



HEEL AND TOE ONLINE

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TIM'S WALKER OF THE WEEK

Last week's Walker of the Week was 14 year old NSW athlete **Tyler Jones** who was the standout walker in the NSW Combined High Schools Sports Association T&F Championships, winning the Boy's Age 15 and Under 1500m with a 7 sec PB time of 6:16. Tyler has been nominated quite a few times this year and has now won my Walker of the Week three times! It is a tribute to his continuing good form that he keeps getting nominated so regularly.

This week it's a one man race with **Dane Bird-Smith** walking so impressively in the 2012 IAAF World Racewalk Challenge Final in Erdos, China. You can read the details later in the newsletter. Suffice it to say here that Dane was fifth overall in the elite men's final, clocking a 10km road time of **40:32** and finishing just over one minute behind Chinese winner Wang Zhen. This follows on from his victory in last month's Australian Roadwalk Championships in Adelaide. At only 20 years of age, he has quickly stamped his authority in the senior ranks and will be a force to be reckoned with from now on.

ACT RACEWALKING CLUB ROADWALKS, LAKE TUGGERANONG, SATURDAY 15 SEPTEMBER

Thanks to Robin Whyte for the latest walking results from Canberra.

6.6km Turkey Handicap

1. Bob Parker	48:15	(- 0.15)
2. Robin Whyte	41:11	(- 0.19)
3. Derek Robinson	48:25	(- 0.35)
4. Rod Gilchrist	46:11	(+0.41)
5. Nola de Chazal	68:04	(+1.04)
6. Monika Short	48:23	(- 1.07)
7. Doug Fitzgerald	52:08	(+1.08)
8. Jennifer Gilchrist	51:36	(+2.06)
9. David Mackenzie	49:03	(- 2.07)
10. Theresa Dorman	47:13	(+2.13)
11. Ashleigh Resch	39:17	(+2.47)
12. Val Chesterton	56:45	(- 2.56)
13. Jane Bates	45:17	(+3.15)

2km Turkey Handicap

1. Callum Burns	10:13	(+0.01)
2. Spencer Burns	10:43	(- 0.02)
3. Gabby Hunt	10:21	(+0.06)
4. Laura Burns	15:53	(- 0.07)
5. Thomas Hunt	14:51	(- 0.19)
6. Rosemary Parker	16:02	(+0.15)
7. Raine Thompson	18:43	(+0.28)

CHINESE 3 DAY WALKING FESTIVAL, ERDOS, CHINA, 13-15 SEPTEMBER

The big international news this week comes from China where, as part of a huge 3 Day Walks Festival, the 10km Final of the IAAF Racewalking Grand Prix Series was held. The venue was a new one - Erdos, an administrative city in Inner Mongolia and very much a showcase city for the Chinese.

The carnival kicked off on Thursday 13 September with a National Men's Open and U20 20km Grand Prix races. The Open event was won by 17 year old Li Tianlei in a superb 1:22:04, ahead of Niu Wenbin with 1:22:13 while the U20 race was won by Zhao Qi with 1:23:11 ahead of Liu Xu with 1:25:09. The depth was even more amazing than usual - 15 walkers under 1:26 in the Open event and 16 walkers under 1:30 in the U20 event.

20 km Open Men, 13 September

1. Li Tianlei	CHN	13 Jan 95	1:22:04	
2. Niu Wenbin	CHN	20 Jan 91	1:22:13	PB
3. Wang Zhendong	CHN	11 Jan 91	1:22:44	
4. Xu Faguang	CHN	17 May 87	1:23:23	
5. Ma Haijun	CHN	24 Nov 92	1:23:43	
6. Bian Fongda	CHN	1 Apr 91	1:23:44	
7. Yu Wei	CHN	11 Sep 87	1:23:57	
8. Ji Chunlong	CHN	25 Feb 88	1:24:00	
9. Liu Jianmin	CHN	9 Mar 88	1:24:33	

10.	Hu Wanli	CHN	27 May 92	1:24:47	
11.	Li Shijia	CHN	14 Jan 92	1:24:54	
12.	Chu Yafei	CHN	5 Sep 88	1:25:17	
13.	Xu Dexing	CHN	20 Aug 88	1:25:27	
14.	Luo Yadong	CHN	15 Jan 92	1:25:31	PB
15.	Wang Gang	CHN	2 Apr 91	1:25:52	
16.	Tong Anqi	CHN	29 Sep 92	1:26:34	PB
17.	Li Jiahui	CHN	18 Nov 92	1:26:45	PB
18.	Wang Wei	CHN	1 Dec 88	1:26:49	
19.	Sun Chenggang	CHN	11 Mar 91	1:27:00	
20.	Men Fuqiang	CHN	22 Jun 92	1:27:57	
21.	Wang Kun	CHN	10 May 89	1:28:38	
22.	Pei Lianyou	CHN	27 Jan 90	1:28:52	
23.	Chen Haoding	CHN	6 Nov 92	1:29:31	
24.	Zhang Kuo	CHN	12 Dec 89	1:29:45	
25.	Li Lei	CHN	29 Nov 87	1:29:58	
26.	Rong Yufei	CHN	8 Apr 92	1:30:15	
	Cheng Min	CHN	6 Jul 91	DNF	
	Hou Quan	CHN	2 Jul 90	DNF	
	Wang Hongwei	CHN	10 Oct 89	DNF	
	Xu Xianlong	CHN	2 Feb 91	DNF	
	Wang Hao	CHN	16 Aug 89	DNF	
	Cui Yasen	CHN	28 Feb 87	DNF	
	Zhao Ziyang	CHN	29 Jul 91	DNF	
	Zhu Chundong	CHN	1 Jan 90	DNF	
	Chen Zongliang	CHN	9 Jan 92	DNF	
	Jiao Bate	CHN	6 Jan 91	DQ	
	Wang Yue	CHN	7 Apr 92	DQ	

20 km walk U20 Men, 13 September

1.	Zhao Qi	CHN	14 Jan 93	1:23:11	
2.	Liu Xu	CHN	11 Dec 94	1:25:09	PB
3.	Yin Jiaying	CHN	16 Mar 94	1:25:12	
4.	Han Jijiang	CHN	20 Jul 93	1:25:55	
5.	Jiang Shan	CHN	14 Jul 95	1:26:05	PB
6.	He Yongqiang	CHN	27 Nov 93	1:26:08	
7.	Geng Yudong	CHN	13 Jun 94	1:26:10	PB
8.	Jiang Jie	CHN	25 Oct 94	1:26:36	
9.	Li Shuai	CHN	6 Jan 95	1:28:08	
10.	Li Yajun	CHN	14 Dec 93	1:28:25	
11.	Zhang Zhi	CHN	22 Jul 94	1:28:31	
12.	Zhang Lin	CHN	11 Nov 93	1:28:39	PB
13.	Xu Jie	CHN	1 Jan 93	1:29:21	
14.	Wei Xubao	CHN	1 Feb 93	1:29:29	
15.	Hu Enxi	CHN	26 Mar 94	1:29:33	
16.	Qu Guanchen	CHN	18 Dec 94	1:29:46	
17.	Li Peng	CHN	10 Nov 94	1:30:39	
18.	Wang Yingqi	CHN	1 Nov 93	1:31:07	
	Cao Mingyao	CHN	25 Jul 93	DNF	
	Feng Tianzhu	CHN	6 Feb 94	DNF	
	Zhang Ganlong	CHN	8 Apr 93	DNF	
	Yang Jiyuan	CHN	15 Dec 94	DNF	
	Xie Sichao	CHN	28 Feb 93	DNF	
	Liu Tianqi	CHN	28 Oct 95	DNF	
	Gao Wu	CHN	26 Jan 95	DNF	
	Zhao Yinliang	CHN	6 Jan 93	DQ	
	Su Guanyu	CHN	26 Jun 94	DQ	

The next day saw the IAAF Challenge, the Open and U20 20km for women and U18 10km for boys and girls. The IAAF Challenge is only open to walkers who score points in at least 3 of the IAAF Challenge races held during the year and, what with the long season, the anticlimax of post Olympic competition for those who competed in London and the long trip to Erdos, the fields were smaller than usual with few overseas competitors making the trip.

Those who did toe the line made sure that the racing was top quality even if the fields were small. Mirko Jalava for the IAAF reported on the Challenge Final as follows

The races were held in sunny weather, but cool with the temperature under 15 degrees Celsius. In the men's race it was more or less Olympic bronze medallist Wang Zhen against Olympic champion Chen Ding and even though Chen was clearly stronger in London, the more experienced Wang was a bigger favourite to win here. Despite having only turned 21 in August after the Olympics, Wang had won the previous IAAF Race Walking Challenge Final in 2010 in Beijing with an Asian record 37:44, also the World Junior Best, and finished in fourth place at the 2011 World Championships before grabbing the bronze

in London.

In this competition the Heilongjiang athlete, who also won the World Cup 20km in May 2012, didn't want to leave things late and won his second Challenge Final in 39:27. The course was not fast enough for record breaking this time, but the distance to others says that Chinese men will be a dominant force, along with the Russians, for years to come. All of their top walkers in the 20km distance are 20 or 21 and have many years ahead of them. Second in today's competition was another 21-year-old, Cai Zelin, who finished in 39:44, 17 seconds behind Wang. Cai finished in an impressive fourth place in London competing at his first major championships. Olympic champion Chen Ding could not answer to Wang this time and finished third in 39:51.

The Olympic bronze medallist in the 50km, Si Tianfeng, did not finish the race, but seventh in the London 50km, Li Jianbo, completed an impressive 1-2-3-4 finish for the hosts with a 39:56 personal best. Surprisingly the best non-Chinese athlete in the race was just 20-year-old Australian **Dane Bird-Smith**, who clocked 40:32 for fifth. The national 20km champion could well be the next Australian medallist in major championships after **Jared Tallent**, who finished well behind his younger countryman in 11th place today.

In the women's race, the picture was similar to the men's race. 25-year-old Liu Hong, who has been the number one since her 2006 Asian Games win, fell victim to a too fast opening 10km in London and finished in a disappointing fourth place behind countrywoman Qieyang Shenjie. But in this competition Liu was again the biggest favourite and competing in a similar white cap as she did in London and usually does in every competition, was her usual self, winning her first IAAF Race Walking Challenge in a comfortable 43:18. This was the first win in the women's race to a non-Russian walker since the 10km distance was introduced in 2009. Liu had finished in second place twice in a row 2010 and 2011 after not taking part in 2009. There were more surprises in women's competition as the second favourite for the win, the Olympic bronze medallist from London, Qieyang Shenjie, was disqualified. Qieyang also came close to disqualification at the Olympics finishing the race with two warnings.

28-year-old Portuguese Ana Cabecinha recorded maybe the best achievement of her career with a second place finish in 43:31 keeping young Chinese Lu Xiuzhi behind her. Cabecinha has been quickly moving up in placings in this race, having finished sixth in 2010 and fourth in 2011 with the best achievements in 20km coming in Daegu World Championships (7th) and the London Olympics (8th). Just 18 years of age, Lu is the brightest Chinese walking prospect behind Olympic duo Liu and Qieyang. She recorded a 43:37 personal best and world junior leader for third place here and did well in London too, finishing in sixth place in the 20km distance at her first major championships. The Anhui walker, who has set the Asian junior record in 20km with 1:27:01 this season, has an awesome record in senior competitions, having finished fourth at the World Cup, sixth at the Olympics and now third at the IAAF Race Walking Challenge Final in her first three major competitions. Beatriz Pascual of Spain was fourth in 43:54 and Italy's Beatriz Pascual fifth in 44:24.

Yes, we had 5 Australians in action here. The best of them was obviously **Dane Bird-Smith** with fifth place in 40:32, finishing ahead of **Luke Adams** 9th with 41:06, **Jared Tallent** 11th with 42:29 and **Rhydian Cowley** 12th with 43:24. **Claire Tallent** was our solo woman and she walked strongly to take 7th with 45:29. Like most of the other walkers last weekend, no PBs but great walking none the less.

IAAF Challenge Final - 10 km walk Men, Friday 14 September

1.	Wang Zhen	CHN	24 Aug 91	39:27	
2.	Cai Zelin	CHN	11 Apr 91	39:44	
3.	Chen Ding	CHN	5 Aug 92	39:51	
4.	Li Jianbo	CHN	14 Nov 86	39:56	PB
5.	Dane Bird-Smith	AUS	15 Jul 92	40:32	
6.	Hiroki Arai	JPN	18 May 88	40:41	
7.	Eder Sánchez	MEX	21 May 86	40:50	
8.	Miguel Ángel López	ESP	3 Jul 88	41:01	
9.	Luke Adams	AUS	22 Oct 76	41:06	
10.	Matej Tóth	SVK	10 Feb 83	41:33	
11.	Jared Tallent	AUS	17 Oct 84	42:29	
12.	Rhydian Cowley	AUS	4 Jan 91	43:24	PB
13.	Yuki Yamazaki	JPN	16 Jan 84	46:47	
	Si Tianfeng	CHN	17 Jun 84	DNF	

IAAF Challenge Final - 10 km walk Women, Friday 14 September

1.	Liu Hong	CHN	12 May 87	43:18	
2.	Ana Cabecinha	POR	29 Apr 84	43:31	
3.	Lu Xiuzhi	CHN	26 Oct 93	43:37	PB WJL
4.	Beatriz Pascual	ESP	9 May 82	43:54	
5.	Elisa Rigaud	ITA	17 Jun 80	44:24	
6.	Tatyana Korotkova	RUS	31 May 82	44:52	
7.	Claire Tallent	AUS	7 Jun 81	45:29	
8.	Inês Henriques	POR	1 May 80	46:10	
9.	Olive Loughnane	IRL	14 Jan 76	46:57	
	Qieyang Shenjie	CHN	11 Nov 90	DQ	



Hong and Zhen win in Erdos (photos www.iaaf.org)

The women's 20km Grand Prix race showcased the Chinese depth once again with Li Yanfei winning the Open event with 1:31:57 ahead of He Qin 1:32:17 and Luo Xingcai winning the U20 event with 1:34:06 ahead of Liu Shuyu with 1:34:21. With 17 Open women under 1:37 and 8 U20 women under 1:40, their depth shows just why they have now supplanted Russia as the number one walking nation in the world.

20 km Open Women, 14 September

1.	Li Yanfei	CHN	12 Jan 90	1:31:57	
2.	He Qin	CHN	23 Mar 92	1:32:17	
3.	Shi Tianshu	CHN	7 Jun 88	1:32:21	
4.	Sun Huanhuan	CHN	15 Mar 90	1:32:33	
5.	Nie Jingjing	CHN	1 Mar 88	1:33:49	
6.	Yang Mingxia	CHN	13 Jan 90	1:34:08	
7.	Wang Shanshan	CHN	16 Jun 87	1:34:25	
8.	Ding Huiqin	CHN	5 Feb 90	1:34:31	
9.	Li Hua	CHN	15 Jan 91	1:34:43	
10.	Zhou Kang	CHN	24 Dec 89	1:35:21	
11.	Sun Xueping	CHN	10 Dec 88	1:35:39	
12.	Xu Liqin	CHN	6 Feb 90	1:35:56	
13.	Li Li	CHN	18 Jun 87	1:36:02	
14.	Wang Min	CHN	2 Dec 91	1:36:05	
15.	Yang Yawei	CHN	16 Oct 83	1:36:09	
16.	Wang Yingliu	CHN	1 Mar 92	1:36:35	
17.	Xu Yaozhi	CHN	20 May 90	1:36:59	PB
18.	Shi Yang	CHN	24 Jan 83	1:37:26	
19.	Chen Shuangyan	CHN	14 Aug 91	1:37:32	
20.	Liu Ke	CHN	2 Oct 90	1:37:56	
21.	Bo Yanmin	CHN	29 Jun 87	1:38:01	
22.	Li Maocuo	CHN	20 Oct 92	1:38:19	
23.	Song Xiaoling	CHN	21 Dec 87	1:38:50	
24.	Wang Di	CHN	30 Aug 92	1:38:58	PB
25.	Huang Jing	CHN	28 Feb 88	1:39:32	
26.	Xin Shasha	CHN	20 Jan 92	1:39:38	
27.	Gao Ni	CHN	14 Sep 91	1:39:53	
28.	Kang Jinzi	CHN	25 Jan 90	1:39:57	
29.	Li Ping	CHN	7 Jan 94	1:40:35	PB
30.	Tong Lingling	CHN	25 Jan 92	1:41:02	
31.	Xiao Junying	CHN	16 Jun 92	1:41:10	
32.	Yang Kaixuan	CHN	2 Aug 92	1:41:12	PB
33.	He Dan	CHN	22 Jul 84	1:41:33	
34.	Wang Tingting	CHN	18 Jan 87	1:41:54	
35.	Mu Juan	CHN	20 Jun 89	1:42:04	
36.	Song Meiyang	CHN	8 Sep 89	1:42:07	
37.	Yang Lixia	CHN	18 Sep 91	1:42:14	
38.	Tong Chengcheng	CHN	20 Oct 89	1:42:44	
39.	Zhang Shasha	CHN	4 Dec 92	1:44:15	

40.	Zhou Tongmei	CHN	4 Apr 88	1:46:43
41.	Sun Libin	CHN	3 Jan 91	1:47:42
42.	Huang Wei	CHN	31 Aug 87	1:48:03
43.	Yang Liu	CHN	26 Feb 92	1:49:42
	Wang Xiaolan	CHN	5 Feb 90	DNF
	Zhao Jing	CHN	18 Feb 92	DNF
	Li Wei	CHN	2 Dec 92	DQ
	Zhang Xin	CHN	17 Aug 89	DNF
	Sun Lihua	CHN	30 Sep 83	DNF
	Sun Xiyuan	CHN	14 Jun 92	DNF
	Kang Bin	CHN	8 Jan 92	DQ

20 km U20 Women, 14 September

1.	Luo Xingcai	CHN	18 Jul 94	1:34:06	
2.	Liu Shuyu	CHN	13 Dec 93	1:34:21	
3.	Xie Lijuan	CHN	14 May 93	1:35:10	
4.	Ni Yuanyuan	CHN	6 Apr 95	1:36:45	
5.	Duan Dandan	CHN	23 May 95	1:36:47	PB
6.	Chen Zhen	CHN	3 Nov 94	1:36:50	
7.	Pei Mowen	CHN	17 Sep 95	1:38:29	
8.	Mao Yanxue	CHN	15 Feb 94	1:38:44	
9.	Dong Genmiao	CHN	16 Jul 94	1:40:15	
10.	Su Yingqiu	CHN	1 Feb 95	1:40:25	PB
11.	Liu Huan	CHN	24 Feb 93	1:40:33	
12.	Liang Rui	CHN	18 Jun 94	1:41:58	
13.	Mao Jie	CHN	12 Feb 94	1:42:12	
14.	Li Wanfang	CHN	5 Jan 93	1:42:16	
15.	Yang Peili	CHN	7 Aug 94	1:43:10	PB
16.	Geng Shasha	CHN	7 Feb 96	1:44:47	
17.	Liu Yannan	CHN	1 May 93	1:44:49	PB
18.	Dawa Yangzong	CHN	15 May 94	1:44:50	PB
19.	Hou Yongbo	CHN	15 Sep 94	1:45:54	
20.	Li Qiuye	CHN	2 Dec 93	1:47:03	
21.	Zhou Jie	CHN	3 Sep 96	1:47:20	
22.	Zhang Hua	CHN	4 Jun 94	1:47:52	
23.	Liu Baijie	CHN	13 Sep 94	1:48:36	
24.	Wang Chen	CHN	18 Feb 94	1:49:30	
25.	Zhao Huimin	CHN	12 Oct 93	1:49:37	
26.	Wang Jiaojiao	CHN	11 Dec 93	1:49:45	
27.	Dui Yahui	CHN	25 Dec 94	1:50:24	
28.	Li Yanan	CHN	2 Aug 96	1:50:32	
29.	Han Xue	CHN	7 Jan 95	1:50:35	
30.	Xu Haiyang	CHN	19 Mar 93	1:51:12	
31.	Zhu Dan	CHN	27 Jan 93	1:51:42	
32.	Ma Yue	CHN	2 Feb 94	1:51:59	
	Zhou Wei	CHN	16 Apr 95	DNF	
	Xu Lu	CHN	29 Aug 95	DNF	
	Liu Fengshuang	CHN	20 Apr 93	DQ	
	Zhang Xuhong	CHN	10 Feb 93	DQ	
	Wang Zhenzhen	CHN	3 Feb 95	DQ	
	Yao Yu	CHN	29 Oct 94	DQ	
	Gao Lingling	CHN	13 Aug 94	DQ	

The final events on Friday were the U18 10km events and, although the fields were small (as quite a few of them contested the 20km instead), the quality was still there for all to see.

10 km U18 Men, 14 September

1.	Gao Wenkui	CHN	28 Jul 95	41:36	PB
2.	Leng Xiao	CHN	26 Jan 96	43:13	
3.	Ma Youshan	CHN	21 Sep 95	44:16	
4.	Li Datian	CHN	9 Jan 95	44:49	
5.	Li Jinguo	CHN	4 May 95	44:58	PB
6.	Zhong Xing	CHN	6 Mar 95	45:09	PB

10 km U18 Women, 14 September

1.	Yang Jiayu	CHN	18 Feb 96	46:49	PB
2.	Zhang Rui	CHN	16 May 95	48:55	PB
3.	Gao Shan	CHN	8 Apr 95	49:58	
4.	Gu Yingying	CHN	3 Apr 95	51:28	
5.	Liu Yue	CHN	27 Mar 95	51:32	
6.	Wei Yuxin	CHN	5 Dec 95	51:47	

7. He Xiaoxue CHN 11 Sep 95 52:11

The closing event, the 50km, was held on Saturday but the overall standard in that race was not as strong as on the earlier events. Perhaps it was a case of walkers choosing 20km rather than 50km or perhaps it was the altitude (Erdos is around 1300m) that took its toll. Overall, Geng Zhivao won with 3:56:47 ahead of Wang Zhendong with 3:57:47.

50 km Men, Saturday 15 September

1.	Geng Zhivao	CHN	15 Aug 87	3:56:47	
2.	Wang Zhendong	CHN	11 Jan 91	3:57:47	PB
3.	Wu Qianlong	CHN	30 Jan 90	3:58:22	
4.	Liu Jianmin	CHN	9 Mar 88	4:00:58	PB
5.	Xu Dexing	CHN	20 Aug 88	4:03:04	PB
6.	Zhang Hang	CHN	28 Oct 91	4:03:40	PB
7.	Hu Wanli	CHN	27 May 92	4:06:57	PB
8.	Niu Wenbin	CHN	20 Jan 91	4:07:51	
9.	Cui Zhide	CHN	11 Jan 83	4:08:13	
10.	Zhao Ziyang	CHN	29 Jul 91	4:09:56	PB
11.	Liu Rusi	CHN	6 Aug 91	4:10:43	
12.	Hou Quan	CHN	2 Jul 90	4:11:17	PB
13.	Wang Hao	CHN	16 Aug 89	4:12:44	
14.	Du Yunpeng	CHN	6 Sep 88	4:13:06	
15.	Wang Guozhen	CHN	1 Dec 92	4:13:13	PB
16.	Xu Xianlong	CHN	2 Feb 91	4:15:58	
17.	Bian Fongda	CHN	1 Apr 91	4:19:19	
18.	Yin Mingxing	CHN	25 Oct 88	4:20:22	
19.	Li Zhengfa	CHN	2 Mar 92	4:21:14	PB
20.	Sun Chenggang	CHN	11 Mar 91	4:22:07	
21.	Cheng Min	CHN	6 Jul 91	4:25:23	PB
22.	Bai Xuejin	CHN	6 Jun 87	4:25:44	
23.	Gao Chao	CHN	4 Jan 89	4:26:03	
24.	Luo Yadong	CHN	15 Jan 92	4:28:12	PB
25.	Pei Lianyou	CHN	27 Jan 90	4:28:40	
26.	Shi Songbo	CHN	4 Mar 88	4:29:31	
27.	Peng Honhchan	CHN	3 Jul 91	4:29:55	PB
	Hou Yang	CHN	8 Jul 85	DNF	
	Du Gang	CHN	26 Mar 92	DNF	
	Yang Jialin	CHN	6 Mar 91	DNF	
	Zhu Chundong	CHN	1 Jan 90	DNF	
	Shu Dexing	CHN	24 Dec 92	DNF	
	Li Lei	CHN	29 Nov 87	DNF	
	Han Yucheng	CHN	16 Dec 78	DNF	
	Gou Xiaoxin	CHN	18 Jan 86	DNF	
	Cui Yasen	CHN	28 Feb 87	DNF	
	Ma Yujun	CHN	8 Jun 90	DQ	
	Wang Guangfei	CHN	9 Apr 89	DQ	
	Wang Hongwei	CHN	10 Oct 89	DQ	
	Wang Hongwei	CHN	22 Oct 92	DQ	
	Dong Guozhu	CHN	2 Aug 92	DQ	
	Zhang Kuo	CHN	12 Dec 89	DQ	
	Li Jiahui	CHN	18 Nov 92	DQ	

BRAZILIAN U23 T&F CHAMPIONSHIPS MARINGÁ, BRAZIL, 8-9 SEPTEMBER

The Brazilian U23 T&F Championships a week ago saw Caio Bonfim and Cleia Silva win the 20,000m track walks which held in hot conditions. Bonfim's time was a new championship record of 1:25:14.1.

20,000m Men, Saturday 8 September

1.	Caio Oliveira de Sena Bonfim	1991	1.25.14.1
2.	Rudney Dias Nogueira	1990	1.38.17.5
3.	Jean Pedro Rominhuk	1992	1.40.51.0
4.	Diogo Mello da Rosa	1992	1.46.30.6

20,000m Women, Sunday 9 September

1.	Cleia da Cruz Silva	1992	1.55.55.6
2.	Camila da Silva	1992	2.02.43.8
3.	Thais Cristina Fernandes da Silva	1991	2.10.27.2
4.	Rute dos Santos	1993	2.11.42.2
5.	Gabriela Fernandes Lopes	1992	2.16.16.1
6.	Marcilia Bellini Choinaki	1994	2.22.39.9

LITHUANIAN ROADWALK CHAMPIONSHIPS, DRUSKININKAI, SUNDAY 10 SEPTEMBER

The twentieth edition of the Druskininkai roadwalk meet, held as usual in the spa town of that name in southern Lithuania, hosted the Lithuanian 10km roadwalk championships and saw good fields, including entries from Poland, Belarus and Latvia. Marius Žiūkas (40.59) and Brigita Virbalytė (44.15) won the major events once again (the fourth and third times respectively), both recording good marks and Brigita setting a new PB.

10 km Men

1.	Marius Žiūkas	LTU	40.59
2.	Tadas Šuškevičius	LTU	42.10
3.	Genadij Kozlovskij	LTU	42.50
4.	Ričardas Rekst	LTU	43.38
5.	Mieczysław Romanowski	POL	44.13
6.	Artur Mastianica	LTU	44.17
7.	Rafał Gołowski	POL	46.10
8.	Janusz Gołowski	POL	52.17

10 km Women

1.	Brigita Virbalytė	LTU	44.17
2.	Kristina Saltanovič	LTU	46.23
3.	Agnė Klebauskaitė	LTU	49.45
4.	Inga Mastianica	LTU	51.02
5.	Nadzeya Darazuk	BLR	52.25
6.	Jolanta Karaš	POL	54.23
7.	Emilia Kopeć	POL	57.13
8.	Rita Andrejeva	LTU	61.19

10 km U20 Men

1.	Edgars Gjačš	LAT	43.16
2.	Yauhen Tsitsiak	BLR	44.57
3.	Wiktor Szabo	POL	45.05

5 km U20 Women

1.	Marlena Chojecka	BLR	24.27
2.	Gintarė Vaiciukevičiūtė	LTU	24.30
3.	Skirgailė Gumauskaitė	LTU	27.46

5 km U18 Men

1.	Vadzim Lamanosau	POL	23.07
2.	Tomas Pagirys	LTU	23.13
3.	Paulius Abasevičius	LTU	23.55

3 km U18 Women

1.	Živilė Vaiciukevičiūtė	LTU	14.30
2.	Monika Vaiciukevičiūtė	LTU	14.48
3.	Olga Niedzialek	POL	14.57

OVERSEAS SHORTS

TOKYO (JPN, Sep 9-12): Hayato Katsuki won the track 10,000m walk (40:57.05) at the Japanese National Collegiate Championships in the National Stadium in Tokyo a week ago. Further details are hard to find!

VALE DOMINIQUE NAUMOWICZ

The European long distance walk community was shocked last week to learn of the death of Dominique Naumowicz, one of the best French ultra walkers and a well known and respected figure on the walks circuit. He died on Tuesday 11 Sept, aged only 49 years.

Born in Lille in 1963, he racewalked as a young boy but gave it away in his teens. He returned to the sport in 2003, initially racing over the shorter distances but soon deciding to test himself out over the traditional longer distances so popular in France. His first effort, the 2005 28 Heures de Roubaix, saw him stop after 95km. From then on, it was a different story as evidenced by this brief list of some of his achievements.

2006	28 Heures de Roubaix	15 th	190.285 km
2007	24 Heures de Guadeloupe	2 nd	208.200 km
2008	24 Heures de Guadeloupe	1 st	189.900 km
2008	Paris-Colmar	7 th	65h03 (440km)
2008	28 Heures de Roubaix	3 rd	229.315 km
2009	28 Heures de Roubaix	6 th	210.890 km
2010	24 Heures de Guadeloupe	1 st	180.700 km
2010	28 Heures de Roubaix	2 nd	226.575 km
2010	Antibes 6 Day C'ship	2 nd	633.257 km
2011	Antibes 6 Day C'ship	1 st	665.225 km

His ultra PBs were excellent and he was possessed of a near perfect technique - a long and flowing style which saw him maintain impeccable form throughout the gruelling events.

50km walk	5:03:42	2006
100km walk	11:08:49	2007
200km walk	23:53:05	2008
24h walk	201.528 km	2008
28h walk	229.315 km	2008
6 days walk	665.225 km	2011

To his wife Véronique and their daughter Elodie, we pass on our condolences.



Podium of the 2010 Antibes 6 Day event (Dominique on left)



Dominique in the 2008 Guadeloupe 24 Hour event



Dominique walking in the 2010 Antibes 6 Day event



Dominique in the 2008 Paris-Colmar



Dominique in the 2007 Guadeloupe 24 Hour



Dominique in the French 2010 National 100k Championship

28 HEURES DE ROUBAIX, ROUBAIX, FRANCE, 15-16 SEPTEMBER

But for his untimely death, Dominique Naumowicz would have been racing in last weekend's classic 28 Heures de Roubaix, put on by his athletics club. So there was a lot of emotion during the one minute of silence before the event started. Emmanuel Tardi was at Roubaix and sent the following report on how events unfolded.

One lap of 15km, then laps of 3km and finally laps of 1km in the final hour of competition. Lots of starters and lots of foreign walkers from Belgium, Holland, Russia, Hungary, the Czech Republic and Great Britain. As usual Zoltan Czukur started very fast, passing the 50km mark in 4:55 and reaching 100km in 10:10. But as usual, he began to slow around the 15 hour mark, at which stage he was some 10km in front of the British walkers Vinny Lynch and Richard Gerard who both walked so well in this year's Isle Of Man Parish Walk. Although they slowly closed the gap, Zoltan was able to hold on, eventually winning by just over 2km with an impressive 235.350km. Lynch 232.865km and Gerard 228.865km were part of a very strong Isle of Man team.

In the women's event, as in 2011, Dominique Alvernhe and Italian Nicoletta Mizera started fastest and they walked together until the 8 hour mark when suddenly Dominique was forced to slow, eventually relinquishing second place to Guadalupe walker Maguy Labyllle. Although Nicoletta herself had stop for more than one hour towards the end of the race, she had a big enough lead to hold onto first place, her distance of 201.878km some 13km ahead of Maguy with 188.677km.

1.	CZUKOR Zoltan	HUN	235 km 350 m	28:00:00
2.	LYNCH Vinny	GBR	232 km 865 m	28:00:00
3.	GERARD Richard	GBR	228 km 681 m	28:00:00
4.	LETESSIER Gilles	FRA	223 km 224 m	28:00:00
5.	WADDIMHON Jack	GBR	219 km 460 m	28:00:00
6.	FAUQUEUR Raymond	FRA	212 km 138 m	28:00:00
7.	OSIPOV Dmitriy	RUS	211 km 605 m	28:00:00
8.	FROLOV Nicolaï	RUS	210 km 615 m	28:00:00
9.	FURSOV Vetcheslaw	RUS	207 km 706 m	28:00:00
10.	KONDRATENKO Alexi	RUS	205 km 551 m	28:00:00
11.	LYKYANOV Sergey	RUS	201 km 878 m	28:00:00
12.	MIZERA MARGONELLI Nicoletta (F)	ITA	201 km 220 m	28:00:00
13.	TITLEY Andreuw	GBR	192 km 138 m	28:00:00
14.	AGONESSIAN Arthur	RUS	191 km 395 m	28:00:00
15.	BIBRAC Eric AC Bouillante	GUA	191 km 315 m	28:00:00
16.	BUNEL Dominique	FRA	190 km 792 m	28:00:00
17.	ROSALE Jean Jacques	GUA	190 km 405 m	28:00:00
18.	LABYLLE Maggy (F)	GUA	188 km 677 m	28:00:00
19.	KERLAU Yves Michel	FRA	188 km 612 m	28:00:00
20.	ALVERNHE Dominique (F)	FRA	186 km 645 m	28:00:00
21.	WALKER David	GBR	186 km 087 m	28:00:00
22.	ELIEZER Jocelyn	GUA	185 km 117 m	28:00:00
23.	CALE Chris	GBR	184 km 972 m	28:00:00
24.	BLOM HERTBEEK Boudewign	NED	183 km 814 m	28:00:00
25.	LOUGRADA Saadi	FRA	183 km 471 m	28:00:00
26.	BUNEL Pascal	FRA	183 km 273 m	28:00:00
27.	OBYDOL Yvan	GUA	183 km 031 m	28:00:00
28.	BORISOVA Olga (F)	RUS	179 km 314 m	28:00:00
29.	PRUCKNER Jaroslav	CZE	178 km 671 m	28:00:00
30.	PICOT Gerard	FRA	178 km 374 m	28:00:00
31.	BOVIN Laurent	FRA	177 km 300 m	28:00:00
32.	PSUTKA Roman	CZE	174 km 030 m	28:00:00
33.	MORGAN Jeannette (F)	GBR	172 km 568 m	28:00:00
34.	SEYNAEVE Serge	BEL	169 km 503 m	28:00:00
35.	KOROTKOV Alexander	RUS	168 km 174 m	28:00:00
36.	FABRE Francoise (F)	FRA	167 km 126 m	28:00:00
37.	GALICIA Alfredo	FRA	165 km 780 m	28:00:00
38.	KELLY Ronnie	GBR	164 km 474 m	28:00:00
39.	TROPAREV Alexander	RUS	163 km 110 m	28:00:00
40.	WATTS Kenneth	GBR	161 km 040 m	28:00:00
41.	MORVAN Nicole (F)	FRA	160 km 193 m	28:00:00
42.	MASLAVA Tatiana (F)	RUS	159 km 688 m	28:00:00
43.	WALLAEYS Jean	FRA	153 km 477 m	28:00:00
44.	BAUDRILLART Antonio	FRA	152 km 179 m	28:00:00
45.	HAUSMANN Martina (F)	GER	151 km 110 m	28:00:00
46.	WATTS Robert	GBR	150 km 439 m	28:00:00
47.	KHLUSEVICH Vasily	RUS	149 km 994 m	28:00:00
48.	MIROCHNITCHENKO Vera (F)	RUS	148 km 342 m	28:00:00
49.	RASSAIND Andre	FRA	147 km 815 m	28:00:00
50.	MASORSKIY Nicolai	RUS	147 km 563 m	28:00:00
51.	MACHAL Francis	FRA	146 km 438 m	28:00:00
52.	FRADKINA Zhanna (F)	RUS	141 km 684 m	28:00:00
53.	AUVRE Alain	FRA	124 km 217 m	28:00:00

54.	MERCIER Jean Pierre	FRA	120 km 869 m	28:00:00
55.	CORMIER Mireille (F)	FRA	120 km 635 m	28:00:00
56.	SPIESER Jean Paul	FRA	113 km 964 m	28:00:00
57.	LOUKHAD Karim	FRA	93 km 990 m	28:00:00
	YVERT Louis	FRA	169 km 724 m	25:42:52
	ROZE Eddy	FRA	139 km 409 m	17:29:11
	LASSALLE Emmanuel	FRA	127 km 283 m	16:44:42
	DUFRIEN Pascal	FRA	118 km 189 m	16:39:39
	DUTERTE Andre	FRA	112 km 126 m	17:36:24
	GIROD Urbain	FRA	106 km 063 m	12:31:58
	HASSEVELDE Sebastien	FRA	96 km 968 m	14:08:28
	GRADOS Daniel	FRA	84 km 842 m	11:47:20
	DANDOY Jeremy	FRA	84 km 842 m	11:58:48
	PISTORIUS Rein	NED	81 km 811 m	10:24:07
	BIEBUYCK Pascal	BEL	72 km 716 m	08:56:25
	MASSE Bernard	FRA	72 km 716 m	09:35:34
	MAGNIER Joel	FRA	69 km 685 m	10:10:35
	BIZARD Claudie (F)	FRA	60 km 590 m	12:01:02
	SIMON Zdenek	CZE	57 km 559 m	07:00:30
	ZAJIC Jakub	CZE	54 km 527 m	07:27:32
	VERMEERSCH Christian	FRA	27 km 244 m	03:30:01

And thanks to Emmanuel for the following photos from the championship. You can see all his event photos on gallery <http://www.facebook.com/media/set/?set=a.4205063699010.162122.1657411914&type=1>



Zoltan Cruzor, Maguy Labyllé, Richard Gerard and Vinny Lynch



Nicoletta Mizera and Dominique Alvernhe take an early lead in the women's race

THE NEW YARRA RANGES ATHLETICS TRACK IS NOW OPEN FOR BUSINESS

I travelled over to Mt Evelyn last Saturday morning to help celebrate the opening of the new Yarra Ranges Athletics Track and I can report that it all went well. The track looks superb and will no doubt be a drawing card for athletics in that area of the Melbourne. Susan Taylor, president of Yarra Ranges Athletics Club, was one of the keynote speakers, a pleasant change for her instead of lapscoreing for us at our regular VRWC events at Middle Park.



Susan welcomes all the visitors and official guests to the track opening



The tape is cut!

VLADIMIR GOLUBNICHYIY INDUCTED INTO THE IAAF HALL OF FAME

An IAAF release last Saturday saw Russian racewalker Vladimir Golubnichiy inducted into the IAAF Hall of Fame. The press release read as follows:

Ukraine's two-time Olympic champion and multiple World record breaker Vladimir Golubnichiy is the latest athletics legend to be named as one of the 24 inaugural Members of the IAAF Hall of Fame which has been created to mark the year of the IAAF Centenary. The announcement of this honour marks the staging of the 2012 IAAF Race Walking Challenge Final, which took place yesterday in Erdos, China.

Vladimir Golubnichiy (Soviet Union/Ukraine) is one of only a handful of athletes who have competed at five or more Olympic Games and the Ukrainian, who concentrated on the 20km Race Walk internationally, can look back to a long and illustrious career at the highest level. He set his first 20km World record at the age of just 19 in 1955 but will be best remembered for his two-Olympic titles (1960 and 1968) and the World record he set in 1958 which was to remain on the books for almost 11 years.

"The incredible career of Golubnichiy made his inclusion in the IAAF Hall of Fame unquestionable," commented IAAF President Lamine Diack. "Not only was he a repeat Olympic champion and World record breaker, the span of his international career was truly awe-inspiring. With a silver and bronze giving him a total of four Olympic podium places, Golubnichiy, who set his first World mark in 1955, was still good enough for seventh place at the 1976 Olympics!"

Click here to read Golubnichiy's profile in the Hall of Fame Members' section of the IAAF website - <http://www.iaaf.org/mini/HOF/Members/Members.aspx> - and to discover the other inaugural members who have so far been announced.

To mark the IAAF Centenary, a total of 24 athletes will become inaugural Members of the IAAF Hall of Fame in 2012, with the Official Induction Ceremony taking place at the IAAF Centenary Gala in Barcelona, Spain on Saturday 24 November 2012.



Golubnichiy wins gold in the rarified atmosphere of Mexico City in the 1968 Olympic 20km

Of course, I wrote my own review of Golubnichiy's career a few years ago. You can check it out at <http://www.vrwc.org.au/tim-archive/wo-vladimir-golubnichiy.pdf>

ANDREW JAMIESON'S M65 RECORD BLITZ UNDER THE SPOTLIGHT

This fine article on VRWC walking legend Andrew Jamieson was printed in the August 2012 edition of the VMA Footprints magazine and I thought it so good that I am reproducing it for our readers.

Champion walker Andrew Jamieson has had an amazing string of successes since turning 65. Well, maybe not so amazing when you consider his performances in the M55 and M60 age groups. Andrew turned 65 in June 2011, only 3 weeks before he headed off to Sacramento for the World Championships. But it didn't mean he turned up in Sacramento without already having claimed an M65 World Record, Andrew broke the 10k WR during the Victorian 15km Championships.

In Sacramento, he broke the 20km record; would have broken the old 10km record had he not claimed it 2 weeks earlier and didn't have a realistic chance in the 5000m as it was over 40 degrees during that race. On returning home, he broke the 20km record again, taking another 1:30 off it. (Andy told me he was on target to go under 100 minutes at the recent AMA/VMA Championships until at 14k he felt pain in his adductor muscle and decided he couldn't risk continuing). Also worth noting are that he would have set a new WR for 30km on 11th September 2011 but WMA no longer recognises this distance and that his 3000m on 3rd December would have been a WR but there were not enough watches.

2011	25 June	15km	1:16:51	Victorian 15km Championships Middle Park	WR 10km 49:27
	16 July	20km	1:42:57	WMA Championships - 20km Road Walk Sacramento, USA	WR
	21 August	20km	1:41:27	Australian 20km Roadwalk Champs Canberra	WR
	11 Sept	35km	3:17:52	VRWC Championship Middle Park	AR 30km 2.39.24
	12 Nov	2km	0:09:33	AV Shield East Region - 2000m Doncaster	AR
	3 Dec	3000m	0:14:38	A.V. Shield East Region - 3000m Doncaster	WR but not enough watches
2012	9 March	5km	0:24:46	Victorian Open 5000m Track Champs, Melbourne	WR
	18 March	5km	0:24:17	VMA 5000m Championships Dolomore Oval, Mentone	WR
	25 March	1.5km	0:06:52	Victorian Overage T&F Champs Doncaster	AR
	14 April	5000m	0:24:14	A.A. Invitational 5000m Walk Melb	WR and WR 3000m 14.20
	14 May	10km	0:49:05	VRWC Roadwalk - 10km Middle Park, Melbourne	WR
	19 May	10km	0:48:38	Victorian 10km Open Champs Middle Park, Melbourne	WR
	29 July	20km	1:40:13	VRWC Roadwalk Middle Park, Melbourne	WR



Andrew (left) leads out alongside Simon Evans in this winter's Victorian 15km roadwalk championship

VWRC RUNNERS WORLD AWARD WINNERS

Neil Ryan of Runners World Kew approached VRWC early in the 2009 winter season with an offer of club sponsorship. While we had our Points and Handicap awards, these awards are not necessarily won by our BEST walkers as they are influenced by participation rates. So, after various discussions, it was decided to institute Runners World Winter and Summer Season Awards for our "top" walkers. The criteria are explained at <http://www.vrwc.org.au/vrwc-runners-world.html>.

At the end of the winter season, our committee voted from a short list of candidates for the four awards and I am pleased to announce the following winners

Open Men	Simon Evans	\$500 cash and \$500 Runners World Gift Voucher
Open Women	Michelle Laufer	\$500 cash and \$500 Runners World Gift Voucher
Junior Men	Nathan Brill	\$500 Runners World Gift Voucher
Junior Women	Stephanie George	\$500 Runners World Gift Voucher

All four walkers have had wonderful seasons with frequent PBs and lots of wins and placings in the major State and (in some cases) National championships. Well done everyone! Enjoy your awards.



Simon, Michelle, Nathan and Stephanie in action at Middle Park this winter season

HEATHER LEE DOES IT AGAIN

86 year old Heather Lee, who amazed us all in April with her wins and records in the W85 division walks at the Australian Masters championships in Melbourne, was back in action last weekend running in the 2012 Blackmores Sydney Running Festival. She was amongst the 34,274 people who ran, jogged, rolled and walked across the Sydney Harbour Bridge to finish lines at the Sydney Opera House and Conservatorium of Music on a sunny and cool Sunday morning. Her final time of 1:12:33 for the 9+km run division was pretty impressive.



Heather Lee (centre) comes out of one of the tunnels in the Sydney Blackmores run last Sunday

AUSTRALIAN JUNIOR CHAMPIONSHIPS DRAFT TIMETABLE NOW ONLINE

The draft timetable for the 2013 Australian Junior Championships is now available. See the pdf file at the bottom of the following AA website page: http://www.athletics.com.au/home/competition/events/2013_australian_junior_champio. The walks read like this:

Tues 12 Mar, 8:48PM	U20 10,000m Walk Men/Women
Thur 14 Mar, 8:00AM	U17/U18 Men 5000m Walk
Thur 14 Mar, 8:28AM	U17/U18 Women 5000m Walk
Fri 15 Mar, 8:30AM	U15/U16 Men 3000m Walk
Fri 15 Mar, 8:50AM	U15/U16 Women 5000m Walk
Sat 16 Mar, 8:00AM	U14 Men 3000m Walk
Sat 16 Mar, 8:20AM	U14 Women 3000m Walk

WHAT'S COMING UP

For those who want to start planning for the summer, the AV website has the main dates up (see <http://www.athsvic.org.au/cache/NewsFile/6496AV%20Summer%20Calendar%2009.2012.pdf>). Here are the first few:

Saturday 13 Oct	AV Shield – Round 1
Saturday 20 Oct	AV Shield – Round 2
Saturday 27 Oct	AV Shield – Round 3
Saturday 3 Nov	AV Shield – Round 4
Friday 9 – Sunday 11 Nov	Adidas Victorian All Schools Track & Field Championships

Our VRWC summer season fixture is in draft mode but we expect to kick off again on **Sunday 28 October** with our first roadwalks for the new season. Expect more news and the main summer mailout in the next couple of weeks.

DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions.

2012/2013 Victorian/Australian Summer Season Key Dates

Sat Oct 13, 2012	AV Shield Starts with Round 1 (2000m)
Oct 13-20, 2012	Alice Springs Masters Games, Alice Springs, N.T.

Nov 3-11, 2012 Pan Pacific Masters Games, Gold Coast, QLD. See www.mastersgames.com.au
 Nov 9-11, 2012 AV All Schools T&F Champs, Albert Park
 Nov 30 - Dec 2, 2012 Australian Schools T&F Champs, Hobart, TAS
 Sun Dec 9 2012 Australian 50km Championship, Fawkner Park, Melbourne
 Jan 26-28, 2013 Victorian Country T&F Champs, Geelong
 Feb 8-10, 2013 Victorian Junior T&F Champs, Albert Park
 Sun Feb 24, 2013 Australian 20km Summer Championships, Hobart, TAS
 Mar 1-3, 2013 Victorian Open F&F Champs, Albert Park
 Mar 12-17, 2013 Australian Junior Athletics Championships, Perth, WA
 Mar 29-Apr 1, 2013 Australian Masters T&F Champs, Canberra, ACT
 April 11-14, 2013 Australian Open Athletics Championships, Sydney, NSW
 October 5-12, 2013 Australian Masters Games, Geelong, See <http://www.australianmastersgames.com>

2012 International Fixture

Sunday 28 Oct, 2012 2012 MTR HONG KONG Race Walking Carnival, Hong Kong. See <http://www.hkaaa.com/>

2013 International Fixture

July 6-17, 2013 **27th Summer Universiade, Kazan, Russia** (see <http://www.kazan2013.com>)
 July 10-14, 2013 **8th World Youth T&F Championships, Donetsk, Ukraine**
 Aug 10-18, 2013 **14th IAAF World Championships in Athletics, Moscow, Russia**
 October 15-27, 2013 **World Masters Athletic Championships, Porto Alegre, Brazil.** See <http://www.wma2013.com>

2014 International Fixture

5-6 May 2014 **26th IAAF World Race Walking Cup, Taicang, China**
 Mar/Apr 2014 **World Masters Indoor Championships, Budapest, Hungary**
 July 22-27, 2014 **15th World Junior T&F Championships, Eugene, Oregon, USA**
 July 23 – Aug 3, 2014 **20th Commonwealth Games, Glasgow.** See <http://www.glasgow2014.com/>

Looking even further forward

2015 **28th Summer Universiade, Gwanju, Korea**
 August 22-30, 2015 **15th IAAF World Championships in Athletics, Beijing, China**
 July/Aug 2015 **20th World Masters T&F Champs Stadia, Lyon, France**
 2016 **21st World Masters T&F Champs Stadia, Perth, Australia.** See <http://www.perth2016.com/>
 Aug 2016 **31st Olympic Games, Rio de Janeiro, Brazil.** See <http://www.rio2016.org.br/en/Default.aspx>
 2017 **29th Summer Universiade, Taipei**
 August 5-13, 2017 **16th IAAF World Championships in Athletics, London, UK**
 July 2020 **32nd Olympic Games** City TBA: Baku, Doha, Istanbul, Madrid, Rome, Tokyo

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Copies of recent newsletters are kept on the VRWC website (<http://www.vrwc.org.au>)