



HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club
2017/2018 Number 01
3 October 2017



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WALKER OF THE WEEK

Now in its fifth year, the Around Lake Taihu 4 Day Race features stages of varying distances and locations on each of the days, all situated around the scenic Lake Taihu area. The prize money and fun nature of the event attracts many of the world's best race walkers as they look to end their season on a high.

Since his DNF at the inaugural staging in 2013, **Dane Bird-Smith** has gone from strength to strength. The 2016 Olympic bronze medallist finished second individually in 2014 and 2015, also taking team honours in the latter. Last year he finished first individually and second in the team competition – positions he replicated at this year's event.

Dane finished with 4th, 1st, 1st and 2nd in this year's four stages, to win individual honours by 45 seconds from South Africa's Lebogang Shange. That makes this week's **Walker of the Week** an easy choice. Well done Dane!



Dane Bird-Smith wins on Day 3 in China (photo www.marciadalmondo.com)

WHAT'S COMING UP

- **Athletics Victoria Shield** competition starts this coming **Saturday 7th October**. I hope you have all had a refreshing break and that you are now ready to fire up with the summer T&F season.

As discussed previously, the season is different this year, with the 4 Melbourne metropolitan venues being reduced to two (country zones and venues unchanged). As there are still 4 metro zones, each metro comp is now a zone vs zone competition. Further, Program 1 and Program 2 are changed, with walks now only scheduled on Program 2. But it's not as bad as you might think, as athletes can now choose which venue they compete at. That means you could choose to do Program 2 each round, and hence continue to have your weekly racewalk. You are no longer tied to your home venue. If you compete at another venue, you can still score points for your club. Sounds good to me!

You are asked to **pre-register by Wednesday midday** (that's tomorrow!) via the AV Portal: See <http://athsvic.org.au/wp-content/uploads/AV-Shield-Portal-Entry-Guide.pdf>. Then all you have to do is turn up at your venue of choice and sign on at least one hour before the start time for your first event (or you risk being scratched).

Metro athletes can compete at either Doncaster or Nunawading. Just to reiterate, you can choose either venue. I suspect we will have very big walk fields at Nunawading.

Doncaster	Red Zone vs Yellow Zone	Program 1	No walks
Nunawading	White Zone vs Blue Zone	Program 2	1500m Walk for U14 & U16, 3000m Walk for everyone else

Links: AV Shield page: <http://athsvic.org.au/2017/generalnews/av-shield-round-1-live/>
AV Summer Handbook: http://athsvic.org.au/wp-content/uploads/AV_SummerHandbook2017-18_WEB02.pdf

- Looking further ahead, our opening **VRWC Summer Season races** are on **Wednesday 18th October**. Full season fixture at <http://www.vrwc.org.au/vrwcs18.shtml>.
- Looking even further forward, the **Australian Masters Games** (<http://www.australianmastersgames.com/>) will be held in Burnie, Tasmania, from October 21-28, 2017. There are 3 walks – 1500m, 3000m and 5000m – and start lists have been published at http://www.australianmastersgames.com/_uploads/res/35_12522.PDF. Good luck everyone!

WHAT HAPPENED BETWEEN MAY 2016 AND APRIL 2017 DEMONSTRATES THE IMMEDIATE NEED FOR WHAT LOR COE PROMISED: TRANSPARENCY
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Thanks to **Paul DeMeester** for yet another superb analysis of the latest bit of the 50km jigsaw that has come to our attention – a 50km article by Jane Saville, written in May 2016. Over to Paul

The Right Man for the Job

Lord Sebastian Coe became President of the International Association of Athletics Federations (IAAF) after the Beijing Worlds in 2015. Since, Lord Coe has presided over four important IAAF decisions with respect to the 50km race walk event: allowing women to contest it at the 2016 Race Walking Team Championships in Rome; recognizing a women's world record; preserving the men's event as part of the Tokyo 2020 Olympic competition program; and opening up the 2017 London World Championships race to seven women walkers. President Coe deserves enormous credit for each of those actions.

Two issues past ([Heel and Toe Online, 2016/2017 no. 51](#)), I argued that the IAAF should stand up to the Olympic Committee in defense of all athletics events. Coe is the right person to spearhead such effort. His life has been one of battles he chose to contest. His Olympic gold medals were earned the hard way, against stiff competition, and not in the event that he favored (800m). His international career spanned 14 years. Two years after it ended, in 1992, Coe won a seat in the House of Commons. No doubt, some fashioned him a future Prime Minister of the United Kingdom. But Coe, a Tory, lost his seat in 1997, when Tony Blair's Labour Party swept into 10 Downing Street with a landslide victory.

Coe did not live in his past. He resurfaced as the head of the London 2012 Olympic bid. Many if not most expected Paris to get the nod. But London won. Coe went on to preside over a most successful Olympic Games. An IAAF Vice President since 2007, and an IAAF Council member before that, Coe went on to gain the presidency in a contested election.

Lord Coe may just be the right person to stare down the Olympic titans. Coe knows what a political contest is all about. The Olympics need athletics more than athletics need the Olympics. Coe has the political skills to stand up for athletics on the world stage, including on behalf of race walking.

Coe's Call for Transparency

In July of 2016, the IAAF organized a forum in Amsterdam to discuss governance reform. The IAAF then published an outline of the reform proposal. In writing its Preface, Coe called for athletics to be "transparent." What happened to the 50km race walk event since demonstrates that Coe's call for transparency could not have come soon enough.

Jane Saville Pushed for a Women's 50km Event

On May 7, 2016, the Australian online arm of the Special Broadcasting Service published an article by Jane Saville, the 2004 Olympic bronze medalist in the Women's 20km Race Walk, who is a member of the IAAF's Race Walking Committee. Here's the link: <http://www.sbs.com.au/topics/zela/article/2016/05/07/walk-way-jane-saville-pushing-long-distances-race-walking>. The article is worth reprinting in its entirety, given what transpired thereafter.

**The IAAF has taken big steps towards equality with the introduction of female race walkers in the “Open 50km” event at the World Team Championships
By Jane Saville, 7 MAY 2016 - 9:14 AM**

Who would want to walk 50km?

I am hoping lots of women now that the International Association of Athletics Federations (IAAF) amended its rules last year to include the women’s 50km Race Walk as a recognised World Record event.

It also recently announced that female race walkers could compete in the “Open 50km” (previously know as Men’s 50km) at this weekends IAAF World Team Championships in Rome!

The IAAF is taking the first steps (yes an appropriate pun!) to equality on the international stage. The men have two race walking events (20km and 50km) at World Champs and Olympics.

Women’s race walking was only included in the 1992 Olympics as a 10km (since 1987 at Worlds) and changed to a 20km event in Sydney. It has certainly been a slow journey to this point in 2016.

However, how long will it be until there is an outright event for women? Without the event on the programme at the highest level I don’t believe any of the best female race walkers will prepare seriously for the 50km.

We need to phase it into the programme at the World Championships, starting at Area National Championships as soon as possible and then of course the Olympic Games.

The 50km event is an amazing race especially at the highest level, never knowing until the finish line if the athletes will hold on, or should I say survive! It’s a race of tactics, endurance and technique. We have to ensure exciting races with quality fields and it will take time to develop women in the 50km. Nobody wants to see a small field of walkers racing for over 5 hours! That’s why we need to promote and develop the 50km from grass roots to international level to ensure a successful introduction.

I remember whilst preparing for the Olympics in 1996 being told the women’s event was likely to be changed to 20km at the next Games. I stated outright that I would retire if this happened!

I didn’t retire and nearly won the inaugural 20km event at our very special Olympic Games in Sydney. In time I grew to relish the longer distance, but it took a period for the women to adapt to this new, challenging distance!

Would I have raced a 50km if offered? YES, I would have taken up the challenge, but only if it had been for a major international competition. I wanted to medal at the Worlds or Olympics and wouldn’t have wanted to prepare for the 50km had there not been that “carrot” of an international medal dangling!

When I was racing I remember a couple of male race walkers commenting how they wanted to do a 50km one day in their career as it maybe the closest thing to child birth.

As I consider those comments now, post career and after having 3 kids, I think it best never to compare any sport to child birth! Sport is just that, sport, and you can always ease up when it hurts too much.

Although the elements can certainly play more havoc with distance events like the 50km as I witnessed at a few races in searing heat athletes collapsing, delirious with exhaustion and dehydration.

But will we see many women compete in Rome this weekend? I doubt it. The 1 month notice is too short for athletes to prepare properly for a 50km event, although most would have done enough training to finish I assume, but I doubt would they race it well.

One female athlete definitely racing the 50km will be Erin Taylor-Talcott who has been selected for the USA team. She has been the driving force behind the push, fighting all the way through the courts for opportunities to race 50km.

In reality the “Open 50km” event at #Rome2016 is only advantageous to women from weaker race walking countries because there is a limit of 5 athletes that can compete in the team! For example if you’re from China or European countries you have no chance of competing because they have such incredible depth in the men’s event.

It’s a start and I have to commend the IAAF in taking the decision to allow women to compete in Rome, albeit at short notice. I feel that the new leadership from Seb Coe has recognised that they needed to do something and this was the best option within the time frame.

I will be fighting for a women’s 50km Race Walk event on a major international programme soon. Whilst they’re at it, the IAAF may want to look at creating a Women’s Decathlon and Women’s 110m Hurdles!

I could not agree more with what Jane Saville wrote. She labelled the increase in race distances for women “a slow journey.” Amen! Referring to the 50K, she posed the question how long it would take “until there is an outright event for women?” She expressed the opinion that “[w]ithout the event on the programme at the highest level I don’t believe any of the best female race walkers will prepare seriously for the 50km.” Sounds like an endorsement for a women’s 50K at the Worlds and Olympics.

Saville admitted she would have raced the 50km if offered but only if the distance was contested for medals at a major international competition. Saville gave a nod to the pioneering efforts of Erin Taylor-Talcott, the U.S. walker who fought successfully to allow women to race in the U.S. Olympic Trials 50K; for U.S. women walkers to obtain prize money equal to that of their male counterparts in national championships; for women to race at the Rome 2016 50km event; and for women to race in the London 2017 50km World Championships. Saville called Erin “the driving force behind the push.”

Saville pointed to the unequal aspects of the 50km as a Mixed Event, as it was in Rome: women walkers would have to compete with men for their nation’s five team selection spots. Saville lauded Seb Coe’s new leadership for the winds of change.

Saville concluded her May 2016 article with a promise: “I will be fighting for a women’s 50km Race Walk event on a major international programme soon.”

And Then What Happened?

Fourteen months after expressing her sentiments about the need for a women’s 50km event, Saville reacted negatively to the IAAF’s decision to let women compete in the London 2017 50K. Saville’s reaction, set forth in an e-mail to her colleagues on the Race Walking Committee: “I am extremely frustrated and saddened. I needed to make clear to the Committee my thoughts on this predicament. I understand that the IAAF didn’t want to be dragged into CAS [Court of Arbitration for Sport] over an equality case that they may or may not lose, but I think we all agree that it is common sense NOT to have an official Women’s 50km at the World Championships in London in 2017.” (Saville e-mail of 23 July 2017; caps in original.)

How did this May 2016 champion of women’s 50K equality turn into a staunch opponent? Last week, your editor Tim Erickson charted the chronology of events between May 9, 2016, when the IAAF Race Walking Committee met in Rome, and February 25, 2017, when the same committee met in Monaco and managed to propose consigning the 50K, including the men’s, to the dustbin of history ([Heel and Toe Online, 2016/2017 no. 52](#)). Mind you, none of this information was public. Tim only learned of it because one committee member reported on the May 2016 meeting to her own federation (which published the report online) and a fortuitous leak in early 2017 alerted Tim and the world of race walking to the February 2017 committee decision (using the word “decision” liberally).

Just imagine what would have happened if Tim Erickson had not received news of the proposed demise of the 50K just prior to the London IAAF Council meeting in mid-April. (See [Heel and Toe Online, 2016/2017 no. 27A](#).) The 50km event would most certainly have disappeared from the major competition schedule. To Seb Coe’s credit, once the race walking community voiced its feelings, Coe led the Council in keeping the competition program intact, 50K included.

But what a close call that was. What is most surprising is that the impetus for axing the 50K came from the Race Walking Committee itself, despite the fact that among its ten members are a three-time 50K Olympic Champion, a five-time 50K Olympian and Saville, the self-identified supporter of the women’s 50K. What did happen at these meetings in Rome and Monaco? What did IAAF staff tell the committee members? Were the committee members told of any Olympic threat to eliminate one of the two race walking distances? Who knows?

Lord Coe’s Transparency Call Could Not Have Come at a More Appropriate Time

Enter Lord Coe’s call for transparency in our sport. The meetings of the Race Walking Committee and the IAAF Council are held in secret. Gutting the 50K was a secret plan known to but a handful of people.

The machinations behind the plan demonstrate that the IAAF must implement what its President called for: transparency. Translated into concrete action, that means that the proceedings of the Race Walking Committee and the IAAF Council must be open to the public. Proposals to be voted upon should be published beforehand, to allow for public input to the Committee and Council members. There is no doubt in my mind that the axe would have never even been proposed to fall on the 50K if the plan had been a public one.

I have previously called upon the IAAF to present a united front in defending our family of athletic events against outside attack, i.e. the IOC. But we must do more in house to expose sneak attacks within the family. Public meetings would go a long way toward that goal.

Paul F. DeMeester
San Francisco
Monday 2nd October 2017

2017 AUSTRALIAN UNIVERSITY GAMES, GOLD COAST, 24-29 SEPTEMBER

The 2018 Australian University Games 5000m track walks were held last Tuesday evening at the Griffith University Athletics Track on the Gold Coast (see <http://www.australianunigames.com.au/>). Unfortunately, the walk results have been completely muddled and, after a couple of attempts by the local organisers, they are still wrong. I have chatted with various people and can confirm the leading places which are shown below. Alas, the other times are anyone's guess! I am also told that there were actually on 3 DQs. Two of the 4 men so designated actually did not finish in the allocated cutoff time so should be designated differently. All in all, a bit of a debacle.

Overall, wins to double Olympian **Regan Lamb** (22:56.39) and **Steven Washburn** (25:43.50). Big PB to **Marly Berntsen** who took second in the women's walk with a big PB of 26:44.50.

Women 5000m Walk

1.	Lamb, Regan	Melbourne Uni	22:56.39
2.	Berntsen, Marly	Melbourne Uni	25:44.50
3.	Martin, Katya	Qld U of Tech	26:09.51
4.	Heard, Amanda	La Trobe University	26:49.78
5.	Barendregt, Amanda	Western Sydney U	?
6.	Dickerson, Georgie	Macquarie Uni	?
7.	Grujoski, Stephanie	U of Tech Sydney	?
8.	Ward, Selina	Qld U of Tech	?
9.	Sims, Casey	Qld U of Tech	?
	Bedard, Camille	U of Tech Sydney	DQ

Men 5000m Walk

1.	Washburn, Steven	U of Tech Sydney	25:43.50
	Richardson, William	U of Tech Sydney	DQ
	Tran, Beau	Deakin University	DQ
	Duffy, Thomas	Uni of Nsw	DQ
	Frankish, Mitchell	U of Tech Sydney	DQ

QLD MASTERS ATHLETICS, SAF, BRISBANE, SATURDAY 30 SEPTEMBER

It's very quiet at the moment but a couple of results from the Queensland Masters walkers. First to Brisbane on Saturday.

3000m Walk

W40	1	Brenda Gannon	W43	Brisbane	16:43.47	71.96%
M50	1	Ignacio Jimenez	M52	Brisbane	14:47.73	81.43%
W75	1	Noela McKinven	W75	Brisbane	23:27.60	74.79%

QLD MASTERS ATHLETICS, GRIFFITH UNIVERSITY, GOLD COAST, SUNDAY 1 OCTOBER

Then to the Gold Coast on Sunday for the Gold Coast & Southern Regional Championships.

3000m Walk

VIS	1	Amelia Schofield	W14	Visitor	17:14.05	67.21%
W50	1	Nyle Sunderland	W50	GC & Sthrn	17:56.69	72.73%
M55	1	Paul Lindenberg	M55	GC & Sthrn	18:22.83	68.45%
W55	1	Kay Shaw	W58	GC & Sthrn	19:32.37	69.89%
	2	Debbie Lindenberg	W56	GC & Sthrn	21:50.33	62.53%

5000m Walk

VIS	1	Sam McCure	M11	Visitor	30:00.01	59.87%
VIS	1	Caitlin Hannigan	W15	Visitor	26:40.00	75.43%
M75	1	Fred Turner	M76	Visitor	43:05.65	62.04%

That's it for the local Australian front. I expect things to ramp up as from next weekend, with the track based summer season getting underway in most States.

AROUND LAKE TAIHU 4 DAY RACE, CHINA, 24-27 SEPTEMBER

In last week's newsletter, I reported on the first two days of racing in the annual Lake Taihu 4 Day Walks Carnival in China. Offering big prize money, it attracted the cream of the world's walkers, including most of the top guns from the London World Championships. With the final two stages last Tuesday (Stage 3, 10.5km in Yuanboyuan) and last Wednesday (Stage 4, a return to the Dongshan region for a final 10km race), the stage was set for an exciting finish. Let's see how it all panned out.

Day 3, 10.5km, Yuanboyuan, Tuesday 26 September

Once again, I use the marciadalmondo report (http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2921) for my report.

The beautifully scenic Garden Expo was the venue for Day Three of the Around Taihu festival and the weather conditions were a complete contrast to the first two days, as high temperature (32°C) and humidity greeted the athletes for the 10.5km race held around three laps.

Men's 10.5km Race Walk (Day 3)

The day belonged to **Dane Bird-Smith** (AUS) who went to the front from the gun and was never in danger of being caught. At the end of the first of three laps he was already 30 seconds ahead and he increased this to over one minute at the end of lap two. **Lebogang Shange** (RSA) lead the chasing pack and made a break on the last lap and whilst he made inroads in to Bird-Smith's lead that was never any doubt that this stage belonged to the Aussie. The pit lane was stationed 400m from the finish line and as **Christopher Linke**, **Perseus Karlstrom**, **Andres Chocho**, **Caio Bonfim**, **Aliaksandr Liakhovich** and **Zhu Guowen** all got pulled in it was left to **Gao Wenkui** (CHN) to take third. Linke recovered quickly and finished fourth with **Evan Dunfee** (CAN) moving into take fifth whilst his competitors could only watch from the pit lane.

Of the other Australasians, **Quentin Rew** (14th 45:14), **Tyler Jones** (38th 48:45), **Declan Tingay** (41st 49:17), **Jay Felton** (54th 55:13) and **Carl Gibbons** (56th 55:52) all finished the stage.

1.	Dane Bird-Smith	AUS	42:10
2.	Lebogang Shange	RSA	42:59
3.	GAO Wenkui	MON-CHN	43:14
4.	Christopher Linke	GER	43:34
5.	Evan Dunfee	CAN	43:49
6.	SONG Huazhang	CHN	43:52
7.	Andrés Chocho	ECU	43:54
8.	Caio Bonfim	BRA	43:54
9.	Liakhovich Aliaksandr	BLR	44:30
10.	Wayne Snyman	RSA	44:37
11.	Kazanin Oleksiy	UKR	45:07
12.	ZHU Guowen	CHN	45:08
13.	DMYTRENKO Ruslan	UKR	45:13
14.	Quentin Rew	NZL	45:14
15.	Perseus Karlstrom	SWE	45:17
16.	Rafal Sikora	POL	45:40
17.	Brendan Boyce	IRL	45:53
18.	LOSEV Ivan	UKR	46:13
19.	Anatole Vera Ibanez	SWE	46:30
20.	Rafal Augustyn	POL	16 46
21.	Zaleski Yuheny	BLR	14 46
22.	YAN Luqiang	JSU-CHN	46:48
23.	WEN Yongjie	JIN-CHN	46:54
24.	ZHANG Jun	CHN	46:59
25.	Dziubin Dzmity	BLR	47:01
26.	WU Qianlong	MON-CHN	47:03
27.	Yohanis Algaw	ETH	47:06
28.	Alex Wright	IRL	4 47:1
29.	Jakub Jelonek	POL	47:20
30.	Anders Hansson	SWE	47:22
31.	Mat Bilodeau	CAN	47:43
32.	BANZERUK Ivan	UKR	47:47
33.	Damian Blocki	POL	47:56
34.	ZHANG Mingkai	MON-CHN	47:57
35.	Artur Brzozowski	POL	48:08
36.	Ever Palma	MEX	48:11
37.	LI Zhenlong	JZXX-CHN	48:24
38.	Tyler Jones	AUS	48:45
39.	Lucas Mazzo	BRA	49:15
40.	Nick Christie	USA	49:16

41. Declan Tingay	AUS	49:17
42. WANG Xin	JZXX-CHN	49:40
43. Sandor Racz	HUN	49:46
44. XU Lin	JSU-CHN	49:47
45. YANG Leping	JGX-CHN	57 49:
46. ZHANG Saiyi	JGX-CHN	54 49:
47. GE Yu	JZXX-CHN	50:27
48. LIU Zedong	JSU-CHN	50:27
49. HU Tao	JGX-CHN	50:51
50. LI Jinyu	JIN-CHN	51:30
51. LIAO Yanping	JGX-CHN	51:40
52. TONG Xin	JZXX-CHN	52:38
53. HU Gen	JZXX-CHN	54:53
54. Jay Felton	AUS	55:13
55. BAI Shilong	JSU-CHN	55:14
56. Carl Gibbons	AUS	55:52
57. Tiago Nascimento Fonseca	BRA	57:02
58. WU Chao	JIN-CHN	62:06
59. Suresh Kumar	MAS	63:56
60. Cormac Delahunty	IRL	DNS
61. WANG Weili	JSU-CHN	DNF
62. DONG Xiaomin	JGX-CHN	DNF
63. Isaac Palma Olivares	MEX	DNF
64. XU Faguang	MON-CHN	DNF
65. LI Liangyong	MON-CHN	DNF
66. Tacir Ersin	TUR	DNS
67. Glavan Igor	UKR	DNF
68. Serhiy Budza	UKR	DNF
69. Tom Bosworth	GBR	DNF
70. YANG Hu	CHN	DNF
71. JIN Xiangqian	CHN	DQ

Men Standings after 3 Days

Dane led the overall standings by 41 seconds from Lebogang Shange. He would be hard to catch in the final 10km leg the next day. Only 5 seconds separated positions 4-8 and, with big money on offer, the final stage was going to see some fireworks.

1. Dane Bird-Smith	AUS	2:46:27
2. Lebogang Shange	RSA	2:47:08
3. Caio Bonfim	BRA	2:48:15
4. Christopher Linke	GER	2:50:00
5. Perseus Karlstrom	SWE	2:50:00
6. GAO Wenkui	MON-CHN	2:50:01
7. Andrés Chocho	ECU	2:50:02
8. Evan Dunfee	CAN	2:50:05
9. SONG Huazhang	CHN	2:52:20
10. Kazanin Oleksiy	UKR	2:52:28

Men Team Standings after 3 Days

The Latin Power team were just over 1 minute ahead of Beef Extreme and looked set for victory unless disaster strikes.

1. Latin Power	Caio Bonfim, Andres Chocho, Isaac Palma, Ever Palma, Lebogang Shange	8:25:25
2. Beef Extreme	Dane Bird-Smith, Christopher Linke, Perseus Karlstrom, Tom Bosworth	8:26:27
3. China	Yang Hu, Zhang Jun, Zhu Guowen, Jin Xianqian, Song Huazhang	8:42:14
4. J.T. Salute	Rafal Augustyn, Evan Dunfee, Quentin Rew	8:44:49
5. Boy in Green	Brendan Boyce, Alex Wright, Damian Blocki, Wayne Seaman	8:44:58

Women 10.5km Race Walk (Day 3)

Qieyang Shijie (CHN) took the third stage of the Taihu festival with ease. Like Dane Bird-Smith, she went straight to the front and was never headed. Behind her a group of three formed before **Erica de Sena** (BRA) moved ahead to take a comfortable second at the finish. **Antonella Palmisano** (ITA) walked strongly for third whilst **Sandra Lorena Arenas** (COL) and **Kimberly Garcia** (PER) both faded and were caught by the fast finishing **Viktoria Madarasz** (HUN) and **Nadia Borovska** (UKR).

Of the Australasians, **Claire Tallent** (14th 50:18), **Beki Smith** (17th 50:59) and **Alana Barber** (21st 52:16) all finished the stage.

1. QIEYANG Shijie	CHN	45:50
2. Erica Rocha de Sena	BRA	46:26
3. Antonella Palmisano	ITA	46:39
4. Viktoria Madarasz	HUN	46:49

5.	Nadia Borovska	UKR	46:56
6.	Sandra Lorena Arenas	COL	46:58
7.	Kimberly García	PER	47:17
8.	Inna Kashyna	UKR	48:01
9.	NIE Jingjing	CHN	48:25
10.	Julia Takacs	ESP	48:37
11.	Brigita Virbalyte	LTU	49:32
12.	LI Leilei	TJN-CHN	49:59
13.	Ainhoa Pinedo	ESP	50:13
14.	Claire Tallent	AUS	50:18
15.	LI Maocuo	QGH-CHN	50:41
16.	Drabenia Hanna	BLR	50:43
17.	Beki Smith	AUS	50:59
18.	Sandra Galvis	COL	51:02
19.	XIE Lijuan	CHN	51:29
20.	CHEN Yumin	JGX-CHN	51:42
21.	Alana Barber	NZL	52:16
22.	Yehualeye Beletew	ETH	52:17
23.	Tamara Havryliuk	UKR	53:09
24.	Yeseida Carrillo	COL	53:30
25.	Cisiane Dutra Lopes	BRA	54:58
26.	ZHOU Tao	JGX-CHN	54:58
27.	ZHONG Yuan	JGX-CHN	54:59
28.	Katie Burnett	USA	55:24
29.	SUN Wenru	JZXX-CHN	55:52
30.	BAIMA Quzhen	JZXX-CHN	56:25
31.	QIAN Jing	JZXX-CHN	59:08
32.	ZHAO Tongmin	JZXX-CHN	62:07
33.	CIREN Quzhen	JZXX-CHN	62:07
34.	Clara Smith	AUS	DNS
35.	Christina Papdoploulou	AUS	DNS
36.	Elianay Santana	BRA	DNF
37.	Liliane Barbosa	BRA	DNF
38.	JIANG Qianqian	JGX-CHN	DNF
39.	XU Jiangqi	JGX-CHN	DNF
40.	MAO Yanxue	CHN	DNF



Day 3 winners Dane Bird-Smith and Qieyang Shenjie (photos www.marciadalmondo.com)

Women Standings after 3 Days

It was tight at the top of the women's individual standings, with Antonella Palmisano 17 seconds clear of Erica Rocha de Sena.

1.	Antonella Palmisano	ITA	3:00:38
2.	Erica Rocha de Sena	BRA	3:00:55
3.	NIE Jingjing	CHN	3:01:43

4.	Sandra Lorena Arenas	COL	3:02:43
5.	Nadia Borovska	UKR	3:03:50
6.	Viktoria Madarasz	HUN	3:04:19
7.	Kimberly Garcia	PER	3:06:26
8.	Julia Takacs	ESP	3:06:45
9.	Brigita Virbalyte	LTU	3:07:17
10.	LI Maocuo	QGH-CHN	3:08:16

Women Team Standings after 3 Days

The Latinos team looked unbeatable at this stage, with a lead of over 2 minutes from the Heroes.

1.	Latinas	Erica de Sena, Sandra Lorena Arenas, Kimberly Garcia	9:10:04
2.	Heroes	Antonella Palmisano, Brigita Virbalyte-Dimsiene, Viktoria Madarasz	9:12:12
3.	INTER F3	Nadia Borovska, Inna Kashyna, Ainhoa Pinedo, Julia Takacs	9:16:38
4.	China	Qieyang Shenjie, Nie Jingjing, Xie Lijuan, Mao Yanxue	9:24:04
5.	UBA	Beki Smith, Claire Tallent, Hanna Drabenia, Tamara Havryliuk	9:51:29

Day 4, 10km, Dongshan, Wednesday 27 September

Again, a couple of excellent reports at <https://www.iaaf.org/news/report/around-taihu-international-race-walking-wuzho> and http://www.marciadalmundo.com/eng/dettagli_news.aspx?id=2922

Men's 10km Race Walk (Day 4)

While conditions on the final day were better than the three previous stages, the final 10km race was held on a testing hilly course through Dongshan. It proved to be a tactical affair with the pace only picking up at the half-way point when China's **Jin Xiangqian** and **Yang Hu** made a break. They were eventually disqualified, which left teammate **Gao Wenkui** alone in front to be chased by **Dane Bird-Smith** and **Lebogang Shange**. Gao managed to snatch victory from Bird-Smith, the pair being given the same time of 41:03, but the latter had done more than enough to take the overall individual victory with a combined time of 3:27:30. Shange crossed the line in third place in 41:07, followed five seconds later by teammate **Andres Chocho**. Shange took second place overall individually with 3:28:15 with Bonfim finishing third with 3:29:26.

Of the other Australasians, **Quentin Rew** (18th 42:29), **Jay Felton** (49th 46:50), **Declan Tingay** (53rd 47:16) and **Carl Gibbons** (55th 47:50) all finished but **Tyler Jones** suffered a second DQ.

1.	GAO Wenkui	MON-CHN	41:03
2.	Dane Bird-Smith	AUS	41:03
3.	Lebogang Shange	RSA	41:07
4.	Andrés Chocho	ECU	41:12
5.	Christopher Linke	GER	41:12
6.	Evan Dunfee	CAN	41:14
7.	Liakhovich Aliaksandr	BLR	41:16
8.	Caio Bonfim	BRA	41:21
9.	Wayne Snyman	RSA	41:24
10.	Isaac Palma Olivares	MEX	41:44
11.	ZHANG Jun	CHN	41:53
12.	DMYTRENKO Ruslan	UKR	41:55
13.	SONG Huazhang	CHN	41:57
14.	ZHU Guowen	CHN	41:59
15.	Kazanin Oleksiy	UKR	42:00
16.	WU Qianlong	MON-CHN	42:09
17.	Anatole Vera Ibanez	SWE	42:21
18.	Quentin Rew	NZL	42:29
19.	Serhiy Budza	UKR	42:31
20.	Damian Blocki	POL	42:42
21.	LOSEV Ivan	UKR	42:52
22.	Ever Palma	MEX	43:03
23.	Dziubin Dzmitry	BLR	43:06
24.	Brendan Boyce	IRL	43:08
25.	Rafal Sikora	POL	43:19
26.	Tom Bosworth	GBR	43:21
27.	Yohanis Algaw	ETH	43:24
28.	BANZERUK Ivan	UKR	43:30
29.	XU Faguang	MON-CHN	43:34
30.	WEN Yongjie	JIN-CHN	43:40
31.	Anders Hansson	SWE	43:45
32.	Zaleski Yuhenyi	BLR	44:05
33.	Rafal Augustyn	POL	44:17
34.	Nick Christie	USA	44:29

35.	Mat Bilodeau	CAN	44:38
36.	Lucas Mazzo	BRA	44:40
37.	Alex Wright	IRL	44:44
38.	GE Yu	JZXX-CHN	45:18
39.	LI Liangyong	MON-CHN	45:59
40.	LI Zhenlong	JZXX-CHN	46:02
41.	YAN Luqiang	JSU-CHN	46:05
42.	LI Jinyu	JIN-CHN	46:06
43.	Artur Brzozowski	POL	46:37
44.	ZHANG Saiyi	JGX-CHN	46:42
45.	TONG Xin	JZXX-CHN	46:43
46.	YANG Leping	JGX-CHN	46:44
47.	XU Lin	JSU-CHN	46:44
48.	Jakub Jelonek	POL	46:47
49.	Jay Felton	AUS	46:50
50.	WANG Xin	JZXX-CHN	47:04
51.	HU Tao	JGX-CHN	47:06
52.	Declan Tingay	AUS	47:16
53.	LIU Zedong	JSU-CHN	47:19
54.	LIAO Yanping	JGX-CHN	47:32
55.	Carl Gibbons	AUS	47:50
56.	WANG Weili	JSU-CHN	48:02
57.	BAI Shilong	JSU-CHN	49:02
58.	Sandor Racz	HUN	49:19
59.	Tiago Nascimento Fonseca	BRA	50:12
60.	Perseus Karlstrom	SWE	50:50
61.	HU Gen	JZXX-CHN	52:31
62.	WU Chao	JIN-CHN	54:52
63.	Suresh Kumar	MAS	59:49
	Cormac Delahunty	IRL	DNS
	Tyler Jones	AU	DQ
	DONG Xiaomin	JGX-CHN	DNF
	ZHANG Mingkai	MON-CHN	DNF
	Tacir Ersin	TUR	DNS
	Glavan Igor	UKR	DNS
	YANG Hu	CHN	DQ
	JIN Xiangqian	CHN	DQ

Overall, Dane Bird-Smith was the winner, some 45 seconds clear of Lebogang Shange, with Caio Bonfim a further 79 seconds in arrears.

Men Final Standings after 4 Days		Total Time	Day 1	Day 2	Day 3	Day 4	
1.	Dane Bird-Smith	AUS	3:27:30	1:24:22	39:55	42:10	41:03
2.	Lebogang Shange	RSA	3:28:15	1:24:21	39:48	42:59	41:07
3.	Caio Bonfim	BRA	3:29:36	1:24:21	40:00	43:54	41:21
4.	Wenkui	MON-CHN	3:31:04	1:26:16	40:31	43:14	41:03
5.	Christopher Linke	GER	3:31:12	1:26:18	40:08	43:34	41:12
6.	Andrés Chocho	ECU	3:31:14	1:25:13	40:55	43:54	41:12
7.	Evan Dunfee	CAN	3:31:19	1:25:45	40:31	43:49	41:14
8.	Wayne Snyman	RSA	3:34:12	1:27:32	40:39	44:37	41:24
9.	SONG Huazhang	CHN	3:34:17	1:26:36	41:52	43:52	41:57
10.	Kazanin Oleksiy	UKR	3:34:28	1:26:25	40:56	45:07	42:00
11.	Liakhovich Aliaksandr	BLR	3:34:44	1:27:28	41:30	44:30	41:16
12.	DMYTRENKO Ruslan	UKR	3:34:45	1:26:03	41:34	45:13	41:55
13.	LOSEV Ivan	UKR	3:38:07	1:26:32	42:30	46:13	42:52
14.	Brendan Boyce	IRL	3:39:16	1:27:51	42:24	45:53	43:08
15.	Dziubin Dzmitry	BLR	3:39:18	1:27:18	41:53	47:01	43:06
16.	WU Qianlong	MON-CHN	3:39:23	1:29:26	40:45	47:03	42:09
17.	ZHU Guowen	CHN	3:40:11	1:30:43	42:21	45:08	41:59
18.	Rafal Sikora	POL	3:40:23	1:28:10	43:14	45:40	43:19
19.	Perseus Karlstrom	SWE	3:40:50	1:24:19	40:24	45:17	50:50
20.	Quentin Rew	NZL	3:41:02	1:27:11	46:08	45:14	42:29
36.	36 Declan Tingay	AUS	3:54:32	1:35:34	42:25	49:17	47:16
44.	44 Jay Felton	AUS	4:04:54	1:36:58	45:53	55:13	46:50
53.	53 Carl Gibbons	AUS	2:30:59	DQ	47:17	55:52	47:50
62.	62 Tyler Jones	AUS	1:34:38	DQ	45:53	48:45	DQ

Men Final Team Standings after 4 Days

Latin Power extended their lead, winning overall by just under 3 minutes.

1.	Latin Power	Caio Bonfim, Andres Chocho, Isaac Palma, Ever Palma, Lebogang Shange	10:29:05
2.	Beef Extreme	Dane Bird-Smith, Christopher Linke, Perseus Karlstrom, Tom Bosworth	10:32:03
3.	China	Yang Hu, Zhang Jun, Zhu Guowen, Jin Xianqian, Song Huazhang	10:48:03
4.	Boy in Green	Brendan Boyce, Alex Wright, Damian Blocki, Wayne Seaman	10:52:12
5.	J.T. Salute	Rafal Augustyn, Evan Dunfee, Quentin Rew	10:52:49
6.	NB Ukraine	Ivan Banzeruk, Ruslan Dmytrenko, Ivan Losev	10:54:25
7.	MON-CHN	Gao Wenkui, Xu Faguang, Li Liangyong, Wu Qianlong, Zhang Mingkai	10:55:03
8.	INTER M1	Yuheny Zaleski, Dzmitry Dziubin, Oleksiy Kazanin	10:57.14

Women's 10km Race Walk (Day 4)

Shijie Qieyang notched up her third consecutive stage victory on the final day, but having surrendered the best part of 13 minutes on the first day, she was never in contention to claim the individual overall title. **Jingjing Nie** attempted to stay with Qieyang during the earlier stages of the final hilly 10km stage, but her efforts were in vain. To hold on to her individual overall lead, **Antonella Palmisano** needed to stay within a minute of Nie and not let **Erica Rocha De Sena** get more than 17 seconds ahead. The Italian easily achieved her goal, placing third in the final stage in 44:07, 23 seconds behind Nie, while De Sena finished almost a minute behind in seventh place.

Of the Australasians, **Beki Smith** (14th 47:04), **Clara Smith** (19th 47:38, **Alana Barber** (22nd 48:52) and **Claire Tallent** (24th 49:41) all completed the stage.

1.	QIEYANG Shijie	CHN	43:31
2.	NIE Jingjing	CHN	43:44
3.	Antonella Palmisano	ITA	44:07
4.	Nadia Borovska	UKR	44:52
5.	Sandra Lorena Arenas	COL	45:04
6.	Kimberly Garcia	PER	45:05
7.	Erica Rocha de Sena	BRA	45:05
8.	Inna Kashyna	UKR	45:20
9.	Julia Takacs	ESP	45:33
10.	Brigita Virbalyte	LTU	46:11
11.	LI Maocuo	QGH-CHN	46:14
12.	Ainhua Pinedo	ESP	46:23
13.	LI Leilei	TJN-CHN	46:55
14.	Beki Smith	AUS	47:04
15.	CHEN Yumin	JGX-CHN	47:05
16.	Sandra Galvis	COL	47:06
17.	Tamara Havryliuk	UKR	47:21
18.	MAO Yanxue	CHN	47:33
19.	Clara Smith	AUS	47:38
20.	Drabenia Hanna	BLR	48:08
21.	Yehualeye Beletew	ETH	48:21
22.	Alana Barber	NZL	48:52
23.	Viktoria Madarasz	HUN	49:19
24.	Claire Tallent	AUS	49:41
25.	Yeseida Carrillo	COL	50:37
26.	SUN Wenru	JZXX-CHN	50:58
27.	Katie Burnett	USA	51:22
28.	XU Jiangqi	JGX-CHN	51:33
29.	Elianay Santana	BRA	51:36
30.	Cisiane Dutra Lopes	BRA	52:19
31.	BAIMA Quzhen	JZXX-CHN	52:30
32.	ZHONG Yuan	JGX-CHN	52:47
33.	ZHOU Tao	JGX-CHN	52:47
34.	ZHAO Tongmin	JZXX-CHN	54:10
35.	QIAN Jing	JZXX-CHN	54:53
36.	CIREN Quzhen	JZXX-CHN	58:54
37.	Christina Papdoploulou	AUS	DNS
38.	Liliane Barbosa	BRA	DNF
39.	JIANG Qianqian	JGX-CHN	DNF
40.	XIE Lijuan	CHN	DNF

She may not have won any of the individual stages, but Italy's Antonella Palmisano finished on the podium in three of the four stages and was ultimately rewarded with the overall individual title.

Women Final Standings after 4 Days

			Total Time	Day 1	Day 2	Day 3	Day 4
1.	Antonella Palmisano	ITA	3:44:45	1:30:32	43:27	46:39	44:07
2.	NIE Jingjing	CHN	3:45:27	1:30:13	43:05	48:25	43:44
3.	Erica Rocha de Sena	BRA	3:46:00	1:31:26	43:03	46:26	45:05
4.	Sandra Lorena Arenas	COL	3:47:47	1:32:29	43:16	46:58	45:04
5.	Nadia Borovska	UKR	3:48:42	1:32:55	43:59	46:56	44:52
6.	Kimberly García	PER	3:51:31	1:35:46	43:23	47:17	45:05
7.	Julia Takacs	ESP	3:52:18	1:33:32	44:36	48:37	45:33
8.	Brigita Virbalyte	LTU	3:53:28	1:33:00	44:45	49:32	46:11
9.	Viktoria Madarasz	HUN	3:53:38	1:33:03	44:27	46:49	49:19
10.	Inna Kashyna	UKR	3:54:12	1:35:26	45:25	48:01	45:20
11.	LI Maoctuo	QGH-CHN	3:54:30	1:33:53	43:42	50:41	46:14
12.	Ainhoa Pinedo	ESP	3:54:59	1:32:37	45:46	50:13	46:23
13.	QIEYANG Shijie	CHN	3:55:29	1:43:22	42:46	45:50	43:31
14.	Claire Tallent	AUS	4:00:54	1:35:01	45:54	50:18	49:41
15.	Sandra Galvis	COL	4:01:04	1:36:58	45:58	51:02	47:06
16.	Yehualeye Beletew	ETH	4:02:09	1:33:33	47:58	52:17	48:21
17.	LI Leilei	TJN-CHN	4:04:26	1:41:48	45:44	49:59	46:55
18.	Alana Barber	NZL	4:08:02	1:39:02	47:52	52:16	48:52
19.	Drabenia Hanna	BLR	4:08:58	1:38:58	51:09	50:43	48:08
20.	Tamara Havryliuk	UKR	4:12:25	1:42:42	49:13	53:09	47:21
30.	Beki Smith	AUS	2:25:44	DNS	47:41	50:59	47:04
37.	Clara Smith	AUS	2:27:22	1:39:44	DNS	DNS	47:38
39.	Christina Papdoploulou	AUS	2:05:25	2:05:25	DNS	DNS	DNS

Women Final Team Standings after 4 Days

The Latinos team finished over 6 minutes ahead of second place, not surprising when you consider they finished in 3rd, 4th and 6th spots overall.

1.	Latinas	Erica de Sena, Sandra Lorena Arenas, Kimberly Garcia	11:25:18
2.	Heroes	Antonella Palmisano, Brigita Virbalyte-Dimsiene, Viktoria Madarasz	11:31:51
3.	INTER F3	Nadia Borovska, Inna Kashyna, Ainhoa Pinedo, Julia Takacs	11:32:23
4.	China	Qieyang Shenijie, Nie Jingjing, Xie Lijuan, Mao Yanxue	11:38:52
5.	UBA	Beki Smith, Claire Tallent, Hanna Drabenia, Tamara Havryliuk	12:14:02
6.	Kiwi Columbians	Sandra Galvis, Yeseida Carrillo, Alana Barber	12:24:32
7.	JGX-CHN	Jiang Qianqian, Chen Yumin, Xu Jiangqi, Zhong Yuan, Zhou Tao	12:52:09
8.	No stress	Yehualeye Beletew, Elianay Santana, Cisiane Dutra Lopes, Katie Burnett	13:01:28



Action on Day 4 (photos www.marciadalmondo.com)

RWA FESTIVAL OF RACE WALKING, HILLINGDON, ENGLAND, SUNDAY 1 OCTOBER

Thanks to race director Noel Carmody who has posted the link to the Race Walking Association Festival of Race Walking, held on Sunday at the Hillingdon Cycle Circuit in Hayes, outer London. Mainly southern England walkers but good to see Kate Veale and a strong group of young Irish walkers. Good walks by **Heather Lewis** (10km 49:17) and **Kate Veale** (20km 1:52:43)

Men's 20km

1.	Trevor Jones	M60	Steyning Athletic Club	2:05:43
2.	Mark Culshaw	M50	Iford Athletic Club	2:07:00
3.	John Ralph	M60	Enfield & Haringey AC	2:21:56
	John Constandinou	M45	Birchfield Harriers	DNF
	Cameron Corbishley	U23M	Medway & Maidstone AC	DQ

Women's 20km

1.	Kate Veale	SW	West Waterford Athletic Club (IRL)	1:52:43
2.	Maureen Noel	W50	Belgrave Harriers	2:12:13
3.	Melanie Peddle	W45	Loughton Athletic Club	2:12:42
4.	Anne Jones	W60	Steyning Athletic Club	2:23:57

Men's 10km

1.	Nicky Connolly	U20M	Castlecomer Athletics Club (IRL)	56:23
2.	Christopher Hobbs	M60	Ashford Athletic Club	58:18
3.	Jordan Price	U20M	Breacon Athletic Club	60:46
4.	Benjamin Allen	U20M	Leicester Walking Club	64:42
5.	Arthur Thomson	M80	Enfield & Haringey AC	71:02
	Luc Legon	U23M	Cambridge Harriers	DNF
	Shaun Lightman	M70	Surrey Walking Club	DNF
	Daniel Mckerlich	U20M	Cardiff Amateur Athletic Club	DQ

Women's 10km

1.	Heather Lewis	SW	Pembrokeshire Harriers	49:17
2.	Sarah Glennon	U20W	Mullingar Harriers (IRL)	56:00
3.	Rachel Glennon	U20W	Mullingar Harriers (IRL)	57:15
4.	Siobhan Nash	SW	St. Abbans Athletic Club (IRL)	57:35
5.	Orliath Delahunt	U20W	Sligo Athletic Club (IRL)	57:47
6.	Abigail Jennings	U20W	Aldershot Farnham & District AC	60:06
7.	Sinead O'Connor	SW	Celbridge Athletic Club (IRL)	62:26
8.	Helen Middleton	W50	Enfield & Haringey AC	63:03
9.	Sue Davies	W50	Aldershot Farnham & District AC	65:06
10.	Lesley Hall	W60	Ashford Athletic Club	66:14
11.	Jacqueline Benson	U20W	Ashford Athletic Club	68:54
	Megan Stratton-Thomas	U20W	Swansea Harriers	DNF

Under 17 Men's 5km

1.	Nicholas Hart	U17M	Aldershot Farnham & District AC	30:45
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Under 17 Women's 5km

1.	Emily McHugh	U17W	Naas Athletic Club (IRL)	27:06
2.	Maria Flynn	U20W	Naas Athletic Club (IRL) (Guest)	27:13
3.	Isabelle Bridge	U17W	Blackheath & Bromley HAC	28:49
4.	Lucy Lewis Ward	U17W	Cambridge Harriers	29:26
5.	Hannah Hopper	U17W	Cambridge Harriers	32:24

Under 15 Boys 3km

1.	Christian Hopper	U15B	Cambridge Harriers	17:28
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Under 15 Girls 3km

1.	Abigail Smith	U15G	Blackheath & Bromley HAC	17:38
2.	Lois Carty	U15G	Aldershot Farnham & District AC	17:44
3.	Devina Nova	U15G	Ashford Athletic Club	18:07
4.	Charlotte Wallis	U15G	Aldershot Farnham & District AC	18:51
5.	Katie Stringer	U15G	Medway & Maidstone AC	19:41
6.	Molly Mckerlich	U15G	Cardiff Amateur Athletic Club	21:45

Under 13 Girls 2km

1.	Katie Brash	U13G	Blackheath & Bromley HAC	13:37
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Thanks to Mark Easton for the following photos. Superb collection as always at <http://markeaston.zenfolio.com/p350195281>.



Heather Lewis, Emily McHugh and Kate Veale



Trevor Jones and Nicholas Hart (all photos Mark Easton)

CRO-CZE-HUN-SVK-SLO U16 MATCH, VARAŽDIN, CROATIA, SATURDAY 30 SEPTEMBER

The annual Croatia / Czech Republic / Hungary / Slovakia / Slovenia U16 T&F match on Saturday included 3000m walks, with wins going to Hungarian walkers **Máté Varga** (13:47.73) and **Petra Zahoran** (15:17.29).

Boys 3000m Race Walk

1.	Máté VARGA	HUN	02	13:47.73
2.	Patrik NEMCOK	SVK	03	14:29.73
3.	Sándor BABUS	HUN	04	14:29.75
4.	Kresimir HARTL	CRO	02	14:35.46
5.	Adam ZAJÍCEK	CZE	03	15:14.36

Girls 3000m Race Walk

1.	Petra ZAHORÁN	HUN	02	15:17.29
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2.	Eliška MARTÍNKOVÁ	CZE	02	15:29.15
3.	Tiziana SPILLER	HUN	03	15:41.23
4.	Bruna JANCEK	CRO	02	15:52.02
5.	Paulína AVENOVÁ	SVK	04	16:04.57
6.	Karin DEVALDOVÁ	SVK	03	16:11.63
7.	Jana ZIKMUNDOVÁ	CZE	02	16:39.94

ROADWALKS, CHALON-SUR-SAÔNE, FRANCE, SATURDAY 30 SEPTEMBER

Emmanuel Tardi was in the French city of Chalon-sur-Saône, 300km east of Paris, on Saturday for a large racewalking carnival that featured 30km, 20km and 10km events. **Philippe Bonneau** was trying to better the European M50 30km record but stopped his race after 15km. **Alexis Jordana** set a new French M80 30km with a time of 3:37.54. Overall wins to **Gerard Guetat** (30km 2:44:02), **Sylvie Sevellec** (30km 3:05:12), **David Durand-Pichard** (20km 1:48:18), **Valerie Boban** (20km 1:52:41), **Valentin Claumette** (10km 46:13) and **Clemence Beretta** (10km 49:46).

30km Walk

1.	GUETAT GERARD	TROYES OMNISPORTS	2:44:02	V2M
2.	SERRANO RENE	FOULEE D'ANNEMASSE	2:54:18	V2M
3.	SEVELLEC SYLVIE	AC CESSON	3:05:12	V2F
4.	BONVARLET LILIANE	AFA FEYZIN-VENISSIEUX	3:27:50	V3F
5.	ANXIONNAT CLAUDINE	AVEC PAYS DE BRUYERES	3:34:36	V3F
6.	JORDANA ALEXIS	BLAGNAC SC	3:37:54	V5M
7.	FARAGO BELA	ECLA ALBI	3:45:32	V3M

20km Walk

1.	DURAND-PICHARD DAVID	Athlétisme Metz Métropole	1:48:18	V1M
2.	BRANLE-BRANICKI RICHARD	ASL Voiron	1:49:31	V2M
3.	BOBAN VALERIE	Athlétisme Metz Métropole	1:52:41	V1F
4.	BONVARLET PATRICK	AFA Feyzin-Venissieux	1:53:55	V2M
5.	DEMEUZOY INTA	EA Moulins Yzeure	1:55:20	V1F
6.	BRAY VIOLAINE	Entent Athlétique Saint Malo	1:55:27	V1F
7.	DUQUESNE LAURA	EA Le Creusot	1:58:22	SEF
8.	LE TERTRE MARINE	EA Cesson	2:01:00	SEF
9.	BRIERE DORA	CM Cour Lausanne	2:02:44	V2F
10.	BAERT FABIEN	AS Tournus	2:02:53	SEM
11.	TURETTE DIDIER	Entente Athlétique Saint Malo	2:04:08	V2M
12.	ROPERA ADELE	CA Rouffach	2:10:45	SEF
13.	HALLOY NATHALIE	EHA Pulversheim	2:12:28	V2F
14.	SEFFARI ABDELAZIZ	AFA Feyzin-Venissieux	2:13:34	V2M
15.	BROT DANIEL	CM Yverdon Les Bains	2:31:04	V3M

10km Walk

1.	CHAUMETTE VALENTIN	Beauvais Oise Union Club	46:13	CAM
2.	BERETTA CLEMENCE	AVEC Pays de Bruyères	49:46	ESF
3.	TERREC ELOISE	AC Roche-Sur-Yon	50:18	JUF
4.	COMTET STEPHANIE	E Chalonnaise d'Athlétisme	52:30	SEF
5.	GUEBEY DOMINIQUE	ESL/ASUL Bron	52:37	V3M
6.	DEMON SONIA	EFS Reims Athlétisme	52:38	V1F
7.	WINTREBERT PAULINE	Jogging Athlétisme Fret	55:34	CAF
8.	PEREZ GERARD	Racing Club Haut-Jura Morez	56:54	V3M
9.	BUAUD ELISE	Athlétisme Metz Métropole	56:54	SEF
10.	SIEGENFUHR DANIEL	ES Thaon	56:59	V3M
11.	BRASTEL ADELIN	EFS Reims Athlétisme	58:44	SEF
12.	BRIERE REGIS	AC Pontarlier	1:00:59	V1M
13.	ROYER VANESS	A Athlétisme Metz Métropole	1:01:00	V1F
14.	CARRIER JEAN-CLAUDE	Athlé Calade Val De Saône	1:02:16	V3M
15.	RIGOLET MARIE	Racing Club Haut-Jura Morez	1:02:21	JUF
16.	GENESTE JEAN-LOUIS	RC Vichy	1:05:32	V2M
17.	SAINT-JEVEINT PEGGY	US Oyonnax	1:06:04	V1F
18.	VASSIEUX NATACHA	US Oyonnax	1:06:29	V1F
19.	CHARRIERE JEANNE	ASPTT Clermont Athlétisme	1:06:42	V3F
20.	PETETIN BEATRICE	Racing Club Haut-Jura Morez	1:09:07	V1F
21.	GABRIEL VALERIE	AC Chenôve	1:09:41	V1F
22.	BORDIER DANIEL	AC Château-Thierry	1:10:52	V4M
23.	DE COPPET ALEXIS	CM Yverdon les Bains	1:11:02	V4M
24.	CHAPOTOT CORINNE	ASPTT Clermont Athlétisme	1:18:24	V2F
25.	GUILLET NADINE	US Oyonnax	1:18:52	V2F



Clemence Beretta, Alexis Jordana and Gerard Gautet



David Durand-Pichard and Valerie Boban (all photos from Emmanuel Tardi)

DUTCH ROADWALK CHAMPIONSHIPS, TILBURG, NEDERLAND, SUNDAY 1 OCTOBER

Emmanuel Tardi had a big weekend. After spending Saturday in Chalon-sur-Saône, he travelled to the Dutch city of Tilburg on Sunday for another big racewalking carnival, which included

- Dutch Championships for 50km men and 10km women
- Belgium Championships for 50km men and 20km women
- Open non-championship walks over 10km, 20km, 50km and 6 hours.

The 1.569km loop was flat and fast but conditions were windy. Start times were staggered (11:00 for 50km, 13:00 for 20km and 14:00 for 10km). Frenchman **Maxime Lecaplain** led the 50km from start to finish, winning in a PB 4:18:22, ahead of Netherlands walker **Rick Liesting** who won the Dutch title with 4:44:39. **Anne van Anandel** was the only female finisher in the 50km with 5:30:11. **Annelies Sarrazin** easily won the Belgian women's 20km walk title with 1:59:49) while **Loes van Bremen** won the Dutch women's 10km title with 1:07:27. Special mention to ultra walking legend **Annie Van de Meer** (now 70 years old) who was the third Dutch woman to finish in the 10km, her time an impressive 1:11:38. She still holds the all time best marks for the 24h (212km) and for the

100 miles (18:06:10). Full results at <http://www.rotterdamsewandelsportvereniging.nl/uploads/images/NK%2050%20kilometer/NK%2050%20km%202017.pdf>.

50km walk (including Dutch/Belgian Championships)

1.	Maxime Lecaplain	FRA	4:18:22
2.	Rick Liesting	NED 1	4:44:39
3.	Mathieu Beurion	FRA	4:57:12
4.	Wilfried van Bremen	NED 2	5:11:14
5.	Anne van Anandel (F)	NED 3	5:30:11
6.	Gerard Wildeman	NED 3	5:44:43
7.	Udo Münster	GER	5:45:13
	Peter Van Hove	BEL	DNF
	Ton van Anandel	NED	DNF
	Rob Tersteeg	NED	DNF
	Andrea Tóth (F)	HUN	DNF

6 Hour Walk

1.	Paul Jansen	NED	53.136m / 6:00:14
2.	Jack Bertrums	NED	50.000m / 5:49:15
3.	Dick van Peer	NED	48.431m / 6:04:27
4.	Bert Timmermans	NED	46.863m / 6:01:02
5.	Martin Vos	NED	45.295m / 5:54:11
6.	Corina Riezebos (F)	NED	45.295m / 5:54:41
7.	Adrie Romijn	NED	43:727m / 5:59:31
8.	Carla Lukken (F)	NED	37.454m / 5:59:35
9.	Marcel van Tulden	NED	32.749m / 4:15:00
10.	Jimmy Millard	NED	24.908m / 2:54:42

20km Walk (including Bengian 20km women's championship)

1.	Remco de Bruin	NED	1:43:35
2.	Malte Strunk	GER	1:46:12
3.	Swaich Meftah	FRA	1:48:27
4.	Annelies Sarrazin (F)	BEL 1	1:59:49
5.	Malcolm Martin	GBR	2:02:52
6.	Katrin Schusters (F)	GER	2:08:33
7.	Raphael Lemmens	BEL	2:09:38
8.	Joost van der Plicht	NED	2:22:36
9.	Joachim Bauer	GER	2:22:53
10.	Rob Frielink	NED	2:23:17
11.	Herman v Buggenum	NED	2:23:20
12.	Liesbet De Smet (F)	BEL 2	2:23:43
13.	Angela Martin (F)	GBR	2:23:49
14.	Peter Slevogt	GER	2:24:50
15.	Sandra de Graaff (F)	NED	2:28:57
16.	Linda Vogelaar (F)	NED	2:33:27
17.	Muriel Oger (F)	BEL 3	2:34:37
18.	Hans Pranger	NED	2:34:42
19.	Anita Bakker (F)	NED	2:50:55
	Christian Fillieux	BEL	DQ
	Francisco Reis	POR	DNF

10km Walk (including Dutch women's 10km championship)

1.	Udo Schaeffer	GER	58:58
2.	Hub Kaenen	NED	1:01:31
3.	Theo Koenis	NED	1:02:27
4.	Richard Maichin	GER	1:03:27
5.	Bernd Affeln	GER	1:05:02
6.	Marion Fuchs	GER	1:06:53
7.	Fred Röhner	NED	1:07:09
8.	Loes van Bremen (F)	NED 1	1:07:27
9.	Yvonne Grootswagers (F)	NED 2	1:07:38
10.	Jan de Vos	NED	1:11:03
11.	Annie van der Meer (F)	NED 3	1:11:38
12.	Bauke te Nijenhuis	NED	1:11:51
13.	Larissa Droogendijk (F)	NED 4	1:12:08
14.	Harry Bijnen	NED	1:13:10
15.	Emmanuel Tardi	FRA	1:13:32

5km Walk

1.	Timo Schusters	GER	31:01
2.	Tristan Van Hove	BEL	33:27
	Liv Trick (F)	GER	DNF

3km Walk

1.	Jasper Van Hove	BEL	22:09
2.	Bart Grootswagers	NED	23:50
3.	Katrien Van Ammel (F)	BEL	26:38

1km Walk

1.	Robin Van Hove	BEL	08:30
2.	Marit van Bremen	NED	10:35



Anne van Andel, Annelies Sarrazin and Rick Liesting



Maxime Lecaplain and Remco de Bruin (photos from Emmanuel Tardi)

13TH CHIASSO IN MARCIA, CHIASSO, SWITZERLAND, SATURDAY 1 OCTOBER

The traditional "Chiasso in Marcia" meet in Chiasso, Switzerland, saw Italians **Leonardo Dei Tos** (1:26:08) and **Lidia Barcella** (1:48:11) win the key 20km events. Italian **Martina Ansaldo** easily won the women's 10km with a very good 47:14. Well reported by http://www.marcialalmondo.com/eng/dettagli_news.aspx?id=2927. A big meet with walkers from Italy, Slovakia, Slovenia, Switzerland, Ukraine, Austria, Germany and the Czech Republic. Impressive!

20km Men

1.	Leonardo Dei Tos	ITA	1992	Athletic Club 96 Bolzano	1:26:08
2.	Marco De Luca	ITA	1981	Fiamme Gialle	1:26:42
3.	Miroslav Uradnik	SVK	1996	VSC Dukla Banska Bystrica	1:28:34
4.	Stefano Chiesa	ITA	1996	Aletica 100 Torri Pavia	1:29:36
5.	Pietro Zabbeni	ITA	1998	Aletica Bergamo	1:32:11
6.	Alberto Zaupa	ITA	1995	Aletica Schio	1:32:15
7.	Edison Pumacuro	ITA	1976	US Milanese	1:36:51
8.	Ruggiero D'Ascanio	ITA	1984	Aletica Brugnera Friulintagli	1:37:01
9.	Manuel Giordano	ITA	1995	Fanfulla Lodigiana	1:38:19
10.	Mattia Ganucci	ITA	1990	Toscana Aletica Futura	1:44:06
11.	Marco Giordano	ITA	1995	Fanfulla Lodigiana	1:46:39
12.	Anze Tesovnik	SLO	1998	MASS Ljubljana	1:52:57
13.	Michele De Masis	ITA	1956	Aletica Lonato	1:53:28
14.	Patrick Gavillet	SUI	1968	CM Cour Lausanne	1:59:22
15.	Walter Brandenburg	SUI	1946	SAL Lugano	2:04:30
	Andrii Kovenko	UKR	1973	Ucraina	DQ
	Gianluca Lammendola	ITA	1983	Aletica Barbas	DNF

20km Women

1.	Lidia Barcella	ITA	1997	Aletica Bracco	1:48:11
2.	Raffaella Manfr�	ITA	1974	Aletica Lonato	1:54:21

10km Women

1.	Martina Ansaldo	ITA	1996	Aletica Fossano	47:14
2.	Kathrin Schulze	AUT	1981	IAC Pharmador	52:54
3.	Sara Prandini	ITA	1996	CUS Torino	54:22
4.	Maria Teresa Cortesi	ITA	1996	Fanfulla Lodigiana	56:39
5.	Eva Canadi	SLO	2000	AK Koper	58:22
6.	Manuela Lucaferro	ITA	1963	Aletica Lonato LEM	58:40
7.	Linda Betto	GER	1974	TV Gross-Gerau	59:19
8.	Roberta Mombelli	ITA	1968	Aletica Lonato LEM	1:00:40
9.	Letizia Menini	ITA	2000	Atl. Rodengo Saiano	1:04:08
	Nicole Colombi	ITA	1995	Aletica Brescia	DQ

10km Men U18 & U20

1.	Edoardo Gagliardi	ITA	1999	S.A.F. Aletica Piemonte A.S.D	51:39
	Nathan Bonzon	SUI	2000	CM Monthey	DQ

10km Masters Men

1.	Josef Smola	CZE	1964	Smola Chuze Prag	49:39
2.	Andrea Naso	ITA	1960	Aletica Lonato	52:38
3.	Riccardo Scotti	ITA	1967	Nuova Aletica Astro Milano	54:10
4.	Fabio Ruzzier	SLO	1953	AK Koper	56:40
5.	Stefano Giani	ITA	1954	CUS Insubria	57:03
6.	Georg Hauger	GER	1957	TV B�hlertal	57:11
7.	Roby Ponzio	SUI	1947	GAB Bellinzona	58:50
8.	Gavon Balharry	SUI	1945	CM Cour Lausanne	1:02:06
9.	Marco Monetti	ITA	1949	Societ� Sportiva Ambrosiana	1:07:53
10.	Franco Messina	ITA	1941	Kronos Roma	1:11:13
11.	Daniel Pasche	SUI	1953	CM Monthey	1:11:34
12.	Joseph Bianco	SUI	1941	CM Monthey	1:15:42

5km Women U16 & U18

1.	Giulia Corsolini	ITA	2004	Gruppo Citt� di Genova	27:41
2.	Ilaria Russo	ITA	2003	Gruppo Citt� di Genova	31:40

2km Girls U10, U12 & U14

1.	Tamara Reicht	SLO	2005	AD Štajerska	11:10
2.	Rebecca Lazioli	ITA	2005	Scuola Sportiva Aletica	11:46

3.	Saša Milenovic	SLO	2007	AK Koper	12:19
4.	Anastasiia Kovalchuk	UKR	2006	Ucraina	13:28

2km Boys U10, U12 & U14

1.	Cristian Improta	ITA	2005	Gruppo Città di Genova	10:40
2.	Mickael Ackermann	SUI	2004	CM Monthey	13:26

ITALIAN U18 CLUB CHAMPIONSHIPS, VICENZA, ITALY, 30 SEPTEMBER – 1 OCTOBER

A good walk by **Riccardo Orsoni** in winning the Boy's 5000m walk at the Gold finals of the Italian U18 Club Championships om Vicenza last weekend. Well reported in http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2926. Sounds like there might have been a few controversies in the Pit Lane usage.

Men 5000m Race Walk

1.	ORSONI Riccardo	ITA	2000	21:39.12
2.	MELI Mikias	ITA	2000	23:49.72
3.	COZZA Emanuele	ITA	2000	24:31.96
4.	GALLO Mattia	ITA	2000	24:41.43
5.	SANTANDREA Davide	ITA	2000	28:22.97
6.	ROSSI Dominic	ITA	2001	31:04.48
7.	CASSON Francesco	ITA	2000	31:32.06
8.	SCAMARDA Andrea	ITA	2001	37:42.90
	MARCOLLI Simone	ITA	2000	DNF

Women 5000m Race Walk

1.	PIROLA Laura	ITA	2000	26:40.41
2.	MARCONI Martina	ITA	2000	29:01.93
3.	KACBUFI Natasha	ITA	2001	29:24.57
4.	SGARBI Alice	ITA	2000	30:00.68
5.	CHELINI Chiara	ITA	2000	30:24.64
6.	FERRETTI Alessandra	ITA	2000	31:05.57
7.	CARLESSO Marta	ITA	2001	32:54.01
	PETTINI Giulia	ITA	2000	DQ

Links to the results of the B finals in Chiari, San Benedetto del Tronto and Agropoli are also included in the marciadalmondo article. Best performance from these other meets was that of **Andrea Così** who won the boys' 5000m in Agropoli with 22:52.42.

10TH GRAND PRIX PRIBILINEC, BACUCH, SLOVAKIA, SATURDAY 23 SEPTEMBER

The 10th Grand Prix Pribilinec a week ago in Bacuch, Slovakia, saw small fields in the elite 10km walks, with not many international walkers making the trip. Overall wins to **Miroslav Uradnik** (SVK) with 42:45 and **Austeja Kavaliuskeite** (LTU) with 50:51. Well reported by http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2925. The results included 3km U18 and Masters and 1km U14.

10km Open Men

1.	ÚRADNÍK Miroslav	1996	SLV	42:45
2.	CERNÝ Dominik	1997	SLV	43:19
3.	RÍZEK Milan	1978	SLV	43:26
4.	KOVÁCS Soma	1997	SLV	45:24
5.	GÁL Vencel	2001	SLV	48:37
6.	VARGA Dávid	2001	SLV	49:28
7.	RUDENKO Arminas	2001	LTU	50:51
8.	LIUTINSKIS Arnoldas	2001	LTU	52:22
9.	MEDERA Zdeno	1975	SLV	53:21
10.	SADOMSKIJ Danil	1999	LTU	53:52
11.	TICHÝ Peter	1969	SLV	DNS

10km Open Women

1.	KAVALIAUSKAITĖ Austėja	2000	ITU	50:51
2.	CUBÁNOVÁ Lucia	1995	SLV	52:40
3.	ŽÁRSKA Klaudia	1999	SLV	53:44
4.	RUSKOVÁ Lucia	2001	SLV	1:05:53
5.	HACUNDOVÁ Ema	1999	SLV	DNS

SLOVAK U18 CLUB CHAMPIONSHIPS, BRATISLAVA, SLOVAKIA, SUNDAY 24 SEPTEMBER

Keeping to Slovakia for their U18 Club Championships which were held the following day in Bratislava.

Men 5000m Race Walk

1.	Lubomir KUBIŠ	SVK	01	22:38.73
2.	Daniel KOVÁČ	SVK	01	23:28.00
3.	Alan HAMZIC	SVK	00	25:19.23

T&F MEET, OBERNAI, FRANCE, SUNDAY 24 SEPTEMBER

Finally, a good time to French walker **David Kuster** from a meet in Obernai a week ago.

Men 5000m Race Walk

1.	David KUSTER	FRA	99	20:44.35
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OUT AND ABOUT

- Athletics Australia has published a very nice article on recently retired Australian **Chris Erickson** – see <http://www.athletics.com.au/News/three-time-olympic-walker-chris-erickson-retires>.
- And talking of former Australian Olympic walkers, my old sparring partner **Willi Sawall** still going strong - nice article at <http://www.thecourier.com.au/story/4956746/team-sawall-set-to-step-out/?src=rss>.
- Confirmation that **Lebogang Shange's** 10km time of 39:48 (on Day 2 of the Lake Taihu 4 Day Race) is a new South African record. See <http://allafrica.com/stories/201709260737.html>.
- 7 Australian walkers will be funded under the latest round of the National Athlete Support Structure, announced last week by Athletics Australia (see <http://www.athletics.com.au/News/national-athlete-support-structure-announced>).

Podium: **Dane Bird-Smith** (Qld), **Jared Tallent** (Vic)

Podium Potential: **Regan Lambie** (Vic)

Commonwealth: **Beki Smith** (ACT)

Development: **Tyler Jones** (NSW), **Rachel Tallent** (ACT), **Declan Tingay** (WA)

- Birmingham was the only city to submit a bid to host the 2022 Commonwealth Games before Saturday's deadline, the Commonwealth Games Federation says. Kuala Lumpur in Malaysia, Victoria in Canada and a potential Australian entry had been thought to be possible bidders but none came forward. See <http://www.bbc.com/sport/41455347>.
- Saw Stella Cashman posted the link to a great article on strengthening the Foot Core System for the Rehabilitation and Prevention of Injury of Distance Athletes. See http://www.bluetoad.com/publication/?i=441088#%22issue_id%22:441088,%22page%22:18.
- Talk about still not facing reality. Russian Deputy Prime Minister Vitaly Mutko on Monday said Moscow partly accepts the findings of the explosive 2016 report on doping by Richard McLaren, but insisted the country had no state-sponsored doping programme. See <https://sports.yahoo.com/russias-mutko-insists-no-state-backed-programme-related-190810170-oly.html>.
- More pathetic news from Russia. A Moscow court said last Thursday that it had issued an arrest warrant for Russian whistleblower Grigory Rodchenkov, who helped orchestrate the country's state-sponsored Olympic doping programme and has since fled to the United States. Part of the ongoing witch hunt to blame everyone else but themselves for their State sponsored doping program. See <http://www.nation.co.ke/sports/athletics/Russia-issues-arrest-warrant-for-doping-whistleblower/1100-4115628-y4gjb2z/index.html>.
- China, Russia and seven other leading nations have been banned for a year and will miss the International Weightlifting Federation (IWF) World Championships in Anaheim, as well as next year's Summer Youth Olympic Games, Junior World Championships, Asian Games and their own Continental Championships. The bans, due to start in mid-October, were announced in Bucharest today by the IWF, whose Executive Board made a strong statement of intent in the fight to retain the sport's Olympic status. The complete list is: Russia and Kazakhstan with 10 positives each, Belarus seven, Azerbaijan five, Armenia four and Turkey, Ukraine, China and Moldova three each. See https://www.insidethegames.biz/articles/1056018/one-year-bans-keep-china-russia-and-seven-others-out-of-weightlifting-world-championships?utm_source=internal&utm_medium=vr&utm_campaign=tsb.
- A planned audit of the Russian Anti-Doping Agency (RUSADA) by the World Anti-Doping Agency (WADA) has been completed. The audit included all of RUSADA's affiliated departments. The report is now due to be sent to WADA's

Compliance Review Committee, a group due to meet at the end of next month. They will present their findings to the WADA Foundation Board meeting in Seoul on November 16. The Board will then decide whether or not to declare RUSADA compliant again. WADA recognising RUSADA as compliant again is seen as one of the main barriers to be overcome to ensuring Russia is allowed to compete at Pyeongchang 2018. Hmmmm. See <https://www.insidethegames.biz/articles/1055994/russian-audit>.

- Yesterday, WADA published the 2018 List of Prohibited Substances and Methods; along with the 2018 Summary of Major Modifications and Explanatory Notes. The List, which was approved by WADA's Executive Committee on 24 September 2017, comes into force on 1 January 2018. Links in press release at <https://www.wada-ama.org/en/media/news/2017-09/wada-publishes-2018-list-of-prohibited-substances-and-methods>.
- Related to that release, a new study published last week found at least six of 116 sports supplements bought over-the-counter in Australia, many of which were also marketed in New Zealand, contained anabolic steroids. One of the products that tested positive was actually made in, and distributed from, New Zealand, while the rest were made by US-based companies. Designer anabolic steroids, also known as androgens, pose a potential health risk and, for athletes, may lead to a positive doping test and a ban from competing in a sport. See http://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11926945. This is why Athletics Australia, along with many other federations, advises its athletes not to take supplements.

MARCIADALMONDO AND OMARCHADOR ROUNDUP

Marciadalmondo has 8 press releases this week

- Mon 2 Oct - Updates for Italian women in Athletes Section of website
- http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2928
- Sun 1 Oct – Results of Chiasso meet
- http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2927
- Sat 30 Sep - Riccardo Orsoni wins U18 Club Championships 5000m walk in Arzignano (ITA)
- http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2926
- Fri 29 Sep - Miroslav Uradnik (SVK) and Austėja Kavaliuskeite (LTU) win in Bacuch, Slovakia
- http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2925
- Fri 29 Sep - Latest updates to World and European championship stats by Sandro Damilano
- http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2924
- Thu 28 Sep - Results of U20 races at Lake Taihu 4 Day Classic
- http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2923
- Wed 27 Sep - Dane Bird-Smith (AUS) and Antonella Palmisano (ITA) win Lake Taihu 4 Day Classic
- http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2922
- Tue 26 Sep - Dane Bird-Smith (AUS) and Qieyang Shenjijie (CHN) win Day 3 of Lake Taihu 4 Day Classic
- http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2921

and Omarchador has 13 press releases this week

- Mon 2 Oct - Maxime Lecaplain wins 50km in Tilburg
- <http://omarchador.blogspot.com.au/2017/10/maxime-lecaplain-vence-50-km-de-tilburgo.html>
- Sun 1 Oct - IAAF announced changes to Pit Lane in rule 230
- <http://omarchador.blogspot.com.au/2017/10/iaaf-anunciou-alteracoes-para-o-pit.html>
- Sat 30 Sep - Inês Henriques is honored in Spain
- <http://omarchador.blogspot.com.au/2017/09/ines-henriques-foi-homenageada-em.html>
- Sat 30 Sep - Fabián Bernabé and Laura Sanabria victorious in Alcolea del Río
- <http://omarchador.blogspot.com.au/2017/09/fabian-bernabe-e-laura-sanabria.html>
- Fri 29 Sep - Results of International walsk meet in Bacuch, Slovakia, last weekend
- <http://omarchador.blogspot.com.au/2017/09/marcha-internacional-de-bacuch-em-10.html>
- Fri 29 Sep - Results of Japanese Club Championships last weekend
- <http://omarchador.blogspot.com.au/2017/09/campeonatos-de-clubes-do-japao-em-osaka.html>

- Thu 28 Sep - RIP former Lithuanian walker Vytautas Žurnia (1941-2017)
<http://omarchador.blogspot.com.au/2017/09/vytautas-zurnia-1941-2017.html>
- Thu 28 Sep - A bit more Russian propoganda as Russian cosmonaut calls for doping to stop
<http://omarchador.blogspot.com.au/2017/09/cosmonauta-russo-faz-apelo-contra.html>
- Wed 27 Sep - Antonella Palmisano triumphs in the Tour of Taihu
<http://omarchador.blogspot.com.au/2017/09/antonella-palmisano-triunfa-na-volta-ao.html>
- Wed 27 Sep - Bird-Smith triumphs at 2014 Taihu Tour
<http://omarchador.blogspot.com.au/2017/09/bird-smith-garante-vitoria-na-volta-ao.html>
- Wed 27 Sep - Results of Italian club championships in Modena
<http://omarchador.blogspot.com.au/2017/09/campeonatos-italianos-de-clubes-em.html>
- Tue 26 Sep - Shijie Qieyang and Dane Bird-Smith lead Lake Taihu tour
<http://omarchador.blogspot.com.au/2017/09/qieyang-bisa-e-bird-smith-lidera-na.html>
- Tue 26 Sep - Preview of the Légua de Santo António dos Cavaleiros / Loures (28 Oct)
<http://omarchador.blogspot.com.au/2017/09/regulamento-da-legua-santo-antonio-dos.html>

DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions.

Australian/Victorian Key Dates – 2017/2018 Summer Season

Oct 7 (Sat), 2017	AV Shield Competition starts, around Victoria
Oct 17 (Wed), 2017	VRWC Summer Season starts, George Knott Athletic Track, Clifton Hill, VIC
October 21-28, 2017	Australian Masters Games – Burnie, Tasmania. See http://www.australianmastersgames.com/
Nov 3-5, 2017	AV All Schools State Track & Field Championships, Lakeside Stadium, Melbourne, VIC
Dec 3 (Sun), 2017	Australian 50km Championship (and 20km and U20 10km events), Fawkner Park, Melbourne, VIC
Dec 8-10, 2017	Australian All Schools Championships, Adelaide, SA
Jan 26-28, 2018	AV Country Championships, Ballarat, VIC
Feb 11 (Sun), 2018	Australian 20km Race Walking Championships, Adelaide, SA
Feb 15-18, 2018	Australian Athletics Championships & Nomination Trials, Gold Coast, QLD (10,000m Walks)
Feb 23-25, 2018	AV Junior & Para Championships, Lakeside Stadium, Melbourne, VIC
Mar 2-4, 2018	AV Open & Para Championships, Lakeside Stadium, Melbourne, VIC
Mar 14-18, 2018	Australian Junior Athletics Championships, Sydney, NSW
Mar 24-25, 2018	AV Masters Championships, Doncaster/Nunawading, VIC
Apr 1 (Sun), 2018	Easter Sunday
Apr 4-11, 2018	Commonwealth Games, Gold Coast, QLD
Apr 21-22, 2018	Australian Centurions 24 Hour Qualifying Race, Harold Stevens Athletics Track, Coburg, VIC
Apr 28-29, 2018	Australian Little Athletics Championships, Gold Coast, QLD
Apr 26-29, 2018	Australian Masters T&F Championships, Perth, WA

International Dates – 2018 and onwards

Jan 20-27, 2018	Oceania Masters Athletics Championships, Dunedin, New Zealand See www.mastersathleticsoceania.com
Apr 4-15, 2018	XXI Commonwealth Games, Gold Coast, QLD (20km roadwalks). See http://www.gc2018.com Men's and Women's 20km walk, Currumbin Beachfront, Sunday 8 April
May 5-6, 2018	28 th IAAF World Race Walking Team Championships, Taicang, China
July 10-15, 2018	16 th World Junior T&F Championships, Tampere, Finland
Sept 4-16, 2018	22 nd World Masters Athletics T&F Championships, Malaga, Spain
Mar 24-30, 2019	World Masters Indoors T&F Championships, Torun, Poland
July 3-14, 2019	30 th Summer Universiade, Naples Italy
Sept 28 – Oct 6, 2019	17 th IAAF World Championships in Athletics, Doha, Qatar
July 24 – Aug 9, 2020	32 nd Olympic Games, Tokyo
July 20 – Aug 1, 2020	23 rd World Masters T&F Championships, Toronto, Canada
Aug 6-15, 2021 (TBC)	18 th IAAF World Championships in Athletics, Eugene, USA
July 18-30, 2022	XXII Commonwealth Games, TBA

On 13th March 2017, Durban announced that it would not host the Games, due to financial constraints.

Tim Erickson, terick@melbpc.org.au Home: 03 93235978 Mob: 0412 257 496
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