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TIM'S WALKER OF THE WEEK

Last week's Walker of the Week was 14 year old NSW athlete Tyler Jones who was the standout walker in the NSW Combined High Schools Sports Association T&F Championships, winning the Boy's Age 15 and Under 1500m with a 7 sec PB time of 6:16. Tyler has been nominated quite a few times this year and has now won my Walker of the Week three times! It is a tribute to his continuing good form that he keeps getting nominated so regularly.

This week it's a one man race with Dane Bird-Smith walking so impressively in the 2012 IAAF World Racewalk Challenge Final in Erdos, China. You can read the details later in the newsletter. Suffice it to say here that Dane was fifth overall in the elite men's final, clocking a 10km road time of 40:32 and finishing just over one minute behind Chinese winner Wang Zhen. This follows on from his victory in last month's Australian Roadwalk Championships in Adelaide. At only 20 years of age, he has quickly stamped his authority in the senior ranks and will be a force to be reckoned with from now on.

ACT RACEWALKING CLUB ROADWALKS, LAKE TUGGERANONG, SATURDAY 15 SEPTEMBER

Thanks to Robin Whyte for the latest walking results from Canberra.

<table>
<thead>
<tr>
<th>6.6km Turkey Handicap</th>
<th>2km Turkey Handicap</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Robin Whyte 41:11</td>
<td>2. Spencer Burns 10:43</td>
</tr>
<tr>
<td>5. Nola de Chazal 68:04</td>
<td>5. Thomas Hunt 14:51</td>
</tr>
<tr>
<td>8. Jennifer Gilchrist 51:36</td>
<td></td>
</tr>
<tr>
<td>9. David Mackenzie 49:03</td>
<td></td>
</tr>
<tr>
<td>10. Theresa Dorman 47:13</td>
<td></td>
</tr>
<tr>
<td>11. Ashleigh Resch 39:17</td>
<td></td>
</tr>
<tr>
<td>12. Val Chesterton 56:45</td>
<td></td>
</tr>
<tr>
<td>13. Jane Bates 45:17</td>
<td></td>
</tr>
</tbody>
</table>

CHINESE 3 DAY WALKING FESTIVAL, ERDOS, CHINA, 13-15 SEPTEMBER

The big international news this week comes from China where, as part of a huge 3 Day Walks Festival, the 10km Final of the IAAF Racewalking Grand Prix Series was held. The venue was a new one - Erdos, an administrative city in Inner Mongolia and very much a showcase city for the Chinese.

The carnival kicked off on Thursday 13 September with a National Men's Open and U20 20km Grand Prix races. The Open event was won by 17 year old Li Tianlei in a superb 1:22:04, ahead of Niu Wenbin with 1:22:13 while the U20 race was won by Zhao Qi with 1:23:11 ahead of Liu Xu with 1:25:09. The depth was even more amazing than usual - 15 walkers under 1:26 in the Elite Men's final, and 16 walkers under 1:30 in the U20 event.

<table>
<thead>
<tr>
<th>20 km Open Men, 13 September</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Li Tianlei  CHN</td>
</tr>
<tr>
<td>4. Xu Faguang  CHN</td>
</tr>
<tr>
<td>5. Ma Haijun  CHN</td>
</tr>
<tr>
<td>6. Bian Fongda  CHN</td>
</tr>
<tr>
<td>7. Yu Wei  CHN</td>
</tr>
<tr>
<td>8. Ji Chunlong  CHN</td>
</tr>
</tbody>
</table>

1
The next day saw the IAAF Challenge, the Open and U20 20km for women and U18 10km for boys and girls. The IAAF Challenge is only open to walkers who score points in at least 3 of the IAAF Challenge races held during the year and, what with the long season, the anticlimax of post Olympic competition for those who competed in London and the long trip to Erdos, the fields were smaller than usual with few overseas competitors making the trip.

Those who did toe the line made sure that the racing was top quality even if the fields were small. Mirko Jalava for the IAAF reported on the Challenge Final as follows

The races were held in sunny weather, but cool with the temperature under 15 degrees Celsius. In the men’s race it was more or less Olympic bronze medallist Wang Zhen against Olympic champion Chen Ding and even though Chen was clearly stronger in London, the more experienced Wang was a bigger favourite to win here. Despite having only turned 21 in August after the Olympics, Wang had won the previous IAAF Race Walking Challenge Final in 2010 in Beijing with an Asian record 37:44, also the World Junior Best, and finished in fourth place at the 2011 World Championships before grabbing the bronze
in London.

In this competition the Heilongjiang athlete, who also won the World Cup 20km in May 2012, didn’t want to leave things late and won his second Challenge Final in 39:27. The course was not fast enough for record breaking this time, but the distance to others says that Chinese men will be a dominant force, along with the Russians, for years to come. All of their top walkers in the 20km distance are 20 or 21 and have many years ahead of them. Second in today’s competition was another 21-year-old, Cai Zelin, who finished in 39:44, 17 seconds behind Wang. Cai finished in an impressive fourth place in London competing at his first major championships. Olympic champion Chen Ding could not answer to Wang this time and finished third in 39:51.

The Olympic bronze medallist in the 50km, Si Tianfeng, did not finish the race, but seventh in the London 50km, Li Jianbo, completed an impressive 1-2-3-4 finish for the hosts with a 39:56 personal best. Surprisingly the best non-Chinese athlete in the race was just 20-year-old Australian Dane Bird-Smith, who clocked 40:32 for fifth. The national 20km champion could well be the next Australian medallist in major championships after Jared Tallent, who finished well behind his younger countryman in 11th place today.

In the women’s race, the picture was similar to the men’s race. 25-year-old Liu Hong, who has been the number one since her 2006 Asian Games win, fell victim to a too fast opening 10km in London and finished in a disappointing fourth place behind countrywoman Qieyang Shenjie. But in this competition Liu was again the biggest favourite and competing in a similar white cap as she did in London and usually does in every competition, was her usual self, winning her first IAAF Race Walking Challenge in a comfortable 43:18. This was the first win in the women’s race to a non-Russian walker since the 10km distance was introduced in 2009. Liu had finished in second place twice in a row 2010 and 2011 after not taking part in 2009. There were more surprises in women’s competition as the second favourite for the win, the Olympic bronze medallist from London, Qieyang Shenjie, was disqualified. Qieyang also came close to disqualification at the Olympics part in 2009. There were more surprises in women’s competition as the second favourite for the win, the Olympic bronze medallist from London, Qieyang Shenjie, was disqualified. Qieyang also came close to disqualification at the Olympics finishing the race with two warnings.

28-year-old Portuguese Ana Cabecinha recorded maybe the best achievement of her career in 43:31 keeping young Chinese Lu Xiuzhi behind her. Cabecinha has been quickly moving up in placings in this race, having finished sixth in 2010 and fourth in 2011 with the best achievements in 20km coming in Daegu World Championships (7th) and the London Olympics (8th). Just 18 years of age, Lu is the brightest Chinese walking prospect behind Olympic duo Liu and Qieyang. She recorded a 43:37 personal best and world junior leader for third place here and did well in London too, finishing in sixth place in the 20km championships at her first major championships. The Anhui walker, who has set the Asian junior record in 20km with 1:27:01 this season, has an awesome record in senior competitions, having finished fourth at the World Cup, sixth at the Olympics and now third at the IAAF Race Walking Challenge Final in her first three major competitions. Beatriz Pascual of Spain was fourth in 43:54 and Italy’s Beatriz Pascual fifth in 44:24.

Yes, we had 5 Australians in action here. The best of them was obviously Dane Bird-Smith with fifth place in 40:32, finishing ahead of Luke Adams 9th with 41:06, Jared Tallent 11th with 42:29 and Rhydian Cowley 12th with 43:24. Claire Tallent was our solo woman and she walked strongly to take 7th with 45:29. Like most of the other walkers last weekend, no PBs but great walking none the less.

### IAAF Challenge Final - 10 km walk Men, Friday 14 September

1. Wang Zhen  
   CHN  
   24 Aug 91  
   39:27  
   PB
2. Cai Zelin  
   CHN  
   11 Apr 91  
   39:44  
3. Chen Ding  
   CHN  
   5 Aug 92  
   39:51  
4. Li Jianbo  
   CHN  
   14 Nov 86  
   39:56  
5. Dane Bird-Smith  
   AUS  
   15 Jul 92  
   40:32
6. Hiroki Arai  
   JPN  
   18 May 88  
   40:41
7. Eder Sánchez  
   MEX  
   21 May 86  
   40:50
8. Miguel Angel López  
   ESP  
   3 Jul 88  
   41:01
   AUS  
   22 Oct 76  
   41:06
10. Matej Tóth  
    SVK  
    10 Feb 83  
    41:33
11. Jared Tallent  
    AUS  
    17 Oct 84  
    42:29
12. Rhydian Cowley  
    AUS  
    4 Jan 91  
    43:24  
    PB
13. Yuki Yamazaki  
    JPN  
    16 Jan 84  
    46:47
Si Tianfeng  
CHN  
17 Jun 84  
DNF

### IAAF Challenge Final - 10 km walk Women, Friday 14 September

1. Liu Hong  
   CHN  
   12 May 87  
   43:18
2. Ana Cabecinha  
   POR  
   29 Apr 84  
   43:31  
   PB W/JL
3. Lu Xiuzhi  
   CHN  
   26 Oct 93  
   43:37
4. Beatriz Pascual  
   ESP  
   9 May 82  
   43:54
5. Elisa Rigaudo  
   ITA  
   17 Jun 80  
   44:24
6. Tatjana Korotkova  
   RUS  
   31 May 82  
   44:52
7. Claire Tallent  
   AUS  
   7 Jun 81  
   45:29
8. Inês Henriques  
   POR  
   1 May 80  
   46:10
9. Olive Loughnane  
   IRL  
   14 Jan 76  
   46:57
Qieyang Shenjie  
CHN  
11 Nov 90  
DQ
The women's 20km Grand Prix race showcased the Chinese depth once again with Li Yanfei winning the Open event with 1:31:57 ahead of He Qin 1:32:17 and Luo Xingcai winning the U20 event with 1:34:06 ahead of Liu Shuyu with 1:34:21. With 17 Open women under 1:37 and 8 U20 women under 1:40, their depth shows just why they have now supplanted Russia as the number one walking nation in the world.

**20 km Open Women, 14 September**

1. Li Yanfei CHN 12 Jan 90 1:31:57
2. He Qin CHN 23 Mar 92 1:32:17
3. Shi Tianshu CHN 7 Jun 88 1:32:21
4. Sun Huanhuan CHN 15 Mar 90 1:32:33
5. Nie Jingjing CHN 1 Mar 88 1:33:49
6. Yang Mingxia CHN 13 Jan 90 1:34:08
7. Wang Shanshan CHN 16 Jun 87 1:34:25
8. Ding Huiqin CHN 5 Feb 90 1:34:31
9. Li Hua CHN 15 Jan 91 1:34:43
11. Sun Xueping CHN 10 Dec 88 1:35:39
12. Xu Liqin CHN 6 Feb 90 1:35:56
13. Li Li CHN 18 Jun 87 1:36:02
14. Wang Min CHN 2 Dec 91 1:36:05
15. Yang Yawei CHN 16 Oct 83 1:36:09
16. Wang Yingliu CHN 1 Mar 92 1:36:35
17. Xu Yaozhi CHN 20 May 90 1:36:59 PB
18. Shi Yang CHN 24 Jan 83 1:37:26
19. Chen Shuangyan CHN 14 Aug 91 1:37:32
20. Liu Ke CHN 2 Oct 90 1:37:56
21. Bo Yamin CHN 29 Jun 87 1:38:01
22. Li Maoqiu CHN 20 Oct 92 1:38:19
23. Song Xiaoling CHN 21 Dec 87 1:38:50
24. Wang Di CHN 30 Aug 92 1:38:58 PB
25. Huang Jing CHN 28 Feb 88 1:39:32
26. Xin Shasha CHN 20 Jan 92 1:39:38
27. Gao Ni CHN 14 Sep 91 1:39:53
29. Li Ping CHN 7 Jan 94 1:40:35 PB
30. Tong Lingling CHN 25 Jan 92 1:41:02
31. Xiao Junyin CHN 16 Jun 92 1:41:10
32. Yang Kaixuan CHN 2 Aug 92 1:41:12 PB
33. He Dan CHN 22 Jul 84 1:41:33
34. Wang Tingting CHN 18 Jan 87 1:41:54
35. Mu Juan CHN 20 Jun 89 1:42:04
36. Song Meiyi CHN 8 Sep 89 1:42:07
37. Yang Lixia CHN 18 Sep 91 1:42:14
38. Tong Chengcheng CHN 20 Oct 92 1:42:44
39. Zhang Shasha CHN 4 Dec 92 1:44:15
40. Zhou Tongmei CHN 4 Apr 88 1:46:43
41. Sun Libin CHN 3 Jan 91 1:47:42
42. Huang Wei CHN 31 Aug 87 1:48:03
43. Yang Liu CHN 26 Feb 92 1:49:42
Wang Xiaolan CHN 5 Feb 90 DNF
Zhao Jing CHN 18 Feb 92 DNF
Li Wei CHN 2 Dec 92 DQ
Zhang Xin CHN 17 Aug 89 DNF
Sun Lihua CHN 30 Sep 83 DNF
Sun Xiyuan CHN 14 Jun 92 DNF
Kang Bin CHN 8 Jan 92 DQ

20 km U20 Women, 14 September
1. Luo Xingcai CHN 18 Jul 94 1:34:06 PB
2. Liu Shuyu CHN 13 Dec 93 1:34:21
3. Xie Lijuan CHN 14 May 93 1:35:10
4. Ni Yuanyuan CHN 6 Apr 95 1:36:45
5. Duan Dandan CHN 23 May 95 1:36:47 PB
6. Chen Zhen CHN 3 Nov 94 1:36:50
7. Pei Mowen CHN 17 Sep 95 1:38:29
8. Mao Yanxue CHN 15 Feb 94 1:38:44
9. Dong Genmiao CHN 16 Jul 94 1:40:15
10. Su Yingqiu CHN 1 Feb 95 1:40:25 PB
11. Liu Huan CHN 24 Feb 93 1:40:33
12. Liang Rui CHN 18 Jun 94 1:41:58
14. Li Wanfang CHN 5 Jan 93 1:42:16
15. Yang Peili CHN 7 Aug 94 1:43:10 PB
16. Geng Shasha CHN 7 Feb 96 1:44:47
17. Liu Yanman CHN 1 May 93 1:44:49 PB
18. Dawa Yangzong CHN 15 May 94 1:44:50 PB
19. Hou Yongbo CHN 15 Sep 94 1:45:54
20. Li Qiuye CHN 2 Dec 93 1:47:03
22. Zhang Hua CHN 4 Jun 94 1:47:52
23. Liu Bajie CHN 13 Sep 94 1:48:36
24. Wang Chen CHN 18 Feb 94 1:49:30
26. Wang Jiaojiao CHN 11 Dec 93 1:49:45
27. Dui Yahu CHN 25 Dec 94 1:50:24
28. Li Yanan CHN 2 Aug 96 1:50:32
29. Han Xue CHN 7 Jan 95 1:50:35
30. Xu Hatang CHN 19 Mar 93 1:51:12
31. Zhu Dan CHN 27 Jan 93 1:51:42
32. Gao Yue CHN 2 Feb 94 1:51:59
Zhou Wei CHN 16 Apr 95 DNF
Xu Lu CHN 29 Aug 95 DNF
Liu Fengshuang CHN 20 Apr 93 DQ
Zhang Xuhong CHN 10 Feb 93 DQ
Wang Zhenzhen CHN 3 Feb 95 DQ
Yao Yu CHN 29 Oct 94 DQ
Gao Lingling CHN 13 Aug 94 DQ

The final events on Friday were the U18 10km events and, although the fields were small (as quite a few of them contested the 20km instead), the quality was still there for all to see.

10 km U18 Men, 14 September
1. Gao Wenkui CHN 28 Jul 95 41:36 PB
2. Leng Xia CHN 26 Jan 96 43:13
3. Ma Youshen CHN 21 Sep 95 44:16
4. Li Datian CHN 9 Jan 95 44:49
5. Li Jinguo CHN 4 May 95 44:58 PB
6. Zhong Xing CHN 6 Mar 95 45:09 PB

10 km U18 Women, 14 September
1. Yang Jiayu CHN 18 Feb 96 46:49 PB
2. Yang Rui CHN 16 May 95 48:55 PB
3. Gao Shan CHN 8 Apr 95 49:58
4. Gu Yingying CHN 3 Apr 95 51:28
5. Liu Yue CHN 27 Mar 95 51:32
6. Wei Yuxin CHN 5 Dec 95 51:47
The closing event, the 50km, was held on Saturday but the overall standard in that race was not as strong as on the earlier events. Perhaps it was a case of walkers choosing 20km rather than 50km or perhaps it was the altitude (Erdos is around 1300m) that took its toll. Overall, Geng Zhivao won with 3:56:47 ahead of Wang Zhendong with 3:57:47.

50 km Men, Saturday 15 September

1. Geng Zhiyao  
   CHN  
   15 Aug 87  
   3:56:47

2. Wang Zhendong  
   CHN  
   11 Jan 91  
   3:57:47  PB

3. Wu Qianlong  
   CHN  
   30 Jan 90  
   3:58:22

4. Liu Jianmin  
   CHN  
   9 Mar 88  
   4:00:58  PB

5. Xu Daxing  
   CHN  
   20 Aug 88  
   4:03:40  PB

6. Wang Hang  
   CHN  
   28 Oct 91  
   4:03:40  PB

7. Hu Wanli  
   CHN  
   27 May 92  
   4:06:57

8. Niu Wenbin  
   CHN  
   20 Jan 91  
   4:07:51

9. Cui Zhide  
   CHN  
   11 Jan 83  
   4:08:13

10. Zhao Ziyang  
    CHN  
    29 Jul 91  
    4:09:56  PB

11. Liu Rusi  
    CHN  
    6 Aug 91  
    4:10:43

12. Hou Quan  
    CHN  
    8 Jul 85  
    DNF

13. Wang Hao  
    CHN  
    16 Aug 89  
    4:12:44

14. Du Yumeng  
    CHN  
    6 Sep 88  
    4:13:06

15. Wang Guozhen  
    CHN  
    1 Dec 92  
    4:13:13  PB

16. Xu Xianlong  
    CHN  
    2 Feb 91  
    4:15:58

17. Bian Fongda  
    CHN  
    1 Apr 91  
    4:19:19

18. Yin Mingxing  
    CHN  
    25 Oct 88  
    4:20:22

19. Li Zhengfa  
    CHN  
    2 Mar 92  
    4:21:14  PB

20. Sun Chenggang  
    CHN  
    11 Mar 91  
    4:22:07

21. Cheng Min  
    CHN  
    6 Jul 91  
    4:25:14  PB

22. Bai Xuejin  
    CHN  
    6 Jun 87  
    4:25:44

23. Gao Chao  
    CHN  
    4 Jan 89  
    4:26:03

24. Luo Yadi  
    CHN  
    15 Jan 92  
    4:28:12  PB

25. Pei Lianyou  
    CHN  
    27 Jan 90  
    4:28:40

26. Shi Songbo  
    CHN  
    4 Mar 88  
    4:29:31

27. Peng Honhchan  
    CHN  
    3 Jul 91  
    4:29:55  PB

28. Hou Yang  
    CHN  
    8 Jul 85  
    DNF

29. Du Gang  
    CHN  
    26 Mar 92  
    DNF

30. Yang Jialin  
    CHN  
    6 Mar 91  
    DNF

31. Zhu Chundong  
    CHN  
    1 Jan 90  
    DNF

32. Rute dos Santos  
    CHN  
    22 Oct 92  
    DQ

33. Ma Yufan  
    CHN  
    8 Jun 90  
    DQ

34. Wang Guangfei  
    CHN  
    9 Apr 89  
    DQ

35. Wang Hongwei  
    CHN  
    10 Oct 89  
    DQ

36. Dong Guozhi  
    CHN  
    2 Aug 92  
    DQ

37. Zhang Kuo  
    CHN  
    12 Dec 89  
    DQ

38. Li Jiahui  
    CHN  
    18 Nov 92  
    DQ

The Brazilian U23 T&F Championships a week ago saw Caio Bonfin and Cleia Silva win the 20,000m track walks which held in hot conditions. Bonfin's time was a new championship record of 1:25:14.1.

20,000m Men, Saturday 8 September

1. Caio Oliveira de Sena Bonfin  
   1991  
   1:25.14.1

2. Rudney Dias Nogueira  
   1990  
   1:38.17.5

3. Jean Pedro Rominhuk  
   1992  
   1:40.51.0

4. Diogo Mello da Rosa  
   1992  
   1:46.30.6

20,000m Women, Sunday 9 September

1. Cleia da Cruz Silva  
   1992  
   1:55.55.6

2. Camila da Silva  
   1992  
   2:02.43.8

3. Thais Cristina Fernandes da Silva  
   1991  
   2:10.27.2

4. Rute dos Santos  
   1993  
   2:11.42.2

5. Gabriela Fernandes Lopes  
   1992  
   2:16.16.1

6. Marcilia Bellini Chomaki  
   1994  
   2:22.39.9
The twentieth edition of the Druskininkai roadwalk meet, held as usual in the spa town of that name in southern Lithuania, hosted the Lithuanian 10km roadwalk championships and saw good fields, including entries from Poland, Belarus and Latvia. Marius Žiūkas (40.59) and Brigita Virbalytė (44.15) won the major events once again (the fourth and third times respectively), both recording good marks and Brigita setting a new PB.

### 10 km Men

<table>
<thead>
<tr>
<th>Place</th>
<th>Name</th>
<th>Nationality</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Marius Žiūkas</td>
<td>LTU</td>
<td>40.59</td>
</tr>
<tr>
<td>2</td>
<td>Tadas Suškevičius</td>
<td>LTU</td>
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</tr>
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<td>3</td>
<td>Genadij Kozlovskij</td>
<td>LTU</td>
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</tr>
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<td>4</td>
<td>Ričardas Rekst</td>
<td>LTU</td>
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</tr>
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<td>5</td>
<td>Mieczysław Romanowski</td>
<td>POL</td>
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<td>6</td>
<td>Artur Mastianica</td>
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<td>7</td>
<td>Rafał Golawski</td>
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<td>8</td>
<td>Janusz Golawski</td>
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### 10 km Women

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<tr>
<td>1</td>
<td>Brigita Virbalytė</td>
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<td>Kristina Saltanovič</td>
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<td>Jolanta Karas</td>
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<td>Rita Andrejeva</td>
<td>LTU</td>
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### 10 km U20 Men

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<tr>
<td>1</td>
<td>Edgars Gjačs</td>
<td>LAT</td>
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<tr>
<td>2</td>
<td>Yauhen Tsitsiak</td>
<td>BLR</td>
<td>44.57</td>
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<td>3</td>
<td>Wiktor Szabo</td>
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### 5 km U20 Women

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<tr>
<td>1</td>
<td>Marlena Chojecka</td>
<td>BLR</td>
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<tr>
<td>2</td>
<td>Gintarė Vaiciukevičiūtė</td>
<td>LTU</td>
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<tr>
<td>3</td>
<td>Skirgailė Gumauskaitė</td>
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### 5 km U18 Men

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<td>Vadzim Lamanosau</td>
<td>POL</td>
<td>23.07</td>
</tr>
<tr>
<td>2</td>
<td>Tomasz Pagirys</td>
<td>LTU</td>
<td>23.13</td>
</tr>
<tr>
<td>3</td>
<td>Paulius Abasevičius</td>
<td>LTU</td>
<td>23.55</td>
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</table>

### 5 km U18 Women

<table>
<thead>
<tr>
<th>Place</th>
<th>Name</th>
<th>Nationality</th>
<th>Time</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>Ėžvilė Vaiciukevičiūtė</td>
<td>LTU</td>
<td>14.30</td>
</tr>
<tr>
<td>2</td>
<td>Monika Vaiciukevičiūtė</td>
<td>LTU</td>
<td>14.48</td>
</tr>
<tr>
<td>3</td>
<td>Olga Niedzialek</td>
<td>POL</td>
<td>14.57</td>
</tr>
</tbody>
</table>

### OVERSEAS SHORTS

**TOKYO (JPN, Sep 9-12):** Hayato Katsuki won the track 10,000m walk (40:57.05) at the Japanese National Collegiate Championships in the National Stadium in Tokyo a week ago. Further details are hard to find!

### VALE DOMINIQUE NAUMOWICZ

The European long distance walk community was shocked last week to learn of the death of Dominique Naumowicz, one of the best French ultra walkers and a well known and respected figure on the walks circuit. He died on Tuesday 11 Sept, aged only 49 years.

Born in Lille in 1963, he racewalked as a young boy but gave it away in his teens. He returned to the sport in 2003, initially racing over the shorter distances but soon deciding to test himself out over the traditional longer distances so popular in France. His first effort, the 2005 28 Heures de Roubaix, saw him stop after 95km. From then on, it was a different story as evidenced by this brief list of some of his achievements.

- **2006**
  - 28 Heures de Roubaix: 15th, 190.285 km
- **2007**
  - 24 Heures de Guadeloupe: 2nd, 208.200 km
- **2008**
  - 24 Heures de Guadeloupe: 1st, 189.900 km
  - Paris-Colmar: 7th, 65h03 (440km)
- **2009**
  - 28 Heures de Roubaix: 3rd, 229.315 km
- **2010**
  - 24 Heures de Guadeloupe: 1st, 180.700 km
  - 28 Heures de Roubaix: 2nd, 226.575 km
- **2010**
  - Antibes 6 Day C’ship: 2nd, 633.257 km
- **2011**
  - Antibes 6 Day C’ship: 1st, 665.225 km

His ultra PBs were excellent and he was possessed of a near perfect technique - a long and flowing style which saw him maintain impeccable form throughout the gruelling events.

- 50km walk: 5:03:42, 2006
- 100km walk: 11:08:49, 2007
- 200km walk: 23:53:05, 2008
- 24h walk: 201.528 km, 2008
- 28h walk: 229.315 km, 2008
- 6 days walk: 665.225 km, 2011

To his wife Véronique and their daughter Elodie, we pass on our condolences.
Podium of the 2010 Antibes 6 Day event (Dominique on left)

Dominique in the 2008 Guadeloupe 24 Hour event

Dominique walking in the 2010 Antibes 6 Day event

Dominique in the 2008 Paris-Colmar

Dominique in the 2007 Guadeloupe 24 Hour

Dominique in the French 2010 National 100k Championship
28 HEURES DE ROUBAIX, ROUBAIX, FRANCE, 15-16 SEPTEMBER

But for his untimely death, Dominique Naumowicz would have been racing in last weekend's classic 28 Heures de Roubaix, put on by his athletics club. So there was a lot of emotion during the one minute of silence before the event started. Emmanuel Tardi was at Roubaix and sent the following report on how events unfolded.

One lap of 15km, then laps of 3km and finally laps of 1km in the final hour of competition. Lots of starters and lots of foreign walkers from Belgium, Holland, Russia, Hungary, the Czech Republic and Great Britain. As usual Zoltan Czukor started very fast, passing the 50km mark in 4:55 and reaching 100km in 10:10. But as usual, he began to slow around the 15 hour mark, at which stage he was some 10km in front of the British walkers Vinny Lynch and Richard Gerard who both walked so well in this year's Isle Of Man Parish Walk. Although they slowly closed the gap, Zoltan was able to hold on, eventually winning by just over 2km with an impressive 235.350km. Lynch 232.865km and Gerard 228.865km were part of a very strong Isle of Man team.

In the women's event, as in 2011, Dominique Alvernhe and Italian Nicoletta Mizera started fastest and they walked together until the 8 hour mark when suddenly Dominique was forced to slow, eventually relinquishing second place to Guadalope walker Maguy Labylle. Although Nicoletta herself had stop for more than one hour towards the end of the race, she had a big enough lead to hold onto first place, her distance of 201.878km some 13km ahead of Maguy with 188.677km.

1. CZUKOR Zoltan HUN 235 km 350 m 28:00:00
2. LYNCH Vinny GBR 232 km 865 m 28:00:00
3. GERARD Richard GBR 228 km 681 m 28:00:00
4. LETESSIER Gilles FRA 223 km 224 m 28:00:00
5. WADDIMHON Jack GBR 219 km 460 m 28:00:00
6. FAURQUEUR Raymond FRA 212 km 138 m 28:00:00
7. OSIPRU Dmitry RUS 211 km 605 m 28:00:00
8. FROLOV Nicolai RUS 210 km 615 m 28:00:00
9. FURSOV Vetcheslaw RUS 207 km 706 m 28:00:00
10. KONDRAKENKO Alexi RUS 205 km 551 m 28:00:00
11. LYKYANOV Sergey RUS 201 km 878 m 28:00:00
12. MIZERAR MARGONELLI Nicoletta (F) ITA 201 km 220 m 28:00:00
13. TITLEY Andreu GBR 192 km 138 m 28:00:00
14. AGONESIAN Arthur RUS 191 km 395 m 28:00:00
15. BBRAK Eric AC Boulillante GUA 191 km 315 m 28:00:00
16. BUNEL Dominique FRA 190 km 792 m 28:00:00
17. ROSALE Jean Jacques GUA 190 km 405 m 28:00:00
18. LALYBLE Maggy (F) GUA 188 km 677 m 28:00:00
19. KERLAU Yves Michel FRA 188 km 612 m 28:00:00
20. ALVERNHE Dominique (F) FRA 186 km 645 m 28:00:00
21. WALKER David GBR 186 km 087 m 28:00:00
22. ELIEZER Jocelyn GUA 185 km 117 m 28:00:00
23. CALE Chris GBR 184 km 972 m 28:00:00
24. BLOM HERTBEK Boudewign NED 183 km 814 m 28:00:00
25. LOUGRADA Saadi FRA 183 km 471 m 28:00:00
26. BUNEL Pascal FRA 183 km 273 m 28:00:00
27. OBYDOL Yvan GUA 183 km 031 m 28:00:00
28. BORISOVA Olga (F) RUS 179 km 314 m 28:00:00
29. PRUCKNER Jaroslav CZE 178 km 671 m 28:00:00
30. PICOT Gerard FRA 178 km 374 m 28:00:00
31. BOVIN Laurent FRA 177 km 300 m 28:00:00
32. PSUTKA Roman CZE 174 km 030 m 28:00:00
33. MORGAN Jeannette (F) GBR 172 km 568 m 28:00:00
34. SEYNAEVE Serge BEL 169 km 503 m 28:00:00
35. KOROTKOV Alexander RUS 168 km 174 m 28:00:00
36. FABRE Francoise (F) FRA 167 km 126 m 28:00:00
37. GALICIA Alfredo FRA 165 km 780 m 28:00:00
38. KELLY Ronnie GBR 164 km 474 m 28:00:00
39. TROPAREV Alexander RUS 163 km 110 m 28:00:00
40. WATTS Kenneth GBR 161 km 040 m 28:00:00
41. MORVAN Nicole (F) FRA 160 km 193 m 28:00:00
42. MASLAVA Tatiana (F) RUS 159 km 688 m 28:00:00
43. WALLAEYS Jean FRA 153 km 477 m 28:00:00
44. BAUDRILLART Antonio FRA 152 km 179 m 28:00:00
45. HAUSMANN Martina (F) GER 151 km 110 m 28:00:00
46. WATTS Robert GBR 150 km 439 m 28:00:00
47. KHLUSEVICH Vasily RUS 149 km 994 m 28:00:00
48. MIROCHNITCHENKO Vera (F) RUS 148 km 342 m 28:00:00
49. RASSAIND Andre FRA 147 km 815 m 28:00:00
50. MASORSKIY Nicolai RUS 147 km 563 m 28:00:00
51. MACHAL Francis FRA 146 km 438 m 28:00:00
52. FRADKINA Zhanna (F) RUS 141 km 684 m 28:00:00
53. AUVRÉ Alain FRA 124 km 217 m 28:00:00
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<thead>
<tr>
<th>Place</th>
<th>Name</th>
<th>Nationality</th>
<th>Distance</th>
<th>Time</th>
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<tbody>
<tr>
<td>54</td>
<td>MERCIER Jean Pierre</td>
<td>FRA</td>
<td>120 km</td>
<td>869 m</td>
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<tr>
<td>55</td>
<td>CORMIER Mireille (F)</td>
<td>FRA</td>
<td>120 km</td>
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<td>56</td>
<td>SPIESER Jean Paul</td>
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<td>LOUKHAD Karim</td>
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<td>YVERT Louis</td>
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<td></td>
<td>ROZE Eddy</td>
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<td>LASSALÉ Emmanuel</td>
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<td>DUFRIEN Pascal</td>
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<td>118 km</td>
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<tr>
<td></td>
<td>DUTERTE André</td>
<td>FRA</td>
<td>112 km</td>
<td>126 m</td>
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<tr>
<td></td>
<td>GIROD Urbain</td>
<td>FRA</td>
<td>106 km</td>
<td>063 m</td>
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<tr>
<td></td>
<td>HASEVELDE Sebastien</td>
<td>FRA</td>
<td>96 km</td>
<td>968 m</td>
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<tr>
<td></td>
<td>GRADOS Daniel</td>
<td>FRA</td>
<td>84 km</td>
<td>842 m</td>
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<tr>
<td></td>
<td>DANDOY Jeremy</td>
<td>FRA</td>
<td>84 km</td>
<td>842 m</td>
</tr>
<tr>
<td></td>
<td>PISTORIUS Rein</td>
<td>NED</td>
<td>81 km</td>
<td>811 m</td>
</tr>
<tr>
<td></td>
<td>BIEBUYCK Pascal</td>
<td>BEL</td>
<td>72 km</td>
<td>716 m</td>
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<tr>
<td></td>
<td>MASSE Bernard</td>
<td>FRA</td>
<td>72 km</td>
<td>716 m</td>
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<tr>
<td></td>
<td>MAGNIER Joel</td>
<td>FRA</td>
<td>69 km</td>
<td>685 m</td>
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<td></td>
<td>BIZARD Claudie (F)</td>
<td>FRA</td>
<td>60 km</td>
<td>590 m</td>
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<td></td>
<td>SIMON Zdenek</td>
<td>CZE</td>
<td>57 km</td>
<td>559 m</td>
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<tr>
<td></td>
<td>ZAJIC Jakub</td>
<td>CZE</td>
<td>54 km</td>
<td>527 m</td>
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<tr>
<td></td>
<td>VERMEERSCH Christian</td>
<td>FRA</td>
<td>27 km</td>
<td>244 m</td>
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And thanks to Emmanuel for the following photos from the championship. You can see all his event photos on gallery [http://www.facebook.com/media/set/?set=a.4205063699010.162122.1657411914&type=1](http://www.facebook.com/media/set/?set=a.4205063699010.162122.1657411914&type=1)

Zoltan Cruzor, Maguy Labylle, Richard Gerard and Vinny Lynch

Nicoletta Mizera and Dominique Alvernhe take an early lead in the women's race
I travelled over to Mt Evelyn last Saturday morning to help celebrate the opening of the new Yarra Ranges Athletics Track and I can report that it all went well. The track looks superb and will no doubt be a drawing card for athletics in that area of the Melbourne.

Susan Taylor, president of Yarra Ranges Athletics Club, was one of the keynote speakers, a pleasant change for her instead of lapscoring for us at our regular VRWC events at Middle Park.

Susan welcomes all the visitors and official guests to the track opening

The tape is cut!

VLADIMIR GOLUBNICHYIY INDUCTED INTO THE IAAF HALL OF FAME

An IAAF release last Saturday saw Russian racewalker Vladimir Golubnichiy inducted into the IAAF Hall of Fame. The press release read as follows:

Ukraine's two-time Olympic champion and multiple World record breaker Vladimir Golubnichiy is the latest athletics legend to be named as one of the 24 inaugural Members of the IAAF Hall of Fame which has been created to mark the year of the IAAF Centenary. The announcement of this honour marks the staging of the 2012 IAAF Race Walking Challenge Final, which took place yesterday in Erdos, China.

Vladimir Golubnichiy (Soviet Union/Ukraine) is one of only a handful of athletes who have competed at five or more Olympic Games and the Ukrainian, who concentration on the 20km Race Walk internationally, can look back to a long and illustrious career at the highest level. He set his first 20km World record at the age of just 19 in 1955 but will be best remembered for his two-Olympic titles (1960 and 1968) and the World record he set in 1958 which was to remain on the books for almost 11 years.
"The incredible career of Golubnichiy made his inclusion in the IAAF Hall of Fame unquestionable," commented IAAF President Lamine Diack. "Not only was he a repeat Olympic champion and World record breaker, the span of his international career was truly awe-inspiring. With a silver and bronze giving him a total of four Olympic podium places, Golubnichiy, who set his first World mark in 1955, was still good enough for seventh place at the 1976 Olympics!"

Click here to read Golubnichiy's profile in the Hall of Fame Members' section of the IAAF website - http://www.iaaf.org/mini/HOF/Members/Members.aspx - and to discover the other inaugural members who have so far been announced.

To mark the IAAF Centenary, a total of 24 athletes will become inaugural Members of the IAAF Hall of Fame in 2012, with the Official Induction Ceremony taking place at the IAAF Centenary Gala in Barcelona, Spain on Saturday 24 November 2012.

Golubnichiy wins gold in the rarified atmosphere of Mexico City in the 1968 Olympic 20km


ANDREW JAMIESON'S M65 RECORD BLITZ UNDER THE SPOTLIGHT

This fine article on VRWC walking legend Andrew Jamieson was printed in the August 2012 edition of the VMA Footprints magazine and I thought it so good that I am reproducing it for our readers.

Champion walker Andrew Jamieson has had an amazing string of successes since turning 65. Well, maybe not so amazing when you consider his performances in the M55 and M60 age groups. Andrew turned 65 in June 2011, only 3 weeks before he headed off to Sacramento for the World Championships. But it didn't mean he turned up in Sacramento without already having claimed an M65 World Record, Andrew broke the 10k WR during the Victorian 15km Championships.

In Sacramento, he broke the 20km record; would have broken the old 10km record had he not claimed it 2 weeks earlier and didn't have a realistic chance in the 5000m as it was over 40 degrees during that race. On returning home, he broke the 20km record again, taking another 1:30 off it. (Andy told me he was on target to go under 100 minutes at the recent AMA/VMA Championships until at 14k he felt pain in his adductor muscle and decided he couldn't risk continuing). Also worth noting are that he would have set a new WR for 30km on 11th September 2011 but WMA no longer recognises this distance and that his 3000m on 3rd December would have been a WR but there were not enough watches.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>25 June 2011</td>
<td>15km</td>
<td>1:16:51</td>
<td>Victorian 15km Championships Middle Park</td>
</tr>
<tr>
<td>16 July 2011</td>
<td>20km</td>
<td>1:42:57</td>
<td>WMA Championships - 20km Road Walk Sacramento, USA</td>
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<td>21 August 2011</td>
<td>20km</td>
<td>1:41:27</td>
<td>Australian 20km Roadwalk Champs Canberra</td>
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<tr>
<td>11 Sept 2011</td>
<td>35km</td>
<td>3:17:52</td>
<td>VRWC Championship Middle Park</td>
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<td>12 Nov 2011</td>
<td>2km</td>
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<td>AV Shield East Region - 2000m Doncaster</td>
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<tr>
<td>3 Dec 2011</td>
<td>3000m</td>
<td>0:14:38</td>
<td>A.V. Shield East Region - 3000m Doncaster</td>
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<td>2012</td>
<td>9 March</td>
<td>0:24:46</td>
<td>Victorian Open 5000m Track Champs, Melbourne</td>
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<td>18 March 2012</td>
<td>5km</td>
<td>0:24:17</td>
<td>VMA 5000m Championships Dolomite Oval, Mentone</td>
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<td>25 March 2012</td>
<td>1.5km</td>
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<td>Victorian Overage T&amp;F Champs Doncaster</td>
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<td>14 April 2012</td>
<td>5000m</td>
<td>0:24:14</td>
<td>A.A. Invitational 5000m Walk Melb</td>
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<td>14 May 2012</td>
<td>10km</td>
<td>0:49:05</td>
<td>VRWC Roadwalk - 10km Middle Park, Melbourne</td>
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<tr>
<td>19 May 2012</td>
<td>10km</td>
<td>0:48:38</td>
<td>Victorian 10km Open Champs Middle Park, Melbourne</td>
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<tr>
<td>29 July 2012</td>
<td>20km</td>
<td>1:40:13</td>
<td>VRWC Roadwalk Middle Park, Melbourne</td>
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</table>
Andrew (left) leads out alongside Simon Evans in this winter's Victorian 15km roadwalk championship

VWRC RUNNERS WORLD AWARD WINNERS

Neil Ryan of Runners World Kew approached VRWC early in the 2009 winter season with an offer of club sponsorship. While we had our Points and Handicap awards, these awards are not necessarily won by our BEST walkers as they are influenced by participation rates. So, after various discussions, it was decided to institute Runners World Winter and Summer Season Awards for our "top" walkers. The criteria are explained at [http://www.vrwc.org.au/vrwc-runners-world.html](http://www.vrwc.org.au/vrwc-runners-world.html).

At the end of the winter season, our committee voted from a short list of candidates for the four awards and I am pleased to announce the following winners:

<table>
<thead>
<tr>
<th>Category</th>
<th>Winner</th>
<th>Award</th>
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</thead>
<tbody>
<tr>
<td>Open Men</td>
<td>Simon Evans</td>
<td>$500 cash and $500 Runners World Gift Voucher</td>
</tr>
<tr>
<td>Open Women</td>
<td>Michelle Laufer</td>
<td>$500 cash and $500 Runners World Gift Voucher</td>
</tr>
<tr>
<td>Junior Men</td>
<td>Nathan Brill</td>
<td>$500 Runners World Gift Voucher</td>
</tr>
<tr>
<td>Junior Women</td>
<td>Stephanie George</td>
<td>$500 Runners World Gift Voucher</td>
</tr>
</tbody>
</table>

All four walkers have had wonderful seasons with frequent PBs and lots of wins and placings in the major State and (in some cases) National championships. Well done everyone! Enjoy your awards.

Simon, Michelle, Nathan and Stephanie in action at Middle Park this winter season
HEATHER LEE DOES IT AGAIN

86 year old Heather Lee, who amazed us all in April with her wins and records in the W85 division walks at the Australian Masters championships in Melbourne, was back in action last weekend running in the 2012 Blackmores Sydney Running Festival. She was amongst the 34,274 people who ran, jogged, rolled and walked across the Sydney Harbour Bridge to finish lines at the Sydney Opera House and Conservatorium of Music on a sunny and cool Sunday morning. Her final time of 1:12:33 for the 9+km run division was pretty impressive.

Heather Lee (centre) comes out of one of the tunnels in the Sydney Blackmores run last Sunday

AUSTRALIAN JUNIOR CHAMPIONSHIPS DRAFT TIMETABLE NOW ONLINE

The draft timetable for the 2013 Australian Junior Championships is now available. See the pdf file at the bottom of the following AA website page: http://www.athletics.com.au/home/competition/events/2013_australian_junior_championships. The walks read like this:

- Tues 12 Mar, 8:48PM: U20 10,000m Walk Men/Women
- Thur 14 Mar, 8:00AM: U17/U18 Men 5000m Walk
- Thur 14 Mar, 8:28AM: U17/U18 Women 5000m Walk
- Fri 15 Mar, 8:30AM: U15/U16 Men 3000m Walk
- Fri 15 Mar, 8:50AM: U15/U16 Women 5000m Walk
- Sat 16 Mar, 8:00AM: U14 Men 3000m Walk
- Sat 16 Mar, 8:20AM: U14 Women 3000m Walk

WHAT'S COMING UP

For those who want to start planning for the summer, the AV website has the main dates up (see http://www.athsvic.org.au/cache/NewsFile/6496AV%20Summer%20Calendar%203.09.2012.pdf). Here are the first few:

- Saturday 13 Oct: AV Shield – Round 1
- Saturday 20 Oct: AV Shield – Round 2
- Saturday 27 Oct: AV Shield – Round 3
- Saturday 3 Nov: AV Shield – Round 4
- Friday 9 – Sunday 11 Nov: Adidas Victorian All Schools Track & Field Championships

Our VRWC summer season fixture is in draft mode but we expect to kick off again on Sunday 28 October with our first roadwalks for the new season. Expect more news and the main summer mailout in the next couple of weeks.

DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions.

2012/2013 Victorian/Australian Summer Season Key Dates
Sat Oct 13, 2012: AV Shield Starts with Round 1 (2000m)
Oct 13-20, 2012: Alice Springs Masters Games, Alice Springs, N.T.
Nov 3-11, 2012  Pan Pacific Masters Games, Gold Coast, QLD. See www.mastersgames.com.au
Nov 9-11, 2012  AV All Schools T&F Champs, Albert Park
Nov 30 - Dec 2, 2012  Australian Schools T&F Champs, Hobart, TAS
Sun Dec 9 2012  Australian 50km Championship, Fawkner Park, Melbourne
Jan 26-28, 2013  Victorian Country T&F Champs, Geelong
Feb 8-10, 2013  Victorian Junior T&F Champs, Albert Park
Sun Feb 24, 2013  Australian 20km Summer Championships, Hobart, TAS
Mar 1-3, 2013  Victorian Open F&F Champs, Albert Park
Mar 12-17, 2013  Australian Junior Athletics Championships, Perth, WA
Mar 29-Apr 1, 2013  Australian Masters T&F Champs, Canberra, ACT
April 11-14, 2013  Australian Open Athletics Championships, Sydney, NSW
October 5-12, 2013  Australian Masters Games, Geelong, See http://www.australianmastersgames.com

2012 International Fixture

2013 International Fixture
July 6-17, 2013  27th Summer Universiade, Kazan, Russia (see http://www.kazan2013.com)
July 10-14, 2013  8th World Youth T&F Championships, Donetsk, Ukraine
Aug 10-18, 2013  14th IAAF World Championships in Athletics, Moscow, Russia

2014 International Fixture
5-6 May 2014  26th IAAF World Race Walking Cup, Taicang, China
Mar/Apr 2014  World Masters Indoor Championships, Budapest, Hungary
July 22-27, 2014  15th World Junior T&F Championships, Eugene, Oregon, USA

Looking even further forward
2015  28th Summer Universiade, Gwanju, Korea
August 22-30, 2015  15th IAAF World Championships in Athletics, Beijing, China
July/Aug 2015  20th World Masters T&F Champs Stadia, Lyon, France
2017  29th Summer Universiade, Taipei
August 5-13, 2017  16th IAAF World Championships in Athletics, London, UK
July 2020  32nd Olympic Games  City TBA: Baku, Doha, Istanbul, Madrid, Rome, Tokyo

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Copies of recent newsletters are kept on the VRWC website (http://www.vrwc.org.au)