



HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club
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ANOTHER 52 NEWSLETTERS DONE FOR THE YEAR

As our VRWC financial year comes to a close, I can report another action packed year of newsletters, with 52 in total. Overall, the number of pages produced this year was the biggest ever (as evidenced by a larger size folder to store the archive copies) and I think I must have averaged over 20 pages per issue.

I must start this issue by acknowledging all those people who regularly feed results to me. On the Australian front, thanks to **Sarah Brennan, Kerrie Peart and Paul Rance (VIC), Colin Hainsworth and Peter Crump (SA), Robin Whyte (ACT), Frank Overton (NSW), Terry Jones (WA) and Robyn Wales (QLD).**

Internationally, thanks to **Emmanuel Tardi (FRA), Mark Wall, Mark Easton and Ron Wallwork (GBR)** and the many others who let me know the latest news and let me use their photos. Apologies if I missed anyone. The old brain cells sometimes get a bit overworked!

And of course it would be indeed remiss of me if I did not acknowledge the mighty efforts of US Attorney at Law **Paul DeMeester** who has almost single handedly taken on the task of defending the 50km against internal IAAF forces (sadly, some from within the walks community itself) and who has been successful in gaining women the right to walk in their own 50km world championship.

I am also indebted to the writers behind <http://www.marciadalmondo.com/> and <http://omarchador.blogspot.com.au/> for the many results and race reports that they regularly produce. In our own way, we all work to ensure that you, the reader, have the latest racewalking news in a timely manner.

That said, here we go again with this week's issue!

WALKER OF THE WEEK

My Walker of the Week this time around is 19 year old Queensland walker **Clara Smith**. Competing in Day 1 of the Around Lake Taihu Rally in China on Sunday, she finished 21st in the 20km roadwalk with an inaugural time of **1:39:44**. Times were generally slow in the wet conditions so her performance omens well for the rest of the season. She has signalled her intentions and thrown her hat into the ring as one of those Australian girls who will be vying for spots in the 2018 Commonwealth Games and the 2018 World Race Walking Teams Championships.

Clara is no stranger to Australian teams, having four representations to her credit thus far

2014 IAAF World Race Walking Cup	8 th	46:33	Taicang	04 MAY 2014
2015 IAAF World Youth Championships	7 th	23:22.36	Cali	18 JUL 2015
2016 IAAF World Race Walking Team Championships	7 th	47:10	Roma	07 MAY 2016
2016 IAAF World U20 Championships Bydgoszcz	13 th	46:59.96	Bydgoszcz	19 JUL 2016

This inaugural performance inserts her into position 33 in the Australian women's 20km all-time listings.

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	1:27.44.0	Jane Saville	N	05-11-1974	4	Naumburg, Germany	02-05-2004	29
2	1:28.53.0	Claire Tallent	S	06-07-1981	5	Taicang, China	30-03-2012	30
3	1:29.33.0	Regan Lamble	V	14-10-1991	12	Rome, Italy (WC)	07-05-2016	24
4	1:29.36.0	Kerry Saxby-Junna	N	02-06-1961	2	Naumburg, Germany	30-04-2000	38
5	1:29.44.0	Cheryl Webb	N	03-10-1976	1	Melbourne	07-03-2009	32
6	1:29.49.0	Beki Smith (nee Lee)	N	25-11-1986	15	Rome, Italy (WC)	07-05-2016	29
7	1:29.56.0	Tanya Holliday	S	21-09-1988	16	Rome, Italy (WC)	07-05-2016	27
8	1:30.25.0	Jess Rothwell	V	18-06-1989	2	Melbourne	07-03-2009	19
9	1:31.33.0	Rachel Tallent	V	20-02-1993	1	Adelaide	21-02-2016	23

10	1:31.34.0	Natalie Saville	N	07-09-1978	25	Naumburg,Germany	02-05-2004	25
11	1:32.22.0	Stephanie Stigwood	T	21-10-1990	2	Melbourne	13-12-2015	25
12	1:32.57.0	Kellie Wapshott	V	23-08-1981	2	Melbourne	23-02-2008	26
13	1:33.00.0	Lisa Sheridan-Paolini	N	10-12-1962	1	Sydney	08-07-2000	37
14	1:33.15.0	Kelly Ruddick	V	19-04-1973	1	Launceston (Aust 20km)	01-09-2014	41
15	1:33.45.0	Megan Szirom	V	18-08-1977	4	Melbourne	07-03-2009	31
16	1:34.13.0	Jillian Hosking	A	12-02-1987	3	Hobart, Aust 20km	13-02-2010	23
17	1:34.27.0	Anne Pembroke-Manning	N	13-11-1959	1	Hawkesbury	10-07-1993	33
18	1:34.35.0	Wendy Muldoon	V	27-05-1971	1	Melbourne	16-08-1998	27
19	1:34.44.0	Simone Wolowiec	V	12-02-1974	1	Canberra	16-01-2000	25
20	1:34.44.0	Lyn Ventris	W	02-10-1956	1	Melbourne	16-12-2001	45
21	1:35.55.0	Nicole Fagan	N	24-07-1989	3	Hobart, Aust 20km	19-02-2011	21
22	1:36.16.0	Jenny Jones-Billington	Q	20-04-1967	2	Hawkesbury	10-07-1993	26
23	1:36.19.0	Sally Pierson	V	10-03-1963	1	Melbourne	15-07-1984	21
24	1:36.23.0	Sue Orr-Cook	V	23-04-1958	1	Canberra	07-07-1984	28
25	1:36.40.0	Lisa Grant	N	26-04-1985	4	Sydney	04-02-2006	20
26	1:37.32.0	Michelle French	N	01-04-1982	3	Melbourne	02-12-2006	24
27	1:37.34.0	Teresa Letherby	Q	05-04-1972	2	Adelaide	03-09-1995	23
28	1:37.48.0	Jill Barrett-Maybir	NT	13-07-1964	1	Sydney	07-09-1997	33
29	1:37.56.0	Jessica Pickles	Q	09-02-1994	7	Adelaide	19-02-2017	23
30	1:37.59.0	Bev Wilkins-Hayman	N	09-05-1961	1	Sydney	15-07-1989	28
31	1:39.02.0	Jane Lewry-Barbour	S	27-07-1966	3	Hawkesbury	10-07-1993	26
32	1:39.03.0	Jo Strangman	A	17-11-1975	1	Sydney	05-08-1995	19
33	1:39.44.9	Clara Smith	Q	09-03-1998	21	Lake Taihu, China	24-08.2017	19
34	1:39.49.0	Sue Narbey	W	25-11-1964	1	Perth	13-07-1985	20

SOME BACKGROUND ON THE CURRENT 50KM SITUATION

As briefly mentioned in last week's newsletter, I have been involved in a lot of conversations about the future of the 50km discipline during this year, many of them with medallists from Games past. One of those medallists (a gold one in fact) emailed me after I published recent comments from Jane Saville. His reply was as follows:

*From your reply what really concerns me is the complete lack of transparency about the ins and out of how we reached the point of our sport left facing extinction. Surely an agenda was made prior to the meetings earlier this year and minutes/notes were taken of these meetings? There would have also been proper plans/discussions/exchanges involving the committee to reach the point of having a meeting seemingly signing the sports seeming death warrant?
There appears to be a cabal who are not, I believe, working for the benefit and expansion of our sport but whose actions have almost willingly allowed our sport to be left facing oblivion.*

The answer is of course YES. Meetings were held, minutes were distributed internally and decisions were made, all behind closed doors. I will now outline what I know of this process and the IAAF Racewalking Committee people who spearheaded it.

IAAF Race Walking Committee Meeting, Rome, 9 May 2016

No minutes were distributed for this meeting which was held in complete secrecy (as usual). It was held very soon after the IAAF had been forced to back down and allow Erin Talcott to compete in the 2016 IAAF Race Walking Teams Championship 50km (that decision had been announced by the IAAF on 11th April 2016).

Luckily, USA RWC member Maryanne Daniel produced her own notes for her American constituency and these notes were subsequently published on the web. They contain a couple of very interesting points

Point 4- Women's 50K. Initially this seemed to be talked about delicately with many eyes shooting in my direction, then the acting General Secretary, Jean Garcia, spoke frankly and said at the Council meeting this decision of letting women into the 50K was forced and he felt was not in the best interest of having it be seen as a High Performance event with just one woman. Damilano explained that they need to have greater number of quality performances before putting it in and more countries need to show interest by having a National Championship. I spoke up saying that there is often a catch 22 situation, if you don't have the carrot of a World competition many of the better athletes are not going to show interest, sometimes the pot has to be stirred and a forceful push before there is change. This was an important step for the equality that has to happen. I asked what could be done for the development of a women's 50K. The answer is that the Areas must hold Championships and while the RW Committee can encourage, it can't demand that they do. It was decided that having a Women's 50K World Record and encouraging Countries and Areas was good for the time being.

This sparked another discussion - that just like the decision for allowing women into the 50K was handed to the RW Committee, so too might be decisions about the 50K in general. The broadcasters really don't want the event, they feel its just too long to hold all but hard core interest... all tied into to marketing and the almighty dollar. We talked of going to the marathon distance so more people can relate to it but they thought still too long...a 30K ? too close to a 20K, have just one

event 30K? round and round we went . This topic elicited the most comments from the most people. It was then decided to have a working group look at it.

Point 10-The future of Race Walking.

Jane Saville gave an excellent PowerPoint on improving image and awareness. We need to tap into the world of health walking, join with organizations like America Walks, use social media, push our IAAF marketing and communications to open up new opportunities. Perhaps get the Diamond league to showcase a shorter Race Walk event. Use “Spikes” IAAF media to have a Race Walking page, tap into “Athletics For a Better World”. It was decided that **Maurizio Damilano, Jane Saville and Robert Korzeniowski** would form a working group and make a visit to the IAAF Marketing and Communications dept.

This seems to be the trigger from what I can see. The IAAF is unhappy with the 50km event and they handball it to the RW Committee to do something about it. A working group of Damilano, Saville and Korzeniowski is setup to progress.

Race Walking Committee Report to the IAAF Council, August 2016

Fast forward 3 months and it has now progressed into some specific proposals, put together presumably by DaMilano, Saville and Korzeniowski after their visit to the IAAF Marketing and Communications dept. Damilano is the man who has the job to now sell it to the IAAF Council. We now have a concrete proposal to research moving from 20km/50km to half marathon/marathon.

Maurizio Damilano, assisted by Paul Hardy presented a summary of the Race Walking Committee meeting that was held on 9 May 2016 in Rome. Amongst their recommendations to council were the following

With respect to the race walking strategic plan, the Council approved the creation of a working group to develop a strategic plan for race walking, with the following members: **Maurizio Damilano, Robert Korzeniowski, Jane Saville and Luis Saladie.**

This Strategic Plan would address the following points:

Vision

To develop Race Walking in an innovative and collaborative manner to fit the global, modern sports market whilst observing the core values of the IAAF.

Mission

To establish a world-wide structure for growing Race Walking at every level, from grass roots to the international level.

Including:

Effectively communicate and promote Race Walking to enhance global knowledge and awareness.

Work with all stakeholders to make Race Walking the most recognised form of walking worldwide and leveraging the popularity of walking for health and recreation as means to develop race walkers.

Amongst the objectives would be the following one

Development

1. Increase the Appeal and Participation of Race Walking

1.1 Evaluate whether changing standard race walking distances at major championships will improve image, recognition and understanding. Research the pros and cons of ‘Race Walking Half Marathon’ and ‘Marathon’ for men and women as standard distances or other relatable distances.

Strategic Plan Race Walking 2016-2020

Now Saladie is added to this powerful subgroup. Damilano, Korzeniowski, Saville and Saladie go away and produce their draft Strategic Plan for distribution to the other RWC members as part of the agenda for the February 2017 RWC Meeting. Note that as of December 2016, Saladie is no longer a member of the Race Walking Committee, having been added to the IAAF Staff as Head of Competition Management. However, he does continue to attend RWC meetings as Staff Liason. This draft document has, amongst many items, the following 2 points

DEVELOPMENT

1. Increase the Appeal and Participation of Race Walking

1.1 Evaluate whether changing standard Race Walking distances at major championships will improve image, recognition and understanding. Research the pros and cons of ‘Race Walking Half Marathon’ and ‘Marathon’ for men and women as standard distances or other relatable distances.

COMPETITION

4. Create equal opportunities for both male and female race walkers in major competitions.

4.1 Ensuring, in the long term, there are two distances for both men and women at major competitions.

IAAF Race Walking Committee Meeting, Monaco, 25 Feb 2017

We know all about this meeting as it recommended the 3 major changes shown below. What you may not know is that these items were not part of the published agenda but were tabled right at the end of the meeting. The shell shocked committee were taken completely by surprise and eventually most (but not all) of them rolled over and accepted these unannounced changes. The discussion was introduced by Robert Korzeniowski and had strong backing from Maurizio Damilano.

This was contrary to what was foreshadowed in the draft Strategic Plan which talked of marathon and half marathon. All of a sudden, the marathon option was gone and we had a mixed gender track relay in its place.

4. Change international distance for race walking for 2019 and 2020 to the Half Marathon for both men and women. Maintain 10,000m race walk as distance for U-20 men and women at least until 2020 IAAF World U-20 Championships.
5. Introduce a mixed gender (2 men, 2 women) relay (4 x 5000m on the track) for 2019 and 2020 (IAAF World Championships and Olympic Games). Use pit-lane (or other penalty) for infractions. Encourage Area Championships to at least include the mixed gender track relay in 2019-2020.
6. Review distances and format for race walking events after 2020 Olympics, based on feedback from IAAF, IOC, coaches, and athletes.

It also recommended the following

9. RACE WALK SEMINAR IN LONDON 2017
The IAAF Council previously approved the organisation of a Seminar between athletes, coaches and judges. This will be organised during the IAAF World Championships in London 2017. The seminar will be held on 11 August lasting four hours. Topics will include; Judging and Technology and Competition Program.

This subsequent presentation was supposed to be given by newly seconded RWC member **Tim Berrett (CAN)**. This was quietly dropped and will now not be scheduled until the World Race Walking Teams Championships in May 2018. So we will have to wait for over a year before we have our chance to ask the RW Committee about all this.

There you have it. An unrepresentative group of people, working in secrecy and isolation, respond to IAAF overtures and propose major changes to our beloved sport, without any discussion with the wider walking community and contrary to their own draft plan. The main culprits are clearly Damilano, Korzeniowski, Saville and Saladie.

I think the most serious offense is the secrecy of it all. What's wrong with airing out an idea in public; getting public comments; having hearings etc. The secrecy of it all was the biggest threat to the 50km, women's racing and race walking in general.

WHAT'S COMING UP

We continue to enjoy a break from competition in Australia. For Victorians, our **AV Shield** competition starts on **Saturday 7th October** and our opening **VRWC Summer Season races** are on **Wednesday 18th October**. More closer to the dates.

2017 AUSTRALIAN UNIVERSITY GAMES, GOLD COAST, 24-29 SEPTEMBER

The 2018 Australian University Games are currently underway in Queensland, with the athletics component being held at the Griffith University Athletics Track on the Gold Coast (see <http://www.australianunigames.com.au/>). The two 5000m track walks are scheduled for 5:35PM today. See http://liveresults.qldathletics.org.au/2017/170925_2017UniGames/index.htm for all the results.

The highest profile walker is Melbourne University's **Regan Lamble**. Results in next week's newsletter.

AROUND LAKE TAIHU 4 DAY RACE, CHINA, 24-27 SEPTEMBER

The annual Lake Taihu 4 Day Walks Carnival is underway once again in China. Offering big prize money, it has attracted the cream of the world's walkers, including most of the top guns from the London World Championships. The 4 stages are identical to last year:

- | | |
|---------|---|
| Stage 1 | 20km around the beautiful Lake Taihu, with a mass participation walk of around 15,000 competitors |
| Stage 2 | 10km in the city center of Mudu |
| Stage 3 | 10.5km in Yuanboyuan |
| Stage 4 | a return to the Dongshan region for a final 10km race. |

The Pit Lane rule is used in this event, with the following interpretation in play

First Red Card	no action taken
Second Red Card	penalty of 30 seconds in the pit lane area
Third Red Card	penalty of an additional 60 seconds in the pit lane area
Fourth Red Card	penalty of an additional 90 seconds in the pit lane area
Fifth Red Card	DQ



The pit lane rule takes its toll on day 1 (photo www.marciadalmondo.com)

Day 1, 20km Walk, Sunday 24 September

The first day of the classic "Around Taihu" took place on Sunday, with an out and back route of 20km alongside Lake Taihu. Unlike the heat of previous years, rain greeted the walkers at the 9.15am start and persisted throughout the day. Thanks to marciadalmondo for their report (http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2919) which I reproduce here.

The men's race saw a slow early pace, with a large group of around 30 walkers passing the 5km mark in around 22 minutes. **Perseus Karlstrom** (SWE) made the first real break after 10km and this was to prove decisive as he forged ahead, resulting in the main pack breaking up into several smaller ones. Behind him a group of five worked hard to stay close, causing Karlstrom to continually look over his shoulder.

Andres Chocho (ECU) was sent into the pit lane for a 30 second stop, putting an end to his chance of victory and leaving just four to fight it out the minor places in the last few kms behind Karlstrom. **Lebogang Shange** (RSA) made his trade mark push through to the front of the field in the last quarter of the race but was never able to catch Karlstrom who was able to repeat his victory of last year. Shange only just held off **Caio Bonfim** (BRA), both walkers finishing in the same time, with **Dane Bird-Smith** (AUS) only one second back and **Jin Xiangqian** (CHN) a further two seconds adrift at the finish line. 64 of the men finished day one and, whilst many visited the pit lane (21), only two were disqualified.

The women started alongside the men and, whilst a group of ten women formed together, **Nie Jingjing** (CHN) and **Antonella Palmisano** (ITA) took matters into their own hands and forged ahead. Nie never looked troubled and kept the faultless Palmisano at a comfortable distance throughout, taking victory in 1:30:13 with Palmisano only 19s behind. The race for the minor placings was only decided right at the finish. **Sandra Arenas** (COL) walked strongly throughout and looked to have third place in the bag but her South American rival **Erica de Sena** (BRA) finished very quickly over the last 4km, overhauling Arenas in the last 400m. **Ainhoa Pinedo** (ESP), who has enjoyed the best year of her walking career, finished strongly to take fifth, ahead of **Nadia Borovska** (UKR) and **Brigita Verbalyte** (LTU).

The large contingent of Australian and New Zealand walkers had mixed fortunes. On the good side, **Dane Bird Smith** (4th 1:24:22), **Quentin Rew** (15th 1:27:11), **Declan Tingay** (47th 1:35:34), **Jay Felton** (49th 1:36:58), **Claire Tallent** (12th 1:35:01), **Alana Barber** (19th 1:39:02), **Clara Smith** (21st 1:39:44) and **Christina Papdoploulou** (36th 2:05:25). **Beki Smith** was a DNS while **Tyler Jones** and **Carl Gibbons** suffered disqualifications.

Full results at http://www.marciadalmondo.com/admin/pdf/risultati/24092017206Taihu2017_1stday.pdf. Here is a slightly tidier version.

Men's 20km Race Walk

1.	Perseus Karlstrom	SWE	Beef Extreme	1:24:19
2.	Lebogang Shange	RSA	Latin Power	1:24:21
3.	Caio Bonfim	BRA	Latin Power	1:24:21
4.	Dane Bird-Smith	AUS	Beef Extreme	1:24:22
5.	JIN Xiangqian	CHN	China	1:24:24
6.	Andres Chocho	ECU	Latin Power	1:25:13
7.	Evan Dunfee	CAN	J.T Salute	1:25:45
8.	DMYTRENKO Ruslan	UKR	NB Ukraine	1:26:03
9.	GAO Wenkui	MON-CHN	MON-CHN	1:26:16
10.	Christopher Linke	GER	Beef Extreme	1:26:18
11.	Kazanin Oleksiy	UKR	INTER M1	1:26:25
12.	LOSEV Ivan	UKR	NB Ukraine	1:26:32
13.	SONG Huazhang	CHN	China	1:26:36
14.	Alex Wright	IRL	Boy In Green	1:26:46
15.	Quentin Rew	NZL	J.T Salute	1:27:11
16.	Dziubin Dzmitry	BLR	INTER M1	1:27:18
17.	Liakhovich Aliaksandr	BLR	BELKA	1:27:28
18.	Wayne Snyman	RSA	Boy In Green	1:27:32
19.	Isaac Palma Olivares	MEX	Latin Power	1:27:38
20.	Tom Bosworth	GBR	Beef Extreme	1:27:48
21.	BANZERUK Ivan	UKR	NB Ukraine	1:27:49
22.	Brendan Boyce	IRL	Boy In Green	1:27:51
23.	Rafal Sikora	POL	Poland	1:28:10
24.	Glavan Igor	UKR	BELKA	1:28:22
25.	Artur Brzozowski	POL	Poland	1:28:49
26.	Damian Blocki	POL	Boy In Green	1:28:53
27.	Ever Palma	MEX	Latin Power	1:29:16
28.	WU Qianlong	MON-CHN	MON-CHN	1:29:26
29.	Rafal Augustyn	POL	J.T Salute	1:29:52
30.	WEN Yongjie	JIN-CHN	JIN-CHN	1:30:16
31.	Zaleski Yuheniy	BLR	INTER M1	1:30:31
32.	ZHU Guowen	CHN	China	1:30:43
33.	Jakub Jelonek	POL	Poland	1:30:46
34.	ZHANG Mingkai	MON-CHN	MON-CHN	1:30:47
35.	ZHANG Jun	CHN	China	1:31:20
36.	Yohanis Algaw	ETH	Los	1:31:22
37.	XU Faguang	MON-CHN	MON-CHN	1:31:22
38.	Anders Hansson	SWE	Red Rockets	1:32:04
39.	Serhiy Budza	UKR	BELKA	1:32:53
40.	Nick Christie	USA	Red Rockets	1:33:06
41.	WANG Xin	JZXX-CHN	JZXX-CHN	1:33:07
42.	GE Yu	JZXX-CHN	JZXX-CHN	1:33:16
43.	DONG Xiaomin	JGX-CHN	JGX-CHN	1:33:17
44.	YANG Hu	CHN	China	1:33:34
45.	LI Zhenlong	JZXX-CHN	JZXX-CHN	1:34:28
46.	ZHANG Saiyi	JGX-CHN	JGX-CHN	1:34:57
47.	Declan Tingay	AUS	J.T Salute	1:35:34
48.	Mat Bilodeau	CAN	Red Rockets	1:35:42
49.	Jay Felton	AUS	Australia	1:36:58
50.	Anatole Vera Ibanez	SWE	Red Rockets	1:37:18
51.	HU Tao	JGX-CHN	JGX-CHN	1:37:36
52.	Sandor Racz	HUN	Hungary	1:38:21
53.	YANG Leping	JGX-CHN	JGX-CHN	1:39:27
54.	YAN Luqiang	JSU-CHN	JSU-CH	1:40:54
55.	Lucas Mazzo	BRA	Los Safados	1:40:59
56.	TONG Xin	JZXX-CHN	JZXX-CHN	1:41:21
57.	HU Gen	JZXX-CHN	JZXX-CHN	1:42:06
58.	LIU Zedong	JSU-CHN	JSU-CH	1:42:31
59.	Tiago Nascimento Fonseca	BRA	Los Safados	1:46:03
60.	LI Jinyu	JIN-CHN	JIN-CH	1:48:31
61.	WU Chao	JIN-CHN	JIN-CH	1:49:53
62.	BAI Shilong	JSU-CHN	JSU-CH	1:49:54
63.	XU Lin	JSU-CHN	JSU-CH	1:50:44
64.	Cormac Delahunty	IRL	Ireland	2:17:29
	Carl Gibbons	AUS	Australia	DQ
	Tyler Jones	AUS	Australia	DQ
	WANG Weili	JSU-CHN	JSU-CH	DNF

LIAO Yanping	JGX-CHNN	JGX-CHN	DNF
LI Liangyong	MON-CHN	MON-Chn	DNF

Women's 20km Race Walk

1.	NIE Jingjing	CHN	China	1:30:13
2.	Antonella Palmisano	ITA	Heroes	1:30:32
3.	Erica Rocha de Sena	BRA	Latinas	1:31:26
4.	Sandra Lorena Arenas	COL	Latinas	1:32:29
5.	Ainhoa Pinedo	ESP	INTER F3	1:32:37
6.	Nadia Borovska	UKR	INTER F3	1:32:55
7.	Brigita Virbalyte	LTU	Heroes	1:33:00
8.	Viktoria Madarasz	HUN	Heroes	1:33:03
9.	Julia Takacs	ESP	INTER F3	1:33:32
10.	Yehualeye Beletew	ETH	NO Stress	1:33:33
11.	LI Maocuo	QGH-CHN	QGH-CHN	1:33:53
12.	Claire Tallent	AUS	UBA	1:35:01
13.	Inna Kashyna	UKR	INTER F3	1:35:26
14.	Kimberly Garcia	PER	Latinas	1:35:46
15.	Sandra Galvis	COL	Kiwi Columbians	1:36:58
16.	XIE Lijuan	CHN	China	1:37:43
17.	MAO Yanxue	CHN	China	1:38:12
18.	Drabenia Hanna	BLR	UBA	1:38:58
19.	Alana Barber	NZL	Kiwi Columbians	1:39:02
20.	CHEN Yumin	JGX-CHN	JGX-CHN	1:39:42
21.	Clara Smith	AUS	Australia	1:39:44
22.	SUN Wenru	JZXX-CHN	JZXX-CHN	1:40:08
23.	Yeseida Carrillo	COL	Kiwi Columbians	1:41:16
24.	LI Leilei	TJN-CHN	TJN-CHN	1:41:48
25.	Tamara Havryliuk	UKR	UBA	1:42:42
26.	QIEYANG Shijie	CHN	China	1:43:22
27.	ZHOU Tao	JGX-CHN	JGX-CHN	1:45:15
28.	ZHONG Yuan	JGX-CHN	JGX-CHN	1:45:36
29.	Elianay Santana	BRA	NO Stress	1:49:55
30.	BAIMA Quzhen	JZXX-CHN	JZXX-CHN	1:51:08
31.	Katie Burnett	USA	NO Stress	1:51:16
32.	QIAN Jing	JZXX-CHN	JZXX-CHN	1:51:19
33.	ZHAO Tongmin	JZXX-CHN	JZXX-CHN	2:00:08
34.	CIREN Quzhen	JZXX-CHN	JZXX-CHN	2:00:08
35.	Cisiane Dutra Lopes	BRA	NO Stress	2:04:43
36.	Christina Papdoploulou	AUS	Australia	2:05:25
	Beki Smith	AUS	UBA	DNS
	Liliane Barbosa	BRA	NO Stress	DNF
	JIANG Qianqian	JGX-CHN	JGX-CHN	DNF
	XU Jiangqi	JGX-CHN	JGX-CHN	DNF

The teams component is also of importance, given the amounts of money on offer for the first 6 teams. Walkers can make up their teams of up to 5 walkers, and the creatic names give some indication as to the affiliations or geographic bent. There is little between the top teams after day one.

Teams Men

1.	Latin Power	4:13:55	Caio Bonfim 1:24:21, Andres Chocho 1:25:13, Lebogang Shange 1:24:21
2.	Beef Extrema	4:14:59	Dane Bird-Smith 1:24:22, Christopher Linke 1:26:18, Perseus Karlstrom 1:24:19
3.	NB Ukraine	4:20:24	BANZERUK Ivan 1:27:49, DMYTRENKO Ruslan 1:26:0,3 LOSEV Ivan 1:26:32
4.	China	4:21:43	ZHU Guowen 1:30:43, JIN Xiangqian 1:24:24, SONG Huazhang 1:26:36
5.	Boy in Green	4:22:09	Brendan Boyce 1:27:51, Alex Wright 1:26:46, Wayne Snyman 1:27:32
6.	J.T Salute	4:22:48	Rafal Augustyn 1:29:52, Evan Dunfee 1:25:45, Quentin Rew 1:27:11

Teams Women

1.	Heroes	4:36:35	Brigita Virbalyte 1:33:00, Viktoria Madarasz 1:33:03, Antonella Palmisano 1:30:32
2.	INTER F3	4:39:04	Nadia Borovska 1:32:55, Ainhoa Pinedo 1:32:37, Julia Takacs 1:33:32
3.	Latinas	4:39:41	Erica de Sena 1:31:26, Sandra Arenas 1:32:29, Kimberly Garcia 1:35:46
4.	China	4:46:08	NIE Jingjing 1:30:13, XIE Lijuan 1:37:43, MAO Yanxue 1:38:12
5.	UBA	4:56:41	Claire Tallent 1:35:01, Drabenia Hanna 1:38:58, Tamara Havryliuk 1:42:42
6.	Kiwi Columbians	4:57:15	Sandra Galvis 1:36:58, Yeseida Carrillo 1:41:16, Alana Barber 1:39:02



Left: The big men's field gets underway on day 1
photos www.marciadalmondo.com



Right: the men's podium on day 1

Day 2, 10km Walk, Monday 25 September

Again, thanks to marciadalmondo (http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2920) for their report and photos. My report is taken from that article.

The second day took place in the center of the host city of Mudu, on a 10km course. If Sunday was raining, Monday's weather conditions were even worse, with the wide Mudu avenues at times quite flooded, making it hard going for the walkers.

The shorter distance meant a fast start in the men's race, with a large group heading off at a fast pace. The main protagonists were once again to the fore, with **Lebogang Shange** (RSA) setting the pace. The shorter distance left little time for tactics and Shange was soon joined by a select group of **Dane Bird Smith** (AUS), **Caio Bonfim** (BRA), **Christopher Linke** (GER), **Perseus Karlstrom** (SWE) and **Jin Xiangqian** (CHN). Shange's winning time of 39:48 was a new South African 10km roadwalk record, and saw him finish 7 secs clear of Bird-Smith, followed by Bonfim. The first ten athletes all finished within 60 seconds of each other, indicating the closeness of the race.

The women's race saw **Qieyang Shenjiejie** (CHN) stamp her authority over the other walkers. Only 26th in Sunday's 20km race, she was a different walker on day 2, dictating the pace along with **Erica de Sena** (BRA) and **Nie Jingjing** (CHN). Qieyang's winning time of 42:46 saw her 17 secs clear of Sena (43:03) with Nie two secs further back in third (43:05). With the first 9 women all bettering 44 minutes, it was a fast race.

It was a good day for the Australasians, with all finishing: **Dane Bird-Smith** (2nd 39:55), **Declan Tingay** (28th 42:25), **Tyler Jones** (49th 45:53), **Jay Felton** (50th 45:53), **Quentin Rew** (53rd 46:08), **Carl Gibbons** (60th 47:17), **Claire Tallent** (16th 45:54), **Beki Smith** (20th 47:41) and **Alana Barber** (21st 47:52). **Clara Smith** and **Christina Papdoploulou** were non-starters, after their 20km walks of the previous day.

Men's 10km Race Walk (Day 2)

1.	Lebogang Shange	RSA	39:48
2.	Dane Bird-Smith	AUS	39:55
3.	Caio Bonfim	BRA	40:00
4.	Christopher Linke	GER	40:08
5.	JIN Xiangqian	CHN	40:23
6.	Perseus Karlstrom	SWE	40:24
7.	Evan Dunfee	CAN	40:31
8.	GAO Wenkui	MON-CHN	40:31
9.	Wayne Snyman	RSA	40:39
10.	WU Qianlong	MON-CHN	40:45
11.	Andres Chocho	ECU	40:55
12.	Kazanin Oleksiy	UKR	40:56
13.	Isaac Palma Olivares	MEX	40:58
14.	Anatole Vera Ibanez	SWE	41:06
15.	Glavan Igor	UKR	41:23

16.	Liakhovich Aliaksandr	BLR	41:30
17.	DMYTRENKO Ruslan	UKR	41:34
18.	SONG Huazhang	CHN	41:52
19.	Dziubin Dzmitry	BLR	41:53
20.	Damian Blocki	POL	42:06
21.	Zaleski Yuheniy	BLR	42:12
22.	Tom Bosworth	GBR	42:15
23.	ZHANG Jun	CHN	42:17
24.	Yohanis Algaw	ETH	42:18
25.	ZHANG Mingkai	MON-CHN	42:18
26.	ZHU Guowen	CHN	42:21
27.	Brendan Boyce	IRL	42:24
28.	Declan Tingay	AUS	42:25
29.	BANZERUK Ivan	UKR	42:27
30.	LOSEV Ivan	UKR	42:30
31.	LI Liangyong	MON-CHN	42:36
32.	Alex Wright	IRL	42:48
33.	HU Tao	JGX-CHN	43:10
34.	Lucas Mazzo	BRA	43:11
35.	YAN Luqiang	JSU-CHN	43:12
36.	Rafal Sikora	POL	43:14
37.	WEN Yongjie	JIN-CHN	43:20
38.	Serhiy Budza	UKR	43:23
39.	Artur Brzozowski	POL	43:28
40.	Rafal Augustyn	POL	43:30
41.	Mat Bilodeau	CAN	43:36
42.	YANG Hu	CHN	43:43
43.	Jakub Jelonek	POL	43:55
44.	Ever Palma	MEX	44:06
45.	WANG Xin	JZXX-CHN	44:07
46.	GE Yu	JZXX-CHN	45:37
47.	TONG Xin	JZXX-CHN	45:42
48.	Nick Christie	USA	45:44
49.	Tyler Jones	AUS	45:53
50.	Jay Felton	AUS	45:53
51.	LI Zhenlong	JZXX-CHN	45:56
52.	YANG Leping	JGX-CHN	46:04
53.	Quentin Rew	NZL	46:08
54.	XU Lin	JSU-CHN	46:12
55.	LIU Zedong	JSU-CHN	46:16
56.	HU Gen	JZXX-CHN	46:17
57.	LI Jinyu	JIN-CHN	46:41
58.	Sandor Racz	HUN	46:57
59.	DONG Xiaomin	JGX-CHN	47:11
60.	Carl Gibbons	AUS	47:17
61.	WANG Weili	JSU-CHN	47:17
62.	Tiago Nascimento Fonseca	BRA	48:07
63.	LIAO Yanping	JGX-CHN	50:21
64.	WU Chao	JIN-CHN	50:47
	Cormac Delahunty	IRL	DNS
	BAI Shilong	JSU-CHN	DNF
	ZHANG Saiyi	JGX-CHN	DNF
	Suresh Kumar	MAS	DNS
	XU Faguang	MON-CHN	DNF
	Anders Hansson	SWE	DNS
	Tacir Ersin	TUR	DNS

Men's Individual Standing (after 2 days)

1.	Lebogang Shange	RSA	2:04:09
2.	Dane Bird-Smith	AUS	2:04:17
3.	Cao Bonfim	BRA	2:04:21
4.	Perseus Karlstrom	SWE	2:04:43
5.	JIN Xiangqian	CHN	2:04:47
6.	Andres Chocho	ECU	2:06:08
7.	Evan Dunfee	CAN	2:06:16
8.	Christopher Linke	GER	2:06:26
9.	GAO Wenkui	MON-CHN	2:06:47
10.	Kazanin Oleksiy	UKR	2:07:21

Men's Teams Standing (after 2 days)

1.	Latin Power	6:14:38	Caio Bonfim, Andres Chocho, Isaac Palma, Ever Palma, Lebogang Shange
2.	Beef Extreme	6:15:26	Dane Bird-Smith, Christopher Linke, Perseus Karlstrom, Tom Bosworth
3.	China	6:26:15	Yang Hu, Zhang Jun, Zhu Guowen, Jin Xianqian, Song Huazhang
4.	NB Ukraine	6:26:55	Ivan Banzeruk, Ruslan Dmytrenko, Ivan Losev
5.	Boy in Green	6:27:18	Brendan Boyce, Alex Wright, Damian Blocki, Wayne Seaman

Women's 10km Race Walk (Day 2)

1.	QIEYANG Shijie	CHN	42:46
2.	Erica Rocha de Sena	BRA	43:03
3.	NIE Jingjing	CHN	43:05
4.	Sandra Lorena Arenas	COL	43:16
5.	Kimberly Garcia	PER	43:23
6.	Antonella Palmisano	ITA	43:27
7.	Cisiane Dutra Lopes	BRA	43:35
8.	LI Maocuo	QGH-CHN	43:42
9.	Nadia Borovska	UKR	43:59
10.	Viktoria Madarasz	HUN	44:27
11.	Julia Takacs	ESP	44:36
12.	Brigita Virbalyte	LTU	44:45
13.	Inna Kashyna	UKR	45:25
14.	LI Leilei TJN-	CHN	45:44
15.	Ainhoa Pinedo	ESP	45:46
16.	Claire Tallent	AUS	45:54
17.	Sandra Galvis	COL	45:58
18.	XIE Lijuan	CHN	46:21
19.	MAO Yanxue	CHN	47:16
20.	Beki Smith	AUS	47:41
21.	Alana Barber	NZL	47:52
22.	SUN Wenru	JZXX-CHN	47:54
23.	Yehualey Beletew	ETH	47:58
24.	ZHOU Tao	JGX-CHN	48:33
25.	Tamara Havryliuk	UKR	49:13
26.	ZHONG Yuan	JGX-CHN	49:57
27.	XU Jiangqi	JGX-CHN	50:02
28.	Yeseida Carrillo	COL	50:03
29.	BAIMA Quzhen	JZXX-CHN	50:46
30.	Drabenia Hanna	BLR	51:09
31.	Katie Burnett	USA	51:17
32.	QIAN Jing	JZXX-CHN	52:15
33.	ZHAO Tongmin	JZXX-CHN	53:03
34.	Elianay Santana	BRA	53:31
35.	CIREN Quzhen	JZXX-CHN	53:41
36.	Liliane Barbosa	BRA	58:42
	Clara Smith	AUS	DNS
	Christina Papdoploulou	AUS	DNS
	JIANG Qianqian	JGX-CHN	DNF
	CHEN Yumin	JGX-CHN	DNF

Women's Individual Standing (after 2 days)

1.	Jingjing	CHN	2:13:18
2.	Antonella Palmisano	ITA	2:13:59
3.	Erica Rocha de Sena	BRA	2:14:29
4.	Sandra Lorena Arenas	COL	2:15:45
5.	Nadia Borovska	UKR	2:16:54
6.	Viktoria Madarasz	HUN	2:17:30
7.	LI Maocuo	QGH-CHN	2:17:35
8.	Brigita Virbalyte	LTU	2:17:45
9.	Julia Takacs	ESP	2:18:08
10.	Ainhoa Pinedo	ESP	2:18:23

Women's Team Standing (after 2 days)

1.	Heroes	6:49:14	Antonella Palmisano, Brigita Virbalyte-Dimsiene, Viktoria Madarasz
2.	Latinas a	6:49:23	Erica de Sena, Sandra Lorena Arenas, Kimberly Garci
3.	INTER F3	6:53:04	Nadia Borovska, Inna Kashyna, Ainhoa Pinedo, Julia Takacs
4.	China	6:58:20	Qieyang Shenijie, Nie Jingjing, Xie Lijuan, Mao Yanxue)
5.	UBA	7:19:29	Beki Smith, Claire Tallent, Hanna Drabenia, Tamara Havryliuk



Women's podium on Day 2



Lebogang Shange leads out in the men's race on Day 2
photos www.marciadalmondo.com

With stages today (Stage 3, 10.5km in Yuanboyuan) and tomorrow (Stage 4, a return to the Dongshan region for a final 10km race), there is lots more exciting racing still to come. Stay tuned for next week's newsletter.

65TH INTER-CORPORATE CHAMPIONSHIPS, OSAKA, JAPAN, FRIDAY 22 SEPTEMBER

Thanks to marciadalmondo (http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2917) for the 10,000m track walk results from the 65th Inter-Corporate Championships of Japan which were held last Friday at the Nagai Stadium in Osaka. With the first 4 men under 40 minutes and the first 6 under 41 minutes, the pace was on!

10,000m Track Walk Men

1.	Eiki Takahashi	JAP	38:56.90
2.	Daisuke Matsunaga	JAP	39:03.25
3.	Kai Kobayashi	JAP	39:06.86
4.	Isamu Fujisawa	JAP	39:33.77
5.	Satoshi Maruo	JAP	40:46.51
6.	Takayuki Tanii	JAP	40:51.79

10,000m Track Walk Women

1.	Sae Matsumoto	JAP	45:59.41
2.	Nozomi Okazaki	JAP	46:36.99
3.	Ai Michiguchi	JAP	47:46.11



Kai Kobayashi (17), Daisuke Matsunaga (9-143) and Eiki Takahashi (32) – photo www.marciadalmondo.com

NOT JUST A WALK IN THE PARK – 100 MILE CHALLENGE, OWEGO, NY, 23-24 SEPTEMBER

Emmanuel Tardi spent last weekend in city of Owego, some 200km NW of New York city, for the annual USA Centurion qualifying race. The race took place in Marvin Park, in the center of the city, using a 1km loop which was perfect for the walkers - smooth road, totally flat and with no turns. The start time was midday on Saturday. The only downside was the temperature which was very hot (over 30°C).

Christer Svensson (SWE) and **Dave McGovern** (USA) led out strongly from the start, passing the 30km mark together, at which time Christer broke away and slowly started to extend his lead. Christer reached the 50km mark in 5:45:20 with Dave not too far away with 5:59:09. Local walker and co-organiser **Dave Talcott** started much more conservatively but came though as the race progressed, catching Christer at the 58km mark and surging ahead in the cooler night time hours. He reached 100km in a very impressive 11:28:06, going on to win the 100 miles event with an excellent 18:53:10. Christer has problems with his feet and was forced to decelerate, eventually reaching the 100 mile mark in 21:49:09. They were the only 2 finishers. Dave McGovern, who had led out early, was forced to retire at the 90km mark, a victim of blistered feet and severe stomach problems. Of the two women attempting the 100 miler, **Sunyana Graef** reached 103 km and **Pamela Allie-Morrill** reached 100 km, both worthy efforts. Two women also completed the 100km race, with **Brenda May** winning in a time of 12:37:18 ahead of **Tracy Wright** who finished in a time of 19:41:42. And Emmanuel walked a leisurely 50km!

Full results, as well as all lapspits at http://my1.raceresult.com/82612/#0_D14072.

100 Mile Men

1.	Dave Talcott	161 km	USA	18:53:10	(C88)
2.	Christer Svensson	161 km	SWE	21:49:09	(C82)
3.	Paul Terbrack	134 km	USA	19:44:19	
4.	Ray Sharp	108 km	USA	21:38:57	
5.	Andy Cable	107 km	USA	19:45:25	
6.	Dave McGovern	90 km	USA	12:37:44	
7.	Sailash Shah	89 km	GBR	16:02:55	
8.	Pete Miller	70 km	GBR (IOM)	9:56:50	
9.	Alexis Davidson	51 km	USA	8:05:15	
10.	Emmanuel Tardi	50 km	FRA	21:24:39	

100 Mile Women

1.	Sunyana Graef	103 km	USA	21:26:03	
2.	Pamela Allie-Morrill	100 km	USA	14:58:20	

100km Women

1.	Brenda May	100 km	USA	12:37:18	
2.	Tracy Wright	100 km	USA	19:41:42	

100km Men

1.	Ron Salvio	31 km	USA	4:23:22	
2.	Patrick Bivona	25 km	USA	4:11:15	

10km Walk

1.	Betsy Balshuweit	10 km	USA	1:42:35	
2.	Jeanne Cooke	10 km	USA	1:42:35	



The field contemplates the task ahead of them



And they are underway – Emmanuel leads off with Dave Talcott



Dave Talcott and Christer Svensson reach their 100 mile target (photos Emmanuel Tardi and others)

ITALIAN CLUB CHAMPIONSHIPS, MODENA, ITALY, 23-24 SEPTEMBER

Last weekend saw the finals of the 2017 Italian Club's Championships, with 6 different cities hosting events. The most important final was the "Gold" that was held in Modena and saw a 10,000m walk for the men and a 5000m walk for the women. This is well reported in http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2918.

First to the Gold standard Club Championship walks which were won by **Francesco Fortunato** (42:40.71) and **Valentina Trapletti** (21:46.77). Both races were held concurrently, with the men walking in lane 1 and the women in lane 4.

Men 10,000m Race Walk

1.	Francesco FORTUNATO	ITA	94	42:40.71
2.	Leonardo DEI TOS	ITA	92	42:48.47
3.	Cesare COZZA	ITA	97	44:06.31
4.	Ettore GRILLO	ITA	97	44:25.84
5.	Davide MARCHESI	ITA	99	45:00.42
6.	Jean Jacque NKOULOUKIDI	ITA	82	45:08.46
7.	Flavio VONA	ITA	84	45:21.59
8.	Ruggero D'ASCANIO	ITA	84	46:15.13

Women 5000m Race Walk

1.	Valentina TRAPLETTI	ITA	85	21:46.77
2.	Eleonora DOMINICI	ITA	96	21:56.50
3.	Nicole COLOMBI	ITA	95	22:12.69
4.	Adelaide SANSONI	ITA	82	22:49.77
5.	Diana CACCIOTTI	ITA	95	23:02.74
6.	Ilaria Camilla GALLI	ITA	87	24:00.57
7.	Valeria PEDETTI	ITA	73	24:31.02
8.	Lisa CANI	ITA	96	25:24.03
9.	Mariavittoria BECCHETTI	ITA	94	25:29.75
10.	Vittoria GIORDANI	ITA	00	25:32.61
11.	Laura SILLI	ITA	99	26:33.23
	Sascia GRAFEO	ITA	92	DQ

The other finals were held in Agropoli (silver), Arzignano (Final B: Nord Est), Turin (Final B: Nord Ovest), Ostia (Final B: Tirreno) and Ravenna (Final B: Adriatico) where 5000m walks were contested. I don't have all 5 sets of results but have found 3 which are reproduced below.

ITALIAN CLUB CHAMPIONSHIPS, AGROPOLI, ITALY, 23-24 SEPTEMBER

First to Agropoli where **Federico Tontodonati** (19:39.13) and **Giulia Panconi** (25:58.90) won. Frustration for **Tatyana Gabellone** who was disqualified for stepping out of the lane. The women had walk ed in lane 5, whilst the men were racing at the same time in lane 1. She won by almost a lap, and the speaker had already called her to the medal ceremony. After waiting for almost an hour, she was then advised of her disqualification from the speaker who announced a different winner. Bad luck to Tatyana.

Men 5000m Race Walk

1.	Federico TONTODONATI	ITA	89	19:39.13
2.	Diego CHIRIVI'	ITA	99	21:54.52
3.	Riccardo ORSONI	ITA	00	22:23.98
4.	Giuseppe MARCHISELLI	ITA	91	23:44.62
5.	Edoardo GAGLIARDI	ITA	99	23:56.78
6.	Giulio SCOLI	ITA	01	24:33.66
	Stefano CHIESA	ITA	96	DQ

Women 5000m Race Walk

1.	Giulia PANCONI	ITA	97	25:28.90
2.	Elisa RAIA	ITA	78	25:37.28
3.	Beatrice FORESTI	ITA	98	25:46.23
4.	Francesca Azzurra PINI	ITA	99	26:08.52
5.	Viviana VALSECCHI	ITA	92	26:21.19
6.	Giada Francesca CIABINI	ITA	97	26:31.38
7.	Annachiara PATERNICO'	ITA	98	26:38.62
8.	Maria Teresa CORTESI	ITA	96	26:44.45
9.	Giorgia MENIS	ITA	96	27:08.33
	Tatyana GABELLONE	ITA	84	DQ
	Chiara VERTERAMO	ITA	99	DQ
	Valeria DISABATO	ITA	99	DNF

ITALIAN CLUB CHAMPIONSHIPS, OSTIA, ITALY, 23-24 SEPTEMBER

Now to Ostia and Ravenna for some more Italian Club Championship results.

Men 5000m Race Walk

1.	Gianluca PICCHIOTTINO	ITA	96	20:47.76
2.	Stefano MANSUTTI	ITA	95	20:53.67
3.	Davide FINOCCHIETTI	ITA	01	21:30.42
4.	Andrea MERCALDO	ITA	76	24:05.71

Women 5000m Race Walk

1.	Agnese PASTARE	LAT	88	24:33.96
2.	Tatiana ZUCCONI	ITA	77	25:14.50
3.	Sara PERULLO	ITA	99	26:48.26
	Desiree DI MARIA	ITA	87	DQ
	Annalisa RUSSO	ITA	98	DQ

ITALIAN CLUB CHAMPIONSHIPS, RAVENNA, ITALY, 23-24 SEPTEMBER

Men 5000m Race Walk

1.	Massimo STANO	ITA	92	20:21.02
2.	Luca MONTOLEONE	ITA	90	21:55.16
3.	Nicolas FANELLI	ITA	99	22:12.29
4.	Francesco CECERE	ITA	00	23:43.77
5.	Michele MINTO	ITA	98	24:16.27
	Alfonso ALBERGA	ITA	99	DQ

Women 5000m Race Walk

1.	Alessia ZAPPAROLI	ITA	88	23:57.59
2.	Simona BERTINI	ITA	01	25:03.73
3.	Sara VITIELLO	ITA	96	25:22.06
4.	Maria Teresa VULPIS	ITA	99	26:21.57
5.	Anastasia GIULIONI	ITA	01	26:39.94
6.	Elena MARTINOZZI	ITA	87	26:44.27
7.	Linda TERZI	ITA	98	27:00.01
8.	Delia SARDO	ITA	00	27:37.32
9.	Camilla GATTI	ITA	01	27:38.18

ERWL ONE HOUR BADGE RACE, LVAC, ENFIELD, SUNDAY 23 SEPTEMBER

Thanks to Dave Ainsworth for the latest results from the Essex Race Walking League at the League Valley Athletics Centre in Enfield. Dave reported:

European Masters Champion **Francisco Reis**, making his first ERWL appearance of the season, lapped the entire field to score a convincing victory. Eight of the 33 competitors, probably aided by superb conditions, bettered distances they covered last year, albeit **Peter Cassidy** by a single metre. **David Crane** was an isolated second for most of the hour, whilst the chasing trio of **Annette, Wilkinson and Martin** provided some great racing to watch. **Melanie Peddle**, who continues to impress, led the ladies home and in third place Aldershot's **Sue Davies** dedicated her performance to the memory of club mate Ann Lewis (also a former League champion), who passed away in June. A well-done! to 78 year old **Tom Casserley** who qualified for his 5 in the Hour badge, whilst at the other end of the age range 15 year old **George Wilkinson** more than earned his 6 in the Hour award.

1 Hour Walk Men

1.	Francisco Reis	Thames Valley	12.193 km	M55
2.	David Crane	Surrey WC	11.392 km	M35
3.	David Annette	North Herts R	11.243 km	M50
4.	George Wilkinson	EHAC	10.864 km	U17
5.	Malcolm Martin	Surrey WC	10.264 km	M60
6.	Mark Culshaw	Ilford AC	9.943 km	M50
7.	Steve Allen	Barnet & Dist	9.426 km	M60
8.	John Ralph	EHAC	9.417 km	M60
9.	John Borgars ©	Loughton AC	8.826 km	M70
10.	Andrew Cox	Hillingdon AC	8.749 km	M65
11.	Amos Seddon	EHAC	8.710 km	M75
12.	Peter Hannell	Surrey WC	8.676 km	M75

13.	Shaun Lightman	Surrey WC	8.491 km	M70
14.	Bob Dobson ©	Ilford AC	8.436 km	M70
15.	Russell Vroobel	Hillingdon AC	8.341 km	M55
16.	David Hoben	Surrey WC	8.313 km	M60
17.	Tom Casserley	Garden City R	8.126 km	M75
18.	Phil Goodwin	Ilford AC	8.089 km	M 65
19.	Peter Cassidy	Loughton AC	7.892 km	M75
20.	Tony Wilkinson	unattached	7.616 km	M55
21.	Mick Barnbrook ©	Ilford AC	7.381 km	M75
22.	Jon May	EHAC	7.149 km	M65
23.	Dave Ainsworth ©	Ilford AC	6.701 km	M65
24.	Ken Livermore ©	EHAC	6.527 km	M80

1 Hour Walk Women

1.	Melanie Peddle	Loughton AC	9.620 km	W45
2.	Maureen Noel	Belgrave H	9.383 km	W50
3.	Sue Davies	Aldershot FD	9.327 km	W50
4.	Fiona Bishop	Woking AC	9.087 km	W55
5.	Joyce Crawford	EHAC	8.880 km	W50
6.	Anne Jones	Steyning AC	8.877 km	W60
7.	Angela Martin	Surrey WC	8.471 km	W50
8.	Geraldine Legon	Bexley AC	8.446 km	W55
9.	Sue Clements ©	Cambs/Col	7.631 km	W60

JIM SHARLOTT / BMAF 10KM WALK, ABBEY PARK, LEICESTER, SUNDAY 17 SEPTEMBER

Thanks to Mark Wall for the results from the annual Jim Sharlott walks which were held just over a week ago in Leicester. **Wins to Francisco Reis (48:56) and Agata Kowalska (57:09)** who sat back in the field but then blasted home with a very strong finish. Full results at <http://www.leicesterwalkingclub.org.uk/Race%20Reports/2017/Jim%20Sharlott%202017.pdf>. Photos at https://1drv.ms/u/s!ApN91MsHAQRi5mrHOYvj8wlg_Mpr. Race youtube video at <https://www.youtube.com/watch?v=Or4gyYaNfSA>.

10km Men

1.	Francisco Reis	Thames Valley Harriers	48.56
2.	Mark Williams	Birchfield Harriers AC	57.35
3.	Peter Boszko	Birchfield Harriers AC	58.17
4.	Tony Taylor	Lancashire WC	58.40
5.	Ben Allen	Leicester WC	59.16
6.	John Hall	Belgrave Harriers	59.57
7.	Daniel McKerlich	Cardiff AC	60.22
8.	John Constandinou	Birchfield Harriers AC	61.46
9.	Colin Vesty	Leicester WC	63.12
10.	Hardeep Minhas	Leicester WC	63.58
11.	George	Smolinski Leicester WC	64.48
12.	Ron Penfold	Steyning AC	65.26
13.	Ian Torode	South West Vets AC	65.57
14.	David Crompton	Lancashire WC	67.03
15.	Stuart Edgar	Dudley & Stourbridge	68.37
16.	Mark Byrne	Redcar RWC	69.45
17.	John Borgars	Herts Pheonix AC	71.30
18.	Bob Dobson	Ilford AC	72.23
19.	David Fall	Birchfield Harriers AC	80.13
20.	Edmund	Shillabeer Ilford AC	84.14
	Ian Richards	Steyning AC	DQ

Mens Teams:

1.	Birchfield Harriers	Williams, Boszko, Constandinou, Fall
2.	Leicester WC	Allen, Vesty, Minhas, Smolinski

10km Women

1.	Agata Kowalska	Kwidzyn Poland	57.09
2.	Fiona Oakes	Leicester WC	58.01
3.	Emma Achurch	Leicester WC	58.31
4.	Carolyn Dyall	Nuneaton Harriers	60.38
5.	Melanie Peddle	Loughton AC	61.21
6.	Laura Achurch	Leicester WC	64.22
7.	Fiona Bishop	Woking AC	68.09
8.	Noel Blatchford	Abingdon AC	68.50

9.	Angela Martin	Surrey WC	70.23
10.	Lin Farrow	Harborough AC	74.44

Womens Teams:

1.	Leicester WC	Oaks, Achurch, Achurch
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Open 2km Walk

1.	Brian Adams	Leicester WC	11.47
2.	Ann Wheeler	Nuneaton Harriers	13.38
3.	Molly McKerlich	Cardiff AC	14.11
4.	Hardeep Minhas	Leicester WC	14.12
5.	Jeff Taylor	Leicester WC	14.16
6.	William Limbert	Leicester Old School	14.20
7.	Julian Barnett	Birchfield Harriers AC	14.31
8.	Mick Loach	Leicester Old School	14.33
9.	George Smolinski	Leicester WC	14.37
10.	Tazmina Rashid	Unattached	14.37
11.	Bill Wright	Nuneaton Harriers	15.09
12.	Geoff Toone Leicester	Old School	15.11
13.	Edmund Shillabeer	Ilford AC	15.12
14.	Bradley Oakes	Unattached	16.08
15.	Brooke Oakes	Unattached	19.28
16.	Jake Oakes	Unattached	19.29

20KM ROADWALKS, NEUILLY-SUR-MARNE, FRANCE, SUNDAY 28 SEPTEMBER

Thanks to **Emmanuel Tardi** for passing on the results from the traditional 20km roadwalk meet, held on Sunday in Neuilly-sur-Marne, near Paris. Pictures at

https://photos.google.com/share/AF1QipOBkuwH_t_Iq2ZI8CpoWcQR0OvryuumXMdIW5XbaeG3QWZ_mVy_trcPDJoc3MUneg?key=VIBZWTJOQWVjs0dFQ09ZTk5IREkzbDRqcjREM0xB

20km Roadwalk

1.	DA SILVA CARVALHO Thomas		SEM/83	1:47:18
2.	DELECOLLE Sebastien	Us Athletiques De Lievin	VEM/77	1:50:44
3.	COTTEVIEILLE Maxime	Ca Montreuil 93	SEM/90	1:51:17
4.	LANOUE Severine	Rcf Issy Avia	SEF/85	1:56:08
5.	BERGEAL Arthur	Elan 91 (palaiseau)	SEM/84	1:57:39
6.	LEGENTIL Marc	Dynamic Aulnay Club	SEM/84	1:58:26
7.	BROU Florent	Ac Paris-joinville	SEM/93	1:59:21
8.	MARIE Frederic	Ouest Yvelines Athle	VEM/61	2:00:57
9.	LEGENTIL Cyril	Dynamic Aulnay Club	SEM/86	2:02:42
10.	OLIVARES Mathieu	Neuilly Sur Marne Athletisme	VEM/76	2:04:00
11.	BOLLINGER Vincent	Dynamic Aulnay Club	SEM/84	2:07:24
12.	CHATEAU Xavier	Uai Nogent-sur-marne	VEM/63	2:07:26
13.	LEMOGNE Loic	C.c. Taverny Athletisme	VEM/55	2:08:15
14.	BIZARD PLANCHOT Emilie	Neuilly Sur Marne Athletisme	SEF/85	2:14:41
15.	VAUGON Chrystele	Reveil Sportif De St Cyr/loire	VEF/71	2:15:04
16.	VICTOR Etienne	Cag Arnouville Gonesse Villier	VEM/64	2:15:04
17.	STEINVILLE Nathalie	Asfi Villejuif	VEF/64	2:15:27
18.	GALMICHE Catherine	Cag Arnouville Gonesse Villier	VEF/57	2:21:18
19.	LANGLOIS Cloe	Dynamic Aulnay Club	ESF/97	2:23:09
20.	LEMOGNE Jocelyne	C.c. Taverny Athletisme	VEF/54	2:24:05
21.	BRUNEAUX Jean-claude		VEM/54	2:24:14
22.	LAPERSONNE Stephanie	Union Nord Est 95 A	SEF/86	2:25:50
23.	BIZARD Claudie	Thiais Ac	VEF/59	2:26:22
24.	LAMIRAULT Philippe	Athletic Club Arpajonais	VEM/69	2:28:45
25.	LEROUX Jean-paul	Athletic Club Arpajonais	VEM/60	2:31:46
26.	SIMEON Elisabeth	Paris Uc	VEF/42	2:43:51

OUT AND ABOUT

- Vince Peters pointed to a great youtube video of a skit from the opening ceremonies of the 1992 Olympic Games in Barcelona (Spain) where Race Walking is, and remains, a very popular event in track & field. Well worth a watch - <https://www.youtube.com/watch?v=W9RHD3vn0HU>.

- Twelve more national anti-doping agencies have supported the appeal by a number of members of the National Anti-Doping Organization (NADO) to ban the Russian national team from the 2018 Winter Olympic Games because of doping scandals. See <http://articleable.info/articles/12-more>.
- A payment made by IAAF senior vice-president Sergey Bubka to its banned former treasurer Valentin Balakhnichev is under investigation. Le Monde reports the payment was made a day after an almost identical amount was sent from Balakhnichev's company account to Papa Massata Diack, who is wanted by French prosecutors investigating allegations of corruption at the IAAF. See <http://www.bbc.com/sport/athletics/41346447>.
- **Grigory Rodchenkov**, the former director of Russia's antidoping center who fled Russia in fear of his life, is depressed about the way WADA seems to be clearing the decks in anticipation of allowing Russia to come back from their ban in time for the 2018 Olympic Winter Games. See <https://mobile.nytimes.com/2017/09/22/opinion/russia-olympic-doping-rodchenkov.html>.
- Asli Cakir Alptekin, who won Olympic gold at London 2012 before being stripped of the title, has been banned for life by the Turkish Athletics Federation for a third doping offence, state-run Anadolu news agency have reported. Alptekin won the 1500m title in London, a race where six of the first nine finishers have served drugs bans before or since, leading some to refer to it as the "dirtiest race in history". See <https://www.supersport.com/athletics/article.aspx?Id=4136604>.

MARCIADALMONDO AND OMARCHADOR ROUNDUP

Marciadalmondo has 9 press releases this week

- Mon 25 Sep - Shange Lebogang (RSA) and Qieyang Shenijie (CHN) win second stage of Lake Taihu Rally http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2920
- Sun 24 Sep - Perseus Karlstrom (SWE) and Nie Jingjing (CHN) win first stage of Lake Taihu Rally http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2919
- Sat 23 Sep - Francesco Fortunato and Valentina Trapletti win Club Champs A Grade in Modena, Italy http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2918
- Sat 23 Sep - Great walk results in 65th Inter-Corporate Championships of Japan http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2917
- Sat 23 Sep - On the eve of the Lake Taihu Rally in China http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2916
- Wed 20 Sept - Russian walker Nikolay Ivanov killed in knife attack http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2915
- Wed 20 Sep - Preview of Italian Club Champs A Grade in Modena, Italy http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2914
- Tue 19 Sep – Australian walker Chris Erickson announces his retirement http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2913
- Mon 18 Sep - Hagen Pohle and Teresa Zurek win German Champs in Diez http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2912

and Omarchador has 8 press releases this week

- Mon 25 Sep - Shange and Qieyang win second stage of Lake Taihu Tour <http://omarchador.blogspot.com.au/2017/09/shange-e-qieyang-vencem-segunda-etapa.html>
- Sun 24 Sep - Karlström and Jingjing win first stage of Lake Taihu Tour <http://omarchador.blogspot.com.au/2017/09/karlstrom-e-jingjing-adiantam-se-no.html>
- Sun 24 Sep - Results of Croatian Indoor Athletics Cup <http://omarchador.blogspot.com.au/2017/09/a-marcha-atletica-na-taca-da-croacia-em.html>
- Sat 23 Sep - Results of Grande Prémio de Marcha Atlética “Professor Ivo da Silva” in Brazil <http://omarchador.blogspot.com.au/2017/09/27-grande-premio-de-marcha-atletica.html>
- Fri 22 Sep - Spain releases draft calendar fro 2017/2018 season <http://omarchador.blogspot.com.au/2017/09/federacao-espanhola-divulgou-projecto.html>

- Thu 21 Sep - Preview of Lake Taihu Rally
<http://omarchador.blogspot.com.au/2017/09/de-volta-ao-lago-taihu-na-china.html>
- Wed 20 Sep - Young walker Nikolay Ivanov stabbed to death in Russia
<http://omarchador.blogspot.com.au/2017/09/jovem-marchador-esfaqueado-mortalmente.html>
- Tue 19 Sep - Pohle and Zurek win German track titles in Diez
<http://omarchador.blogspot.com.au/2017/09/pohle-e-zurek-com-titulos-alemaes-de.html>

DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions.

Australian/Victorian Key Dates – 2017/2018 Summer Season

Oct 7 (Sat), 2017	AV Shield Competition starts, around Victoria
Oct 17 (Wed), 2017	VRWC Summer Season starts, George Knott Athletic Track, Clifton Hill, VIC
Nov 3-5, 2017	AV All Schools State Track & Field Championships, Lakeside Stadium, Melbourne, VIC
Dec 3 (Sun), 2017	Australian 50km Championship (and 20km and U20 10km events), Fawkner Park, Melbourne, VIC
Dec 8-10, 2017	Australian All Schools Championships, Adelaide, SA
Jan 26-28, 2018	AV Country Championships, Ballarat, VIC
Feb 11 (Sun), 2018	Australian 20km Race Walking Championships, Adelaide, SA
Feb 15-18, 2018	Australian Athletics Championships & Nomination Trials, Gold Coast, QLD (10,000m Walks)
Feb 23-25, 2018	AV Junior & Para Championships, Lakeside Stadium, Melbourne, VIC
Mar 2-4, 2018	AV Open & Para Championships, Lakeside Stadium, Melbourne, VIC
Mar 14-18, 2018	Australian Junior Athletics Championships, Sydney, NSW
Mar 24-25, 2018	AV Masters Championships, Doncaster/Nunawading, VIC
Apr 1 (Sun), 2018	Easter Sunday
Apr 4-11, 2018	Commonwealth Games, Gold Coast, QLD
Apr 21-22, 2018	Australian Centurions 24 Hour Qualifying Race, Harold Stevens Athletics Track, Coburg, VIC
Apr 28-29, 2018	Australian Little Athletics Championships, Gold Coast, QLD
Apr 26-29, 2018	Australina Masters T&F Championships, Perth, WA

International Dates – 2018 and onwards

Jan 20-27, 2018	Oceania Masters Athletics Championships, Dunedin, New Zealand See www.mastersathleticsoceania.com
Apr 4-15, 2018	XXI Commonwealth Games, Gold Coast, QLD (20km roadwalks). See http://www.gc2018.com Men's and Women's 20km walk, Currumbin Beachfront, Sunday 8 April
May 5-6, 2018	28 th IAAF World Race Walking Team Championships, Taicang, China
July 10-15, 2018	16 th World Junior T&F Championships, Tampere, Finland
Sept 4-16, 2018	22 nd World Masters Athletics T&F Championships, Malaga, Spain
Mar 24-30, 2019	World Masters Indoors T&F Championships, Torun, Poland
July 3-14, 2019	30 th Summer Universiade, Naples Italy
Sept 28 – Oct 6, 2019	17 th IAAF World Championships in Athletics, Doha, Qatar
July 24 – Aug 9, 2020	32 nd Olympic Games, Tokyo
July 20 – Aug 1, 2020	23 rd World Masters T&F Championships, Toronto, Canada
Aug 6-15, 2021 (TBC)	18 th IAAF World Championships in Athletics, Eugene, USA
July 18-30, 2022	XXII Commonwealth Games, TBA

On 13th March 2017, Durban announced that it would not host the Games, due to financial constraints.

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Copies of recent newsletters are kept on the VRWC website (<http://www.vrwc.org.au>)