

THE FALLS CREEK CAMP - JANUARY 2014

Our annual VRWC walks camp kicked off on Saturday 28th December 2013 in the Victorian alpine village of Falls Creek. At an altitude of just under 1600m, the camp is high enough to provide altitude training effect and the walkers were into action quickly, training twice on most days. The group was as follows:

Simon and Alison Baker (and Elliott), Tim Erickson, Sabrina and Graham George
Peter Ryan (UK)

Katya Martin (QLD)

Jasmine Dighton, Kirsty Klein, Shay Southern and Tabitha Porley (QLD)

Adam Garganis, Brad Simpson, Hayley and Stephanie George, Jason Kozica, Jesse Osborne, Lucas Taylor, Reese Walmsley, Ross Darlow and Danny Hawksworth (VIC)

With Sabrina George as chief cook and with Brad Simpson as activities manager, all the bases were covered. We did our usual bush walks and swims at Mt Beauty and added lots of fun that included a trivia night and even our own versions of The Amazing Race and Celebrity Heads. A selection of photos to show some of the action.



Training – Graham, Peter, Tim, Steph, Brad, Jasmine, Katya, Adam, Hayley, Reese, Ross, Lucas, Jesse and Simon



Left: Getting ready to training



Right: Brad steps out



Left: Adam leads out the group early



Right: Jasmine strides out



Hungry after another big day



Bushwalking in the sun



Left: The mighty leader



Right: Celebrity Heads



What a backdrop



Brad, Jesse, Katya, Jasmine and Steph



Kirsty, Lucas, Ross, Reese and Jesse



Left: Simon and Tim talk tactics

Right: It's still cold!



What a backdrop for training!



Wait for us!



Underway for our final walk of the camp



**Left: Jesse ponders a cold and foggy start
Middle: Hayley, Stephanie, Jesse and Kirsty step it out
Right: Are they catching me yet?**



Final proof we were all at Falls Creek!



Mist rises off the Rocky Valley Reservoir as we drive down for an early morning training session



The camp takes its toll on the oldest and youngest camp members!