



HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club
2016/2017 Number 37
13 June 2017



VRWC Preferred Supplier of Shoes, clothes and sporting accessories.

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Saturday: 9:00am to 3:00pm
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WALKER OF THE WEEK

There were a lot of outstanding walks on Sunday in the annual Lake Burley Griffin Carnival in Canberra. Some of the best included

- 19 year old **Tyler Jones** of NSWRC who won the men's Open 10 Miles (1:12:27) and U20 10km (45:14)
- 11 year old **Toby Wilks** of SARWC who won the boys' U12 2km (9:47) and U14 2km (9:28)
- 13 year old **Alannah Pitcher** of NSWRC who won the girls' U14 2km (9:20) and U18 5km (25:24)
- 15 year old **Mitchell Baker** of ACTRC who won the boys' U16 3km (13:15) and U18 5km (23:15)
- 19 year old **Jemima Montag** of RWV who won the women's U20 10km (46:43)
- 62 year old **Karyn O'Neill** who won the women's 20 Miles for the fifth time in a row (3:54:37)
- 9 year old **Liam Hutchins** of RWV who won the boys' U10 1km (5:11)
- 15 year old **Jemma Peart** of RWV who won the girls' U16 3km (14:41) and was 2nd in the women's Open 5km (26:12)

Having watched them all and having tried to assess their relative merit, I can now announce that 11 year old South Australian walker **Toby Wilks** gets the nod this week, but it was a very close decision. He looked fantastic from a style perspective and won both the U12 and U14 walks by big margins. In fact, he improved from 9:47 to 9:28 in his second 2km walk. A big talent!



Toby Wilks wins the U12 2km in Canberra on Sunday (photo Tim Erickson)

WHAT'S COMING UP

Next Saturday sees us back at Middle Park for our annual VRWC 'Guess your finish time' raceday. It's easy - when entering the race, tell the registrar the time you will walk. The results on the day will be determined by whoever is closest to their predicted time. No watches are to be worn. Prizes will be on offer for winners, men and women. So 10 people will win – and our prizes are always pretty good. Remember we prefer you to pre-enter via our online entry panel at <http://vrwc.org.au/wp1/>.

Saturday 17th June 2017, Middle Park			
VRWC EVENTS: Entries close for all events at 1.45pm sharp.			
Prizes for all winners of each race who gets closest to their race time.			
2.15pm	8km	Guess your finish time & Points Race	Open
2.15pm	6km	Guess your finish time & Points Race	Open
2.15pm	4km	Guess your finish time & Points Race	Open
2.30pm	2km	Guess your finish time & Points Race	Open
2.30pm	1km	Guess your finish time & Points Race	Open

The following Sunday sees our next major Victorian championships, with the Victorian 20km Roadwalk Championship, the Victorian Schools Roadwalk Championships, the VMA 20km Roadwalk Championships and VRWC U10/U12 Championships on offer – it is indeed a case of something for everyone. Entries to the AV and AV Schools Championships must be made via the AV website (<http://athsvic.org.au/event/av-20km-schools-walks-championships/>). Note that AV entries close on Thursday 22 June. Entry for to VMA and VRWC events is via the VRWC pre-entry panel at <http://vrrwc.org.au/wp1/>.

Sunday 25th June 2017, Middle Park			
A.V., A.V. Schools, VMA & VRWC Championships			
VRWC & VMA EVENTS: Entries close for all events at 45 minutes before the event.			
8.30am	20km	AV Championship	Open Men
8.30am	20km	VRWC Championship - Alf Robinson Trophy	Open Men
8.30am	20km	VMA Championships	Masters Men
8.30am	20km	AV Championship	Open Women
8.30am	20km	VMA Championships	Masters Women
8.30am	20km	Non- championship	Open
9.15am	10km	AV Schools Championship	Under 20 Men/Women
9.30am	3km	AV Schools Championship	Under 16 Boys/Girls
9.30am	3km	AV Schools Championship	Under 14 Boys/Girls
9.50am	5km	AV Schools Championship	Under 18 Men/Women
9.50am	5km	Non- championship	Open
10.00am	2km	Non- championship	Open
10.15am	1.5km	VRWC Championship	Under 10 Boys/Girls
10.25am	2.5km	VRWC Championship	Under 12 Boys/Girls
11.00pm		Presentations	

51ST LAKE BURLEY GRIFFIN CARNIVAL, STROMLO PARK, CANBERRA, SUNDAY 11 JUNE

The annual LBG Carnival moved this year from its traditional home on the banks of Lake Burley Griffin to the Stromlo Forest Park in Canberra. The circuit was a 1km loop on the cycle criteria course and, although it was not dead flat, the times would indicate that walkers were not really effected by the gentle climbs and falls. It was a big change, however, for the older walkers in that the traditional 20 Miles and 10 Miles events were now on a short 1km loop rather than on the picturesque and demanding 10 Mile loop around the lake.

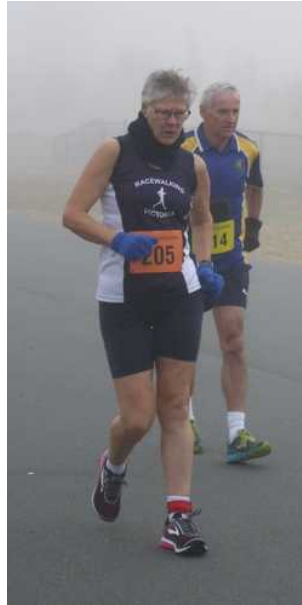
Although there were good numbers in the younger age group events, the fields in the 20 Miles and 10 Miles championships were much smaller than usual, a disappointment for the organizers. It was the usual cold Canberra morning with temperatures hovering just above zero and with a thick fog reducing visibility but it did clear into a beautiful sunny afternoon.



Well done to ACTRWC who put on such a wonderful carnival every year. It is always on my calendar!

As mentioned at the start of the newsletter, the start performers included

- 19 year old **Tyler Jones** of NSWRC who won the men's Open 10 Miles (1:12:27) and U20 10km (45:14)
- 11 year old **Toby Wilks** of SARWC who won the boys' U12 2km (9:47) and U14 2km (9:28)
- 13 year old **Alannah Pitcher** of NSWRC who won the girls' U14 2km (9:20) and U18 5km (25:24)
- 15 year old **Mitchell Baker** of ACTRWC who won the boys' U16 3km (13:15) and U18 5km (23:15)
- 19 year old **Jemima Montag** of RWV who won the women's U20 10km (46:43)
- 62 year old **Karyn O'Neill** who won the women's 20 Miles for the fifth time in a row (3:54:37)
- 9 year old **Liam Hutchins** of RWV who won the boys' U10 1km (5:11)
- 15 year old **Jemma Peart** of RWV who won the girls' U16 3km (14:41) and was 2nd in the women's Open 5km (26:12)



Toby Wilks, Karyn O'Neill, Tyler Jones and Jemima Montag



Liam Hutchins, Alannah Pitcher, Mitchell Baker and Jemma Peart

Our Victorian walkers did well, with 4 individual and 4 team golds, along with a lot of silvers and bronzes. Well done to our medalists

Gold	Karyn O'Neill	Open 20 Miles Women	3:54:37
	Jemima Montag	U20 10km Women	46:43
	Liam Hutchins	U10 Boys 1km	05:11
	Jemma Peart	U16 Girls 3km	14:41
Silver	Hamish Blackwood	U10 Boys 1km	05:20
	Alanna Peart	U14 Girls 2km	09:33
	Alanna Peart	U16 Girls 3km	15:22
Bronze	Heath Beveridge	U14 Boys 2km	10:29
Team Gold	U10 Boys 1km	Liam Hutchins, Hamish Blackwood, Lucas Kent	
	U14 Boys 2km	Heath Beveridge, Angus Hay, Luke Epps	
	U16 Girls 3km	Jemma Peart, Alanna Peart, Charlotte Hay	
	Open Women 5km	Jemma Peart, Amanda Heard, Kathleen O'Mahony	
Team Silver	U12 Boys 2km	Luke Epps, Liam Hutchins, Scott Peart	
	U14 Girls 2km	Alanna Peart, Charlotte Hay, Brianna Briet	
	U16 Boys 3km	Will Thompson, Corey Dickson, Luke Epps	
	U18 Girls 5km	Jasmin Hass, Kathleen O'Mahony, Charlotte Hay	
Team Bronze	U14 Boys 2km	Liam Hutchins, Scott Peart, Hamish Blackwood	

It would also be remiss of me if I forgot to mention the many young Victorian walkers who walked in multiple events, just to help out in the teams competitions. Apologies if I have missed anyone. Those who walked 3 events included **Heath Beveridge** (U14 2km, U16 3km, U18 5km), **Charlotte Hay** (U14 3km, U16 3km, U18 5km), **Liam Hutchins** (U10 1km, U12 2km, U14 2km), **Hamish Blackwood** (U10 1km, U12 2km, U14 2km) and **Luke Epps** (U12 2km, U14 2km, U16 3km).

Those who walked in 2 races included **Jasmin Hass** (U20 10km, U18 5km), **Angus Hay** (U14 2km, U16 3km), **Scott Peart** (U12 2km U14 2km), **Alanna Peart** (U14 2km U16 3km), **Jemma Peart** (U16 3km Open 5km), **Gemma Lillie** (U14 2km U16 3km), **Will Thompson** (U16 3km U18 5km), **Corey Dickson** (U16 3km U18 5km), **Lucas Kent** (U10 1km, U12 2km), **Brodie Tallent** (U12 2km, U14 2km) and **Kathleen O'Mahony** (U18 5km, Open 5km).

I'll have my photos up on our VRWC website later tonight (<http://www.vrwc.org.au/piwigo/>).



Scott Peart, Luke Epps, Jasmin Hass and Lucas Kent



Heath Beveridge, Hamish Blackwood, Gemma Lillie and Alannah Peart



Amanda Heard, Kathleen O'Mahony, Will Thompson and Charlotte Hay

And now onto the results.

EVENT 1: OPEN 20 MILES WALK

MEN

1.	Darren Bown	207	SARWC	2:57:56
2.	Ignacio Jimenez Solis	204	RWQ	3:05:52
3.	Peter Crump	208	SARWC	3:20:52
4.	Peter Bennett	202	RWQ	3:26:46
5.	Robin Whyte	201	ACTW	3:38:16
6.	Argenis Guevara	203	RWQ	3:44:22
	Terry O'Neill	206	RWV	DQ

WOMEN

1.	Karyn O'Neill	205	RWV	3:54:37
2.	Val Chesterton	200	ACTW	5:07:53

MASTERS MEN

1.	Darren Bown	207	SARWC	2:57:56
2.	Ignacio Jimenez Solis	204	RWQ	3:05:52
3.	Peter Crump	208	SARWC	3:20:52
4.	Peter Bennett	202	RWQ	3:26:46
5.	Robin Whyte	201	ACTW	3:38:16
6.	Argenis Guevara	203	RWQ	3:44:22
	Terry O'Neill	206	RWV	DQ

MASTERS WOMEN

1.	Karyn O'Neill	205	RWV	3:54:37
2.	Val Chesterton	200	ACTW	5:07:53

HANDICAP

1.	Robin Whyte	201	ACTW	
2.	Peter Bennett	202	RWQ	
3.	Argenis Guevara	203	RWQ	

TEAMS

1.	RWQ	7	Ignatio Jimenez, Peter Bennett, Argenis Guevara	
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MASTERS TEAMS

1.	RWQ	7	Ignatio Jimenez, Peter Bennett, Argenis Guevara	
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OLDEST FINISHER Val Chesterton**EVENT 2: FITNESS 20 MILES WALK****MEN**

1.	Geoff Barker	210	ACTW	4:46:50
2.	Phil Essam	211	ACTW	5:03:33

WOMEN

1.	Susan Archer	209	ACTW	4:03:20
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OLDEST FINISHER Geoff Barker**EVENT 3: MEN & WOMEN AACT 30KM CHAMPIONSHIP****MEN**

1.	Ignacio Jimenez Solis	3004	RWQ	2:52:10
2.	Peter Bennett	3002	RWQ	3:12:17
3.	Robin Whyte	3001	ACTW	3:22:41

WOMEN

1.	Karyn O'Neill	3005	RWV	3:37:55
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EVENT 4: WOMEN 10 MILES WALK

1.	Brenda Gannon	100	RWQ	1:31:55
2.	Amanda Barendregt	116	NSWRWC	1:39:23
3.	Noela McKinven	101	RWQ	2:21:42

MASTERS

1.	Brenda Gannon	100	RWQ	1:31:55
2.	Noela McKinven	101	RWQ	2:21:42

OLDEST FINISHER Noela McKinven**EVENT 5: MEN 10 MILES WALK**

1.	Tyler Jones	108	NSWRWC	1:12:27
2.	Brendon Reading	104	ACTW	1:13:12
3.	Luke McCutcheon	109	RWQ	1:13:59
4.	Jay Felton	106	NSWRWC	1:16:47
5.	Carl Gibbons	107	NSWRWC	1:17:56
6.	Matt Griggs	103	ACTW	1:26:40
7.	Travis Barendregt	105	NSWRWC	1:37:14
8.	Greg Durr	102	ACTW	1:44:07

MASTERS

1.	Matt Griggs	103	ACTW	1:26:40
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2.	Greg Durr	102	ACTW	1:44:07
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HANDICAP

1.	Travis Barendregt	105	NSWRWC	
2.	Carl Gibbons	107	NSWRWC	
3.	Matt Griggs	103	ACTW	

TEAMS

1.	NSWRWC	14	Tyler Jones, Jay Felton, Carl Gibbons	
2.	ACTW	8	Brendon Reading, Matt Griggs, Greg Durr	

EVENT 6: FITNESS 10 MILES WALK

MEN

1.	Mick Saunders	114	ACTW	1:54:07
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WOMEN

1.	Monika Short	115	ACTW	2:01:07
2.	Lorna England	112	ACTW	2:28:25
3.	Ruth England	113	ACTW	2:28:55

EVENT 7: FITNESS 5 MILES WALK

MEN

1.	Christopher Kent	510	RWV	1:00:59
2.	David Mackenzie	502	ACTW	1:08:55
3.	Peter Brown	505	NSWRWC	1:15:59

WOMEN

1.	Miriam McCarthy	513	ACTW	0:57:59
2.	Robyn Saunders	503	ACTW	1:01:11
3.	Amanda Krklinski	506	NSWRWC	1:10:00
4.	Judy Brown	504	NSWRWC	1:14:48
5.	Margaret Lawson-Brown	507	NSWRWC	1:15:59
6.	Jenny Lingley	508	NSWRWC	1:15:59

EVENT 8: MEN U20 10 KM WALK

1.	Tyler Jones	69	NSWRWC	45:14
2.	Connor Frew	17	ACTW	46:46
3.	Tim Fraser	15	ACTW	47:34
4.	Dylan Richardson	301	NSWRWC	47:44
5.	Tristan Camilleri	382	SARWC	49:48
6.	Ryan Thomson	310	NSWRWC	51:24
7.	Callum Burns	10	ACTW	51:50
	Kyle Bedford	38	NSWRWC	DNF

HANDICAP

1.	Ryan Thomson	310	NSWRWC	
2.	Tristan Camilleri	382	SARWC	
3.	Dylan Richardson	301	NSWRWC	

TEAMS

1.	NSWRWC	12	Tyler Jones, Dylan Richardson, Ryan Thomson	
2.	ACTW	10	Connor Frew, Tim Fraser, Callum Burns	

EVENT 9 :AACT MEN U20 10KM CHAMPIONSHIP

1.	Connor Frew	1017	ACTW	46:46
2.	Tim Fraser	1015	ACTW	47:35
3.	Callum Burns	1010	ACTW	51:50

EVENT 10: OPEN 10 KM WALK

1.	Carl Gibbons	65	NSWRWC	48:12
2.	Jay Felton	64	NSWRWC	51:49

EVENT 11: WOMEN U20 10 KM WALK

1.	Jemima Montag	363	RWV	46:43
2.	Samantha Findlay	389	SARWC	52:18
3.	Jasmyn McDonald	83	NSWRWC	55:06
4.	Jasmin Hass	339	RWV	58:41

HANDICAP

1.	Jasmin Hass	339	RWV
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EVENT 12: BOYS U10 1 KM WALK

1.	Liam Hutchins	354	RWV	05:11
2.	Hamish Blackwood	328	RWV	05:20
3.	Sam Wilks	393	SARWC	05:27
4.	Myles Ashby	34	NSWRWC	05:39
5.	Christopher Nilon	89	NSWRWC	05:45
6.	Ajay Bezuidenhout	7	ACTW	06:22
7.	Dylan Ryan	304	NSWRWC	06:44
8.	Lucas Kent	357	RWV	07:40

HANDICAP

1.	Myles Ashby	34	NSWRWC
2.	Christopher Nilon	89	NSWRWC
3.	Dylan Ryan	304	NSWRWC

TEAMS

1.	RWV	13	Liam Hutchins, Hamish Blackwood, Lucas Kent
2.	NSWRWC	9	Myles Ashby, Christopher Nilon, Dylan Ryan

EVENT 13: GIRLS U10 1 KM WALK

1.	Chloe Lamb	74	NSWRWC	05:31
2.	Sienna Pitcher	99	NSWRWC	05:41
3.	Kamara Stewart	323	RWQ	05:52
4.	Katie DeRuvo	386	SARWC	05:54
5.	Georgia Frew	19	ACTW	06:28
6.	Jorja Tallent	375	RWV	07:04
7.	Caetlin Ashby	33	NSWRWC	08:14

HANDICAP

1.	Katie DeRuvo	386	SARWC
2.	Georgia Frew	19	ACTW
3.	Jorja Tallent	375	RWV

TEAMS

1.	NSWRWC	7	Chloe Lamb, Sienna Pitcher, Caetlin Ashby
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EVENT 14: BOYS U12 2 KM WALK

1.	Toby Wilks	394	SARWC	09:47
2.	Tom Hunt	22	ACTW	10:06
3.	Peter Elliott	62	NSWRWC	10:17
4.	Luke Epps	335	RWV	10:24
5.	Ryan Vesper	312	NSWRWC	11:11
6.	Sam McCure	319	RWQ	11:14
7.	Liam Hutchins	355	RWV	11:23
8.	Darcy Bell	41	NSWRWC	11:34
9.	Scott Peart	367	RWV	11:43
10.	Myles Ashby	35	NSWRWC	11:48
11.	Hamish Blackwood	329	RWV	11:53
12.	Harrison Baker	3	ACTW	12:22
13.	Sebastian Young	32	ACTW	12:37
14.	Lucas Kent	358	RWV	19:24
	Andrew Camp-Liddiard	14	ACTW	DQ
	Brodie Tallent	376	RWV	DQ

HANDICAP

1.	Myles Ashby	35	NSWRWC
2.	Ryan Vesper	312	NSWRWC
3.	Harrison Baker	3	ACTW

TEAMS

1.	NSWRWC	18	Peter Elliott, Ryan Vesper, Darcy Bell
2.	RWV	15	Luke Epps, Liam Hutchins, Scott Peart
3.	ACTW	13	Tom Hunt, Harrison Baker, Sebastian Young

EVENT 15: GIRLS U12 2 KM WALK

1.	Izabella Dunne	59	NSWRWC	10:20
2.	Milly Boughton	47	NSWRWC	10:31
3.	Elli Pusonjic	391	SARWC	11:10
4.	Hannah Wilks	395	SARWC	11:16
5.	Chloe Krklinski	72	NSWRWC	11:38
6.	Isabelle Nilon	90	NSWRWC	11:47
7.	April Billington	42	NSWRWC	11:52
8.	Rhianni Deegan	56	NSWRWC	12:19
9.	Ella Baker	1	ACTW	12:19
10.	Sienna Pitcher	300	NSWRWC	12:42
11.	Cassandra Hill	316	RWQ	12:45
12.	Maddison Vaughan	381	RWV	12:45
13.	Katie DeRuvo	387	SARWC	13:07
14.	Sarah Challinor	52	NSWRWC	14:56
15.	Amelia Crocker	53	NSWRWC	15:09

HANDICAP

1.	Amelia Crocker	53	NSWRWC
2.	Hannah Wilks	395	SARWC
3.	Katie DeRuvo	387	SARWC

TEAMS

1.	NSWRWC	32	Izabella Dunne, Milly Boughton, Chloe Krklinski
2.	SARWC	22	Elli Pusonjic, Hannah Wilks, Katie DeRuvo
3.	NSWRWC	18	Isabelle Nilon, April Billington, Rhianni Deegan
4.	NSWRWC	7	Sienna Pitcher, Sarah Challinor, Amelia Crocker

EVENT 16: BOYS U14 2 KM WALK

1.	Toby Wilks	396	SARWC	09:28
2.	Tom Hunt	23	ACTW	09:53
3.	Heath Beveridge	325	RWV	10:29
4.	Angus Hay	343	RWV	10:34
5.	Luke Epps	336	RWV	10:36
6.	Peter Elliott	63	NSWRWC	10:37
7.	Lachlan McCure	321	RWQ	11:10
8.	Ryan Vesper	313	NSWRWC	11:32
9.	Liam Hutchins	356	RWV	11:36
10.	Scott Peart	368	RWV	11:54
11.	Sam McCure	320	RWQ	12:04
12.	Pierce Brennan	9	ACTW	12:20
13.	Kai Jeong-Reuss	24	ACTW	12:22
14.	Hamish Blackwood	330	RWV	12:27
15.	Rhys Barnes	6	ACTW	13:03
	Keelan Perry	373	RWV	DQ
	Brodie Tallent	377	RWV	DNF

HANDICAP

1.	Ryan Vesper	313	NSWRWC
2.	Peter Elliott	63	NSWRWC
3.	Lachlan McCure	321	RWQ

TEAMS

1.	RWV	21	Heath Beveridge, Angus Hay, Luke Epps
2.	ACTRW	15	Tom Hunt, Pierce Brennan, Kai Jeong-Reuss
3.	RWV	10	Liam Hutchins, Scott Peart, Hamish Blackwood

EVENT 17: GIRLS U14 2 KM WALK

1.	Allanah Pitcher	96	NSWRWC	09:20
2.	Alanna Peart	369	RWV	09:33
3.	Laura Burns	12	ACTW	09:50
4.	Elizabeth McMillen	88	NSWRWC	10:01
5.	Emma Thomas	305	NSWRWC	10:08
6.	Charlotte Hay	344	RWV	10:11
7.	Gabriella Hill	317	RWQ	10:11
8.	Olivia Thomson	309	NSWRWC	10:57
9.	Ellie DeCelis	55	NSWRWC	11:04
10.	Brianna Briet	331	RWV	11:09

11.	Chloe McLaughlin	87	NSWRWC	11:11
12.	Brooke Martin	80	NSWRWC	11:29
13.	Mia Wilks	398	SARWC	11:39
14.	Sidney Shaw	28	ACTW	11:48
15.	Jada Thomson	307	NSWRWC	11:51
16.	Chia Walters	314	NSWRWC	11:55
17.	Kaylah Heikkila-Dubowik	352	RWV	12:03
18.	Gemma Lillie	361	RWV	12:09
19.	Elli Pusonjic	392	SARWC	12:10
20.	Chloe Krklinski	73	NSWRWC	12:26
21.	Brodie Douglas	57	NSWRWC	12:34
22.	Hannah Wilks	397	SARWC	12:53
23.	Ella Baker	2	ACTW	12:56
24.	Eliza Thompson	378	RWV	13:42
25.	Emily Challinor	50	NSWRWC	18:53

HANDICAP

1.	Chloe McLaughlin	87	NSWRWC
2.	Eliza Thompson	378	RWV
3.	Ellie DeCelis	55	NSWRWC

TEAMS

1.	NSWRWC	66	Allanah Pitcher, Elizabeth McMillen, Emma Thomas
2.	RWV	58	Alanna Peart, Charlotte Hay, Brianna Briet
3.	NSWRWC	50	Olivia Thomson, Ellie DeCelis, Chloe McLaughlin
4.	ACTW	37	Laura Burns, Sidney Shaw, Ella Baker
5.	NSWRWC	35	Brooke Martin, Jada Thomson, Cha Walters
6.	SARWC	24	Mia Wilks, Elli Pusonjic, Hannah Wilks
7.	RWV	19	Kaylah Heikkila-Bubowik, Gemma Lillie, Eliza Thompson
8.	NSWRWC	12	Chloe Krklinski, Brodie Douglas, Emily Challinor

EVENT 18: BOYS U16 3 KM WALK

1.	Mitchell Baker	4	ACTW	13:15
2.	Joe Cross	384	SARWC	13:49
3.	Jack McGinniskin	85	NSWRWC	14:12
4.	Gwyllym Young	31	ACTW	14:21
5.	Will Thompson	379	RWV	14:25
6.	Corey Dickson	333	RWV	15:05
7.	Hayden Blaskett	43	NSWRWC	15:30
8.	Joel Kemp	70	NSWRWC	16:01
9.	Ryan Stewart	324	RWQ	16:45
10.	Luke Epps	337	RWV	17:34
11.	Lachlan McCure	322	RWQ	18:52
12.	Angus Hay	345	RWV	19:49
13.	Heath Beveridge	326	RWV	24:14

HANDICAP

1.	Will Thompson	379	RWV
2.	Hayden Blaskett	43	NSWRWC
3.	Joel Kemp	70	NSWRWC

TEAMS

1.	NSWRWC	12	Jack McGinniskin, Hayden Blaskett, Joel Kemp
2.	RWV	10	Will Thompson, Corey Dickson, Luke Epps

EVENT 19: GIRLS U16 3 KM WALK

1.	Jemma Peart	371	RWV	14:41
2.	Alanna Peart	370	RWV	15:22
3.	Gabriella Hill	318	RWQ	15:33
4.	Laura Burns	13	ACTW	15:48
5.	Emma Thomas	306	NSWRWC	16:16
6.	Hannah Manning	26	ACTW	16:40
7.	Renee Hardy	66	NSWRWC	17:06
8.	Izabella Dunne	61	NSWRWC	17:16
9.	Brittany Robertson	303	NSWRWC	17:30
10.	Hannah Parker	94	NSWRWC	17:39
11.	Bridget Bell	40	NSWRWC	17:59
12.	Charlotte Hay	346	RWV	18:15

13.	Mia Wilks	400	SARWC	18:56
14.	Gemma Lillie	362	RWV	19:20

HANDICAP

1.	Izabella Dunne	61	NSWRWC
2.	Hannah Parker	94	NSWRWC
3.	Emma Thomas	306	NSWRWC

TEAMS

1.	RWV	19	Jemma Peart, Alanna Peart, Charlotte Hay
2.	NSWRWC	18	Emma Thomas, Renee Hardy, Izabella Dunne
3.	NSWRWC	9	Brittany Robertson, Hannah Parker, Bridget Bell

EVENT 20: BOYS U18 5 KM WALK

1.	Mitchell Baker	5	ACTW	23:15
2.	Connor Frew	18	ACTW	23:16
3.	Kyle Bedford	39	NSWRWC	23:18
4.	Joe Cross	385	SARWC	23:24
5.	Tristan Camilleri	383	SARWC	23:56
6.	Tim Fraser	16	ACTW	24:13
7.	Dylan Richardson	302	NSWRWC	24:38
8.	Ryan Thomson	311	NSWRWC	25:42
9.	Jack McGinniskin	86	NSWRWC	25:55
10.	Toby Wilks	401	SARWC	26:10
11.	Callum Burns	11	ACTW	26:25
12.	Will Thompson	380	RWV	28:26
13.	Joel Kemp	71	NSWRWC	28:49
14.	Corey Dickson	334	RWV	29:02
15.	Travis Barendregt	37	NSWRWC	31:33
16.	Heath Beveridge	327	RWV	38:17

HANDICAP

1.	Toby Wilks	401	SARWC
2.	Joe Cross	385	SARWC
3.	Tristan Camilleri	383	SARWC

TEAMS

1.	ACTW	40	Mitchell Baker, Connor Frew, Tim Fraser
2.	NSWRWC	30	Kyle Bedford, Dylan Richardson, Ryan Thomson
3.	SARWC	29	Joe Cross, Tristan Camilleri, Toby Wilks
4.	NSWRWC	13	Jack McGinniskin, Joel Kemp, Travis Barendregt
5.	RWV	9	Will Thomson, Corey Dickson, Heath Beveridge

EVENT 21: GIRLS U18 5 KM WALK

1.	Allannah Pitcher	98	NSWRWC	25:24
2.	Samantha Brown	49	NSWRWC	26:01
3.	Gabby Hunt	20	ACTW	26:27
4.	Molly O'Neill	92	NSWRWC	28:04
5.	Jasmin Hass	341	RWV	28:55
6.	Kathleen O'Mahony	365	RWV	29:05
7.	Teegan Pengilley	95	NSWRWC	29:11
8.	Charlotte Hay	348	RWV	30:35
9.	Brooke Martin	81	NSWRWC	31:48
10.	Brodie Douglas	58	NSWRWC	34:06

HANDICAP

1.	Molly O'Neill	92	NSWRWC
2.	Kathleen O'Mahony	365	RWV
3.	Teegan Pengilley	95	NSWRWC

TEAMS

1.	NSWRWC	25	Allannah Pitcher, Samantha Brown, Molly O'Neill
2.	RWV	14	Jasmin Hass, Kathleen O'Mahony, Charlotte Hay
3.	NSWRWC	7	Teegan Pengilley, Brooke Martin, Brodie Douglas

EVENT 22: WOMEN 5 KM WALK

1.	Samantha Findlay	390	SARWC	25:43
2.	Jemma Peart	372	RWV	26:12

3.	Amanda Heard	351	RWV	27:07
4.	Amanda Barendregt	36	NSWRWC	27:27
5.	Renee Hardy	68	NSWRWC	28:45
6.	Gabby Hunt	21	ACTW	28:47
7.	Ann Staunton-Jugovic	29	ACTW	29:06
8.	Hannah Manning	27	ACTW	29:08
9.	Kate Black	8	ACTW	29:13
10.	Kathleen O'Mahony	366	RWV	33:35
11.	Nicolle Challinor	51	NSWRWC	34:04
12.	Carmel Parker	93	NSWRWC	35:33
13.	Nicole Nilon	91	NSWRWC	37:03
14.	Judy Brown	48	NSWRWC	47:16

MASTERS

1.	Ann Staunton-Jugovic	29	ACTW	29:06
2.	Kate Black	8	ACTW	29:13
3.	Nicolle Challinor	51	NSWRWC	34:04
4.	Carmel Parker	93	NSWRWC	35:33
5.	Nicole Nilon	91	NSWRWC	37:03
6.	Judy Brown	48	NSWRWC	47:16

HANDICAP

1.	Nicolle Challinor	51	NSWRWC
2.	Kate Black	8	ACTW
3.	Amanda Barendregt	36	NSWRWC

TEAMS

1.	RWV	29	Jemma Peart, Amanda Heard, Kathleen O'Mahony
2.	NSWRWC	23	Amanda Barendregt, Renee Hardy, Nicolle Challinor
3.	ACTW	21	Gabby Hunt, Ann Staunton-Jugovic, Hannah Manning
4.	NSWRWC	6	Carmel Parker, Nicole Nilon, Judy Brown

MASTERS TEAMS

1.	NSWRWC	7	Nicolle Challinor, Carmel Parker, Nicole Nilon
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AUSTRALIAN MASTERS T&F CHAMPIONSHIPS, DARWIN, NT, 9-12 JUNE

It was a shame that the Australian Masters T&F Championships were held on the same weekend as the LBG Carnival as I see the names of many LBG regulars in these results. Now a nice warm weekend in Darwin is a nice alternative to Canberra in mid winter so I can't be too critical!

Well, I should clarify that as bit - it was not exactly an ideal warm weather weekend for the masters walkers as Darwin has a torrid tropical climate with the daytime temperatures nudging the thirties and with very high humidity. So the walkers had to earn their medals this time around and the times, especially in the longer 10km roadwalk, were slower than we would normally expect.

The full set of results can be seen at <http://ntmastersathletics.com.au/>. Overall, there were 3 walk championships – 1500m track on Friday, 5000m track on Saturday and 10km road on Monday. Congratulations to the Victorian walkers who won 3 golds – **Gwen Steed** (W70), **Pramesh Prasad** (M40), **David Smyth** (M45) and **Colin Silcock-Delaney** (M80) – and congratulations to all the medallists and walkers. It was great to see so many NT (Northern Territory) walkers featuring in the results.

1500m Track Walks, Friday 9 June (Day 1)

The 1500m track walks featured on Day 1 of the championships, with big fields in both genders. Fastest time overall to SA M30 walker Kim Mottrom who I believe set a masters record with his time of 6:04.50. The walks are age graded so those above 80% are in bold. The top performers were **Pam Tindal** (W55 7:38.40 86.49%), **Heather Carr** (W65 8:30.80 85.88%), **Kim Mottrom** (M30 6:04.50 84.77%) and **Colin Heywood** (M60 7:42.40 83.95%)

W30	1	Tindal, Shannon	VIC	10:41.90	52.50%
	2	Dickson, Sharyn	NSW	10:59.20	51.12%
W35	1	Heinecke, Kay	NSW	10:28.10	54.16%
	2	Creek, Jade	NT	11:37.70	48.76%
	3	Scholz, Kylie	NT	11:59.00	47.32%
	4	Simmonds, Nicole	NT	12:29.80	45.37%
W40	1	Webb, Cheryl	NSW	7:11.20	81.20%
	2	Sadler, Kellie	WA	9:30.50	61.37%
	3	Urlichs, Kylie	NT	10:18.90	56.57%
W45	1	Adams, Diana	QLD	8:06.10	74.95%
	2	Wickremasena, Anita	NT	15:40.30	38.75%

W50	1	Tolardo, Karyn	WA	8:03.10	78.60%
	2	Weekes, Anne	NSW	8:43.70	72.51%
	3	Major, Annette	VIC	9:11.60	68.84%
	4	Brown, Suzanne	NSW	10:58.50	57.66%
	5	Engeler, Deborah	NSW	11:47.00	53.71%
W55	1	Tindal, Pam	VIC	7:38.40	86.49%
	2	Carr, Terri	NT	12:54.20	51.21%
	3	Gibson, Michelle	QLD	15:02.50	43.93%
W60	1	Wilson, Julie	WA	10:04.50	68.77%
	2	McIntosh, Margaret	SA	12:24.70	55.83%
W65	1	Carr, Heather	VIC	8:30.80	85.88%
	2	Garden, Ruth	NT	11:22.00	64.32%
	3	Mison, Michele	WA	12:56.40	56.50%
W70	1	Steed, Gwen	VIC	10:05.00	77.09%
W75	1	Johnson, Ruth	WA	10:53.30	76.55%
	2	Jenkins, Luella	WA	10:57.40	76.07%
	3	Purcell, Joan	QLD	11:15.50	74.03%
	4	Schickert, Lynne	WA	11:30.00	72.47%
	5	Kenyon, Judy	NSW	12:24.20	67.20%
	6	Beaumont, Margaret	VIC	13:16.50	62.78%
	7	Roberts, Maggie	NT	14:10.10	58.82%
W80	1	Kollasch, Aileen	NT	12:56.90	69.72%
	2	mews, pam	VIC	18:23.00	49.11%
	-	Howes, Margaret	VIC	DQ	
W85	1	Dauphinet, Christiane	QLD	13:12.50	74.96%
M30	1	Mottrom, Kim	SA	6:04.50	84.77% NR
M40	1	Prasad, Pramesh	VIC	6:40.20	81.64%
	2	van Dongen, Rupert	VIC	8:15.40	65.95%
M45	1	Smyth, David	VIC	7:42.10	73.59%
	2	Byram, Wayne	WA	9:09.40	61.89%
	3	Wickremasena, Priyantha	NT	18:03.60	31.38%
M50	1	Baker, Peter	ACT	7:44.10	76.39%
	2	Mather, Greg	NSW	10:41.00	55.31%
M55	1	Evans, Simon	VIC	7:33.30	81.69%
	2	Hastie, Garry	WA	8:04.50	76.43%
	3	Steward, John	VIC	8:57.10	68.94%
	4	Moritz, Paul	VIC	9:13.80	66.86%
M60	1	Heywood, Colin	NT	7:42.40	83.95%
	2	Riddoch, Clyde	VIC	9:14.30	70.03%
	3	O'Connor, Bruce	QLD	12:19.70	52.48%
M65	1	Russell, Jack	SA	8:41.20	78.45%
	2	Prowse, Frank	VIC	9:21.90	72.77%
	3	McIntosh, Gil	SA	9:28.20	71.96%
	4	Schwebel, Ron	NSW	10:42.60	63.63%
	5	Roberts, Michael	NT	10:58.00	62.14%
	6	Membrey, Harold	WA	11:02.70	61.70%
	7	McGugan, Steve	NT	11:33.20	58.99%
	8	King, Charlie	NT	13:22.10	50.98%
M70	1	White, George	SA	8:54.80	80.99%
	2	Clark, Frank Allan	QLD	9:13.30	78.28%
	3	Willis, Russell	NT	9:19.00	77.48%
	4	Wilson, Bruce	WA	9:38.20	74.91%
	5	Dickenson, Russ	VIC	9:47.30	73.75%
M75	1	ilgoutz, gunther	VIC	9:29.50	81.07%
	2	Seymon, Jim	NSW	9:30.30	80.95%
	3	Thomas, Bryan	ACT	10:11.50	75.50%
	4	Hallo, John	VIC	11:07.00	69.22%
M80	1	Silcock-Delaney, Colin	VIC	11:21.70	72.71%
	2	Robertson, David	SA	12:28.20	66.25%
M85	1	Millridge, Osmo	NSW	11:33.20	77.46%
	2	Hainsworth, Colin	SA	12:55.50	69.24%

5000m Track Walks, Saturday 10 June (Day 2)

Day 2 featured the 3000m track walks and the walk fields were smaller this time around, with fewer local NT competitors. **Kim Mottrom** steeled everyone again with his time of 23:39.39. Top performers were **Pam Tindal** (W55 27:42.16 84.50%), **Heather Carr** (W65 30:43.02 85.55%), **Cheryl Webb** (W40 24:52.98 82.60%), **Joan Purcell** (W75 37:54.87 80.50%) and **George White** (M70 31:10.25 80.36%).

W35	1	Heinecke, Kay	NSW	37:55.36	52.66%
	-	Scholz, Kylie	NT	DQ	
W40	1	Webb, Cheryl	NSW	24:52.98	82.60%
	2	Sadler, Kellie	WA	32:51.23	62.56%
W45	1	Adams, Diana	QLD	29:28.14	72.58%
W50	1	Tolardo, Karyn	WA	29:06.14	76.67%
	2	Weekes, Anne	NSW	30:38.89	72.81%
	3	Brown, Suzanne	NSW	38:52.60	57.40%
	-	Major, Annette	VIC	DQ	
W55	1	Tindal, Pam	VIC	27:42.16	84.50%
W65	1	Carr, Heather	VIC	30:43.02	85.55%
	2	Mison, Michele	WA	45:05.05	58.29%
	-	Garden, Ruth	NT	DQ	
W70	1	Steed, Gwen	VIC	36:11.65	77.86%
W75	1	Purcell, Joan	QLD	37:54.87	80.50%
	2	Jenkins, Luella	WA	38:29.19	79.30%
	3	Schickert, Lynne	WA	39:27.12	77.36%
	4	Kenyon, Judy	NSW	39:55.65	76.44%
	5	Beaumont, Margaret	VIC	45:21.47	67.29%
W80	1	Kollasch, Aileen	NT	45:15.07	73.95%
	2	mews, pam	VIC	53:58.43	62.00%
M30	1	Mottrom, Kim	SA	23:39.39	75.92%
M40	1	Prasad, Pramesh	VIC	24:53.82	75.96%
	2	van Dongen, Rupert	VIC	29:28.84	64.15%
M45	1	Smyth, David	VIC	30:20.45	64.85%
	2	Byram, Wayne	WA	34:10.09	57.58%
M50	1	Baker, Peter	ACT	29:42.05	69.04%
	2	Mather, Greg	NSW	39:21.63	52.09%
M55	1	Hastie, Garry	WA	26:46.93	79.93%
	2	Evans, Simon	VIC	27:28.41	77.92%
	3	Steward, John	VIC	32:21.77	66.14%
	4	Moritz, Paul	VIC	33:33.27	63.80%
M60	1	Heywood, Colin	NT	29:16.38	76.63%
	2	Riddoch, Clyde	VIC	43:24.70	51.68%
M65	1	Williams, Dennis	NSW	31:52.06	74.15%
	2	Russell, Jack	SA	31:52.38	74.14%
	3	Prowse, Frank	VIC	32:19.00	73.12%
	-	McIntosh, Gil	SA	DQ	
M70	1	White, George	SA	31:10.25	80.36%
	-	Harris, Gordo	NT	DQ	
M75	1	Seymon, Jim	NSW	33:37.08	79.52%
	2	ilgoutz, gunther	VIC	35:08.87	76.06%
	-	Thomas, Bryan	ACT	DQ 80	
M80	1	Silcock-Delaney, Colin	VIC	39:27.71	72.89%
	-	Robertson, David	SA	DQ	
M85	1	Hainsworth, Colin	SA	47:20.00	66.03%

10km Road Walks, Monday 12 June (Day 4)

Smaller fields again for the 10km roadwalk on Day 4 of the championships. Fastest as expected to **Kim Mottrom** (47:42). Best walks from an age graded perspective to **Joan Purcell** (W75 1:16:10 85.42%), **George White** (M70 1:03:30 81.05%) and **Lynne Schickert** (W75 1:20:31 80.81%)

M30	1	Mottrom, Kim	SA	47:42	77.95%
M40	1	Prasad, Pramesh	VIC	52:32	74.10%
	2	van Dongen, Rupert	VIC	1:01:47	63.01%
M45	1	Smyth, David	VIC	1:04:34	62.69%
M55	1	Hastie, Garry	WA	56:35	77.74%
	2	Evans, Simon	VIC	58:01	75.82%
	3	Moritz, Paul	VIC	1:08:42	64.03%
	-	Murray, Chris	NT	DQ	
M60	1	Heywood, Colin	NT	58:53	78.23%
M65	1	Russell, Jack	SA	1:05:42	73.86%
	1	Williams, Dennis	NSW	1:05:42	73.86%
	3	Prowse, Frank	VIC	1:08:02	71.32%
	4	McIntosh, Gil	SA	1:08:35	70.75%
M70	1	White, George	SA	1:03:30	81.05%
	2	Clark, Frank Allan	QLD	1:08:55	74.68%

	3	Dickenson, Russ	VIC	1:10:58	72.52%
M75	1	Seymon, Jim	NSW	1:08:54	79.86%
	2	ilgoutz, gunther	VIC	1:13:30	74.86%
M80	1	Silcock-Delaney, Colin	VIC	1:20:18	73.92%
	2	Robertson, David	SA	1:33:54	63.22%
W40	1	Webb, Cheryl	NSW	53:41	79.25%
	2	Sadler, Kellie	WA	1:08:04	62.51%
W50	1	Tolardo, Karyn	WA	1:00:42	76.43%
	2	Weekes, Anne	NSW	1:02:14	74.55%
W60	1	McIntosh, Margaret	SA	1:26:27	59.91%
W65	1	Garden, Ruth	NT	1:23:01	66.66%
	2	Mison, Michele	WA	1:30:40	61.03%
W70	1	Steed, Gwen	VIC	1:15:10	79.39%
W75	1	Purcell, Joan	QLD	1:16:10	85.42%
	2	Schickert, Lynne	WA	1:20:31	80.81%
	3	Kenyon, Judy	NSW	1:22:06	79.25%
	4	Beaumont, Margaret	VIC	1:33:52	69.31%

WARWC ROADWALKS, WILSON, PERTH, SUNDAY 11 JUNE

Thanks to WARWC President Mike Reid for the latest results from Perth.

8km Walk

1.	Ben Reid	43.34
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4km Walk

1.	Leslie Romeo	34.02
2.	Xavier Bernard	28.50

2km Walk

1.	Bradley Mann	12.16
2.	Kristine Wells	12.45
3.	Amy Holland	12.53

PRESIDENT'S CUP, VALMIERA, LATVIA, 10-11 JUNE

Track walks were included as usual in this big annual Latvian T&F Meet, with wins going to **Edgars Gjacs** (42:58.61) and **Natallia Malchanava** (23:52.77).

Men 10,000m Race Walk

1.	Edgars GJACS	LAT	93	42:58.61
2.	Vladimir KOLYESNIK	BLR	92	43:05.21
3.	Raivo SAULGRIEZIS	LAT	94	43:45.37
4.	Ivzans NORMUNDS	LAT	71	44:41.53
5.	Ruslan SERGATŠJOV	EST	00	49:17.02
6.	Virgo ADUSOO	EST	85	49:40.80

Women 5000m Race Walk

1.	Natallia MALCHANAVA	BLR	97	23:52.77
2.	Agnese PASTARE	LAT	88	24:46.14
3.	Ekaterina MIROTVORTSEVA	EST	02	25:33.10
4.	Anna TIPUKINA	EST	96	25:54.53
5.	Anita CUHNOVA	LAT	85	26:34.59
6.	Greta VAINAITE	LTU	96	26:47.94
7.	Angela MANDEL	EST	00	28:02.37

EUROPEAN ATHLETICS WALKS MEET, ALYTUS, LITHUANIA, JUNE 9, 2017

The 43rd International Racewalking Festival was held in the Lithuanian city of Altyus on Friday event website <http://lengvoji.lt/>). In the mens race, **Dawid Tomala** (POL) and **Leonardo dei Tos** (ITA) raced shoulder to shoulder for just about the entire race, before Tomala broke clear with 1km to go, eventually winning by 3 seconds with a time of 1:24:41. In the women's race, **Brigita Virbalyte-Dimsiene** (LTU) and **Taika Nummi** (FIN) led together early, before the Lithuanian broke away, going on to win with 1:33:54.

Very comprehensive report and photos at http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2817. Lots more photos at Photos: https://www.facebook.com/darius.skarnulis/media_set?set=a.10207553980762303.1073741849.1673378213&type=3.

Men 20km Race Walk

1.	Dawid TOMALA	POL	89	1:24:41
2.	Leonardo DEI TOS	ITA	92	1:24:44
3.	Yauheni ZALESSKI	BLR	93	1:28:05
4.	Marius ZIUKAS	LTU	85	1:28:36
5.	Genadiy KOZLOVSKIY	LTU	91	1:29:00
6.	Raivo SAULGRIEZIS	LAT	94	1:30:22
7.	Edgars GJACS	LAT	93	1:30:36
8.	Joannis VAITSIS	GRE	95	1:34:05
9.	Soma KOVÁCS	HUN	97	1:34:41
10.	Ruslans SMOLONSKIS	LAT	96	1:35:23
11.	Marius SAVELSKIS	LTU	94	1:35:59
12.	Grzegorz GRINHOLC	POL	77	1:41:14
13.	Pavelas VELICKO	LTU	88	1:41:45
	Damian KLAWIKOWSKI	POL	96	DNF
	Zacharias TSAMOUDAKIS	GRE	96	DQ
	Kacper KOSECKI	POL	97	DQ
	Daniel CHOJECKI	POL	94	DQ
	Aigars SALENIEKS	LAT	74	DNF
	Salih KORKMAZ	TUR	97	DNF
	Kamil KOMAROWSKI	POL	95	DNF
	Adrian KLONOWSKI	POL	97	DNF
	Serkan DOGAN	TUR	92	DNF

Women 20km Race Walk

1.	Brigita VIRBALYTE-DIMSIENE	LTU	85	1:33:54
2.	Nastassia RODZKINA	BLR	94	1:42:56
3.	Agnieszka ELLWARD	POL	89	1:47:38
4.	Agnese PASTARE	LAT	88	1:48:21
5.	Austeja KAVALIAUSKAITE	LTU	00	1:55:33
6.	Ieva ŠUKEVICIUTE	LTU	96	1:57:24
7.	Anita CUHNOVA	LAT	85	2:04:09
	Taika NUMMI	FIN	97	DNF

U20 Men 10km Race Walk

1.	Stanislav KUZMICH	BLR	98	46:40
2.	Paulius JUOZAITIS	LTU	00	47:42
3.	Dávid VARGA	HUN	01	49:23
4.	Vencel GÁL	HUN	01	49:23
5.	Danil SADOMSKIJ	LTU	99	50:05
6.	Deividas BALEVICIUS	LTU	99	53:30
7.	Arnoldas LIUTINSKIS	LTU		53:59
8.	Lukas KLEVINSKAS	LIE	00	54:50
	Arminas RUDENKA	LTU	01	DNF

U20 Women 10km Race Walk

1.	Athanasía VAÍTSI	GRE	98	49:23
2.	Zuzanna DRYGALSKA	POL	99	49:34
3.	Eustathia KOURKOUTSAKI	GRE	98	52:40
4.	Aušrine KUZMICKAITE	LTU	98	55:14

U20 Men 10km Race Walk

1.	Stanislav KUZMICH	BLR	98	46:40
2.	Paulius JUOZAITIS	LTU	00	47:42
3.	Dávid VARGA	HUN	01	49:23
4.	Vencel GÁL	HUN	01	49:23
5.	Danil SADOMSKIJ	LTU	99	50:05
6.	Deividas BALEVICIUS	LTU	99	53:30
7.	Arnoldas LIUTINSKIS	LTU		53:59
8.	Lukas KLEVINSKAS	LIE	00	54:50
	Arminas RUDENKA	LTU	01	DNF

U18 Women 5km Race Walk

1.	Austeja KAVALIAUSKAITE	LTU	00	25:21
2.	Eva CANADI	SLO	00	27:31

U16 Men 3km Race Walk

1. Raivo LININS

LAT

03

14:31

The Lithuanian Race Walking Association has released its 28th Yearbook *LIETUVOS EJKAS* and a hard copy was given to all competitors at Altyus. The 184 page publication contains competition results, the best walker lists, ranking lists, more than 200 photos and so much more. This fantastic yearbook has been published yearly since 1990. Since 2001, it has been presented in a richly illustrated colour format. I have quite a few copies from years past and I can vouch that it is the most professionally produced racewalking yearbook by any Federation or country. And it's all due to the hard work of chief editor Juozas Genevicius (since 1990), ably backed up by Kastytis Pavilonis, Steponas Misiunas and others from the Editorial Board.

The announcement of this year's yearbook release: <http://lengvoji.lt/lietuvos-ejikas-201728/>

Past issues of the yearbook: <http://lengvoji.lt/lietuvos-ejikas/>



ITALIAN U23 T&F CHAMPIONSHIPS, FIRENZE, ITALY, 9-11 JUNE

The Italian U23 and U20 10,000m track championships were held concurrently, with large fields for both men and women. The U23 winners were **Gianluca Picchiottino** (41:02:32) and **Nicole Colombi** (46:11.77) while the U20 winners were **Giacomo Brandi** (43:01.13) and **Annalisa Russo** (50:31.23). Well reported by http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2818. What fantastic depth!

U23/U20 Men 10,000m Race Walk

1.	Gianluca PICCHIOTTINO	ITA	96	41:02.32	
2.	Stefano CHIESA	ITA	96	41:23.11	
3.	Gregorio ANGELINI	ITA	96	42:08.91	
4.	Giacomo BRANDI	ITA	98	43:01.13	U20
5.	Cesare COZZA	ITA	97	43:54.97	
6.	Nicolas FANELLI	ITA	99	44:02.21	U20
7.	Stefano MANSUTTI	ITA	95	44:16.61	
8.	Pietro ZABBENI	ITA	98	44:53.95	U20
9.	Alfonso ALBERGA	ITA	99	45:26.12	U20
10.	Davide MARCHESI	ITA	99	46:00.82	U20
11.	Fabio BARATTINI	ITA	99	46:14.12	U20
12.	Stefano CICALO'	ITA	98	46:54.37	U20
13.	Attilio TRAPASSO	ITA	98	47:09.85	U20
14.	Manuel GIORDANO	ITA	95	47:36.65	
15.	Emanuele ROMANZI	ITA	99	47:40.84	U20
16.	Giacomo VITANGELI	ITA	98	48:15.09	U20
17.	Juriy MICHELETTI	ITA	98	49:04.76	U20
18.	Anthony PATIERNO	ITA	95	49:05.19	
19.	Elia MACCARI	ITA	98	49:08.32	U20
20.	Michele DISARO'	ITA	99	49:22.04	U20

21.	Leandro TOMASSELLI	ITA	99	49:26.22	U20
22.	Matteo DOLFI	ITA	98	49:27.69	U20
23.	Riccardo BRAMBILLA	ITA	97	50:04.80	
24.	Michele MINTO	ITA	98	50:14.52	U20
25.	Guglielmo BRUSACA'	ITA	96	50:21.75	
26.	Federico VIMERCATI	ITA	99	50:36.90	U20
27.	Giuseppe PANTERA	ITA	98	50:59.30	U20
28.	Lorenzo GROSSI	ITA	98	51:35.48	U20
29.	Giuseppe SERRONE	ITA	98	52:05.37	U20
30.	Luca VERNESONI	ITA	99	52:29.32	U20
31.	Edoardo GAGLIARDI	ITA	99	53:31.20	U20
	Ettore GRILLO	ITA	97	DQ	
	Diego CHIRIVI'	ITA	99	DNF	U20
	Luca CAPOGROSSI	ITA	96	DNF	
	Niccolo' COPPINI	ITA	97	DNF	

U23/U20 Women 10,000m Race Walk

1.	Nicole COLOMBI	ITA	95	46:11.77	
2.	Eleonora DOMINICI	ITA	96	46:50.17	
3.	Sara VITIELLO	ITA	96	49:06.92	
4.	Lidia BARCELLA	ITA	97	49:21.28	
5.	Lisa CANI	ITA	96	50:18.29	
6.	Annalisa RUSSO	ITA	98	50:31.23	U20
7.	Giulia PANCONI	ITA	97	50:42.05	
8.	Anthea MIRABELLO	ITA	99	51:03.93	U20
9.	Angelica MIRABELLO	ITA	99	51:18.28	U20
10.	Beatrice FORESTI	ITA	98	51:26.54	U20
11.	Linda TERZI	ITA	98	53:06.15	U20
12.	Arianna PISANO	ITA	98	53:41.53	U20
13.	Laura SILLI	ITA	99	53:51.06	U20
14.	Chiara VERTERAMO	ITA	99	54:51.45	U20
15.	Francesca CORTELEZZI	ITA	99	55:27.04	U20
16.	Francesca NICCOLAI	ITA	95	55:31.70	
17.	Sara PRANDINI	ITA	96	55:37.80	
18.	Valentina VARDABASSO	ITA	99	55:40.06	U20
19.	Beatrice ANDREOSE	ITA	98	55:43.32	U20
20.	Giorgia BELOTTI	ITA	95	55:50.56	
21.	Giulia RUGGERI	ITA	97	57:09.21	
22.	Gina Ionela PASCAL	ITA	96	57:19.80	
23.	Federica MARIANI	ITA	99	57:37.22	U20
24.	Erika PONTAROLLO	ITA	98	58:16.48	U20
25.	Antonella PANNOFINO	ITA	99	58:18.39	U20
26.	Elisabetta BRAY	ITA	98	58:25.69	U20
27.	Elisa SALVADORI	ITA	99	58:36.28	U20
	Diana CACCIOTTI	ITA	95	DQ	
	Giulia IMBESI	ITA	96	DQ	
	Maria Teresa CORTESI	ITA	96	DQ	
	Sara PERULLO	ITA	99	DNF	U20
	Valeria DISABATO	ITA	99	DNF	U20

SERBIAN T&F CHAMPIONSHIPS, KRUŠEVAC, SERBIA, 10-11 JUNE

Wins to **Jovan Dancev** (25:05.22) and **Dušica Topic** (13:52.2) in the walks at the Serbian T&F Championships last weekend.

Men 5000m Race Walk

1.	Jovan DALCEV	SRB	99	25:05.22	
2.	Milan ZEKOVIC	SRB	95	25:15.50	

Women 3000m Race Walk

1.	Dušica TOPIC	SRB	82	13:52.52	
2.	Danica GOGOV	SRB	96	14:01.81	
3.	Milica STOJANOVIC	SRB	93	15:37.63	

PORTUGUESE T&F CHAMPIONSHIPS, VAGOS, PORTUGAL, 10-11 JUNE

Wins to 41 year old **Joao Vieira** (41:26.60) and 33 year old **Ana Cabecinha** (43:18.72) in the 10,000m track walks held in the Portuguese T&F Championships in Vagos. The races were held concurrently with the man in lane 1 and the women in lane 5. 50km world record holder **Ines Henriques** also walked excellently to take silver with 43.46,06. Special mention for 49-year-old **Pedro Martins** who came seventh in the men's race with an excellent 45:20.19.

Good article at http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2821.

Men 10,000m Race Walk

1.	Joao VIEIRA	POR	76	41:26.60
2.	Miguel CARVALHO	POR	94	42:14.19
3.	Miguel RODRIGUES	POR	96	42:18.29
4.	Rui COELHO	POR	94	42:36.95
5.	Amaro TEXEIRA	POR	89	44:34.07
6.	Paulo MARTINS	POR	99	44:54.85
7.	Pedro MARTINS	POR	68	45:20.19
8.	Vitor CABRAL	POR	98	47:54.09
9.	Luis SILVA	POR	70	49:10.03

Women 10,000m Race Walk

1.	Ana CABECINHA	POR	84	43:18.72
2.	Ines HENRIQUES	POR	80	43:46.06
3.	Edna BARROS	POR	96	48:28.12
4.	Vitória OLIVEIRA	POR	92	48:42.43
5.	Inês REIS	POR	99	48:43.51
6.	Sandra SILVA	POR	75	50:47.06

XXXVI TROFÉU BRASIL CAIXA DE ATLETISMO, SÃO BERNARDO DO CAMPO, BRAZIL, 9-11 JUNE

Caio Bonfim and **Erica Rocha de Sena** confirmed their status as favourites, winning the 20km walks held as part of the Trofeo Brasil Caixa de Atletismo. The race was held on a 1km circuit on Avenida Lauro Gomes, in São Bernardo do Campo, São Paulo. Bonfim set a new men's meet record of 1:21:25 while de Sena won the women's event for the seventh consecutive time with 1:37:34.

"I was very happy with the result," said Bonfim, who will now spend July training at altitude in Sierra Nevada, Spain. "The goal is to get well prepared in London," he added. For her part, de Sena will meet with her husband and coach Andrés Chochot to spend July at altitude in Font Romel, France. "We trained there last year for the Olympics and found good conditions."

20km Walk Men

1.	Caio Oliveira de Sena Bonfim	1991	1:21:25
2.	Max Batista Goncalves dos Santos	1994	1:25:51
3.	Lucas Gomes de Souza Mazzo	1994	1:28:00
4.	Daniel Alexandre Voigt	1984	1:31:07
5.	Claudio Richardson Vitória Campelo dos Santos	1977	1:34:47
6.	Luiz Felipe dos Santos	1983	1:34:54
7.	Rudney Dias Nogueira	1990	1:36:12
8.	Adriano Reis dos Santos Varao	1987	1:40:04
9.	Diogo Dias Gamboa	1983	1:41:05
	Jose Alessandro Bernardo Bagio	1981	DNF
	Jardel Jeronimo dos Santos	1999	DQ
	Admilson Rubens de Pontes	1997	DQ
	Maike Melo Pereira	1995	DQ

20km Walk Women

1.	Erica Rocha de Sena	1985	1:37:34
2.	Elianay Santana da Silva Pereira Barbosa	1984	1:40:29
3.	Viviane Santana Lyra	1993	1:40:32
4.	Nair da Rosa	1980	1:42:07
5.	Paula Raissa Paz da Silva	1993	1:46:47
6.	Jessica Vital da Paz	1997	1:54:48
7.	Milena Francisca de Souza	1997	1:57:46
8.	Thaiz Pereira da Costa	1997	2:02:25
9.	Amanda Rita de Barros	1989	2:05:14
	Cisiane Dutra Lopes	1983	DNF
	Karina Francine Moreira	1996	DNF
	Ana Maria Ribeiro dos Santos	1967	DQ
	Liliane Priscila Barbosa	1989	DQ

USATF NATIONAL CLUB T&F CHAMPIONSHIPS, ICAHN STADIUM, MANHATTAN, NEW YORK, 10-11 JUNE

El Salvador's **Emerson Hernandez** was first across the finish line in the USATF National Club Championships 5000m walk in New York last weekend (22:41.44) while **Maria Michta-Coffey** won the women's walk with 23:30.42.

Men 5000m Walk

1.	Hernandez, Emerson (guest)	Fleet Feet S X	22:41.44
2.	Luettchau II, Richard	Shore Athletic Club	23:26.99
3.	Price, Alexander	Walk Usa	27:47.59
4.	Soucheck, John	Shore Athletic Club	27:55.97
5.	Troshkin, Vyacheslav (guest)	Park Racewal X	29:33.53
6.	Vayo, Bill	Park Racewal	30:20.19
7.	Clausen, Curt	New York Ath	32:45.31
8.	Blake, Barry	Shore Athletic Club	33:07.95
	Jordan, Jeramey	Kansas City Smoke	DQ

Women 5000mWalk

1.	Michta-Coffey,	Maria Walk Usa	23:30.43
2.	Harris, Lauren	Walk Usa	25:48.63
3.	Torres, Kayla	Walk Usa	27:01.50
4.	Shapiro, Kayla	Walk Usa	27:45.50
5.	Atwood, Margaret	Walk Usa	27:53.14
6.	Daniel, Maryanne	Connecticut	30:58.18
7.	Armstrong, Cheryl	Raleigh Walkers	32:36.40
8.	Vayo, Lucy	Park Racewal	33:48.06
9.	Geer, Panseluta	Shore Athletic Club	36:09.69

ILE DE FRANCE CHAMPIONSHIPS, CONFLANS STE HONORINE, PARIS, FRANCE, SUNDAY 11 JUNE

Emmanuel Tardi was in Conflans Ste Honorine (a suburb of Paris) for the Ile de France Championships. Each lap is 1km long and includes a lap on the stadium track. The start was at 8.45AM and saw a big field of 43 walkers on the 20km start line, along with a couple of 35km walkers, intend on qualifying for the next French 50km championship. In the men's event, **Fabian Fesselier** led until the 10km mark, when **Aurelien Quinion** joined him. It was then Aurelien who increased the speed around the 15km mark to break away and will with 1:34:15. In the women's event, **Maud Delhors** led from the beginning to the end to win with 1:47:19. Due to hot temperature of over 30°C.

35km Walk

1.	VAN HILLE Dominique	VEM/77	Nice Cote D:azur Athletisme	3:25:46
2.	GUETAT Gerard	VEM/62	Troyes Omnisports	3:26:41

10km Walk

1.	STEFANELLY David	VEM/76	Ouest Yvelines Athle	1:00:54
2.	LE BASTARD Sophie	SEF/90	Plm Conflans	1:02:13
3.	DELAYRE Bernard	VEM/47	C.c. Taverny Athletisme	1:07:54

20km Walk Men

1.	QUINION Aurelien	SEM/93	E Franconville Cesame Val d'Oise	1:34:15
2.	FESSELIER Fabian	SEM/94	Caen Athletic Club	1:35:47
3.	BOUTRAIS Andy	SEM/91	Stade Sottevillais 76	1:41:19
4.	TRENTA Alexandre	SEM/86	E Franconville Cesame Val d'Oise	1:45:53
5.	COURAGE Frederic	VEM/69	Saint Denis Emotion	1:50:20
6.	BERGEAL Arthur	SEM/84	Elan 91	1:53:45
7.	PIRALI Cyril	VEM/74	Uai Nogent-sur-marne	1:54:20
8.	DAHM Florent	SEM/87	Ca Montreuil 93	1:55:29
9.	VAN HILLE Dominique	VEM/77	Nice Cote D:azur Athletisme	1:57:24
10.	GUETAT Gerard	VEM/62	Troyes Omnisports	1:57:26
11.	MARIE Frederic	VEM/61	Ouest Yvelines Athle	1:58:45
12.	CHATEAU Xavier	VEM/63	Uai Nogent-sur-marne	2:07:21
13.	DEGRYSE Jean-claude	VEM/74	Ea Douchy	2:11:08
14.	TURLET Albert	SEM/81	Stade Francais	2:14:07
15.	BUISSON Dominique	VEM/57	Saint-brice Athletisme	2:16:50
16.	LABROUSSE Michel	VEM/54	Le Chesnay 78 As	2:21:25
17.	TARDI Emmanuel	VEM/67	LP Longjumeau	2:39:48
18.	DREAU Jean-michel	VEM/56	Domont Athletisme	2:44:57
19.	MONTIGNY Patrick	VEM/49	Elan Chevilly-larue	3:10:33
	VICTOR Etienne	VEM/64	Cag Arnouville Gonesse Villiers	DNF

MARIE Franck	VEM/65	Plm Conflans	DNF
RIGAL Jean-marc	VEM/59	Domont Athletisme	DQ

20km Walk Women

1. DELHORS Maud	SEF/83	Villeneuve D Ascq Fretin Athle	1:47:19
2. SARRAZIN Annelies (Bel)	SEF/81	Flandres LAC	1:58:52
3. LANOUE Severine	SEF/85	Rcf Issy Avia	1:59:40
4. LACAZE Mathilde	SEF/81	Paris Uc	2:05:09
5. MARQUIS Cecile	VEF/71	Rcf Issy Avia	2:07:34
6. STEINVILLE Nathalie	VEF/64	Asfi Villejuif	2:16:42
7. REMBIASZ Justine	SEF/82	Ea Cergy Pontoise Athletisme	2:19:28
8. LEMOGNE Jocelyne	VEF/54	C.c. Taverny Athletisme	2:22:23
9. AISSANI Dalila	VEF/70	Le Chesnay 78 As	2:30:23
10. TUTAKOWSKI Corinne	VEF/62	L:isle Adam Ac	2:32:06
11. DORE Sophie	VEF/77	Uai Nogent-sur-marne	2:34:01
12. SIMEON Elisabeth	VEF/42	Paris Uc	2:37:03
13. SACLEUX Marie-helene	VEF/60	L:isle Adam Ac	3:00:34
LANGLOIS Cloe	ESF/97	Dynamic Aulnay Club	DNF
GALMICHE Catherine	VEF/57	Cag Arnouville Gonesse Villiers	DNF
RIGAULT Clothilde	VEF/61	Saint-brice Athletisme	DNF



Aurelien Quinion, Fabien Fesselier, maud Delhors and Mathilde Lacaze (photos Emmanuel Tardi)

WELSH SENIOR T&F CHAMPIONSHIPS, CARDIFF, 9-10 JUNE

The 100th Welsh T&F Championships at the Cardiff International Sports Stadium last weekend saw some fast walking by the women. Local walker **Bethan Davies** won with a very impressive 12:26.4, finishing ahead of NZ walker **Alana Barber**, fellow Welsh walker **Heather Lewis** and England based Italian walker **Tatyana Gabellone**.

3000m Walk Open Men

1. Jordan Price	Brecon	U20	15:59.2
2. Owain Rhys Nicholas	Pembrokeshire	U17	17:18.3
3. Kenneth Bobbett	Hillingdon/Welsh Masters	V70	18:14.4
4. Matthew Phipps	Neath	U20	DQ
5. Daniel McKerlich	Cardiff	U20	DQ

3000m Walk Open Women

1. Bethan Davies	Cardiff/Leeds Uni	SEN	12:26.4
2. Alana Barber	Hyde Park Harriers/New Zealand	SEN	12:59.2
3. Heather Lewis	Pembrokeshire	SEN	13:30.1
4. Tatyana Gabellone	Unattached/Italy	SEN	13:49.0
5. Amy Phipps	Neath	U20	17:22.3
6. Jeri-Lynne Grabham	Neath	U17	17:50.1



Welsh 3000m in Cardiff - Heather Lewis, Bethan Davies, Tatyana Gabellone and Alana Barber

BRITISH MILERS CLUB RACES, JUNE BECKETT PARK, LEEDS, MONDAY 12 JUNE

And staying in GBR, the Leeds walkers were in great form in a British Milers Club 3000m walk yesterday, with all 5 doing PBs. **Callum Wilkinson** (11:13.09) and **Cameron Corbishley** (11:19.10) walked excellently in front, while **Gemma Bridge** (12:59.75) was under the 13 minute barrier for the first time.

3000m Walk

1.	Callum Wilkinson	U23	11:13.09
2.	Cameron Corbishley	U23	11:19.10
3.	Tom Partington	U20	12:59.31
4.	Gemma Bridge	Op	12:59.75
5.	Erika Kelly	Op	13:36.64



3000m in Leeds - Cameron Corbishley, Gemma Bridge, Callum Wilkinson, Erika Kelly and Tom Partington

MARCIADALMONDO AND OMARCHADOR ROUNDUP

Marciadalmondo has 6 press releases on which I can report this week

- Mon 12 Jun - Joao Vieira and Ana Cabecinha win Portuguese Championship walks
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2821
- Sat 10 Jun - Results of Italian U20 and U23 Championships in Florence
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2818
- Fri 9 Jun - Victories of Dawid Tomala (POL) and Brigita Virbalyte-Dimsiene (LTU) win in Alytus
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2817
- Fri 9 Jun - World and European lists updated post La Coruna
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2816
- Thu 8 Jun - Preview of the U20 and U23 Italian Championships
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2815
- Wed 7 Jun - English Race Walking Association to stage a Tribute Luncheon on Saturday 8th July
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2814

and Omarchador has 14 press releases

- Tue 13 Jun - Lidia Sánchez-Puebla and Álvaro Martín win Spanish Club Championships walks
<http://omarchador.blogspot.com.au/2017/06/campeonato-de-espanha-de-clubes-divisao.html>
- Mon 12 Jun - Erica de Sena wins Brazil Trophy 20km for the seventh time
<http://omarchador.blogspot.com.au/2017/06/erica-de-sena-vence-pela-setima-vez.html>
- Mon 12 Jun - Caio Bonfim wins Brazil Trophy 20k
<http://omarchador.blogspot.com.au/2017/06/caio-bonfim-vence-trofeu-brasil-caixa.html>
- Sun 11 Jun - Cabecinha and Vieira win Portuguese T&F Championship walks
<http://omarchador.blogspot.com.au/2017/06/cabecinha-e-vieira-repetem-titulos.html>
- Sun 11 Jun - Results of Paris-Alsace classic
<http://omarchador.blogspot.com.au/2017/06/marcha-mitica-paris-alsacia.html>
- Sat 10 Jun - Virbalyte and Tomala win Alytus March Festival
<http://omarchador.blogspot.com.au/2017/06/virbalyte-e-tomala-vencem-festival-de.html>
- Sat 10 Jun - Spanish walker Alex Flórez sets new M45 world record M45 of 20:28.28 for 5000m walk
<http://omarchador.blogspot.com.au/2017/06/novo-recorde-mundial-m45-nos-5000-m.html>
- Fri 9 Jun - Preview of Portuguese T&F Championships walks
<http://omarchador.blogspot.com.au/2017/06/vagos-recebe-os-campeonatos-de-portugal.html>
- Fri 9 June - Results of Lithuanian University Championships in Kaunaa
<http://omarchador.blogspot.com.au/2017/06/kaunas-recebeu-os-campeonatos.html>
- Thu 8 Jun - Preview of this weekend's Racewalk Festival in Altyus, Lithuania
<http://omarchador.blogspot.com.au/2017/06/festival-de-marcha-amanha-em-alytus.html>
- Thu 8 June - Spain names 10 walkers (but no Jesus Garcia) for 2017 IAAF World Champs in London
<http://omarchador.blogspot.com.au/2017/06/espanha-leva-10-marchadores-aos.html>
- Wed 7 Jun - Results of last weekend's Memorial Josefina Romero junior meet in La Coruna
<http://omarchador.blogspot.com.au/2017/06/trofeu-josefina-romero-na-corunha.html>
- Wed 7 Jun - Results of South American U20 Athletics Championships in Guyana
<http://omarchador.blogspot.com.au/2017/06/campeonatos-sul-americanos-sub-20-de.html>
- Tue 6 Jun - Results of Super League competition in Tatabanya, Hungary
<http://omarchador.blogspot.com.au/2017/06/marcha-atletica-em-tatabanya-hungria.html>

OUT AND ABOUT

- USADA has sent an official notice of rules violations to an endocrinologist who has treated several Olympians in the Nike Oregon Project stable of elite runners, according to multiple people familiar with the case. The notice is a formal signal that officials are pursuing sanctions. The antidoping agency has said a broad investigation into the Nike Oregon Project is continuing; officials are believed to be building cases against athletes and Alberto Salazar, the leader of the team. See https://mobile.nytimes.com/2017/06/08/sports/nike-oregon-project-doping-allegations.html?smid=fb-share&_r=0&referer.
- Wow, the latest drugs expose video from German TV company ARD is amazing. Talk about Brazil being a country with questionable drugs testing! A year before the World Cup 2018, research conducted by the ARD Doping Editorial Team reveals possible connections to a dubious doping doctor that reach far into the Brazilian football elite. A 2002 world champion is also suspected of having been one of the patients. See <http://www.sportschau.de/doping/video-doping-top-secret---brazils-dirty-game-100.html>.
- The IOC Executive confirmed the Olympic program for 2020 last Friday in Lausanne. The only changes to the T&F program was the addition of a mixed 4x400m relay and a reduction of 105 athletes in athletics. So the good news is that the 20km and 50km walks are now confirmed in print as in Tokyo 2020. See the confirmed event program for Tokyo at https://stillmed.olympic.org/media/Document%20Library/OlympicOrg/Games/Summer-Games/Games-Tokyo-2020-Olympic-Games/Tokyo-2020-event-programme.pdf#_ga=2.29070076.1151491100.1497050158-2060856604.1497050158.
- To complete last week's article on the annual Continental Centurions 24 Hour event in Weert, Holland, the results have now been published to <https://www.olat.nl/bestanden/iwe-2017-uitslagen.pdf>. There were 11 new centurions, C451-C461.

DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions.

2016/2017 Australian/Victorian Key Dates

June 25 (Sun), 2017	Victorian 20km Roadwalk Championships, Middle Park, Melbourne
Aug 6 (Sun), 2017	Victorian Roadwalk Championships (including Victorian 30km Championship), Middle Park, Melbourne
Aug 6 (Sun), 2017	AMA 20km Roadwalk Championships, Adelaide, SA
Aug 27 (Sun), 2017	Australian Roadwalk Championships, Woolongong, NSW
Sept 10 (Sun), 2017	Victorian 50km Championship, Middle Park, Melbourne

2016/2017 International Dates

Jun 29 – Jul 1, 2017	Oceania Area Championships, Suva, Fiji
July 12-16, 2017	10 th World Youth T&F Championships, Nairobi, Kenya – THIS IS THE FINAL EDITION
August 4-13, 2017	16 th IAAF World Championships in Athletics, London, UK. See http://www.london2017athletics.com/ On Sunday 13 August, all 3 racewalks will be staged on The Mall, St James Park, London
9 Aug (Wed), 2017	2017 1,3,5 Mile Friendship Walks, London (for all those at the world champs)
August 19-30, 2017	29 th Summer Universiade, Taipei, Taiwan
Sept 9, 2017	8 th Race Walking Day in Veenendaal (Dutch Sprint Triathlon), Veenendaal, NED
Sept 24-17, 2017	Around Lake Taihu 4 Day multi day walks race, CHN

2017 Remaining IAAF Racewalk Challenge Series

August 5-13, 2017	16 th IAAF World Championships in Athletics, London, UK.
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Looking Further Ahead

Jan 20-27, 2018	Oceania Masters Athletics Championships, Dunedin, New Zealand See www.mastersathleticsoceania.com
Apr 4-15, 2018	XXI Commonwealth Games, Gold Coast, QLD (20km roadwalks). See http://www.gc2018.com Men's and Women's 20km walk, Currumbin Beachfront, Sunday 8 April
May 5-6, 2018	28 th IAAF World Race Walking Team Championships, Taicang, China
July 2018	16 th World Junior T&F Championships, Tampere, Finland
Sept 2018	22 nd World Masters Athletics T&F Championships, Malaga, Spain
Sept 28 – Oct 6, 2019	17 th IAAF World Championships in Athletics, Doha, Qatar
July 2019	30 th Summer Universiade, Brasilia, Brazil
2019	World Masters Indoors T&F Championships, Torun, Poland
July 24 – Aug 9, 2020	32 nd Olympic Games, Tokyo
July 20 – Aug 1, 2020	23 rd World Masters T&F Championships, Toronto, Canada
Aug 2021	18 th IAAF World Championships in Athletics, Eugene, USA
July 18-30, 2022	XXII Commonwealth Games, TBA On 13 th March 2017, Durban announced that it would not host the Games, due to financial constraints.

Tim Erickson, terick@melbpc.org.au Home: 03 93235978 Mob: 0412 257 496
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