



## HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club  
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### THE RACEWALKING YEAR IS PUT ON HOLD

Last Wednesday saw a huge announcement by Athletics Australia, advising that they, along with the State Member Associations have decided to postpone all competitions and events until May 1<sup>st</sup> 2020 at the earliest. This includes local and State cross-country, track and field and road events. This decision has been endorsed by all Member Associations.

See <https://www.athletics.com.au/news/athletics-activity-in-australia-postponed-until-may-1/>.

This was quickly followed by an announcement by VRWC Club President Stuart Cooper, confirming that the VRWC winter season start on Saturday 25<sup>th</sup> April has also been postponed. Read his announcement at <http://www.vrwc.org.au/index.shtml>. I am sure that all our other walking clubs have followed suite.

The Victorian Masters Association has cancelled or postponed all VMA events. I think that this includes the weekly Masters T&F meets all around Victoria. This will be the case in all our States. I know that SAMA has cancelled its T&F Championships which were due to take place last Wednesday, last Sunday and tomorrow (Wednesday). Colin Hainsworth is also unsure whether it will be possible to start the Winter Season on 2<sup>nd</sup> May.

Racewalking Australia President Bob Cruise has announced that the annual Lake Burley Griffin Carnival, scheduled for Sunday 7<sup>th</sup> June in Canberra, has been cancelled. I have also added Bob's note to <http://www.vrwc.org.au/index.shtml>.

The last of the Summer Season championships has also been cancelled, with the Australian Little Athletics T&F Championships in Canberra in mid April no longer occurring.

It now looks to be a very quiet next few months for us, with no events of any sort and with all non-essential services and business cancelled.

Internationally, it's just as bad, with all events from early March onwards cancelled. How about this for a list

- Mar 1 (Sun), 2020 Italian Roadwalk Championships, Bergamo (CANCELLED)
- Mar 8 (Sun), 2020 Lugano Trophy - Memorial Mario Albisetti Lugano Switzerland (CANCELLED)
- Mar 15 (Sun), 2020 Chinese Winter Walk Championships, Huangshan (CANCELLED)
- Mar 15 (Sun), 2020 Asian Racewalking Championships, Nomi, Japan (CANCELLED)
- Mar 21 (Sat), 2020 38<sup>th</sup> Dudinska Meet, Dudince, Slovakia (CANCELLED)
- Mar 22 (Sun), 2020 French Roadwalk Championships, Gien, France (20km/35km/50km) (CANCELLED)
- Mar 22 (Sun), 2020 Spanish 20km Race Walk National Championships Murcia, Spain (20km) (CANCELLED)
- Mar 28 (Sat), 2020 2020 Race Walking Challenge, Taicang, China (CANCELLED)
- Mar 29 (Sun), 2020 2020 USA Trials for RW Team Championships Whiting, NJ, USA (20km) (POSTPONED)
- Apr 4 (Sat), 2020 Grande Prémio Internacional de Rio Maior em Marcha Atlética, Portugal (CANCELLED)
- Apr 4 (Sat), 2020 Podebrady Walks Meet, Podebrady, Czech Republic (CANCELLED)
- Apr 12 (Sun), 2020 104<sup>th</sup> Japan Athletics Championships, Wajima, Japan (50km Men)
- Apr 18 (Sat), 2020 International Race Walk Meeting, Zaniemysl, Poland (20km)
- Apr 19 (Sun), 2020 Hungarian 20km Race Walk Championships, Békéscsaba, Hungary (20km)
- May 16 (Sat), 2020 International Racewalking Meet, Naumburg, Germany (20km men and women) (CANCELLED)
- May 24 (Sun), 2020 Finnish Championships, Lapua, Finland (CANCELLED)

Lois and I are now living in self imposed isolation, only going out when we have to. It's a big change for all of us social butterflies, but remember that here in Australia, you can leave your home for some fresh air or a walk or to do other exercise as long as you remember the overriding principle: it must be solitary. You should spend your time with those with whom you are in self isolation. And if you are outside, keep your distance from others. That means 2 metres at all times. This is the single most important thing we can do right now to stop further community transmission.

## THE IOC IS FORCED TO FACE REALITY, ALBEIT KICKING AND SCREAMING

No doubt you have all been following the inept attempts by the IOC Executive to convince a skeptical public that the 2020 Olympics will be unaffected and will proceed on schedule in Japan. Before I get into that, I will start by pointing readers to a very interesting 2014 article that zoomed on the then IOC Executive, which was at that time one of the most corrupt cabals in the world. It's a must read – <https://www.thenation.com/article/archive/meet-ioc-ideal-candidates-perp-walk/>.

This was of course in the past, but one thing remains true for the IOC – it is an organization that lives to make money, that lives for power and prestige. I feel this partly explains its classic 'head buried in the sand' position with regard to the 2020 Olympics. Here is how it panned out this week.

- The week started with the New York Times analysing whether the Olympics could take place in July, discussing the pros and cons. See <https://www.nytimes.com/interactive/2020/03/17/sports/olympics/tokyo-olympics-in-july.html>.
- There were certainly no concerns for IOC President Thomas Bach. In early March, he had been adamant that the Games organizers were preparing for a "successful" Tokyo 2020 despite the ongoing worries around coronavirus. He continued to hold this position into this week. See <https://edition.cnn.com/2020/03/03/sport/olympics-tokyo-2020-thomas-bach-ioc-spt-intl/index.html>.
- World Athletics President Seb Coe had lined up behind Bach and was putting on a brave face, saying that T&F was going to be in the 2020 Olympics in Tokyo. See <https://www.channelnewsasia.com/news/sport/world-athletics-chief-coe-says-we-ll-be-in-tokyo-12532766>.
- There were conflicting opinions amongst elite athletes. For instance, British race walker Tom Bosworth said he would retire if Olympics were cancelled. He is one of many seriously effected by a lack of income, with meets cancelled. See <https://www.dailymail.co.uk/sport/othersports/article-8118785/Coronavirus-UK-British-race-walker-Tom-Bosworth-says-hell-retire-Olympics-cancelled.html>.
- On the other side of the argument, some very high profile Olympic athletes were quick to criticise the IOC's 'Business as Usual' attitude. "The IOC advice 'encourages athletes to continue to prepare for the Olympics Games as best as they can' with the Olympics only four months away, but the government legislation is enforcing isolation at home with tracks, gyms and public spaces closed." See <https://www.athleticsweekly.com/athletics-news/athletes-question-ioc-advice-on-tokyo-2020-1039928780/>.
- The New York Times very quickly changed its tune, coming out strongly a day after its previous article, arguing now that it was time to Cancel the Olympics. Their argument was a simple one - Amid a pandemic, it would be wildly irresponsible for the Games to go on. Pressing ahead with the Tokyo Games means creating a massive, potentially perilous petri dish. Excellent article - <https://www.nytimes.com/2020/03/18/opinion/tokyo-olympics-coronavirus.html>.
- Canada was the first of the IOC member organizations to lay their cards on the table, announcing that they would not have a team at the Tokyo Olympics unless the Games were postponed by a year - a bold move that would at least give Canadian athletes some sense of direction in the coming months. The Canadian Olympic Committee and Canadian Paralympic Committee issued joint statements on Sunday saying that they refuse to send their teams to Tokyo unless their respective Games are pushed back a year. See [https://beta.ctvnews.ca/national/2020/3/22/1\\_4863816.html](https://beta.ctvnews.ca/national/2020/3/22/1_4863816.html).
- Australia was close on their heels, the AOC Executive meeting via teleconference Monday morning and unanimously agreeing that an Australian Team could not be assembled in the changing circumstances at home and abroad. See <https://www.abc.net.au/news/2020-03-23/australian-olympic-committee-expects-games-cancelled-coronavirus/12081248>.
- World Athletics President Seb Coe now responded to the change in wind direction, swapping sides and now calling on the IOC to postpone Tokyo. See <https://www.insidethegames.biz/articles/1092262/world-athletics-want-tokyo-2020-postpone>.
- Finally, the pressure on the IOC was too much. The 2020 Summer Olympics in Tokyo will finally be postponed, likely until 2021, according to IOC member Dick Pound. See <https://bleacherreport.com/articles/2881956-2020-tokyo-olympics-will-be-postponed-due-to-coronavirus-says-iocs-dick-pound>. We can expect a formal announcement today.

Once again, the IOC has been led, kicking and screaming like a recalcitrant child, to the only decision that was ever possible.

## INDEPENDENCE DAY: A PERFECT TIME TO WEAN WORLD ATHLETICS FROM ITS IOC ADDICTION

And keeping the Olympic theme going for another page or so, thanks to USA Attorney At Law Paul F. DeMeester for this in depth article about World Athletics and its relationship to the IOC. Great work as always Paul!

### **Independence Day: A Perfect Time to Wean World Athletics from its IOC Addiction** **By Paul F. DeMeester**

The coronavirus will change life on earth forever, especially in the sporting world. Big money contracts for superstars may not survive the economic depression the rest of us will be trying to overcome. Contact sports, from boxing to football, may experience a dent in the number of participants, not to mention insurance underwriters.

Post-World War II athletics has been on an ever accelerating track to lavishness. The world governing body, then called IAAF, moved from London to Monaco in 1994. In a 2013 interview with Kermit Taylor of Bahamas Athletics in the lobby of the Atlantis Resort, a casino on Paradise Island, then IAAF Competitions Director Paul Hardy was extolling his third visit to the Bahamas, a site visit preceding the 2014 IAAF World Relays. Hardy was proud of timing the visit with the school break of his four kids, so that he could bring them along, together with his wife, who also happened to work for the IAAF in Monaco and whose attendance in the Bahamas was also needed. (See <https://vimeo.com/81630708>, dated 11 December 2013.) Those days may be over. Maybe they should be.

I witnessed the lavishness up close during the 2018 IAAF World Race Walking Team Championships in Taicang, China. I selected a hotel about a mile from the race circuit to be within walking distance. It just so happened to be the hotel where the top IAAF officials were staying. But not the athletes. They were stuck in lesser hotels far enough away to require busing to the race venue and in which the athletes were served greasy food. Meanwhile, the officials were munching on choice items that would make their cardiologists and sports nutritionists happy.

It would be nice to know how much it costs World Athletics to fund its constant globetrotting for officials and where the money comes from. But try to find anything about revenues and expenditures on the World Athletics website. Good luck! So much for the transparency promised by successful IAAF presidential candidate Seb Coe back in 2015, when he ran on an anti-corruption and anti-doping platform. The first step in fighting corruption is to open an organization's books and to require financial disclosures from its top officials. We're still waiting.

Coe may not have kept his transparency promise (remember the secretive 50K disappearance act back in 2017) but he kept another promise that was sure to get him a lot of votes in his presidential race against Sergey Bubka. Shortly after his inauguration, the IAAF started disbursing \$25,000 annually to each of the 212 or so national member federations. Coe explained that the \$22 million expenditure over four years represented about one-half of the revenues the IAAF receives from the IOC during each four-year Olympic cycle. (See IAAF Press Release, *'IAAF Olympic Athletics Dividend' is rolled out to IAAF Member Federations*, dated 19 October 2015, available on World Athletics website.)

This about-half-of-the-total estimate corresponds with the IAAF share of the amount disbursed by the International Olympic Committee (IOC) following the 2012 Olympics, reported by news agency Reuters to have been \$47 million for the IAAF out of the total amount of \$519 million disbursed to 26 sports federations. (See <https://www.reuters.com/article/us-olympics-athletics-revenues-idUSBRE94S0AT20130529>.)

Disbursing IOC-derived money to member federations was not new when Coe did it in 2015. In the 1960s and 70s, newly emerging nations, unshackled from colonial powers, demanded membership in international sports federations, including the IOC and IAAF, based on equal representation. Back then, voting in the IAAF Congress was not based on the principle of one vote per member federation, as it is now. Instead, each federation was classified in one of five groups according to athletic infrastructure. The higher the group, the higher the voting power of those federations in that group. The IAAF Congress, then as now, votes on who sits on the Council and who the executive officers are. The IAAF power structure rejected the immediate calls for electoral change but tried to stave off a political revolt by establishing the IAAF Technical Aid Program in 1974. How was it financed? "During an IAAF Council meeting, [the] ... General Secretary ... and ... Treasurer ... emphasized that the federation was in a much better financial situation following the receipt of its share of the television income from the 1972 Munich Olympic Games." (Jörg Krieger, *The Sole Anti-Democratic Federation in the Entire Olympic Movement: Early International Association of Athletics Federations Development Initiatives Between Commercialization and Democratization, 1974-1987*, in *Olympics in Conflict, From the Games of the New Emerging Forces to the Rio Olympics*, edited by Lu Zhouxiang and Fan Hong (Routledge 2018), at pp. 39-58 [quote on p. 41].)

After the 1972 Olympics, the IAAF kept emerging nations at bay using the Olympic dividend. After the 2012 Olympics, Seb Coe became IAAF President by using the Olympic dividend as his get-out-the-vote fund. Coe's presidency and his athletics governance have become dependent on the quadrennial IOC disbursement. The key word here is *dependent*. In return for its largesse, the IOC makes demands of the international federations: cut the number of athletes and events at the Olympics. Why? To allow the IOC to accommodate new sports on the Olympic Programme, and make it that much easier for the IOC to become the only rule maker in sports. Olympic host cities can only manage so many athletes and spectators. Hence, the need for less (notice how quickly the IOC made a sponsorship deal with Airbnb recently). Where to cut? You may remember from our 2017 battle over the 50K Race Walk that cuts were urged for events that do not fatten broadcast revenues. What we also remember is that Coe and his staff were quick to

kill off race walking. Fortunately, the IAAF Council got in the way and prevented Coe from catering to the whims of the Olympic chasers of broadcast deals and money.

Then along comes COVID-19, which is bad for everyone. It may put a stop to the way Coe has come to depend on the IOC's handouts to fund political and commercial ambitions. There may not even be an Olympics. The time to rethink issues of IOC dependence, commerce above sport and the lavish habits of athletics officials is now. This is the time to cut the stranglehold the IOC holds over all sports. The Olympics cannot survive without athletics. We should be telling the IOC what to do, not the other way around. This is the time to go back to basics.

The basics can be found in the history of the English Amateur Athletic Association, founded in Oxford on 24 April 1880 for the purpose, among others, of improving the management of athletics meetings and to hold an annual championship meet. When the first championship resulted in a loss of about 31 British pounds, an "athletic rate" was imposed on member clubs to make up the difference. W.M. Barnard, who later served as Association Treasurer, described what happened in the Association's second year (1881): "... true to the spirit in which the Association was founded, the furtherance of Amateur Athletics – with finance the secondary consideration – the following year, when the Championship Meeting was held at Birmingham, and a substantial profit of £325 17s. was made, the 'Athletic Rate' imposed in 1880 was repaid ...." (W.M. Barnard, *A Review of the Financial Side of the A.A.A.*, in *Fifty Years of Progress 1880-1930*, edited by H.F. Pash (A.A.A. 1930), at pp. 94-101 [quote on p. 95].)

World Athletics should stick to the basics: improving the conduct of athletic competitions everywhere for everyone and organizing championships, without having an outside entertainment conglomerate called the IOC dictating what events should be conducted. It's okay to recoup costs but finance must not become the driver of our sport. Perhaps the current pandemic will focus our athletics governors on what matters: athletics, not money. Stay safe.

### MARCIADALMONDO ROUNDUP

Marciadalamondo has 3 press releases for us this week. It's going to be sparse pickings from now on.

- Mon 23 Mar - Olympic postponement decision likely today  
[http://www.marciadalamondo.com/eng/dettagli\\_news.aspx?id=3778](http://www.marciadalamondo.com/eng/dettagli_news.aspx?id=3778)
- Sat 21 Mar - Interview with Chinese racewalking coach Sandro Damilano  
[http://www.marciadalamondo.com/eng/dettagli\\_news.aspx?id=3777](http://www.marciadalamondo.com/eng/dettagli_news.aspx?id=3777)
- Tue 17 Mar - Rio Maior race postponed  
[http://www.marciadalamondo.com/eng/dettagli\\_news.aspx?id=3776](http://www.marciadalamondo.com/eng/dettagli_news.aspx?id=3776)

Omachador has 5 press releases, with the results of a final few races that got in before the global shutdown.

- Mon 23 Mar - Results of Puerto Rico Interuniversity League walks  
<https://omarchador.blogspot.com/2020/03/liga-atletica-interuniversitaria-de.html>
- Sun 22 Mar - Results of Czech Masters Indoor Championship walks  
<https://omarchador.blogspot.com/2020/03/os-veteranos-nos-campeonatos-da.html>
- Sat 21 Mar - Results of Isle of Man 10km Championships and Winter League  
<https://omarchador.blogspot.com/2020/03/ilha-de-man-campeonatos-de-10-km-e-liga.html>
- Fri 20 Mar - Japanese walker Yuki Yamazaki announces his retirement from international athletics  
<https://omarchador.blogspot.com/2020/03/evocando-yuki-yamazaki-japao.html>
- Thu 19 Mar - Results of Spanish Masters Indoor Championships walks in Antequera  
<https://omarchador.blogspot.com/2020/03/campeonatos-de-espanha-para-veteranos.html>

### EMMANUEL TARDI USES HIS TIME PROFITABLY

With France in quarantine, Emmanuel Tardi has to stay in his apartment, but he has been using his time profitably to work on some walking related history. He has just send me updates with full historical results sets for *La Voie Sacrée*, for the *24 Heures de Bourges*, for *Le Challenge Facoetti* and for the *French 100km Championships*. He promises more updates during the remaining 5 weeks of his enforced lockdown. See <http://www.centurions.org.au/centranks.shtml> for these 4 files as well as links to some of Emmanuel's previous productions. Here's the cut and paste.

<a href="#">6 Day Walk Ranks from Emmanuel Tardi 2018</a>	Emmanuel Tardi's World All-Time 6 Day Walk ranking lists
<a href="#">100k All Time Men Women</a>	Emmanuel Tardi's 2012 All-Time 100km walk listings (male and female)
<a href="#">28 Heures de Roubaix top 20</a>	Emmanuel Tardi's history of the 28 Heures de Roubaix classic (top 20 places, 1954-2017)
<a href="#">Palmares Voie Sacree 1990-2019</a>	Emmanuel Tardi's history of the Grand Prix de la voie Sacrée (57km, between Bar le Duc and Verdun, on Armistice Day each year)
<a href="#">French 100km Champs 1966-2020</a>	Emmanuel Tardi's complete results set from the French 100km Walk Championships (1966-2019)
<a href="#">24 Heures de Bourges 1997-2020</a>	Emmanuel Tardi's history of the 24 Heures de Bourges (1997-2000)
<a href="#">Le Challenge Facoetti 1959-2019</a>	Emmanuel Tardi's history of Le Challenge Facoetti (1959-2019)

Thanks Emmanuel and STAY SAFE!

And a call for anyone else who wants to chat about submitting an article for us to read. There aren't going to be any results for quite some time now so we need something else to keep the newsletter going each week.

**VALE JOHN MORRISON: 27/10/1939 - 17/03/2020**

I am saddened to report the death last week of long term VRWC member John Morrison, aged 80. John joined our club in the early 1950s (I have a note of him finishing second in the VAWC Junior Style Award in 1954) and competed for many years with us and with Sandringham Athletics Club, where he was a life member.



*John competing at Middle Park in June 2015*

John was one of life's true gentlemen and walked regularly in the VAWC club colours until he retired in the 1970s.

He returned to club competition with us in the 2002 winter season, relishing once again the comradie and the fitness aspects of the sport after his long break. He won many age group medals and trophies in Masters competitions and with the VRWC and holds several Mentone venue records with the Mentone Masters.

John was a great contributor to the various clubs with which he was involved. He was a regular helper at our VRWC events, often sweeping the track before races and helping with event setup and pulldown. He also represented the Mentone Masters on the Mentone Track and Field Centre Committee for a number of years.

He suffered a major setback some 10 years ago when he was diagnosed with a brain tumour. A major operation followed, from which he amazingly recovered, returning to the Middle Park roads and competing with renewed enthusiasm. In fact, he won the M60+ division of the Merrifield trophy on two occasions, in 2013 and 2015.

He continued racing until June 2017 when the cancer returned and he was forced to put his walking shoes aside for the final time.

John will be sadly missed by his athletics training partners Dave Cash, Gwen Steed, Glennis McPherson and Geoff Barrow, as well as all his friends at the Mentone Masters and the VRWC.

We send our condolences to his wife Dawn and family.

#### DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions. It is changing quickly as a result of COVID-19 issues.

#### **Australian/Victorian Key Dates – 2019/2020**

Mar 21-29, 2020	Australian Open and Junior T&F Championships, Sydney (POSTPONED)
Apr 10-13, 2020	Australian Masters T&F Championships, Brisbane (CANCELLED)
Apr 18-19, 2020	Australian Little Athletics T&F Championships, Canberra (CANCELLED)
Apr 18-19, 2020	Australian Centurions 24 Hour Qualifying Walk, Coburg, Victoria (CANCELLED)
Apr 25 (Sat), 2020	VRWC Winter Season Roadwalks at Middle Park (Season Opener) (POSTPONED)
Jun 7 (Sun), 2020	54 <sup>th</sup> LBG Racewalking Carnival, Canberra (CANCELLED)
Aug 30 (Sun), 2020	Australian Masters 20km Championships, Adelaide
Aug 30 (Sun), 2020	Australian Roadwalk Championships (and RWA Carnival), Melbourne

#### **International Dates**

Mar 28 (Sat), 2020	2020 Race Walking Challenge, Taicang, China (CANCELLED)
Mar 29 (Sun), 2020	2020 USA Trials for Race Walking Team Championships Whiting, NJ, USA (20km) (POSTPONED)
Apr 4 (Sat), 2020	Grande Prémio Internacional de Rio Maior em Marcha Atlética, Rio Maior, Portugal (CANCELLED)
Apr 4 (Sat), 2020	Podebrady Walks Meet, Podebrady, Czech Republic (CANCELLED)
Apr 11-12, 2020	Taiwan Veterans Spring Meet, Tainan Municipal Stadium, Tainan
Apr 12 (Sun), 2020	104 <sup>th</sup> Japan Athletics Championships, Wajima, Japan (50km Men)
Apr 18 (Sat), 2020	International Race Walk Meeting, Zaniemysl, Poland (20km)
Apr 19 (Sun), 2020	Hungarian 20km Race Walk Championships, Békéscsaba, Hungary (20km)
May, 2-3, 2020	<b>29<sup>th</sup> World Athletics Race Walking Team Championships</b> , Minsk, Belarus (POSTPONED)
May 16 (Sat), 2020	International Racewalking Meet, Naumburg, Germany (20km men and women) (CANCELLED)
May 20 (Sat), 2020	Gran Premio Cantones de La Coruña, La Coruna, Spain
May 24 (Sun), 2020	Finnish Race Walk Championships, Lapua, Finland, (30km Men, 20km Women)
May 30 (Sat), 2020	Gran Premio Cantones de La Coruña, La Coruna, Spain
Jun 5 (Fri), 2020	46 <sup>th</sup> International RW Festival, Alytus, Lithuania
Jun 14 (Sun), 2020	Polish National Championships, Mielec, Poland (20km)
Jun 28 (Sun), 2020	Canadian Olympic T&F Trials, Montreal, Canada (20km)
July 17-20, 2020	<b>18<sup>th</sup> World Athletics U20 T&amp;F Championships</b> , Nairobi, Kenya
July 24 – Aug 9, 2020	<b>32<sup>nd</sup> Olympic Games</b> , Tokyo (POSTPONED)
July 20 – Aug 1, 2020	<b>23<sup>rd</sup> World Masters T&amp;F Championships</b> , Toronto, Canada
Sep 26-28, 2020	Lake Taihu Tour, Suzhou, China

#### **2020 World Athletics Racewalking World Challenge**

Apr 4 (Sat), 2020	Grande Prémio Internacional de Rio Maior em Marcha Atlética, Rio Maior, Portugal (CANCELLED)
May 2-3, 2020	World Athletics Race Walking Team Championships, Minsk, Belarus (POSTPONED)
May 20 (Sat), 2020	Gran Premio Cantones de La Coruña, La Coruna, Spain
Aug 6-7, 2020	Olympic Games, Sapporo, Japan
Sep 26-28, 2020	Lake Taihu Tour, Suzhou, China

Jan 17-23, 2021	<b>Oceania Masters Championships</b> , Norfolk Island
Apr 6-13, 2021	<b>9<sup>th</sup> World Masters Indoor T&amp;F Championships</b> , Edmonton, Canada
Aug 8-19, 2021	<b>World University Summer Games</b> , Chengdu, China
Aug 6-15, 2021	<b>18<sup>th</sup> World Athletics Championships</b> , Eugene, USA

July 27 - Aug 7, 2022	<b>XXII Commonwealth Games</b> , Birmingham, GBR.
Aug 7-17, 2022	<b>24<sup>th</sup> World Masters T&amp;F Championships</b> , Gothenburg Sweden

Aug 2023 (TBC)	<b>19<sup>th</sup> World Athletics Championships</b> , Budapest, Hungary
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Copies of recent newsletters are kept on the VRWC website (<http://www.vrwc.org.au>)