i>	5.70	5/02/2006	<i>Sydney</i>	W40	#Irie Hill	3.65	22/03/2009	Box Hill
	<i>Viktor Chistiakov</i>	5.70	1/07/2006	<i>Padua Italy</i>	W45	#Dawn Hartigan	3.50	19/03/2002	Olympic Park
M35	Rob Hill	4.81	26/01/2009	Geelong	W50	#Dawn Hartigan	3.40	6/03/2007	Coburg
	<i>Andrew Stewart</i>	4.65	12/01/1991	<i>Melbourne</i>	W55				
M40	Robert Huddle	4.00	8/10/1995	Olympic Park	W60	*Lyndsey Cattermole	2.10	24/01/2009	Geelong
M45	*Ken Priestley	3.92	26/01/1985	?					
	* <i>Mark Spivey</i>	4.00	28/07/2007	<i>Birmingham</i>					
M50	Ken Priestley	3.58	19/03/1989	Murrumbeena					
M55	Rob Barclay	3.45	10/94	Brisbane					
M60	*Rob Barclay	3.30	14/11/1998	Box Hill					
M65	*Rob Barclay	3.20	31/01/2004	Box Hill					
M70	Rob Barclay	2.81	7/03/2009	Melb Uni					
M75	Werner Widera	2.16	29/03/1998	Murrumbeena					
M85	Vic Younger	1.60	13/07/2001	Brisbane					
M90	#Vic Younger	1.42	5/04/2003	Murrumbeena					
	TRIPLE JUMP					TRIPLE JUMP			
M30	*Roger Groppi	13.10	30/03/1997	Olympic Park	W30	*Irie Hill	11.29	8/10/2002	Olympic Park
	<i>Marat Safiullin</i>	15.88	13/01/2007	<i>Melbourne</i>	W35	Glenis Johnson	10.75	14/02/1993	Doncaster
M35	*Russell Sarah	14.63	4/04/1981	Box Hill	W40	Sue Haylock	10.20	10/94	Brisbane

M30	Graham Hicks	44.89	14/12/2008	Murrumbeena	W30	Raelene Warren	46.50	8/03/2008	Olympic Park
	*Hans Lotz	71.24	20/02/1982	Melbourne		Anni Hansen	50.35	27/02/2004	Sydney
M35	*Hans Lotz	67.92	8/03/1987		W35	*Pam Matthews	48.14	3/12/1994	Adelaide
	*Hans Lotz	73.80	25/04/1983	Melbourne	W40	Chris Schultz	41.56	2/03/1991	Olympic Park
M40	*Hans Lotz	66.94	5/12/1987	Olympic Park	W45	Chris Schultz	37.44	2/11/1996	Miami Qld
M45	*Hans Lotz	59.62	16/01/1994	Mentone			(3kg)		
		(6kg)			W50	Jan Davies	48.66	5/04/1996	Perth
M50	*Hans Lotz	60.39	28/03/1998	Murrumbeena	W55	*Jan Davies	46.90	2/11/1996	Miami Qld
M55	*Ken Readwin	49.34	6/04/1996	Perth			(3kg)		
		(5kg)			W60	Astrid Rose	35.08	5/10/2003	Canberra
M60	*Wim Van Weenen	50.62	17/12/1994	Mentone	W65	Lydia Widera	33.00	16/03/1991	Murrumbeena
M65	*Wim Van Weenen	50.38	15/02/1997	Box Hill			**2kg from 11/2004		
		(4kg)			W70	*Val Worrell	29.39	31/08/2005	San Sebastian
M70	*Wim Van Weenen	48.74	23/02/2003	Murrumbeena	W75	*Gwen Davidson	23.82	14/03/1999	Murrumbeena
M75	*Wim Van Weenen	43.84	2/03/2008	Murrumbeena	W80	#Gwen Davidson	23.12	15/04/2006	Canberra
		(3kg from 11/2005)				*Gwen Davidson	**24.20	2005	Murrumbeena
M80	*John Fraser	37.18	23/03/1996	Murrumbeena					
M85	John Fraser	27.51	12/12/1999	Murrumbeena					
M90	#John Fraser	24.61	13/03/2005	Murrumbeena					
	JAVELIN	(800g)			JAVELIN	(600g)			
M30	Graham Hicks	52.09	14/12/2008	Murrumbeena	W30	Kelly Carvill	34.10	1/04/2001	Murrumbeena
	*Robert Lethbridge	67.32	13/02/1988	Melbourne		*Petra Rivers	64.18	19/03/1983	Melbourne
M35	*Tony Shield	62.11	3/01/2007	Gold Coast	W35	Sharyn Hunter	29.99	9/03/2008	Olympic Park
	*Manfred Rohkampe	69.32	26/10/1989	Melbourne	W40	Judy Pfanner	31.42	18/03/2007	Murrumbeena
M40	Graeme Rose	55.48	29/03/1987	Murrumbeena	W45	Dawn Hartigan	33.73	7/10/2002	Olympic Park
M45	Graeme Rose	54.82	16/10/1991	Brisbane			(500g from 2000)		
		(700g from 2000)			W50	Chris Schultz	32.18	13/07/2001	Brisbane
M50	Andrew Farr	54.79	7/07/2001	Brisbane	W55	Chris Schultz	23.05	2/04/2006	Murrumbeena
M55	Graeme Rose	50.38	13/04/2001	Bankstown			(400g)		
		(600g)			W60	Bettina Woodburn	24.24	4/87	NSW
M60	*Graeme Rose	48.98	14/03/2004	Murrumbeena	W65	Bettina Woodburn	22.08	16/03/1991	Murrumbeena
M65	*Aivars Pavulins	45.00	7/89	Eugene USA			(400g)		
		(500g from 2000)			W70	Lydia Widera	19.36	30/03/1997	Olympic Park
M70	Rudi Hochreiter	37.00	21/04/2000	Hobart	W75	Gwen Davidson	14.82	2/04/1999	Canberra
M75	Rudi Hochreiter	32.47	31/01/2004	Geelong	W80	Gwen Davidson	12.32	18/04/2003	Perth
		(400g from 2000)							
M80	Colin Murraylee	30.35	22/03/2009	Murrumbeena					
M85	Vic Younger	19.91	6/07/2001	Brisbane					
M90	*Vic Younger	17.01	23/03/2003	Murrumbeena					
	HEAVY HAMMER	(15.88kg/35lb)			HEAVY HAMMER	(9.072kg/20lb)			
M30	Graham Hicks	13.07	14/12/2008	Murrumbeena	W30	Raelene Warren	13.26	8/03/2008	Murrumbeena
M35	*Russell Devine	17.76	12/04/2004	Olympic Park	W35	Christine Schultz	12.79	4/87	Murrumbeena
M40	*Hans Lotz	16.60	4/92	Murrumbeena	W40	Christine Schultz	12.44	10/94	Brisbane
M45	Hans Lotz	15.70	2/04/1995	Murrumbeena	W45	*Christine Schultz	13.57	29/03/1997	Olympic Park
		(11.34kg/25lb)					(7.258kg/16lb)		
M50	Hans Lotz	19.71	29/03/1998	Murrumbeena	W50	Jan Davies	14.77	5/04/1996	Perth
M55	*Graeme Rose	17.84	21/03/1999	Murrumbeena	W55	Jan Davies	14.58	20/03/1999	Murrumbeena
		(9.072kg/20lb)					(5.449kg/12lb)		
M60	*Graeme Rose	19.03	14/04/2006	Canberra	W60	Rhonda Dundas	13.06	13/04/2009	Adelaide
M65	*Willem Van Weener	18.57	29/03/1997	Olympic Park	W65	Val Worrell	11.47	13/04/2001	Bankstown NSW
		(7.258kg/16lb)					**4kg from 11/2004		
M70	*Willem Van Weener	17.96	24/03/2002	Murrumbeena	W70	*Val Worrell	11.40	12/09/2007	Riccione

					W60	Betty Newman	2,512	23/04/1984	Canberra	
						Bev Learmont	1,858	15/03/2009	Murrumbeena	
						Bettina Woodburn	3,699	8/04/1985	Hobart	
DECATHLON		2002 WMA Scoring			HEPTATHLON 2002 Tables Pre-2000 Old Javelin					
M30	Terry Baldwin	6,320	22/12/1996	Olympic Park	W30	Jennifer Baldwin	3,475	21/01/1998	Olympic Park	
	<i>Chris Bradshaw</i>	<i>7,064</i>	<i>9/03/1993</i>	<i>Brisbane</i>		<i>*Carolyn Fox</i>	<i>4,448</i>	<i>21/12/1998</i>	<i>Olympic Park</i>	
M35	Steven Polizzi	5,314	13/01/2008	Doncaster	W35	Jennifer Baldwin	4,161	10/02/2002	Brisbane	
	<i>*Peter Urban</i>	<i>6,336</i>	<i>10/01/1988</i>	<i>Olympic Park</i>						
M40	Chris Boylen	4,863	8/01/2006	Olympic Park	W40	Jennifer Baldwin	3,739	8/01/2006	Olympic Park	
	<i>*Terry Baldwin</i>	<i>5,410</i>	<i>13/01/2008</i>	<i>Doncaster</i>						
M45	Terry Hicks	5,291	18/01/2004		W45	Chris Battersby	5,211	28/07/1989	Eugene USA	
M50	*Terry Hicks	6,319	21/11/2004	Bendigo	W50	Christine Bridle	4,619	13/01/2008	Doncaster	
M55	Jim Poulter	4,877	5/07/2001	Brisbane						
M60	*Rudi Hochreiter	7,204	27/07/1989	Eugene USA						
M65	Norm Keith	3,798	14/07/1995	Buffalo USA	W65	*Gwen Davidson	4,722	28/07/1989	Eugene USA	
M70	Don Chambers	5,295	28/07/2008	Townsville						
M75	Syd Elks	4,952	5/07/2001	Brisbane						
M90	#Vic Younger	4,199	23/02/2003	Brisbane						
4 X 100M RELAY MEN										
M35	Peter Tuckett, Terry Baldwin, Phil Lancaster, Keith Howden						47.73	1/04/2002	Adelaide	
M40	Mike Hall, Laurie Telfer, Daryl McAlpine, David Mather						48.8			
M45	Gerry Robinson, Terry Dunn, Don McMahon, B.Wyatt						51.5			
M50	Graeme Noden, Ross Kent, Bob Wishart, Mike Hall						50.6			
M55	Peter Lamb, Richard Kerridge, Phil Rosevear, Keith Howden						50.6	22/02/2005	Murrumbeena	
M60	Graham Stockdale, Richard Trembath, Ross Kent, Bob Wishart						54.5	28/02/2006	Murrumbeena	
M65	Alan Wood, Gerry Robinson, Con Matthews, Ron Arthur						57.1	22/02/2006	Murrumbeena	
M70	*Mike Johnson, Charles Scarff, Rudi Hochreiter, Jim Thomson						55.5	1997	Murrumbeena	
4 X 100M RELAY WOMEN										
W35	Salli-Ann Lee, Barbara Courtney, Jennifer Baldwin, Bronwen Loizou						52.60	1/04/2002	Adelaide	
W45	Salli-ann Lee, Marg Tweedie, Cathy McDonald, Dorn Jenkins						54.1	22/02/2005	Murrumbeena	
W50	Anne Stobaus, Nanette Compte, Jill Cooper, June Reeves						58.7			
W55	Nyala Millar, Anne Stobaus, June Reeves, Jan Morrey						60.47	1/04/2002	Adelaide	
W60	Nyala Miller, Glad Wishart, Sylvia Machin, Jan Morrey						72.8	22/02/2005	Murrumbeena	
W65	Marlene Stanway, Marg Beaumont, Pam Mews, Jan Morrey						88.7	28/02/2006	Murrumbeena	
4 X 200M RELAY MEN										
M35	John Braszell 47, Warren Burke 39, Mohammed Reese 37, David Woods 40						1.53.3	25/03/2007	Murrumbeena	
M40	Steve Zimaris, Russell Johnson, John Freame, Dean Copland						1.48.8			
M45	John Freame, R.Johnson, Alan Sinclair, Graham Stockdale						1.49.8			
M50	Mike Hall, Bob Wishart, Ross Kent, Graeme Noden						1.46.0			
M55	Barry Pomeroy, Mike Hall, Ross Kent, Graeme Noden						1.44.7			
M60	David Mather, Leo Charles, Kevin Marion, Max Brook						1.57.0			
M65	Anthony Bradford 67, Russel Oakley 67, Darrel Polglase 67, Allan Wood 69						2.22.2	25/03/2007	Murrumbeena	
M70	John Reid, Ron Aust, Mike Johnson, Jim Thompson						2.03.5			
M80	Gerry Heilmann 83, Michael Johnston 85, Jim Sinclair 82, Jimmy Thompson 80						2.33.9	25/03/2007	Murrumbeena	
4 X 200M RELAY WOMEN										
W40	Amanda Emmett 44, Christie Faulks 46, Sonya Pollard 40, Margaret Tweedie 52						1.51.0	25/03/2007	Murrumbeena	
W55	Nyala Millar, Glad Wishart, Joy Herbert, Jan Morrey						2.18.6			
4 X 400M RELAY MEN										
M40	Peter Tuckett, Terry Baldwin, Terry Hicks, Bruce Collins						3.40.27	28/03/2006	Brisbane	

M45	John Freame, Russell Johnson, Alan Sinclair, Gary Mowat			3.51.1		
M50	Keith Moody, Ian McLeod, Ross Kent, Neil MacDonald			3.52.8		
M55	Peter Lamb, Ian McLeod, Richard Kerridge, Keith Howden			4.01.7	22/02/2005	Murrumbeena
M60	Bob Wishart, Graham Stockdale, Ross Kent, Richard Trembath			4.17.2	28/02/2006	Murrumbeena
M65	Jim Thomson, Norm Keith, Alex Harris, Mike Johnston			4.39.6		
M70	Bob Lewis, Tony Martin, Vin O'Brien, Frank Tutchener			5.17.9		
4 X 400M RELAY WOMEN						
W35	Christine Bridle, Jenifer Baldwin, Cathy Orelli , Joanne Russell			4.31.32	28/03/2005	Brisbane
W45	Marg Tweedie, Cathy McDonald, Jenny Stephens, Dorn Jenkins			4.32.2	22/02/2005	Murrumbeena
W60	Glad Wishart, Sylvia Machin, Jan Morrey, Nyara Miller			6.18.2	22/02/2005	Murrumbeena
4 X 800M RELAY MEN						
M35	*John Braszell 47, Warren Burke 39, Mohammed Reese 37, David Woods 39			9.58.3	25/03/2007	Murrumbeena
M40	Christopher Boylen, Dhanbir Tamang, Jim Hetjmanek, Shane Jerby			9.27.0	29/03/2005	Murrumbeena
M45	Mark Crawford 48, David Murrihy 49, Graham Walter 48, Andrew Watts 51			9.43.7	25/03/2007	Murrumbeena
M50	*Ray Kelly, Norm Johnston, Paul McCullum, Peter Duggan			9.59.0		
M55	Frank Prowse 55, David McConnell, Richard Kerridge 59, John Browne 56			10.37.6	1/10/2007	Doncaster
M60	*Doug Adeney 62, Des Middleton 60, Graham Philpott 64, David Sheehan 60			10.48.6	25/03/2007	Murrumbeena
M65	*Keith Bird, Bob Turnbull, Dick Kirkman, Peter Colthup			11.41.1		
M70	Alan Burgoyne, Andy Smith, Eddie Gamble, Cliff Barling			11.44.1		
M80	#Gerry Heilmann 83, Michael Johnston 85, Ken Matchett 85, Jim Sinclair 82			17.24.2	25/03/2007	Murrumbeena
4 X 800M RELAY WOMEN						
W35	*Carmel Pardy, Olya Bojczuk, Kim Wright, Maureen Arch			13.29.0	29/03/2005	Murrumbeena
W55	Theresia Baird 65, Bronwen Cardy 55, Kathryn Heagney 56, Sandra Middleton 58			12.19.8	25/03/2007	Murrumbeena
4 X 1500M RELAY MEN (currently not listed by WMA)						
M40	Ian Winnen 43, Shane Derby 44, John Schuijers 44, Christopher Boylen 41			20.58.4	19/07/2006	Collingwood
M50	#Robert Caldwell 50, Terry Pearce 51, Will Hersbach 53, Eero Keranen 51			18.43.23	25/02/2007	Olympic Park, Vi
M60	*Wayne Fitzsimmons 61, George Rennie 63, Mike Boylen 65, Barry Boyd 61			22.43.4	19/07/2006	Collingwood