

Australian Women 1500m Track All-Time List**Primary Sources: Tim Erickson and Paul Rance – no official listings kept anywhere so not definitive.****Cutoff: 6:50.0****Last Updated –28/10/2024**

Rank	Time	Name	State	DOB	Location	Comp Date	Age
1	5.48.34	Katie Hayward	QLD	23/07/2000	Brisbane	03/11/2016	16
2	5.50.41	Kerry Saxby-Junna	NSW	02-06-1961	Sydney	20/01/1991	29
3	5.59.15	Renee McAskill	NSW	11/03/1982	Sydney	25/02/1996	13
4	6.01.23	Clara Smith	QLD	09/03/1998	Brisbane	20/10/2021	23
5	6.09.0	Hannah Mison	NSW	14/11/2001	Sydney	18/11/2023	22
6	6.09.31	Michelle French	NSW	10/04/1982	Sydney	14/02/1998	15
7	6.10.78	Natalie Saville	NSW	07/09/1978	Hobart	27/03/1994	15
8	6.10.80	Sue Cook	VIC	23/04/1958	Canberra	21/01/1984	25
9	6.14.30	Jane Saville	NSW	05/11/1974	Sydney	20/01/1991	16
10	6.17.08	Jessica Pickles	QLD	09/02/1994	Brisbane	07/11/2013	19
11	6.20.20	Gabrielle Blythe	VIC	09/03/1969	Geelong	08/02/1986	16
12	6.20.8	Ela Uzun	VIC	21/04/2011	Melbourne	12/10/2024	13
13	6.21.41	Sophie Polkinghorne	NSW	22/05/210	Melbourne	22/04/2023	12
14	6.22.43	Linda Coffee	NSW	31/07/1977	Sydney	21/03/1993	15
15	6.22.80	Zoe Woods	NSW	22/10/2007	Sydney	19/03/2023	15
16	6.23.43	Cheryl Webb	NSW	03/10/1976	(Aust U16 1500m)	'92 Aust Titles	15
17	6.25.75	Christina Papadopoulos	QLD	05/09/1996	Brisbane	02/11/2017	21
18	6.25.78	Sienna Pitcher	NSW	27/11/2007	Sydney	19/03/2023	15
19	6.25.94	Alanna Peart	VIC	06/09/2003	Melbourne	18/10/2019	16
20	6.26.17	Jayda Anderson	QLD	10/08/2005	Brisbane	02/11/2019	14
21	6.27.79	Rebecca Henderson	VIC	04/07/2001	Melbourne	23/10/2017	16
22	6.31.45	Kate Connolly	NSW		Perth	/03/99 Aust Titles	U16
23	6.31.67	Jillian Hosking	ACT	12/02/1987	Hobart	08/12/2002	15
24	6.31.70	Jemima Montag	VIC	15/02/1998	Melbourne	02/02/2013	14
25	6.32.0	Hannah Bolton	NSW	29/12/2003	Sydney	18/11/2023	19
26	6.32.20	Elizabeth McMillen	NSW	10/04/2004	Sydney	28/03/2021	16
27	6.32.60	Anne Miller	VIC	26/02/1963	Melbourne	05/02/1978	14
28	6.32.93	Caitlin Hannigan	QLD	27/07/2002	Brisbane	02/11/2018	16
29	6.33.38	Amber Lawrence	NSW		Sydney	21/03/1993	U16
30	6.33.44	Maureen O'Brien	WA		Sydney	21/03/1993	U16
31	6.34.00	Kelly Ruddick	VIC	19/04/1973	Ballarat	18/12/2021	48
32	6.34.97	Nellie Langford	SA	1/06/2005	Adelaide	19/11/2022	17
33	6.35.0	Jemma Peart	VIC	16/06/2001	Ballarat	19/01/2019	17
34	6.35.3	Shannon Jennings	NSW	11/01/1993	Sydney	19/03/2006	13
35	6.35.70	Camryn Novinetz	QLD	01/01/2003	Townsville	23/03/2019	16
36	6.36.0	Alannah Pitcher	NSW	19/09/2003	Sydney	18/11/2023	20
37	6.36.0	Zoe Hunt	ACT	04/12/1997	Canberra	05/03/2015	17

38	6.36.17	Marcia Lomas	WA			1991 Aust Titles	U16
39	6.36.73	Nyssa Cobby	WA		Perth	/03/99 Aust Titles	U16
40	6.37.03	Kellie Wapshott	VIC	23/03/1981	Sydney	09/12/1995	14
41	6.27.79	Rebecca Henderson	VIC	04/07/2001	Melbourne	18/10/2019	18
42	6.36.58	Avia Pinches	NSW	01/01/2006	Sydney	19/03/2023	17
43	6.38.13	Laura Johnson	NSW	31/08/1984	Sydney	/12/1999	15
44	6.38.50	Ciara Cassilles	NSW	04/03/2007	Sydney	19/03/2023	16
45	6.38.7	Eliza Clarke	VIC	29/02/2000	Doncaster	10/12/2015	15
46	6.38.96	Samantha Findlay	SA	23/08/1997	Adelaide	19/11/2022	25
47	6.39.18	Lisa McIlvenie	NSW		Sydney	13/10/1996	U14
48	6.39.20	Tanya Holliday	SA	21/09/1988	Hobart	08/12/2002	14
49	6.39.50	Jane Henderson	VIC		Geelong	07/12/1991	U15
50	6.39.92	Maisie Mitchell	NSW	02/04/2009	Sydney	24/03/2024	14
51	6.39.97	Bridgitte Burns	VIC		Sydney	07/05/2000	U16
52	6.40.10	Emma Blanch	NSW	01/04/2003	Sydney	16/03/2019	15
53	6.41.07	Mya McClure	VIC	08/06/2011	Adelaide	27/04/2024	12
54	6.41.48	Claire Bock	QLD	02/08/1982	Melbourne	23/03/1996	13
55	6.41.62	Jasmyn McDonald	NSW	01/07/1999	Sydney	07/09/2013	14
56	6.41.91	Jasmine Dighton	NSW	23/02/1993	Sydney	23/03/2014	21
57	6.42.12	Erin McGinniskin	VIC		Melbourne	23/03/1996	U13
58	6.42.55	Tiffany Charman	VIC		Melbourne	/03/1992	U14
59	6.43.30	Yolanda Russell	VIC		Darwin	05/04/1992	U16
60	6.43.51	Alana McIlvenie	NSW		Sydney	07/09/1996	U16
61	6.43.58	Deborah Foster	TAS		Adelaide	25/03/1995	U16
62	6.43.6	Claire Maddison	SA		Adelaide	06/03/1993	U16
63	6.43.92	Alice Randall	TAS	13/06/2000	Hobart	08/12/2018	18
64	6.43.94	Sarah Gathercole	VIC		Melbourne	/03/1992	U14
65	6.44.02	Tenyka Chapman	QLD	03/12/2001	Brisbane	5/11/2015	13
66	6.45.0	Heather Carr	VIC	13/08/1949	Melbourne	31/03/1990	40
67	6.45.53	Helen Sestic	NSW		Adelaide	25/03/1995	U16
68	6.45.71	Roxie Schmidt	QLD		Canberra	/12/1998	U16
69	6.45.88	Jessica Rothwell	VIC	18/06/1989	Melbourne	03/04/2014	14
70	6.46.0	Gabby Hunt	ACT	03/09/2000	Canberra	28/01/2016	15
71	6.46.11	Melissa Scott	VIC		Melbourne	27/02/1993	U16
72	6.46.65	Jade Newell	NSW		Brisbane	23/03/1997	U16
73	6.47.16	Elizabeth Hosking	ACT	30/05/1995	Canberra	03/11/2014	19
74	6.47.98	Matilda Webb	NSW	20/04/2009	Sydney	19/03/2023	13
75	6.48.00	Rebecca Wilkie	VIC		Sydney	07/05/2000	U16
76	6.48.08	Victoria Upton	SA	25/10/2003	Sydney	22/04/2017	13
77	6.48.22	Jenny Randall	NSW			1986 Aust Titles	U16
78	6.48.6	Simone York	SA		Adelaide	20/02/1993	U16
79	6.48.72	Tanya-Maree Holloway	WA	21/10/1981	Perth	21/02/1997	15
80	6.49.0	Ally Durr	ACT	01/09/1996	Canberra	05/03/2015	18

81	6.49.0	Elizabeth Stratford	NSW		Sydney	03/11/1996	U16
82	6.49.19	Belinda Cole	ACT		Adelaide	25/03/1995	U14
83	6.49.52	Jessica Heazlewood	NSW	30/05/1987	Hobart	08/12/2002	15
84	6.49.53	Karen Donnelly	NSW		Adelaide	25/03/1995	U16
85	6.49.69	Natalie McKean	NSW	13/06/1971		1987 Aust Titles	15

Australian Women 3000m Track All-Time List

Sources: Tim Erickson, Paul Jenès

Cutoff: 13:27

Last Updated – 28/10/2024

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	11.51.26	Kerry Saxby-Junna	N	20/06/1961	1	Melbourne	07/02/1991	29
2	12.10.17	Katie Hayward	Q	23/07/2000	mix	Brisbane	23/03/2019	18
3	12.22.09	Gabrielle Blythe	V	09/03/1969	2	Melbourne	24/02/1994	24
4	12.26.87	Anne Pembroke Manning	N	13/11/1959	3	Melbourne	24/02/1994	34
5	12.26.73	Tanya Holliday	S	21/09/1988	1	Adelaide	19/02/2013	24
6	12.27.74	Jane Saville	N	05/11/1974	2	Melbourne	25/02/1993	28
7	12.30.25	Christina Papadopolous	Q	05/09/1996	2	Pireas, Greece (Indoor)	12/02/2021	24
8	12.56.73	Hannah Mison	N	14/11/2001	1	Mingara, NSW	02/05/2023	21
9	12.36.21	Natalie Saville	N	07/09/1978	1	Sydney	09/12/1995	17
10	12.40.84	Teresa Letherby	Q	05/04/1972	2	Melbourne	29/02/1996	25
11	12.42.1	Sue Orr-Cook	V	23/04/1958	1	Canberra	10/03/1984	25
12	12.43.0	Michelle French	N	10/04/1982	mix	Sydney	08/11/1997	15
13	12.45.95	Beki Smith (nee Lee)	N	25/11/1986	2	Sydney	21/02/2012	25
14	12.46.76	Jenny Jones	Q	20/04/1967	mix	Brisbane	14/11/1992	25
15	12.48.4	Cheryl Webb	N	03/10/1976	mix	Sydney	22/11/1997	21
16	12.48.76	Lorraine Jachno	V	21/09/1959	2	Melbourne	25/02/1992	32
17	12:48.87	Claire Tallent	S	06/07/1981	mix	Brisbane	07/02/2009	27
18	12.49.2	Linda Coffee	N	31/07/1977	mix	Sydney	13/01/1996	18
19	12.51.56	Wendy Muldoon	V	27/05/1971	3	Melbourne	29/02/1996	24
20	12.51.6	Louise Nicholson	V	26/12/1966	mix	Melbourne	20/02/1992	25
21	12.52.49	Alanna Peart	V	06/09/2003	1	Ballarat	05/10/2024	19
22	12.55.13	Olivia Sandery	S	22/01/2003	1	Adelaide	13/12/2021	18
23	12.56.6	Jane Lewry Barbour	S	27/07/1966	mix	Adelaide	05/03/1994	27
24	12.58.85	Kelly Ruddick	V	19/04/73	1	Ballarat	09-01-2016	42
25	12.59.4	Bev Wilkins Hayman	N	09/05/1961	mix	Sydney	21/01/1989	27
26	13.00.74	Clara Smith	Q	09-03-1998	1	Brisbane	25/11/2017	19
27	13.02.71	Sally Pierson	V	10/03/1963	1	Melbourne	21/02/1982	18
28	13.03.99	Jantien Saltet	N	24/01/1972	4	Brisbane	31/01/1993	21
29	13.04.68	Kellie Wapshott	V	23/08/1981	mix	Sydney	27/02/2010	28
30	13.06.03	Simone Wolowiec	V	12/02/1974	4	Melbourne	24/02/1994	20
31	13.06.57	Stephanie Stigwood	T	21/10/1990	1	Hobart	20-12-2014	24
32	13.06.97	Regan Lamble	V	14/10/1991	4	Sydney	18/02/2012	20
33	13.09.85	Nicole Fagan	N	24/07/1989	7	Sydney	18/02/2012	22
34	13.10.80	Laura Johnson	N	31/08/1984	1	Nassau,Bahamas	12/07/2002	17
35	13.11.0	Simone McInnes	V	27/11/91	1	Mentone	18/02/2018	26
36	13.12.13	Jessica Pickles	Q	09/02/1994	1	Brisbane	30/11/2013	19
37	13 12.9	Megan Szirom	V	18/08/1977	mix	Melbourne	07/01/2006	28

38	13.13.32	Jemima Montag	V	15/02/1998	1	Melbourne	27/10/2013	15
39	13.13.7	Sharon Schnyder	V	01/07/1964	mix	Melbourne	14/11/1991	25
40	13.14.0	Tracy Rosengrave	V	28/08/1977	mix	Melbourne	04/03/2000	22
41	13.17.16	Elizabeth McMillen	N	10/04/2004	1	Sydney	08/09/2022	18
42	13.18.48	Renee McAskill	N	11/03/1982	2	Sydney	22/02/1998	15
43	13.21.45	Natalie Camplin	Q	26/03/1969	5	Brisbane	01/02/1992	22
44	13.25.56	Rachel Tallent	V	20/02/1993	6	Sydney	18/02/2012	18
45	13.26.32	Celia Massie Bertei	V	18/01/1966	6	Melbourne	24/02/1994	18

Australian Women 5000m Track All-Time List

Sources: Tim Erickson, Paul Jenès

Cutoff: 23:00.0

Last Updated – 28/10/2024

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	20:03.0	Kerry Saxby-Junna	N	20/06/1961	1	Sydney	11/02/1996	34
2	20:17.35	Jemima Montag	V	15/02/1998	1	Melbourne	26/02/2022	24
3	21:03.33	Jess Rothwell	V	18/06/1989	1	Melbourne	20/02/2009	19
4	21:09.08	Olivia Sandery	S	22/01/2003	1	Adelaide	02/02/2023	20
5	21:19.19	Cheryl Webb	N	03/10/1976	2	Sydney	14/02/2009	32
6	21:19.46	Beki Smith nee Lee	N	25/11/1986	1	Melbourne	05-03-2016	29
7	21:19.55	Regan Lamble	V	14/10/1991	2	Milan, Italy	22-02-2016	24
8	21.21.25	Tanya Holliday	S	21/09/1988	1	Sydney	18/02/2012	23
9	21:24.14	Hannah Mison	N	14/11/2001	1	Campbelltown	28/10/2023	21
10	21:25.6	Anne Pembroke-Manning	N	13/11/1959	mix	Sydney	12/02/1994	34
11	21.29.12	Claire Tallent	S	06/07/1981	3	Sydney	18/02/2012	30
12	21:30.86	Clara Smith	Q	09/03/1998	2	Melbourne	27/02/2022	23
13	21.31.0	Rachel Tallent	V	20/02/1993	2	Canberra	12-06-2016	23
14	21:32.26	Jane Saville	N	05/11/1974	1	Melbourne	01/03/1997	26
15	21:34.23	Natalie Saville	N	07/09/1978	2	Melbourne	01/03/1997	18
16	21:39.03	Katie Hayward	Q	23/07/2000	1	Brisbane	21-10-2016	16
17	21:42.01	Rebecca Henderson	V	04/07/2001	1	Melbourne	24/02/2024	22
18	21:43.17	Elizabeth McMillen	N	10/04/2004	1	Sydney	15/12/2022	18
19	21:45.16	Lisa Sheridan-Paolini	N	10/12/1962	1	Sydney	20/02/2000	37
20	21.46.68	Kelly Ruddick	V	19/04/1973	2	Brisbane	29/03/2014	40
21	21:46.70	Kellie Wapshott	V	23/03/1981	mix	Melbourne	10/02/2008	26
22	21:47.6	Gabrielle Blythe	V	09/03/1969	mix	Canberra	12/03/1993	24
23	21:49.49	Allanah Pitcher	N	19/09/2003	1	Sydney	14/03/2024	20
24	21:59.0	Teresa Letherby	Q	05/04/1972	3	Sydney	11/02/1996	23
25	22:01.50	Linda Coffee	N	31/07/1977	2	Sydney	18/02/1996	18
26	22:04.42	Sue Orr-Cook	V	23/04/1958	1	Melbourne	01/04/1984	25
27	22:05.76	Michelle French	N	01/04/1982	2	Melbourne	19/02/2006	23
28	22:08:00	Megan Szirom	V	18/08/1977	1	Melbourne	23/06/2007	29
29	22:08.5	Jenny Jones-Billington	Q	20/04/1967	4	Brisbane	06/03/1993	25
30	22.11.76	Jessica Pickles	Q	09-02-1994	1	Brisbane	06-02-2016	21
31	22:13.0	Simone Wolowiec	V	12/02/1974	mix	Melbourne	20/11/1997	23
32	22:15.0	Sally Pierson	V	10/03/1963	1	Melbourne	27/01/1984	20
33	22:15.5	Jane Lewry-Barbour	S	27/07/1966	1	Adelaide	16/02/1994	27
34	22:17.32	Lorraine Young-Jachno	V	21/09/1959	4	Sydney	04/01/1990	30
35	22.23.17	Nicole Fagan	N	24/07/1989	5	Sydney	18/02/2012	22
36	22:24.9	Wendy Muldoon	V	27/05/1971	mix	Melbourne	09/03/1995	23
37	22:31.18	Lisa Grant	N	26/04/1985	3	Sydney	09/12/2091	20

38	22:34.30	Jo Strangman	A	17/11/1975	mix	Canberra	17/02/1995	19
39	22:35.0	Alanna Peart	V	06/09/2003	1	Canberra	13/06/2021	17
40	22:35.15	Jillian Hosking	A	12/02/1987	2	Canberra GP event	30/01/2010	22
41	22:36.6	Jantien Saltet	N	24/01/1972	mix	Sydney	28/11/1992	20
42	22:37.0	Hannah Bolton	N	29/12/2003	4	Sydney	14/03/2024	20
43	22:37.8	Bev Wilkins-Hayman	N	09/05/1961	1	Sydney	05/11/1988	27
44	22:37.91	Alexandra Griffin	W	10/06/2005	1	Perth	27/10/2023	18
45	22:39.45	Christina Popadopolous	Q	22/08/1987	1	Brisbane	26/01/2019	21
46	22:40.3	Sharon Schnyder	V	01/07/1964	1	Bendigo	25/01/1992	27
47	22:41.2	Louise Nicholson	V	26/12/1966	1	Melbourne	05/01/1992	25
48	22:44.6	Celia Massie-Bertei	V	18/01/1966	mix	Melbourne	14/01/1991	24
49	22:44.66	Renee McAskill	N	11/03/1982	3	Sydney	07/03/1996	13
50	22:49.3	Jill Barrett-Maybir	Q	13/07/1964	7	Sydney	10/03/1996	31
51	22:51.33	Stephanie Stigwood	T	21/10/1990	3	Melbourne	05-03-2016	25
52	22:52.70	Laura Johnson	N	31/08/1984	1	Darwin	28/06/2002	17
53	22:52.87	Simone McInnes	V	27/11/1991	1	Canberra	27/01/2018	26
54	22:53.75	Samantha Findlay	S	23/08/1997	2	Adelaide	03/03/2023	25
55	22:57.67	Paige Hooper	S	09/09/1992	4	Ostrava, Czech Rep	12/07/2007	14
56	22:59.19	Rachel Thompson	N	21/11/1962	2	Sydney	24/02/1985	22

Australian Women 10 km All-Time List

Sources: Tim Erickson, Paul Jenés

Cutoff: 49:40

Last Updated – 28/10/2024

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	41.30	Kerry Saxby-Junna	N	20/06/1961	1	Canberra	27/08/1988	27
2	42.15	Jane Saville	N	05/11/1974	6	Eisenhuttenstadt	8/05/1999	24
3	42.27	Jemima Montag	V	15/02/1998	3	Olympic Marathon Walk Leg, Paris	7/08/2024	26
4	43.20.65	Katie Hayward *	Q	23/07/2000	1	Sydney (Aust T&F Champs)	5/04/2019	18
5	43.28	Gabrielle Blythe	V	09/03/1969	-	Hawkesbury	10/07/1993	24
6	43.48.08	Beki Lee *	N	25/11/1986	1	Sydney (Track)	1/04/2016	29
7	43.58	Tanya Holliday	S	21/09/1988	1	Adelaide	28/07/2012	23
8	44.01	Jess Rothwell	V	18/06/1989	1	Melbourne	15/02/2009	19
9	44.14	Olivia Sandery	S	22/01/2003	4	Asian 20km Champ, Nomi, JPN (split)	19/03/2023	20
10	44.19	Claire Tallent	S	06/07/1981	1	Cairns (Oceania Champs)	29/06/2012	30
11	44.27	Anne Pembroke-Manning	N	13/11/1959	1	Melbourne	21/01/1996	26
12	44.33.80	Elizabeth McMillen *	N	10/04/2004	2	Adelaide (Aust T&F Champs)	11/04/2024	20
13	44.40.09	Rebecca Henderson *	V	04/07/2001	3	Sydney (Aust T&F Champs)	30/03/2022	20
14	44.48	Regan Lambie	V	14/10/1991	4	Lake Taihu, China	26/09/2016	24
15	44.51.53	Alannah Pitcher *	N	29/09/2003	3	Adelaide (Aust T&F Champs)	11/04/2024	20
16	44.52	Cheryl Webb	N	03/10/1976	1	Melbourne (Aust 20km split)	7/03/2009	32
17	45.10	Natalie Saville	N	07/09/1978	2	Melbourne	27/02/1997	18
18	45.15	Lisa Sheridan Paolini	N	10/12/1962	1	Sydney	17/08/2000	37
19	45.18	Jill Barrett-Maybir	Q	13/07/1964	3	Melbourne	27/02/1997	26
20	45.19	Sue Cook	V	23/04/1958	1	Brisbane	28/06/1987	39
21	45.19	Tayla-Paige Billington	Q	31/03/1997	1	Brisbane	13/08/2023	25
22	45.21.47	Nicole Fagan *	N	24/07/1989	2	Melbourne (Aust T&F Champs)	4/04/2014	24
23	45.22	Wendy Muldoon	V	27/05/1971	1	Melbourne	19/07/1998	27
24	45.25	Lorraine Young Jachno	V	21/09/1959	1	Melbourne	19/05/1991	31
25	45.25.90	Kelly Ruddick *	V	19/04/1973	3	Melbourne (Aust T&F Champs)	4/04/2014	40
26	45.36.1	Clara Smith *	Q	09/03/1998	3	Canberra	22/01/2022	23
27	45.38	Sally Pierson	V	10/03/1963	1	Melbourne	8/05/1982	20
28	45.40	Simone Wolowiec	V	12/02/1974	1	Melbourne	14/12/1997	23
29	45.51	Jane Lewry Barbour	S	09/05/1961	2	Melbourne	21/01/1996	24
30	45.52.31	Hannah Bolton *	N	29/12/2003	5	Adelaide (Aust T&F Champs)	11/04/2024	20
31	44.44	Hannah Mison	N	14/11/2001	2	NSW 10km Champ, Central Coast	27/07/2024	22
32	45.16	Alexandra Griffin *	W	10/06/2005	5	World U20 Champis, Lima, Peru	30/08/2024	19
33	46.06	Jenny Jones Billington	Q	20/04/1967	1	Canberra	28/08/1993	26
34	46.06	Teresa Letherby	Q	05/04/1972	3	Melbourne	17/12/1995	23
35	46.10	Jillian Hosking	A	12/02/1987	3	Hobart (Aust 20km split)	13/02/2010	23
36	46.10.54	Rachel Tallent *	V	20/02/1993	3	Sydney (Aust T&F Champs)	5/04/2019	26
37	46.11.63	Simone McInnes *	V	27-11-1991	4	Sydney (Aust T&F Champs)	5/04/2019	27

38	46.23	Kellie Wapshott	V	23/03/1981	2	Melbourne (Aust 20 km split)	23/02/2008	26
39	46.29	Zoe Hunt	A	12-04-1997	1	Adelaide	21/02/2016	19
40	46.30	Megan Szirom	V	18/08/1977	1	Melbourne	2/06/2007	29
41	46.31.34 *	Jessica Pickles *	Q	09/02/1994	3	Sydney (Track)	31/03/2017	23
42	46.35	Lyn Ventris	W	02/10/1956		Canberra	8/02/2002	45
43	46.50	Bev Wilkins Hayman	N	09/05/1961	1	Richmond	24/05/1986	25
44	46.56.97	Alanna Peart *	V	06/09/2003	7	Adelaide (Aust T&F Champs)	11/04/2024	20
45	47.01	Linda Coffee	N	31/07/1977	1	Naumburg	28/04/1996	18
46	47.02	Celia Massie Bertei	V	18/01/1966	2	Melbourne	19/05/1991	25
47	47.16.2	Chelsea Roberts	N	25/10/2006	19	World U20 Champis, Lima, Peru	30/08/2024	17
48	47.25	Sharon Schnyder	V	10/07/1964	3	Melbourne	25/08/1991	27
49	47.26	Sue Narbey	W	25/11/1964	2	Canberra	24/08/1985	20
50	47.28	Carolyn Vanstan Ferguson	V	14/08/1968	4	Melbourne	25/08/1991	23
51	47.28	Jo Strangman	A	17/11/1975	5	Canberra	29/01/1995	19
52	47.30	Lisa Grant	N	24/06/1985	3	Hobart	27/08/2006	21
53	47.34	Michelle French	N	10/04/1982	-	Melbourne	2/07/2006	24
54	47.38.38	Christina Papadopolous *	Q	05/09/1996	6	Sydney (Aust T&F Champs)	5/04/2019	22
55	47.41	Jantien Saltet	N	24/01/1972	6	Canberra	25/01/1993	21
56	47.42	Rachel Thompson	N	21/11/1962	1	Sydney	28/04/1984	21
57	47.46	Samantha Findlay *	S	23/08/1997	17	Asian 20km Champ, Nomi, JPN (split)	19/03/2023	25
58	47.47	Lauren Bourke	N	20/07/1990	2	Leichhardt, NSW	5/07/2014	23
59	47.51.98	Kristie Goznic *	S	08-05-1993	1	Adelaide	29/11/2015	26
60	48.00	Natalie Camplin	N	26/03/1969	6	Adelaide	4/03/1992	23
61	48.04	Laura Johnson	N	31/08/1984	10	Kingston, Jamaica (Track)	18/07/2002	17
62	48.04.62	Melissa Hayes *	N	24/08/1991	2	Gold Coast, Aust U20 10000m	2/08/2008	16
63	48.11	Tracey Rosengrave	V	25/08/1977	1	Melbourne	15/07/2001	23
64	48.26	Jenny Crooks	S	09/04/1976	9	Melbourne	27/02/1997	20
65	48.35.5	Stephanie Stigwood *	T	21/10/1990	1	Hobart	26/01/2013	22
66	48.36	Zoe Woods	N	22/10/2007	22	WA RW Team Champs, Antalya, TUR	21/04/2024	16
67	48.44	Karen Iselin	Q	21/09/1956	1	Brisbane	23/07/1989	32
68	48.34.71	Kate Siviour *	V	13/12/2000	10	Canberra (Supernova)	27/01/2024	23
69	48.47	Anne Ryan	N	02/07/1962	3	Adelaide	26/06/1983	20
70	48.49.51	Nellie Langford	S	01/06/2005	11	Adelaide (Aust T&F Champs)	11/04/2024	18
71	48.52	Natalie McKean	N	13/06/1971	8	Melbourne	25/08/1991	20
72	48.52.25	Philippa Huse *	V	11/04/1999	2	Sydney (Track)	16/03/2018	18
73	49.01.52	Maddison Nash	V	01/12/2006	12	Adelaide (Aust T&F Champs)	11/04/2024	17
74	49.03	Beth Alexander	V	28/11/1992	2	Hobart	13/02/2010	17
75	49.05	Miriam Harding	A	02/06/1956	1	Canberra	27/05/1989	32
76	49.06	Louise Nicholson	V	26/12/1966	4	Melbourne	8/12/1991	24
77	49.11	Jasmine Dighton	N	05/12/1996	3	Hobart	2/02/2014	17
78	49.11	Anna Cross	S	18/01/1999	3	Adelaide	11/02/2018	19
79	49.12.58	Paige Hooper *	S	09/09/1992	2	Sydney, Aust U20 10000m	12/03/2010	17
80	49.15	Kirsty Klein	N	19/05/1994	2	Oatley, NSW	13/07/2013	19

81	49.17.35	Sienna Pitcher *	N	27/11/2007	12	Canberra (Supernova)	27/01/2024	16
82	49.21	Jemma Peart	V	15/06/2001	2	Melbourne	23/06/2019	18
83	49.21	Elizabeth Hosking	A	30/05/1995	25	Taicang China (IAAF World Cup)	3/05/2014	18
84	49.31.49	Katya Martin *	Q	20-03-1997	6	Sydney (Track)	31/03/2017	20
85	49.39	Caitlin Hannigan	Q	29/07/2002	2	Adelaide	9/02/2020	17

* Track

Australian Women 20 km All-Time List

Sources: Tim Erickson, Paul Jenés

Cutoff: 1:43:00

Last Updated – 28/10/2024

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	1:26.25.0	Jemima Montag	V	15/02/1998	3	Olympic 20km, Paris, FRA	01/08/2024	26
2	1:27.44.0	Jane Saville	N	05/11/1974	4	Naumburg,Germany	02/05/2004	29
3	1:28.43.0	Rebecca Henderson	V	04/07/2001	2	Nomi, Japan	19/03/2023	21
4	1:28.52.0	Olivia Sandery	S	22/01/2003	3	Nomi, Japan	19/03/2023	20
5	1:28.53.0	Claire Tallent	S	06/07/1981	5	Taicang, China	30/03/2012	30
6	1:29.25.0	Katie Hayward	Q	23/07/2000	2	Adelaide	10/02/2019	18
7	1:29.33.0	Regan Lambie	V	14/10/1991	12	Rome, Italy (WC)	07-05-2016	24
8	1:29.36.0	Kerry Saxby-Junna	N	02/06/1961	2	Naumburg,Germany	30/04/2000	38
9	1:29.44.0	Cheryl Webb	N	03/10/1976	1	Melbourne	07/03/2009	32
10	1:29.49.0	Beki Smith (nee Lee)	N	25/11/1986	15	Rome, Italy (WC)	07-05-2016	29
11	1:29.56.0	Tanya Holliday	S	21/09/1988	16	Rome, Italy (WC)	07-05-2016	27
12	1:30.25.0	Jess Rothwell	V	18/06/1989	2	Melbourne	07/03/2009	19
13	1:30.47.0	Elizabeth McMillen	N	10/04/2004	1	AV 20km, Melbourne	14/07/2024	20
14	1:31.33.0	Rachel Tallent	V	20/02/1993	1	Adelaide	21-02-2016	23
15	1:31.34.0	Natalie Saville	N	07/09/1978	25	Naumburg,Germany	02/05/2004	25
16	1:32.22.0	Stephanie Stigwood	T	21/10/1990	2	Melbourne	13-12-2015	25
17	1:32.57.0	Kellie Wapshott	V	23/08/1981	2	Melbourne	23/02/2008	26
18	1:33.00.0	Lisa Sheridan-Paolini	N	10/12/1962	1	Sydney	08/07/2000	37
19	1:33.15.0	Kelly Ruddick	V	19/04/1973	1	Launceston (Aust 20km)	01/09/2014	41
20	1:33.17.0	Allanah Pitcher	N	19/09/2003	4	Nomi, Japan	19/03/2023	19
21	1:33.37.0	Clara Smith	Q	09/03/1998	3	Adelaide	13/02/2022	23
22	1:33.45.0	Megan Szirom	V	18/08/1977	4	Melbourne	07/03/2009	31
23	1:34.13.0	Jillian Hosking	A	12/02/1987	3	Hobart, Aust 20km	13/02/2010	23
24	1:34.27.0	Anne Pembroke-Manning	N	13/11/1959	1	Hawkesbury	10/07/1993	33
25	1:34.35.0	Wendy Muldoon	V	27/05/1971	1	Melbourne	16/08/1998	27
26	1:34.44.0	Simone Wolowiec	V	12/02/1974	1	Canberra	16/01/2000	25
27	1:34.44.0	Lyn Ventris	W	02/10/1956	1	Melbourne	16/12/2001	45
28	1:35.21.0	Hannah Mison	N	14/11/2001	10	Taicang, China	03/03/2024	22
29	1:35.55.0	Nicole Fagan	N	24/07/1989	3	Hobart, Aust 20km	19/02/2011	21
30	1:36.16.0	Jenny Jones-Billington	Q	20/04/1967	2	Hawkesbury	10/07/1993	26
31	1:36.19.0	Sally Pierson	V	10/03/1963	1	Melbourne	15/07/1984	21
32	1:36.23.0	Sue Orr-Cook	V	23/04/1958	1	Canberra	07/07/1984	28
33	1:36.27.0	Tayla Billington	Q	31/03/1997	8	Adelaide (Aust 20km)	11/02/2024	26
34	1:36.40.0	Lisa Grant	N	26/04/1985	4	Sydney	04/02/2006	20
35	1:36.43.0	Samantha Findlay	S	23/08/2007	6	Nomi, Japan	19/03/2023	25
36	1:37.13.0	Jessica Pickles	Q	09-02-1994	8	Adelaide	11/02/2018	24
37	1:37.32.0	Michelle French	N	01/04/1982	3	Melbourne	02/12/2006	24

38	1:37.34.0	Teresa Letherby	Q	05/04/1972	2	Adelaide	03/09/1995	23
39	1:37.48.0	Jill Barrett-Maybir	NT	13/07/1964	1	Sydney	07/09/1997	33
40	1:37.59.0	Bev Wilkins-Hayman	N	09/05/1961	1	Sydney	15/07/1989	28
41	1:38.54.0	Christina Papadopolous	Q	05/09/1996	10	Adelaide	11/02/2018	21
42	1:39.02.0	Jane Lewry-Barbour	S	27/07/1966	3	Hawkesbury	10/07/1993	26
43	1:39.03.0	Jo Strangman	A	17/11/1975	1	Sydney	05/08/1995	19
44	1:39.08.0	Alanna Peart	V	09/09/2003	12	Taicang, China	03/03/2024	20
45	1:39.09.0	Hannah Bolton	N	29/12/2003	11	Adelaide (Aust 20km)	11/02/2024	20
46	1:39.17.0	Simone McInnes	V	27-11-1991	11	Adelaide	11/02/2018	26
47	1:39.49.0	Sue Narbey	W	25/11/1964	1	Perth	13/07/1985	20
48	1:40.02.0	Gabrielle Blythe	V	09/03/1969	1	Melbourne	24/05/1992	23
49	1:40.06.0	Philippa Huse	V	11/04/1999		Nomi. Japan	17/03/2019	19
50	1:40.31.0	Zoe Hunt	A	04-12-1997	2	Naumburg,Germany	22-05-2016	18
51	1:40.36.0	Sharon Schnyder	V	01/07/1964	1	Adelaide	14/07/1991	27
52	1:40.38.0	Jenny Crooks	S	09/04/1976	2	Melbourne	01/09/1996	20
53	1:40.38.0	Kate Siviour	V	13/12/2000	13	Adelaide (Aust 20km)	11/02/2024	23
54	1.40.39.0	Jess Heazlewood	N	30/05/1987	7	Melbourne	07/03/2009	21
55	1:40.49.0	Carolyn Vanstan-Ferguson	V	14/08/1968	1	Melbourne	08/09/1991	23
56	1:40.49.0	Tracy Rosengrave	V	25/08/1977	3	Melbourne	06/07/1997	19
57	1:41.17.0	Anne Ryan	N	02/07/1962	3	Canberra	13/07/1985	23
58	1.41.29.0	Lorraine Young-Jachno	V	21/09/1959	2	Richmond	14/07/1990	30
59	1.41.55.0	Jess Heazlewood	N	30/05/1987	7	Melbourne	23/02/2008	20
60	1:41.59.0	Kirsty Klein	N	19/05/1994	6	Adelaide	22/02/2015	20
61	1:42.17.0	Kristie Goznik	S	08-05-1993	8	Adelaide	21-02-2016	22
62	1:42.17.0	Lara Kara-Ali	S	06/02/1978	4	Melbourne	12/12/1999	21
63	1:42.22.0	Heather McDonald	V	13/08/1949	1	Melbourne	12/09/1993	44
64	1:42.25.0	Lauren Bourke	N	20/07/1990	2	Melbourne	15/12/2013	23
65	1:42.46.0	Laura Johnson	N	31/08/1984	6	Sydney	28/02/2004	19

Australian Women 30 km All-Time List**Sources: Tim Erickson, Paul Jenès****Last Updated – 28/10/2024**

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	02:21:43	Regan Lamble	V	14/10/1991	1	Canberra	10/06/2012	20
2	02:22:40	Rebecca Henderson	V	04/07/2001	1	Melbourne	21/05/2023	21
3	02:25:57	Allanah Pitcher	N	19/09/2003	4	Japanese 35km Championship, Wajima, JPN	16/04/2023	19
4	02:29:48	Hannah Mison	N	14/11/2001	3	Melbourne	21/05/2023	21
5	02:37:15	Hannah Bolton	N	29/12/2003	2	Canberra	11/06/2023	19
6	02:37:36	Kelly Ruddick	V	19/04/1973	1	Melbourne	29/07/2018	45
7	02:49:12	Tracy Feiner	V	25/08/1977	1	Melbourne	08/07/2019	41
8	02:54:06	Bridget Bell	N	16/03/2002	3	Canberra	11/06/2023	21
9	02:58:36	Sarah Brennan	V	22/04/1976	1	Melbourne	07/08/2016	40
10	03:08:30	Michelle Thompson	V	12/12/1968	1	Melbourne	09/09/2012	43
11	03:19:01	Heather Carr	V	13/08/1949	2	Melbourne	11/09/2011	62
12	03:31:15	Barbara Cain	S	01/12/1948	1	Adelaide	'2005	56
13	03:31:33	Karyn O'Neill	V	27/01/1955	1	Canberra	07/06/2015	60
14	03:47:03	Sue Archer	A	24/09/1948	4	Canberra	11/06/2023	74
15	04:18:10	Sandra Howorth	V	19/02/1963	3	Canberra	12/06/2016	53
16	04:27:59	Val Chesterton	A	13/06/1940	1	Canberra	07/06/2009	58

35km Ranking and Record Lists

Last Updated: Tim Erickson, 28/10/2024

Now that 35km is the official long distance walk, we need to extend our ranking lists to include this new category.

There have been very few 35km walks by Australian women, as it is a new event. Hopefully this ranking list will grow quickly.

I may not have captured all performances as yet so I welcome additional verifiable 35km times for our female walkers.

Email me on tim.erickson02@gmail.com

All-Time Rankings - 35km

Women	Age Group	Time	State	Place	Event	Date
Rebecca Henderson	OP	2:47:34	VIC	1	LBG 35km Championship, Canberra	9/06/2024
<i>Rebecca Henderson</i>	<i>U23</i>	<i>2:47:54</i>	<i>VIC</i>	<i>1</i>	<i>Victorian 35km Championship, Middle Park</i>	<i>21/05/2023</i>
Allanah Pitcher	U20	2:50:23	NSW	4	Japanese 35km Championship, Wajima, JPN	16/04/2023
Claire Tallent	W35	2:53:24	SA	3	World Racewalking Team Championships, Taicang, CHN	6/05/2018
Hannah Mison	U23	2:59:09	NSW	3	Victorian 35km Championship, Middle Park	21/05/2023
Kelly Ruddick	W45	3:00:04	VIC	1	Oceania 35km Championship, Fawkner Park, Melbourne	15/05/2022
<i>Allanah Pitcher</i>	<i>U23</i>	<i>3:11:22</i>	<i>NSW</i>	<i>2</i>	<i>LBG 35km Championship, Canberra</i>	<i>9/06/2024</i>
<i>Kelly Ruddick</i>	<i>W45</i>	<i>3:11:55</i>	<i>VIC</i>	<i>19</i>	<i>WA 35km Championship, Oregon, USA</i>	<i>22/07/2022</i>
Bridget Bell	U23	3:17:51	NSW	3	LBG 35km Championship, Canberra	9/06/2024
Tracy Feiner	W40	3:22:44	VIC	1	VRWC 35km Club Championship, Middle Park	15/09/2019
Michelle Thompson	W40	3:38:48	VIC	1	VRWC 35km Club Championship, Middle Park	11/09/2011
<i>Michelle Thompson</i>	<i>W45</i>	<i>3:48:03</i>	<i>VIC</i>	<i>1</i>	<i>VRWC 35km Club Championship, Middle Park</i>	<i>13/09/2015</i>
<i>Michelle Thompson</i>	<i>W45</i>	<i>3:55:33</i>	<i>VIC</i>	<i>1</i>	<i>VRWC 35km Club Championship, Middle Park</i>	<i>9/09/2018</i>
Heather Carr	W60	4:01:10	VIC	2	VRWC 35km Club Championship, Middle Park	11/09/2011
Liz Feldman	W60	4:11:10	VIC	3	VRWC 35km Club Championship, Middle Park	11/09/2011
Karyn O'Neill	W55	4:23:35	VIC	4	VRWC 35km Club Championship, Middle Park	11/09/2011
Kirstin Shaw	OP	4:34:58	QLD	4	LBG 35km Championship, Canberra	9/06/2024
<i>Karyn O'Neill</i>	<i>W60</i>	<i>4:36:33</i>	<i>VIC</i>	<i>2</i>	<i>VRWC 35km Club Championship, Middle Park</i>	<i>9/09/2018</i>

Australian Women 50 km All-Time List**Sources: Tim Erickson, Paul Jenes****Last Updated – 04/12/2018**

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	04:09:33	Claire Tallent	S	06/07/1981	3	Taicang, China	05/05/2018	29
2	04:54:31	Kelly Ruddick	V	19/04/1973	2	Melbourne	02/12/2018	45
3	05:13:14	Michelle Thompson	V	12/12/1968	1	Melbourne	11/09/2011	42
4	05:23:08	Lisa Wilson	A	21/05/1967	1	Canberra	23/04/2004	36
5	05:27:11	Lillian Harpur	S	15/03/1948	1	Adelaide	1970	22
6	05:45:08	Liz Feldman	V	18/08/1948	1	Melbourne	24/10/2004	56
7	05:52:03	Marlaine Stanway	V	01/07/1938	6	Melbourne	1982	44
8	07:07:53	Val Chesterton	A	13/06/1940	1	Canberra	09/09/2006	66