



## HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club  
2019/202014 Number 43  
Tuesday 21 July 2020



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### PAUL F DEMEESTER TALKS MATTERS IAAF

Thanks to US Attorney at Law Paul F. DeMeester for another thought provoking article. That is the 16<sup>th</sup> in a row and is brilliantly argued. You can see links to all Paul's articles at the bottom of webpage <http://www.vrwc.org.au/save-the-50km.shtml>.

### **50K RACE WALK: AN EVENT FOR ALL AGES - PART TWO**

*By Paul F. DeMeester*

Three weeks ago, this column looked at the 2019 Doha Worlds participants and medal winners to conclude that the 50K suits top level competitors over a much wider age range than any other World Athletics event. (*Doha Figures Show that 50K Race Walk is for All Ages*, Heel and Toe Online No. 40, 30 June 2020, pp. 2-4.) This column evaluates the same age issue while transitioning from discussing the oldest of the Doha walkers to taking a look at the masters 50K scene in the United States.

Jesús Ángel García, the Spanish 50K specialist turned 50 years old less than three weeks after placing 8<sup>th</sup> in the 50K at the 2019 Doha World Championships. García has been competing at the highest levels of his event since the 1992 Olympic Games where he placed 10<sup>th</sup> before a home crowd. A year later, García became world champion at age 24. He has contested the 50K at seven Olympics and 13 World Championships, missing out only in 2017 (a fact I missed three weeks ago). Three World Championship silver medals (1997, 2001 and 2009) grace his trophy cabinet next to his 1993 gold. García also won the 50K World Cup meet in 1997 (the Cup is now called the World Race Walking Team Championships). His best Olympics was in 2008, when at age 37, he just missed the podium. And he's not done yet. García has set his sights on an eighth Olympics, which would see him break the record he now shares with sprinter Merlene Ottey for the most athletics Olympic appearances.



*Jesús Ángel García – eyeing an eighth Olympics*

It's easy to label García's longevity at top level as unique, an outlier. Sure enough, García is in a class by himself. But an analysis of other masters 50K walkers demonstrates that the 50K is well suited for athletes of any age, including those in their fifties and sixties.

In the United States, several masters athletes can be found mixing it up with younger walkers at the 50K National Championships and Olympic Trials. Let's compare the efforts of some of the male distance walkers since the last *de facto* Olympic year of 2016, with that of top endurance athletes competing in road running distance events at the last two World Masters Championships (2016 Perth and 2018 Malaga).

The best performances, time-wise, of four masters 50K walkers in the annual top U.S. 50K race are compared to the winning Olympic 2016 time of 3:40:58. The four walkers are Pablo Gomez (48 in 2020), Ian Whatley (56 in 2016), Dave Talcott (56 in 2017) and Jonathan Matthews, who is listed in two different age categories (59 in 2016 and 60 in 2017). The resulting percentages are then put against the comparison of the best endurance performances at the 2016 Perth and 2018 Malaga World Masters Championships versus the winning marathon and half-marathon times at, respectively, the 2016 Rio Olympics and the 2018 Valencia World Championship Half-Marathon.

<u>50K Walkers</u> <u>Age &amp; Time</u>	<u>% of 2016 Rio Olympic</u> <u>Winning Time</u>	<u>2016 Perth Marathon</u> <u>Winning Time as % of</u> <u>2016 Rio Winning Time</u>	<u>2018 Malaga ½-Marathon</u> <u>Time as % of 2018 Valencia</u> <u>Winning Time</u>
P. Gomez (48) 4:45:23	129.2%	127.1% (M45-49)	119.6% (M45-49)
I. Whatley (56) 4:53:06	132.6%	123.6% (M55-59)	127.8% (M55-59)
D.Talcott (56) 4:59:25	135.5%	123.6% (M55-59)	127.8% (M55-59)
J. Matthews (59) 5:03:26	137.3%	123.6% (M55-59)	127.8% (M55-59)
J. Matthews (60) 5:06:01	138.5%	136.4% (M60-64)	135.6% (M60-64)

The winning times in the 2016 WMA Perth Marathon were 2:43:36 (M45-49), 2:39:04 (M55-59) and 2:55:42 (M60-64). The 2016 Olympic men’s marathon winner clocked in at 2:08:44. Two years later, the marathon was no longer on offer at the World Masters, replaced by the half-marathon. The winning times were 1:11:32 (M45-49), 1:16:43 (M55-59) and 1:21:24 (M60-64). The winner of the 2018 Men’s Half-Marathon World Championship in Valencia posted a 1:00:02.

The U.S. masters 50K walkers are holding their comparative own against the world’s best masters long-distance runners. And that’s just taking walkers from one country. Throw Jesús García’s top time since 2016 in the mix (3:53:48 at Taicang 2018) and his percentage against the winning Rio time (105.8%) far outpaces the Perth and Malaga distance runners in García’s age category (M45-49.)

Matthews and García crossed paths back in 1993, when Matthews placed 19<sup>th</sup> in the Worlds 50K (in 4:02:52), a race won by the Spaniard. At age 53, Matthews still posted great times, finishing 2nd in the 2010 U.S. Nationals in 4:23:15 and by making the U.S. World Race Walking Cup Team that year and the U.S. Pan Am Cup Team the next year, at age 54. Five years later, Whatley would beat him for senior honours when Ian was selected to contest the 50K at the 2016 World Race Walking Team Championships. Whatley took the start on his 56th birthday.

If García can win Worlds gold at age 24 and still be competitive at age 50, then the 50K Race Walk has a lot to offer. It’s unfortunate that the powers that be can’t see that.



*Excelling as masters – Dave Talcott, Ian Whatley, Pablo Gomez and Johathan Matthews*

**TRWC ROADWALKS, WENTWORTH PARK, HOBART, SATURDAY 18 JULY**

Thanks to Dave Moore for this week’s results from Tasmania. He reports:

Cloudy, cool, and still conditions made for some good walking at Wentworth Park today. In the 2km event, **Gabby Hay**, with her first outing over this distance since last year, shaved some 20 seconds off her previous best for 2km. The 3km event saw the return of **Oliver Morgan** who settled in for a comfortable win after a few weeks off with injury. Crossing the line next was **Sam Lindsay** who not only turned the tables on **Eugene Gerlach** from the previous week, but also strode home for a big PB as well. Showing solid form to take out the 5km event was **Elizabeth Leitch**. The battle for the minor placings was a very tight tussle and only decided in the last few hundred metres with a successful chase down of **Wayne Fletcher** by **Ron Foster**.

Lots of photos at <https://www.facebook.com/racewalkingtasmania/photos/pcb.1403589623161816/1403586163162162/>. A small selection follows, forwarded to me by Wayne Fletcher.

**2km Walk**

- |    |            |       |    |
|----|------------|-------|----|
| 1. | Gabby Hay  | 13.20 | PB |
| 2. | Dave Moore | 19.54 |    |

**5km Walk**

- |    |                  |       |
|----|------------------|-------|
| 1. | Elizabeth Leitch | 34.36 |
| 2. | Ron Foster       | 37.44 |
| 3. | Wayne Fletcher   | 38.14 |

**3km Walk**

- |    |                |       |    |
|----|----------------|-------|----|
| 1. | Oliver Morgan  | 18.21 |    |
| 2. | Sam Lindsay    | 20.36 | PB |
| 3. | Eugene Gerlach | 21.39 |    |



*Masters walkers in action: Elizabeth Leitch, Dave Moore and Ron Foster*



*Masters walkers in action: Wayne Fletcher and Eugene Gerlach (photos by Maxine Lindsay)*

**ACTRWC ROADWALKS, JERRABOMBERRA WETLANDS, CANBERRA, SATURDAY 18 JULY**

Thanks to Val Chesterton for this week's results from the ACT Racewalking Club in Canberra. Best effort by **Tim Fraser** (38:46 for 8km). Photos at <https://www.facebook.com/ACTWalkers/posts/3332028550196112>.

The club bid a sad farewell on Saturday to long time club members, Phil And Jenny Reading, who are moving north to warmer climes. They have been great club supporters in areas varying from weekly club events, LBG, committee meetings and national events. Enjoy the sunshine Phil and Jenny!

**4km Walk**

1.	Sidney Shaw	27:36
2.	Greg Durr	28:03
3.	Derek Robinson	29:52
4.	Rosemary Parker	31:32
5.	Jack Thackray	36:57
	Raine Thompson	DNF

**8km Walk**

1.	Tim Fraser	38:46
2.	Bryan Thomas	1:00:17
3.	Bob Parker	1:01:13
4.	Jane Bates	1:01:33
5.	Monika Short	1:04:55
6.	Val Chesterton	1:11:32
	Geoff Barker	DNF

**2km Walk**

1.	Sid Drowan	13:48
2.	David Mackenzie	19:51

**SARWC ROADWALKS, ADELAIDE PARKLANDS, ADELAIDE, SATURDAY 18 JULY**

Thanks to Kim Mottrom for this week's results from South Australia. His comments:

Windy and a bit cold but 31 walkers out today. Best efforts as follows:

- **Olivia Sandery** broke 50 minutes for 10km for the first time, which is a huge achievement for a 17 year old. On the SA rankings (<http://www.racewalking.com.au/club/club-records-and-awards/all-time-rankings>), she is the now youngest to be sub-50.
- **Sebastian Richards** and **Daisy Braithwaite** had a fantastic race over 2km, both breaking 10 minutes for the first time.
- **Zayden Kamish** and **Seth Upton** both did 5km PB's, and both looked very strong in doing so.
- **Tarique Kamish, Zahra Kamish, Elizabeth Rieger, Alexander Richards** and **Maliha Kamish** did 2km PB's today. Clean sweep for PB's for the Kamish family today!

**2km Walk**

1.	Daisy Braithwaite	9:55
2.	Sebastian Richards	9:57
3.	Sam Wilks	10:09
4.	Danielle Walsh	11:01
5.	Tarique Kamish	11:52
6.	Hannah Wilks	11:53
7.	Archie Braithwaite	11:56
8.	Katie DeRuvo	12:13
9.	Orlando Grantham	13:01
10.	Cooper Rech	13:30
11.	Zahra Kamish	13:55
12.	Matilda Rech	14:22
13.	Elizabeth Rieger	14:49
14.	Edward Upton	15:45
15.	Alexander Richards	15:49
16.	Xavier Upton	16:37
17.	Maliha Kamish	19:05

**10km Walk**

1.	Kim Mottrom	46:35
2.	Olivia Sandery	49:43
3.	Kristie Goznik	53:44
4.	Peter Crump	60:08
5.	Mathew Bruniges	DNF

**5km Walk**

1.	Tristan Camilleri	25:49
2.	Zayden Kamish	29:04
3.	Royrie Upton	31:52
4.	Adrian Upton	34:48
5.	Seth Upton	34:55
6.	Liz Downs	37:40
7.	James Hoare	42:34
8.	Johanna Saltis	43:20

**SAMA 15KM CLUB CHAMPIONSHIPS, PEACOCK ROAD, ADELAIDE, SATURDAY 18 JULY**

Thanks to Colin Hainsworth for the results of the South Australian Masters 15km Championships. He commented: Cold but dry arvo.

**15km Walk Championship**

1.	MARIE MAXTED	1:43:55	W60	76.98%
1.	GEORGE WHITE	1:34:37	M75	<b>88.66%</b>
1.	GIL MCINTOSH	1:44:19	M70	75.11%
1.	ROSS HILL-BROWN	2:12:33	M65	55.71%

**15km Club Walk Championship**

1.	GRAHAM HARRISON	1:58:37	M76	71.77%
1.	KEVIN FINN	1:47:56	M68	70.83%
1.	RICHARD EVERSON	1:24:32	M56	79.96%

**10km Club Walk**

1.	RICHARD MOYLE	1:16:42	M64	62.58%
2.	RODGER BARBER	1:23:08	M82	73.83%
3.	ROGER LOWE	1:25:11	M77	66.50%
4.	DAVID ROBERTSON	1:28:54	M87	75.73%

**4km Walk**

1.	TREVOR BROWN	0:29:08	M71	69.12%
2.	HELEN SURIDGE	0:31:16	W69	69.94%
3.	JAN LAYNG	0:31:19	W71	71.89%
4.	VALMAI PADGET	0:31:46	W76	76.75%
	COLIN HAINSWORTH	DNF	M90	

**4km Club Walk**

1.	MIKE VOWLES	0:31:01	M76	69.38%
2.	DAVE FALLON	0:31:15	M67	61.43%
3.	LIZ NEUBAUER	0:32:51	W69	66.57%
4.	HELEN BOWEN	0:34:15	W68	62.97%
5.	CATHIE HORE	0:34:39	W69	63.11%
6.	SANDRA ANDERSON	0:35:06		
7.	JEFFREY KENNETT	0:41:00	M70	48.51%
8.	LILIAN HARPUR	0:41:10	W72	55.52%

**QRWC ROADWALKS, LOGAN RIVER PARKLANDS, BRISBANE, SUNDAY 19 JULY**

Thanks to Robyn Wales for the results from the opening winter season round in Queensland. She reports:

We are finally up and racing and had a good turn out in perfect conditions today...can you believe it was 24!!! 5km was the best race, being led from start to finish by 3 Australian champions from 2019, **Jayda Anderson** (winner in Sydney and Perth), **Lachlan McCure** (winner in Perth) and **Sam McCure** (winner in Sydney). We had lots of new faces in the 3kms and 1km which were keenly contested events. Next week we have our Qld Roadwalking Championships so fingers crossed the virus doesn't cross the border.

Stay safe Victorians, we are in difficult times and we are thinking of you.

**10km Walk**

1.	Ignacio Jimenez	55.37
2.	Peter Bennett	59.46
1.	Jasmine-Rose McRoberts	69.36
2.	Noela McKinven	86.31

**5km Walk**

1.	Lachlan McCure	25.23
2.	Sam McCure	25.26
3.	Riley Whatman	28.23
4.	Jack Bannister	32.53
1.	Jayda Anderson	25.21
2.	Anika Clarke	28.10
3.	Brenda Gannon	31.36
4.	Jennifer Stuckey	34.02

**1km Walk**

1.	Knox Anderson	6.30
2.	Hunter Sibenaler	6.38
3.	Noah Wheeley	7.08
1.	Isabella Gee	5.52

**3km Walk**

1.	Bailey Housden	15.17
2.	Kai Norton	17.43
3.	Blake Gee	20.47
4.	Korbyn Bricknell-Hewitt	23.53
1.	Amber Norton	15.36
2.	Tamika Gee	15.49
3.	Lyla Williams	16.20
4.	Mia Bergh	16.29
5.	Olivia Hingst	17.51
6.	Makenna Clarke	17.53
7.	Torryn Fisher	19.10
8.	Natasha Flahey	19.25
9.	Ella Cosgrove	19.49
10.	Phoebe Chadwick	20.49
11.	Siaan Fisher	20.55
12.	Destinee Pickvance	22.02
13.	Pippa Anderson	22.38
14.	Katya Martin (helping Korbyn)	23.52

## WARWC ROADWALKS, SHELLEY, PERTH, SUNDAY 19 JULY

Thanks to Terry Jones for the latest results from Western Australia.

### 14km Handicap

1.	Brad Mann	1.16.52
2.	Ben Reid	1.16.52
3.	Andrew Duncan	1.15.02

### 10km Handicap

Steve Travell	DQ
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### 3km Handicap

1.	Glenys Duncan	26.14
2.	Xavier Bernard	16.38
3.	John Ronan	14.27
4.	Ashlyn Spence	16.11

### 5km Handicap

1.	Alexandra Griffin	26.38
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### 1.5km Handicap

1.	Coral McCooey	13.29
2.	Gracie Dabala	9.04
3.	Ella-Jayde Coleman	10.35
4.	Luke Lawrence	9.04
5.	Linkin Lawrence	10.34
6.	Madison Gray	9.32
7.	Riley Wood	7.38
8.	Lataya Lawrence	8.24

## WHAT'S HAPPENING IN THE OTHER STATES?

NSWRWC was due to start its winter season on Saturday but there was a late cancellation notice, citing issues around the CIVOD-19 situation and their Chipping Norton course. Fingers crossed they get underway on Saturday 1<sup>st</sup> August which seems to be their next scheduled meet.

## ENGLISH VIRTUAL RACEWALKING LEAGUE, ROUND 15, ACROSS THE WORLD

John Constandinour reports from England: Fifteen weeks in! Numbers are down but we have another new athlete from South Africa joining the league this week. Several other virtual leagues are now also taking place. Perhaps we should award Olympic medals within the next few races, as Tokyo 2020 was scheduled around this time... The league still continues, so keep on racing! Well done again everyone, and thanks again for your patience!

2km Virtual Walk Overall results: <http://racewalkingassociation.com/EventDetails.asp?ag=y&id=6146>

A small number of Australians participated:

### 2km Virtual Walk Women

12.	Heather Carr	W70	11:59
27.	Elizabeth Hancock Michau	W65	17:51

### 2km Virtual Walk Men

29.	Haydn Gawne	M70	14:08
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## FRENCH ROUNDUP, FRIDAY 17 JULY

Emmanuel Tardi reports that there was two events on Friday evening in France.

In Eu, in the North East of France, **Kevin Campion** walked a very strong 18:57, while in Saint Lo, Normandy, young **Maele Bire-Heslouis** walked a strong 13:27 (ranking her no 26 in the french all time list), beating her previous PB for 1:05. Results follow.

### French Track Meet, Saint Lo, Friday 17<sup>th</sup> July

#### 3000m Track Walk

1.	BIRE-HESLOUIS Maele	JUF/02	Stade Saint-lo	13:27.89
2.	COLAS SCELLES Gwendoline	MIF/05		16:16.01
3.	GARNATZ Aude	ESF/99	Caen Athletic Club	16:46.68
4.	PICOT Anne-laure	VEF/79	Caen Athletic Club	17:35.66
5.	VERON Martine	VEF/70	Flers-conde Sur Noireau Athle	18:02.37
6.	MOTIR Agathe	MIF/05	Stade Athletique Bayeusain	18:41.19
7.	BEGIN Amandine	MIF/06	Ba Coutances	21:30.90
8.	FENOILLERE Celine	VEF/78	Ba Coutances	21:51.63

#### 5000m Track Walk

1.	LECAPLAIN Maxime	SEM/94	Stade Saint-lo	21:50.48
2.	PICARD Nicolas	VEM/80	As Tourlaville	23:29.51

**French Track Meet, Eu, Friday 17<sup>th</sup> July**

**3000m Track Walk**

1.	ROULAND Marion	SEF/90	Stade Dieppois	16:24.52
2.	FROMENTIN Nathalie	VEF/70	Stade Dieppois	16:57.23

**5000m Track Walk**

1.	CAMPION Kevin	SEM/88	Stade Dieppois	18:57.40
2.	DREVILLE Lucas	JUM/02	Beauvais Oise Uc	22:35.02
3.	BEAUVAIL Florent	ESM/00	Stade Sottevillais	22:48.33
4.	DUMOULIN Louis	CAM/03	Beauvais Oise Uc	26:55.93
5.	VERMES Arthur	JUM/01	As Raismes	28:54.99
6.	BRONNEC Francois	VEM/68	Co Eu Bresle	29:49.88



*Kevin Champion and Maele Bire-Heslouis racing last Friday in France (photos from Emmanuel Tardi)*

**CHAMPIONNATS SUISSES DE MARCHE, CHAILLY/MONTREUX, SWITZERLAND, SUNDAY 19 JULY**

Sunday saw Emmanuel in Montreux, on the eastern side of the Lemman Lake in Switzerland, where the Swiss Track Championships (10,000m for men and 5000m for women) were contested.

**David Kuster** wanted to challenge the French U23 10,000m track record, held by Jean Blancheteau with 40:23, and Emmanuel's trip was to ensure the presence of sufficient qualified judges in case of success. The men's race started at 9:45AM in sunny but hot

conditions (27°C). David went straight to the front, passing the 5000m in 20:00, and only slowing by the slightest amount to finish with 40:10, setting a new French U23 record. His next major goal will be the 10km walk in the French championships in Albi (September 10-11), followed by the Dutch 50km Championship in Tilburg (Oct 4<sup>th</sup>).

With his judging duties done, Emmanuel did the 5000m walk with the women. He says he was just happy to be wearing a racing bib again. Well done mate!

You can find ancillary information at <http://www.swisswalking.org/fr/news/detail/975>.

#### 10,000m Track Championship Men

1.	David Kuster	99	U23	EFS Reims Athlé. Fr	0.40:10.0	
2.	Come Martin	95	H	Annecy Haute Savoie Athlé. Fr	0.46:34.1	
3.	Manuel Giordano	95	H	Athlét. Fanfulla Lodigiano It.	0.49:25.1	
4.	Nathan Bonzon	0	U23	CM Monthey	0.52:23.0	Champ. Sui
5.	Regis Brière	68	HV	Doubs Sud Athlé.Pontarlier	1.01:30.4	
6.	Cédric Bouelé	85	H	CA Délémont	1.03:43.1	
7.	André Rouiller	51	HV	Monthey CS Poste	1.10:07.0	1.C.S.Poste
8.	Daniel Brot	53	HV	CM Yverdon les Bains	1.16:50.0	
9.	Claude Greber	57	HV	CME La Poste CS Poste	1.17:11.4	2.C.S.Poste
10.	Michel Jomini	51	HV	CME La Poste CS Poste	1.19:34.0	3.C.S.Poste
11.	Joseph Bianco	41	HV	CM Monthey	1.19:53.0	
12.	Alexis De Coppet	38	HV	CM Carouge	1.22:54.8	
13.	Jorge Gilabert	56	HV	CM Carouge	1.30:05.4	
14.	Walter Brandenburg	46	HV	Swiss Master Athlétics	1.40:12.7	
15.	Claude Berner	63	HV	CME La Poste CS Poste	DQ	

#### 5000m Track Championship Women

1.	Caroline Osmont	96	W	AS Tourlaville Fr	25:45.2	
2.	Dora Brière	59	WV	CMC Lausanne	30:11.0	1 C.S.
3.	Colette Girard	62	WV	CME La Poste	32:28.3	1.C.S.Poste
4.	Claudine Anxionnat	51	WV	AVEC Fr.	35:21.1	
5.	Birtukan Bouelé	88	W	Délémont Athlé	37:16.8	
6.	Hélène Baptiste	50	WV	CM Yverdon les Bains	39:03.6	
7.	Maria Gilabert	58	WV	CM Carouge	41:37.6	

#### 5000m Track Walk Men (Non Championship)

1.	Emmanuel Tardi	67	HV	Longjumeau Fr	39:39.4	
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#### U10 1km Track Walk

1.	Alex Siegrit	12	U10	CM Monthey	9:17.5	
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David Custer (left) and Martin Come (right) – Photos from Emmanuel Tardi



## MARCIADALMONDO AND OMARCHADOR ROUNDUP

Marciadalmondo has 6 press releases for us this week

- Mon 20 Jul - Important updates of the Statistics section  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3818](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3818)
- Sun 19 Jul - Chailly-sur-Montreux (SUI): David Kuster wins 10,000m track walk with a new U23 France record  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3817](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3817)
- Sun 18 July - 100 years since Ugo Frigerio won Italy's first race walking Olympic gold medal  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3816](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3816)
- Fri 16 July - Lupita Gonzalez's doping woes continue  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3815](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3815)
- Wed 14 Jul - Kobe (JPN): Victories of Yutaro Murayama and Minori Yabuta in local championships  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3814](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3814)
- Tue 13 Jul - Capavenir-Vosges (FRA): David Kuster wins 5000m track walk in PB 19:32.11  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3813](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3813)

while Omarchador has its usual great of selection of articles

- Sun 19 Jul - Olympic Games Organizing Committee confirms athletics program  
<https://omarchador.blogspot.com/2020/07/comite-organizador-dos-jogos-olimpicos.html>
- Sat 18 Jul - Portugal returns to competition with Walks Challenge over 3000m  
<https://omarchador.blogspot.com/2020/07/desafio-de-marcha-da-fpa-e-o-principio.html>
- Fri 17 Jul - Youth Olympic Games postponed to 2026  
<https://omarchador.blogspot.com/2020/07/jogos-olimpicos-da-juventude-foam.html>
- Thu 16 Jul - Results of Danish Walk Championships in Copenhagen  
<https://omarchador.blogspot.com/2020/07/campeonatos-de-marcha-da-dinamarca-em.html>
- Wed 15 Jul - Murayama and Yabuta win walks in Japan  
<https://omarchador.blogspot.com/2020/07/murayama-e-yabuta-vencem-provas-de.html>
- Tue 14 Jul - Kuster does PB at the Meeting in Tahon, France  
<https://omarchador.blogspot.com/2020/07/kuster-em-evidencia-no-meeting-de-tahon.html>
- Mon 13 Jul - Tóth and Czaková win in the inaugural round of the Slovak Club Championship  
<https://omarchador.blogspot.com/2020/07/toth-e-czakova-vencem-na-ronda.html>

## OUT AND ABOUT

- Russian Athletics Federation (RusAF) President Yevgeny Yurchenko has resigned after the organisation failed to meet a deadline for a \$6.31 million (£5 million/€5.6 million) fine, part of the reinstatement criteria following the nation's doping scandal. In a statement announcing his resignation, Yurchenko said he hoped the future leadership of RusAF would be able to resolve the crisis. Just what is going on there - talk about a broken organisation. Definitely not ready to be allowed to return to the global fold. See <https://www.insidethegames.biz/articles/1096268/rusaf-president-yurchenko-resigns>.
- Here is a great timeline which shows the development of the modern drug testing regimes, from a very simple start in the 1968 Olympics. See <https://sportsanddrugs.procon.org/historical-timeline/>.
- UK Athletics is rushing to head off the media frenzy over the jawbreaking investigative revelations regarding its dubious use of an experimental substance ahead of the 2012 London Olympics. Their press release raises more questions and does not really offer much in the way of real explanation - and certainly no signs of repentance - see <https://www.uksport.gov.uk/news/2020/07/12/uk-sport-statement>. This issue has a lot more to play out.
- I reported a couple of weeks ago that 31 year old Mexican walker María Guadalupe González had failed in her attempt to get her 4 year ban overturned. The AIU has now charged her with a second violation for tampering as a result of her submitting forged documents and fabricated evidence, and procuring false witness testimony in the course of the proceedings before the Disciplinary Tribunal for the first violation. I suspect her career is now well and truly finished. See <https://www.insidethegames.biz/articles/1096297/race-walker-drugs-ban-false-evidence>.

- Tokyo has recorded a new high for daily COVID-19 cases today, with a second wave now a growing concern ahead of the postponed Olympic Games in Tokyo next year. See <https://www.insidethegames.biz/articles/1096393/tokyo-2020-covid-19-cases-koike>.
- The International Testing Agency (ITA) has confirmed a significant fall in sample collection and testing during the coronavirus pandemic. In the absence of testing activities during the peak of the pandemic, out-of-competition sample collection dropped by an average of 63.2 per cent and in-competition tests by up to 100 per cent between March and June. This is worrying! See <https://www.insidethegames.biz/articles/1096423/ita-confirm-testing-fall-during-pandemic>.
- There are quite a few athletes getting caught out with regard to whereabouts failures. The latest is US Olympic finalist sprinter Deajah Stevens who was banned for 18 months on Thursday for missing doping tests and will now miss the Tokyo Games. The Athletics Integrity Unit, which prosecutes cases in track and field, said Stevens was unavailable for three doping controls in 2019 in Oregon and West Hollywood. Three whereabouts violations within one year can lead to a ban. The ruling came while another Olympic medal prospect from the United States, men's 100-meter world champion Christian Coleman, is under an AIU investigation for missed tests. Coleman was provisionally suspended one month ago. See <https://www.nine.com.au/news/olympic-finalist-deajah-stevens-banned-for-18-months-for-drugs-violation/c3ca7fd6-bf77-43ff-b238-3c5f3f6cd89a>.

#### SOME GREAT LINKS TO BOOKMARK

For all masters walkers, there is a fantastic US website called the '**Museum of Masters track and field**'. It contains just about every statistic you could imagine in the Masters area. Link is <http://mastershistory.org/>.

The website has an extensive archive of newsletters and magazines (<http://mastershistory.org/newsletters-and-magazines/>).

Amongst them is the full archive of the Ohio Racewalker, 1965-2014. Check out <http://mastershistory.org/50-years-of-ohio-race-walker-1965-to-2014/>.

#### AUSTRALIAN RACEWALKING CHAMPIONSHPS MEN: 1967 - 1970

I must start this week's review with two additions to the reporting for the period 1967-1970.

Firstly, I missed one major international meet in which Australian Frank Clark competed.

#### U.S.A. vs USSR vs British Commonwealth T&F Meet Coliseum, Los Angeles, 19-20 July 1969

Just as Bob Gardiner had been selected in 1967 to represent the British Commonwealth in a U.S.A. vs British Commonwealth T&F Meet in Los Angeles in 1967, it was **Frank Clark's** turn in 1969, when a three way meet between USA, USSR and the British Commonwealth was scheduled. Frank walked well to come 5<sup>th</sup>, only 23 secs behind 1968 Olympic 20km bronze medalist Nikolai Smaga. It was a tonic for him and went some way to recompensing for Mexico where the altitude put paid to his chances. As an aside, Paul Nihill regarded this win as his greatest ever non-championship performance, in beating 1968 Olympic Gold medallist Golubnichy.

USA v Commonwealth v USSR, LA, USA, 19 <sup>th</sup> July 1969			
1.	Paul Nihill	GBR	1:31:49.8
2.	Vladimir Golubnichy	USSR	1:32:11.0
3.	Ron Laird	USA	1:32:27.0
4.	Nikolai Smaga	USA	1:32:51.4
5.	Frank Clark	AUS	1:33:14.6
6.	Robert Kitchen	USA	1:38:02.4

Secondly, I missed out on discussing the aftermath of the 1970 Australian 20km Championship in Adelaide. That event is re-reported here

#### Australian 20km Championship Adelaide, Saturday 29<sup>th</sup> August 1970

**Noel Freeman** was on a high after his Commonwealth Games win, comfortably winning the 1970 Australian 20km Championship in Adelaide 6 weeks later. His eyes were now firmly set on the Munich Olympics and he was ticking the boxes, one by one. **Graeme Nicholls** continued his good form, taking second place with 1:35:20, ahead of former British Olympian **Arthur Jones**, now competing for NSW, who took third with 1:35:50. 18 year old **Steven Hausfeld** continued his rise up the rankings, taking fourth place with 1:37:42.

<b>Australian 20km Championship, Adelaide, 29 August 1970</b>			
1.	Noel Freeman	VIC	1:30:57
2.	Graeme Nicholls	VIC	1:35:20
3.	Arthur Jones	NSW	1:35:50
4.	Steven Hausfeld	NSW	1:37:42
5.	Varel Newmark	VIC	1:38:50
6.	Robin Wood	VIC	1:38:54
7.	Justin Coxhead	VIC	1:39:23
8.	Frank Leonard	SA	1:40:19
9.	Alistaire Johnstone	NSW	1:43:03
10.	Barry Whittaker	SA	1:43:55
11.	Robin Whyte	NSW	1:44:04
12.	Martin Davey	WA	1:45:05
13.	Rod Bambery	VIC	1:45:59
14.	Clarrie Jack	VIC	1:47:20
15.	Don Keane	WA	1:49:21
16.	Graham Evans	SA	1:50:43
17.	Keith Heness	NSW	1:51:25
18.	Lloyd Davies	WA	1:51:59
19.	Peter Whitham	SA	1:53:17
20.	Len Hart	SA	1:53:21
21.	Vincent Sutherland	WA	1:54:32
22.	Jack Webber	SA	1:55:03
23.	Sidney Bray	QLD	1:57:58
24.	Phil Hollis	SA	1:58:43
25.	Jeff Kennett	SA	1:59:28
26.	Kevin Finn	SA	2:00:35
27.	David Tapp	SA	2:03:57
28.	Bill Starr	SA	2:04:44
Teams: 1. VIC 14    2. NSW 25    3. SA 44    4. WA 53			

Things turned sour almost immediately when Noel was reported for misbehaviour at the awards ceremony after the 20km championship (by memory, he threw a glass of beer or wine into someone's face). His case was quickly reviewed and he was handed a 13 month suspension by the V.A.A.A. board. The 13 months suspension meant that he would miss the selection trials for the 1972 Olympics (set for 18<sup>th</sup> September 1971)! It was obvious that the extra month suspension was for no other reason than that. He appealed to A.A.U of A. but they dismissed his appeal. He had no further recourse for redress. It was a case of pure vindictiveness.

Thus ended the career of our greatest male walker ever – in controversy.

Noel must be rated alongside Nathan Deakes and Jared Tallent as one of our three best ever male racewalkers. His Olympic Silver medal, his Commonwealth Games Gold medal, his numerous Commonwealth and Australian records, his world best road time for 20 miles, his dominance on both track and road and his 8 National Title wins are an extraordinary tribute to his talent and fighting spirit. He had a never die attitude that would not admit defeat or give in to adversity.

And now onto this week's discussion of the years 1971-1976.

#### AUSTRALIAN RACEWALKING CHAMPIONSHPS MEN: 1971 - 1976

This follows on from my previous articles which detail the early Australasian and Australian Racewalking Championships (along with other particularly significant races), up to and including 1970.

- [Australasian Championships Men 1892-1920.pdf](#)
- [Australasian Championships Men 1921-1939.pdf](#)
- [Australian Championships Men 1946-1956.pdf](#)
- [Australian Championships Men 1957-1960.pdf](#)
- [Australian Championships Men 1961-1966.pdf](#)
- [Australian Championships Men 1967-1970.pdf](#)

Our story continues from 1971. The top walkers were now all getting older. Noel Freeman, aged 32, had been suspended for 13 months in 1970, thus ending his career. Over the next couple of years, Bob Gardiner (aged 34) and Ted Allsopp (aged 44) would also disappear from the national stage, opening the door for the next generation of walkers. Frank Clark (aged 27) was the youngest of the top group but he subsequently contracted a bad dose of glandular fever in the early seventies, one from which he never really fully recovered. He continued racing off and on until 1978, but his last national race was in 1972 when he won the Glover Shield 10km in Brisbane.

The next generation were led by Graeme Nicholls (aged 22), Ross Haywood (aged 23), Steve Hausfeld (aged 18) and the older ex-British international Peter Fullager (aged 27). But Bob and Ted and Frank had a few final races yet before they hung up the shoes.

### **Australian Track & Field Championships - 1970-71 Lang Park, Brisbane, Queensland, 12-14 March 1971**

**Ross Haywood** had returned after a 3 year absence from racewalking (he had been running, his last major walk race having been in the 1968 Australian 3000m walk, when he had been disqualified) and had won the Victorian 3000m walk in February 1971 (12:56.8). He had battled it out with **Graeme Nicholls**, before Graeme's eventual disqualification. As an aside, this was the first major race on the newly laid rubber-bitumen track at Olympic Park in Melbourne. Gone was the old black cinders track that had regularly ensured that running shoes and socks and legs were covered in a layer of dark grit that was well nigh impossible to remove.

The same scenario unfolded in the National 3000m track walk championship in Brisbane, with Ross winning his first senior national title (the first of 6) with 12:59.6 and Graeme again disqualified. Junior champion **Steve Hausfeld** improved to a PB of 13:04.4 to take silver ahead of SA veteran **Frank Leonard**. Surprise of the day was the failure of SA record holder **Peter Fullager** who could only manage 6<sup>th</sup> with 14:11.6. It was the smallest walks field for some time.

<b>3,000m Track Walk - Men - Saturday 13 March 1971</b>			
1	Ross Haywood	VIC	12:59.6
2	Steve Hausfeld	NSW	13:04.4
3	Frank Leonard	SA	13:15.6
4	Greg Deale	NSW	13:44.6
5	Bob Foster	TAS	13:56.6
6	Peter Fullager	SA	14:11.6
7	Robin Wood	VIC	14:13.2
-	Graeme Nicholls	VIC	DQ

### **1971 Alexander Cup 30km Men Albert Park, Melbourne, Saturday 15<sup>th</sup> May 1971**

The September 1970 annual conference of the AFORWC had amended its Alexander Cup distance from 50km to 30km. This was the first time that a 30km distance had been raced at this level in Australia and **Peter Fullager** (SA) showed he meant business by leading all the way to win easily in 2:27:36. **Graeme Nicholls** finally got the all clear from the judges, taking second with 2:32:51, ahead of Victorian teammate **Justin Coxhead** (2:34:36).

In a surprise result, Victoria was relegated to third place in the coveted Teams competition, when three of its Number 1 team failed to finish – Bob Gardiner, Robin Wood and Andrew Jamieson. The only walkers to finish from that team were Graeme Nicholls (2<sup>nd</sup>) and **Ted Allsopp** (5<sup>th</sup>).

<b>Alexander Cup 30km, Melbourne, Saturday 15<sup>th</sup> May 1971</b>			
1.	Peter Fullager	SA	2:27:36
2.	Graeme Nicholls	VIC	2:32:51
3.	Justin Coxhead	VIC	2:34:36
4.	Robin Whyte	ACT	2:35:23
5.	Ted Allsopp	VIC	2:37:27
6.	Frank Leonard	SA	2:38:21
7.	Steven Hausfeld	NSW	2:38:35
8.	Dean Knight	SA	2:42:19
9.	Ian Henderson	VIC	2:43:58
10.	Dave Black	VIC	2:45:49
11.	Brian Carmen	SA	2:49:12
12.	Barry Whittaker	SA	2:50:06
13.	Stuart Cooper	VIC	2:50:46
14.	John Tormey	ACT	2:51:07
15.	Peter Waddell	ACT	2:53:10
16.	Graeme Evans	SA	2:54:01
17.	Mike Barfoot	ACT	2:55:49
18.	Keith Heness	NSW	2:57:14
19.	Peter Whitham	SA	2:58:05
20.	Frank Overton	NSW	3:01:10
21.	Gwyn Jones	NSW	3:04:42
22.	Rod Bambery	VIC	3:05:21
23.	Claude Martin	VIC	3:07:07
24.	Ralph Field	VIC	3:09:22

25.	D. Buxton	SA	3:10:05
26.	Tony Andrew	ACT	3:15:54
27.	Ted Edwards	NSW	3:15:59
28.	Bill Starr	SA	3:20:20
29.	Tom Daintry	VIC	3:24:40
30.	Nigel Crew	NSW	3:45:04
-	Bob Gardiner	VIC	DNF (24km 123:40)
-	Phil Hollis	SA	DNF (24km 141:55)
-	Trevor Mayhew	VIC	DNF (21km 105:16)
-	Graeme Russell	VIC	DNF (21km 117:35)
-	F. Thorpe	VIC	DNF (21km 124:46)
-	Paul Dorset	NSW	DNF (21km 134:10)
-	Robin Wood	VIC	DNF (18km 90:02)
-	Clarrie Jack	VIC	DNF (18km 99:17)
-	G. Mills	VIC	DNF (18km 103:53)
-	Alan Lucas	VIC	DNF (18km 104:41)
-	Kevin Finn	SA	DNF (18km 111:15)
-	Roy Thomas	VIC	DNF (18km 114:34)
-	Andrew Jamieson	VIC	DNF (15km 79:05)
-	Ray Smith	VIC	DNF (15km 84:19)
-	David Crook	VIC	DNF (15km 87:20)
-	Greg Ellis	VIC	DNF (15km 91:30)
-	G. Anderson	VIC	DNF (15km 97:52)
Teams			
1.	SA No. 1	11	1, 4, 6
2.	ACT	24	3, 10, 11
3.	VIC No. 2	26	2, 8, 16
4.	VIC No 3	31	7, 9, 15
5.	NSW	32	5, 13, 14
6.	SA 2	47	12, 17, 18

#### 5<sup>th</sup> LBG Carnival

#### Lake Burley Griffin, Canberra, Sunday 13<sup>th</sup> June 1971

Ex. British international **Peter Fullager**, now well and truly settled in Adelaide, followed up his win in the Alexander Cup 30km in May, to win the 5<sup>th</sup> annual Lake Burley Griffin 20 miler in Canberra in June 1971, breaking Frank Clark's course record, after a tough battle with NSW youngster **Steve Hausfeld**. This win enabled the SA team of Fullager, **Frank Leonard** and **Dean Knight** to wrest the Teams event trophy from Victoria. **Justin Coxhead**, after his third place in the Alexander Cup 30km the month before, took another bronze here. 15 year old Victorian prodigy **Russell Miller** finished 8<sup>th</sup> with 3:00:37. He would burn brightly for a very short time before leaving the sport. With 104 walkers, this was the biggest LBG so far.

LBG 20 Miles Walk, Canberra, Sunday 13 June 1971			
1.	Peter Fullager	SA	2:40:08
2.	Steve Hausfeld	NSW	2:40:21
3.	Justin Coxhead	VIC	2:44:43
4.	Robin Whyte	ACT	2:49:46
5.	Ian Henderson	VIC	2:50:35
6.	Frank Leonard	SA	2:57:36
7.	Rod Bamberry	VIC	2:59:25
8.	Russell Miller	VIC	3:00:37
9.	Dean Knight	SA	3:00:57
10.	Barry Whittaker	SA	3:01:40
11.	Clarrie Jack	VIC	3:02:05
12.	Peter Waddell	ACT	3:02:45
13.	Robin Wood	VIC	3:03:50
14.	Brian Carman	SA	3:04:07
15.	Mike Barfoot	ACT	3:10:14
16.	Stuart Cooper	VIC	3:10:17
17.	Alan Lucas	VIC	3:11:04
18.	Peter Whitham	SA	3:11:31
19.	John Tormey	ACT	3:12:52
20.	Ray Smith	VIC	3:13:44
21.	Frank Overton	NSW	3:17:13
22.	Reg Tarte	NSW	3:17:40
23.	Brendan Hyde	NSW	3:20:32
24.	Graeme.Evans	SA	3:21:04

25.	Vic Townsend	NSW	3:24:24
26.	D Buxton	SA	3:26:14
27.	Ken Menser	NSW	3:26:39
28.	R Hutton	???	3:31:47
29.	Sid Bray	QLD	3:33:48
30.	Gus Theobald	VIC	3:36:56
31.	Nigel Crew	ACT	3:44:01
32.	Ralph Field	VIC	3:46:59
33.	Bill Starr	SA	3:49:21
34.	Pat Fisher	ACT	4:00:00
-	Keith Heness	NSW	DNF
-	Gwyn Jones	NSW	DNF
-	Eddie Dawkins	NSW	DNF
-	Graeme Nicholls	VIC	DNF
-	Dave Black	VIC	DNF
-	Greg Ellis	VIC	DNF
-	Trevor Mayhew	VIC	DNF
-	D Blaske	?	DNF

### USA vs USSR vs World All Stars meet

Edwards Stadium, University of California, Berkeley, California, USA, 3-4 July 1971

**Bob Gardiner** had participated in the 1967 USA vs British Commonwealth meet and Frank Clark had participated in the 1969 USA vs USSR vs British Commonwealth meet. Bob was selected for the 1971 meet which was billed this time around as USA vs USSR vs World All Stars.

Although the majority of events were held in the Edwards Stadium, the 20km roadwalk was held on a 5km lap in the Golden Gate Park. Paul Nihill and Nikolay Smaga walked together the whole way and crossed the line side by side, with the nod going to Nihill. Their 5km splits (22:45, 45:43, 68:02, 90:08) show that the pace increased in the second half but neither walker cracked. Third placed Vladimar Shalosyik had been disqualified at the 11km mark but had finished the race. He was eventually reinstated after a protest by Russian team management. Bob finished 5<sup>th</sup> with 1:34:15.

20km Walk, Berkeley, Saturday 3 July 1971			
1.	Paul Nihill	GBR	1:30:08.0
2.	Nikolay Smaga	USSR	1:30:08.0
3.	Vladimar Shalosyik	USSR	1:33:27.0
4.	Tom Dooley	USA	1:33:59.6
5.	Bob Gardiner	AUS	1:34:15.0
6.	Goetz Klopfer	USA	1:36:26.6

The two 1972 Olympic walk trials had been set a week apart, with the 20km in Melbourne on 18<sup>th</sup> September and the 50km in Sydney on 25<sup>th</sup> September. Why so far out from the Olympics and why so close together? Two very good questions for which I don't have answers. The Australian selectors had not been kind to walkers in previous selections, and this timetabling was not going to help the walkers one iota.

### 1972 Olympic 20km Trial

Albert Park, Melbourne, Saturday 18<sup>th</sup> September 1971

Frank Clark had won the 1971 NSW 20km Championship with 1:36:03, nearly 3 minutes ahead of Steve Hausfeld, so with Noel Freeman off the scene and with Ross Haywood not yet ready to attack the longer walk distances, he and **Bob Gardiner** and **Peter Fullager** were the co-favourites in the Olympic 20km trial around Albert Park. With Frank a non-show and Peter Fullager disqualified, Bob was untroubled to win comfortably with 1:35:10. 19 year old **Steve Hausfeld** was second with 1:36:24 while the ever young **Ted Allsopp** was third with 1:37:05. **Graeme Nicholls** was amongst those who did not finish. **Ian Hodgkinson**, who finished in 6<sup>th</sup> place, had emigrated to Australia earlier in the year, having represented the Isle of Man in the 1970 Commonwealth Games in Edinburgh.

20km Olympic Trial, Melbourne, Saturday 18 <sup>th</sup> September 1971			
1.	Bob Gardiner	VIC	1:35:10
2.	Steve Hausfeld	NSW	1:36:24
3.	Ted Allsopp	VIC	1:37:05
4.	Robin Wood	VIC	1:39:04
5.	Lloyd Davies	WA	1:40:00
6.	Ian Hodgkinson	WA	1:40:50

7.	Russell Miller	VIC	1:40:50
8.	Dean Knight	SA	1:41:52
9.	David Black	VIC	1:42:36
10.	Neil Larchin	VIC	1:43:09
11.	Varel Newmark	VIC	1:44:21
12.	Brian Carmen	SA	1:44:48
13.	Barry Wittaker	SA	1:45:36
14.	Ray Smith	VIC	1:49:55
15.	Clarrie Jack	VIC	1:50:24
16.	William Ford	TAS	1:56:40
-	Graeme Nicholls	VIC	DNF
-	Philip Kerrison	TAS	DNF
-	Tim Branigan	VIC	DNF
-	Peter Fullager	SA	DQ
-	Owen Warner	NZL	DQ
-	Don Keane	WA	DQ

### 1971 Australian 50km Championship and 1972 Olympic Trial Centennial Park, Sydney, Saturday 25<sup>th</sup> September 1971

The 50km Olympic trial was held a week later in Sydney in conjunction with the 1971 Australian 50km Championship. **Bob Gardiner** won again, with a time of 4:27:45, 8 secs ahead of **Ted Allsopp**, with **Peter Fullager** a further 2 minutes back in third place. **Ian Hodgkinson** also walked well, finishing only 20 seconds behind Fullager.

It was a great double for Bob.

Australian 50km Championship, Sydney, Sat 25 Sept 1971						
1.	Bob Gardiner	VIC	4:27:57.4			
2.	Ted Allsopp	VIC	4:28:05.2			
3.	Peter Fullager	SA	4:30:30.4			
4.	Ian Hodgkinson	SA	4:30:50			
5.	Robin Whyte	NSW	4:41:11			
6.	Steven Hausfeld	NSW	4:41:23			
7.	Edward Dawkins	NSW	4:43:05			
8.	Jim Gleeson	VIC	5:08:00			
9.	Peter Waddell	NSW	5:12:16			
10.	Michael Barfoot	NSW	5:19:42			
11.	Tom Daintry	VIC	5:19:44			
12.	Stan Malbut	SA	5:25:04			
13.	Brendan Hyde	NSW	5:29:37			
14.	John Lardi	QLD	5:31:42			
15.	Peter Whitham	SA	5:36:39			
-	Gwyn Jones	NSW	DNF			
-	Dean Knight	SA	DNF			
-	Russell Miller	VIC	DNF			
-	Brian Carman	SA	DNF			
-	Clarrie Jack	VIC	DNF			
-	Sidney Bray	QLD	DNF			
-	Robin Wood	VIC	DNF			
Teams	1 VIC	10	2 NSW	15	3 SA	20

Bob Gardiner was the only racewalker named in the 1972 Olympic team, selected to walk the 20km / 50km double. Having won both trials, his selection was never in doubt. But sadly, Ted Allsopp missed out yet again, even though he finished only 8 secs behind Bob in the 50km trial and was third in the 20km trial. These performances were obviously not enough to impress the selectors. To his credit, Ted took it on the cheek, as he always did, no matter whether he won or lost.

### Australian Track & Field Championships - 1971-72 Perry Lakes Stadium, Perth, Western Australia, 22-26 March 1972

The 1972 Australian T&F Championships 3000m in Perth saw a repeat win by **Ross Haywood**, with a much faster time than in 1971. And he needed to walk faster as well, with **Frank Clark** finishing less than 3 seconds in arrears in second place, well ahead of Leonard of SA.

<b>3,000m Track Walk - Men - Sunday 26 March 1972</b>			
1	Ross Haywood	VIC	12:44.8
2	Frank Clark	NSW	12:47.6
3	Ray Leonard	SA	13:09.0
4	Don Keane	WA	13:10.6
5	Steve Hausfeld	NSW	13:12.4
6	Phil Hollis	SA	13:20.0
7	Russell Edmunds	WA	13:30.5
8	Bob Foster	TAS	13:34.6
9	Lindsay Carrucan	NSW	13:48.0
10	Eddie Dawkins	NSW	13:51.6

**1972 Glover Shield 10km  
Redcliffe, Brisbane, Saturday 13<sup>th</sup> May 1972**

The 1972 Federation Carnival was held in Brisbane in May, in conditions that were described as cool, wet and windy. The course was difficult, with a noticeable rise and fall, along with a rough surface. With 27 starters in the Glover Shield (Open 10km) and 17 in the Robinson Shield (Junior 10km), numbers were excellent.

**Frank Clark** cleared away from the rest of the field early on, going on to win comfortably from **Robin Whyte** and **Robin Wood**. From a teams perspective, the Glover Shield saw 1 Victorian team, 3 NSW teams, 1 ACT team and 2 QLD teams. The Victorian team won on a countback from NSW, being the first team to finish all 3 competitors.

This was Frank Clark's last national race and effectively marked the end of his national career.

<b>Glover Shield 10km Walk, Brisbane, Saturday 13<sup>th</sup> May 1972</b>			
1.	Frank Clark	NSW	47:38
2.	Robin Whyte	ACT	48:36
3.	Robin Wood	VIC	49:48
4.	Varel Newmark	VIC	49:53
5.	Eddie Dawkins	NSW	49:55
6.	Alan Lucas	VIC	50:12
7.	Logan Irwin	NSW	50:26
8.	Mike Barfoot	ACT	50:50
9.	Peter Waddell	NSW	51:04
10.	Terry Jones	ACT	51:16
11.	Frank Overton	NSW	51:33
Teams:			
1	VIC	13	3,4,6 (R Wood, V Newmark, A Lucas)
2	NSW	13	1,5,7 (F Clark, E Dawkins, L Irwin)
3.	ACT	20	2,8,10 (R Whyte, M Barfoot, T Jones)

**6<sup>th</sup> LBG Carnival  
Lake Burley Griffin, Canberra, Sunday 11<sup>th</sup> June 1972**

The 20 Mile event saw a popular and well deserved Teams Event win to the ACT home team of **Robin Whyte**, **Mike Barfoot** and **John Tormey**. The race provided the closest of finishes as SA scored the same number of points as ACT but lost on a countback. Victoria, with a large number of retirees, failed to finish any teams. **Peter Fullager** of SA led the field home in a course record of 3:39:39 in what was reported to be a disappointing race. The minor medals went to **Greme Nicholls** and **Steve Hausfeld**, so it was definitely a case of the top three walkers producing on the day.

The easier course and the ideal conditions had been expected to produce a much higher standard. Overall, 112 walkers made it the biggest carnival so far.

<b>LBG 20 Miles Walk, Canberra, Sunday 11<sup>th</sup> June 1972</b>			
1.	Peter Fullager	SA	2:39:39
2.	Graeme Nicholls	VIC	2:43:48
3.	Steve Hausfeld	NSW	2:45:17
4.	Robin Whyte	ACT	2:46:29
5.	Eddie Dawkins	NSW	2:49:35
6.	Frank Leonard	SA	2:55:56
7.	Robin Wood	VIC	2:57:35
8.	Mike Barfoot	ACT	3:01:34
9.	John Tormey	ACT	3:03:29



10.	Peter Waddell	ACT	3:04:55
11.	Jim Henderson	VIC	3:05:20
12.	Graeme Evans	SA	3:06:57
13.	Frank Overton	NSW	3:08:05
14.	Stan Malbut	SA	3:10:42
15.	Barry Wittaker	SA	3:12:29
16.	Gwyn Jones	NSW	3:15:43
17.	Stuart Cooper	VIC	3:16:04
18.	Kevin Finn	SA	3:16:46
19.	John Lardi	QLD	3:18:08
20.	Colin Hainsworth	SA	3:20:13
21.	Brendan Hyde	NSW	3:21:25
22.	R Byrnes	NSW	3:30:46
23.	Paul Dorsett	NSW	3:33:26
24.	Sid Bray	QLD	3:33:50
25.	John Harris	QLD	3:41:33
26.	J Forest	NSW	3:45:41
27.	Brian Hamer	NSW	3:55:00
-	Alan Lucas	VIC	DNF
-	Ian Henderson	VIC	DNF
-	Dave Di Bondi	VIC	DNF
-	Ray Smith	VIC	DNF
-	Clarrie Jack	VIC	DNF
-	Greg Ellis	VIC	DNF
-	Greg Deale	NSW	DNF
-	Reg Tarte	NSW	DNF
-	K. Piscopo	NSW	DNF
-	Brian Carman	SA	DNF
-	Dean Knight	SA	DNF
-	Nigel Crew	ACT	DQ
Teams Event			
1.	ACT	16	Whyte, Barfoot, Tormay
2.	SA	16	Fullager, Leonard, Malbutt
3.	NSW	18	Hausfield, Dawkins, Jones
4.	SA No 2	33	Evans, Whittaker, Hainsworth
5.	NSW No 2	40	Overton, Byrnes, Dorsett
6.	QLD	48	Lardi, Bray, Harris

Bob Gardiner had been selected in the Australian Olympic team, to contest both the 20km and 50km walks, but in the final weeks before the team was due to leave for Europe, there were two key withdrawals due to injury - team captain and marathoner John Farrington and Bob. In Bob's case, a groin injury had flared up at just the wrong time. This disappointment (it would have been Bob's third Olympic appearance) forced him to reappraise his career and he decided it was time to retire from top level competition.

### 1972 Australian 20km Championship

Jackadder Lake, Woodlands, Perth, Western Australia, Saturday 9<sup>th</sup> September 1972

The first Australian roadwalk championship ever held in Western Australia saw the home team take the teams race ahead of Victoria and South Australia. **Peter Fullager** was the winner in a relatively slow time of 1:39:42, but with conditions described as very dry, hot and windy, with the temperature around 90°F, this was understandable. Newcomer **Lindsay Carrucan** was a surprise second with 1:41:38, ahead of former Isle of Man Commonwealth Games walker **Ian Hodgkinson**.

Australian 20km Championship, Perth, Saturday 9 Sept 1972			
1.	Peter Fullager	SA	1:39:42.6
2.	Lindsay Carrucan	NSW	1:41:38
3.	Ian Hodgkinson	WA	1:42:37
4.	Robin Whyte	NSW	1:44:14
5.	Graeme Nicholls	VIC	1:45:28
6.	Robin Wood	VIC	1:45:58
7.	Lloyd Davies	WA	1:46:06
8.	Norman Christie	WA	1:46:40
9.	Alan Lucas	VIC	1:47:00
10.	Don Keane	WA	1:47:56
11.	Brian Carman	SA	1:48:01
12.	Frank Leonard	SA	1:50:14

13.	S. Lindsay	SA	1:52:50
14.	Stan Malbut	SA	1:54:04
15.	Varel Newmark	VIC	1:55:36
16.	Neil Larchin	VIC	1:55:37
17.	Martin Davey	WA	1:58:00
18.	Kevin Finn	SA	2:00:52
19.	G. Meyers	WA	2:02:40
-	John Tormey	NSW	DNF
Teams: 1. WA 21      2. VIC 26      3. SA 31			

A week later, on Saturday 16<sup>th</sup> September 1972, Ted Allsopp had his last serious race, winning his 12<sup>th</sup> Victorian 50km title in a time of 4:45:40. From 1946 to 1972, he had amassed 27 Australian Championship medals, 78 Victorian Championship medals and 6 Federation medals. He also represented Australia in two Olympics (1956 and 1964) but it could just as easily been six. He was the unlucky one to miss out in 1952, 1960, 1968 and 1972.

Now Allsopp, Gardiner, Clark and Freeman were gone. Who would assume the mantle?

### Australian Track & Field Championships - 1972-73 E.S.Marks, Sydney, New South Wales, 23-25 March 1973

The 1973 Australian T&F Championships saw athletes return to the old cinders track at E.S. Marks Field in Sydney. As expected, **Ross Haywood** won his third 3000m track walk title with 12:52.4, but most interest was centred on second place getter **Don Cox** who has recently arrived from England and who was representing NSW. **Steve Hausfeld** took third place, with the remainder of the field not far behind.

3,000m Track Walk - Men - Sunday 25 March 1973			
1	Ross Haywood	VIC	12:52.4
2	Don Cox	NSW	12:55.2
3	Steve Hausfeld	NSW	13:15.4
4	Graeme Nicholls	VIC	13:30.4
5	Lindsay Carrucan	QLD	13:36.2
6	Robin Whyte	NSW	13:37.6
7	Phil Hollis	SA	13:42.0
8	Bill Cullen	VIC	13:52.0
9	Bob Foster	TAS	13:55.0
10	Greg Deale	NSW	14:42.0

### 1973 Alexander Cup 20km Sydney, Saturday 19<sup>th</sup> May 1973

At the annual conference of the AFORWC in June 1972, it was decided to reduce the distance of the Alexander Cup from 30km to 20km. Thus the 1971 Alexander Cup was a once off, with its 30km distance. From now on, it would be contested over 20km, starting in 1973.

With ideal weather conditions prevailing and a large representation from all States, everybody was set to enjoy a day of keen competition and good racing. The interest was centred on how the top NSW walkers would fare against South Australian **Peter Fullager**. Fullager put any thoughts of a close race out of mind in the first lap, when he opened up a large break. The lead was extended as the race progressed, seeing him win by over 5 minutes with 1:34:02. Alas, results are incomplete.

Alexander Cup 20km, Sydney, Saturday 19 May 1973			
1.	Peter Fullager	SA	1:34:02
2.	Robin Whyte	ACT	1:39:12
3.	Steve Hausfeld	NSW	1:39:53
4.	Lindsay Carrucan	NSW	1:41:17
5.	Don Cox	SA	1:41:17
6.	Eddie Dawkins	NSW	1:43:05
7.	Logan Irwin	NSW	1:43:07
8.	Colin Campbell	NSW	1:43:30
....			
	Ian Jack	VIC	1:51:53
	Ralph Field	VIC	1:58:08
	Randall Kingsley	VIC	1:58:30
	Robin Wood	VIC	DNF

Teams			
1.	NSW 1	12 Pts	S Hausfeld, D Cox, L Carrucan
2.	SA	21 Pts	P Fullager, T Thompson, D Knight
3.	NSW 2	23 Pts	E Dawkins, P Deale, F Overton

Although Ross Hayward did not contest the Alexander Cup 20km, he did complete a VAWC 15km handicap race at Albert Park the following weekend in a time of 1:12:14. Was he getting ready at last for a serious tilt at a winter season? The answer was yes!

### 7<sup>th</sup> LBG Carnival

#### Lake Burley Griffin, Canberra, Sunday 10<sup>th</sup> June 1973

**Peter Fullager** won his third LBG 20 Miles title in a row, ahead of **Graeme Nicholls** and **Robin Whyte**, while the NSW team of **Lindsay Carrucan, Colin Campbell** and **Eddie Dawkins** took the Teams event. In the first 4 years of the teams event, it has been won by 4 different clubs. Newcastle / Central Coast (NCC), a second NSW club, had now joined the Federation and fielded teams at the 1973 LBG Carnival.

7 <sup>th</sup> LBG 20 Miles Walk, Canberra, Sunday 10 June 1973			
1.	Peter Fullager	SA	2:40:04
2.	Graeme Nicholls	VIC	2:43:25
3.	Robin Whyte	ACT	2:46:13
4.	Lindsay Carrucan	NSW	2:58:27
5.	Brian Carman	NCC	2:59:44
6.	Colin Campbell	NSW	3:03:22
7.	Eddie Dawkins	NSW	3:06:03
8.	Stan Malbut	SA	3:06:24
9.	David Bryson	SA	3:07:27
10.	Paul Dorsett	NSW	3:08:59
11.	Sid Bray	QLD	3:09:47
12.	Peter Waddell	ACT	3:10:31
13.	Brendan Hyde	NSW	3:21:25
14.	John Harris	QLD	3:22:29
15.	Colin Hainsworth	SA	3:25:50
16.	Ralph Field	VIC	3:27:00
17.	Jack Webber	SA	3:29:41
18.	Brian Hamer	NSW	3:35:08
19.	Gus Theobald	VIC	3:44:01
20.	Frank Kennett	NCC	3:46:25
21.	Charlie Baxter	NCC	3:48:12
22.	J Millington	NCC	3:48:20
-	J Kelly	NCC	DNF
-	Roy Thomas	VIC	DNF
-	Peter McCullagh	ACT	DNF
-	Keith Henness	NSW	DNF
-	John Tormey	NSW	DNF
-	Steven Hausfeld	NSW	DNF
-	Don Cox	NSW	DNF
-	Frank Overton	NSW	DNF
Teams: 1. NSW Carrucan, Campbell, Dawkins			

### 1973 Australian 50km Championship

#### Redcliffe, Brisbane, Saturday 11<sup>th</sup> August 1973

The 1973 Australian 50km Championship was up for grabs, given all the recent retirements amongst the elite walkers. The 11AM start time, the conditions which were warm and sunny and the testing hilly course meant that times were going to be effected, but it was only some years later that we learnt that the course itself was anything up to 1 mile over length. Now look, a 50km is hard enough at the best of times without that sort of thing!

After many years of minor medals, Canberra based **Robin Whyte** finally broke through for an Australian Championship win with 4:52:18. He was followed by five Victorians, ensuring that Victoria easily won the Teams Race. **Clarrie Jack**, another journeyman who had been chipping around the edges for a number of years, took second with 4:57:21, just ahead of **Robin Wood** with 4:57:47. It was **Tim Erickson**'s first year back in the sport after a 4 year break (he had walked as a schoolboys from 1966-1968) and he was pretty chuffed with my 5<sup>th</sup> place finish and my first ever 50km walk. Back in 11<sup>th</sup> place was 62 year old **Tom Daintry** who was actually the Victorian team captain.

<b>Australian 50km Championship, Brisbane, Sat 11 August 1973</b>			
1.	Robin Whyte	NSW	4:52:18
2.	Clarrie Jack	VIC	4:57:21
3.	Robin Wood	VIC	4:57:56
4.	Jim Henderson	VIC	5:08:47
5.	Tim Erickson	VIC	5:11:46
6.	Jock O'Connell	VIC	5:13:30
7.	Peter Waddell	NSW	5:23:57
8.	John Harris	QLD	5:30:51
9.	Brendan Hyde	NSW	5:40:07
10.	Tim Thompson	SA	5:49:58
11.	Tom Daintry	VIC	5:57:47
-	Paul Dorsett	NSW	DNF
-	Eddie Dawkins	NSW	DNF
-	Sidney Bray	QLD	DNF
Teams	1. VIC 9	2. NSW 12	

### **1974 Commonwealth Games 20 Miles Trial Canberra, Saturday 22<sup>nd</sup> September 1973**

The 1974 Commonwealth Games trial was held in Canberra on 17<sup>th</sup> September 1973 and, with Gardiner, Freeman, Allsopp and Clark all gone, it was left to the new generation of walkers to make their marks. Former British walkers **Peter Fullager** and **Ian Hodgkinson** went into the race as favourites, ahead of **Robin Whyte**, with Victorian hopes resting on **Graeme Nicholls** and **Ross Haywood**.

Although Ross Haywood had won the previous three Australian T&F Championships 3000m track walk, his efforts had till now been focused almost exclusively on the summer. 1973 was different. Ross had won in quick succession the Victorian 20km Championship (a slow 1:40:44) and the Victorian 30km Championship (another slow time of 2:39:52). He had then upped the ante with a big PB of 1:34:40 in winning a VAWC 20km handicap in August. Two weeks later he took fastest time in the VAWC Ian McDougall Memorial Handicap with an excellent 2:04:37. He would be a dark horse to watch in the trial.

The result turned out pretty much as expected with Fullager first (2:37:09), Hodgkinson second (2:39:04), Haywood third (2:43:00) and Whyte fourth (2:45:36).

<b>Commonwealth Games Trial, Canberra, Saturday 22 Sept</b>			
1.	Peter Fullager	SA	2:37:09
2.	Ian Hodgkinson	WA	2:39:04
3.	Ross Haywood	VIC	2:43:00
4.	Robin Whyte	NSW	2:45:36
5.	Eddie Dawkins	NSW	2:47:25
6.	Robin Wood	VIC	2:53:47
7.	Graeme Nicholls	VIC	2:53:47
8.	Stan Malbut	SA	3:09:42
-	Frank Overton	NSW	DNF
-	Lindsay Cox	NSW	DNF
-	Alan Lucas	VIC	DNF
-	Paul Dorsett	NSW	DNF

After all the years of minimal walks representations, it was wonderful to see the first three all selected to represent Australia in the 1974 Commonwealth Games in New Zealand.

In October 1973, Elliott Denham, 1956 US Olympic rep, reported in Runners World on a rumour that the IOC was targeting racewalking in the Olympics, recommending the elimination of the 50km and the reduction of our footprint to a single 20km walk, effective as of the 1976 Olympics. At the same time, the IOC was busy adding women's rowing and women's basketball to the Games, additions that was long overdue and very worthy. But was it a case of making room for new athletes in the village by getting rid of other events? We would hear lots more about this over the next couple of years.

### **Commonwealth Games 20 Miles Walk Christchurch, New Zealand, Tuesday 29 January 1974**

English duo John Warhurst and Roy Thorpe led from the start, increasing the gap as the race progressed along the Avon River in Christchurch, and walking comfortably to gold and silver. **Peter Fullager**, walking a conservative race, came through in the second half to take bronze, while **Ian Hodgkinson**, who had challenged early, faded to fifth, and **Ross Haywood**, who was had stomach

problems, struggled home for seventh. The Australians were all slower than in our trial, even though the course was flat and the conditions relatively mild.

<b>1974 Commonwealth Games Walk, Christchurch, 29 Jan 1974</b>			
1.	John Warhurst	England	2:35:23.0
2.	Roy Thorpe	England	2:39:02.2
3.	<b>Peter Fullager</b>	<b>Australia</b>	<b>2:42:08.2</b>
4.	Graham Young	Isle of Man	2:42:55.2
5.	<b>Ian Hodgkinson</b>	<b>Australia</b>	<b>2:44:55.4</b>
6.	Les Stevenson	New Zealand	2:46:56.2
7.	<b>Ross Haywood</b>	<b>Australia</b>	<b>2:50:56.0</b>
8.	John "Allan" Callow	Isle of Man	2:53:12.2
9.	Len Duquemin	Guernsey	2:53:37.4
10.	John Moullin	Guernsey	2:57:27.2
11.	Robin Waterman	Guernsey	3:00:14.2
12.	Derek Harrison	Isle of Man	3:00:32.4
	Carl Lawton	England	DNF
	Elisha Kasuku	Kenya	DNF
	Kevin Taylor	New Zealand	DQ

#### **Australian Track & Field Championships - 1973-74 Olympic Park, Melbourne, Victoria, 29-31 March 1974**

**Ross Haywood** won his fourth National T&F Championships 3000m track walk in Melbourne in March 1974, finishing a couple of seconds ahead of **Peter Fullager**. Once again, **Graeme Nicholls** had fallen foul of the judges. The other disqualification was that of a relatively unknown young Victorian by the name of **David Smith**. We would hear more of him as the seventies proceeded.

<b>3,000m Track Walk - Men - Sunday 31 March 1974</b>			
1	Ross Haywood	VIC	12:55.6
2	Peter Fullager	SA	12:58.0
3	Don Cox	NSW	13:11.2
4	Paul Nugent	VIC	13:22.4
5	Lindsay Carrucan	NSW	13:39.6
6	Ian Hodgkinson	WA	13:47.4
7	Peter Bethune	VIC	13:57.0
8	John Harris	QLD	15:04.0
-	Phil Hollis	SA	DQ (13:54.6)
-	Graeme Nicholls	VIC	DQ
-	David Smith	VIC	DQ

It was at this stage that Graeme Nicholls announced his retirement from racewalking. His career had been mixed, with great success in the junior ranks but a series of key disqualifications impeding his rise in the open ranks. To his credit, he went on to become an official and administrator, working tirelessly in various roles from then on. In 2012, he was honoured for 50 years membership of Athletics Victoria, a feat that few can match.

#### **1974 Glover Shield 10km Adelaide, May 1974**

Alas, no results of any sort are to be found from this carnival. It seems, from the VAWC annual report of that year, that SA did not distribute the results to the member states. The only thing known is that the South Australian team of **Peter Fullager**, **Duncan Faux** and **David Bryson** won the teams event. I'm guessing that Peter Fullager would have won.

#### **8<sup>th</sup> LBG Carnival Lake Burley Griffin, Canberra, Sunday 9<sup>th</sup> June 1974**

With 121 starters, the 8<sup>th</sup> LBG Carnival was the biggest yet. The 20 Mile walk saw 39 starters, representing NSW (9), VIC (15), QLD (1), SA (5), ACT (5) and Newcastle / Central Coast (4). **Peter Fullager** won his fourth title in a row with his easiest win so far, over 10 minutes ahead of Victorians **Clarrie Jack** and **Tim Erickson** who crossed the line locked together with 2:53:52. With 18 year old **Russell Miller** coming in in 5<sup>th</sup> place, Victoria had an easy win in the Teams event.

<b>LBG 20 Miles Walk, Canberra, Sunday 9 June 1974</b>			
1.	Peter Fullager	SA	2:43:36
2.	Clarrie Jack	VIC	2:53:52
3.	Tim Erickson	VIC	2:53:52

4.	Eddie Dawkins	NSW	2:57:18
5.	Russell Miller	VIC	2:59:49
6.	Robin Whyte	ACT	3:03:24
7.	Kevin Green	ACT	3:04:19
8.	Paul Dorsett	NSW	3:06:05
9.	Claude Martin	VIC	3:06:25
10.	Ian Jack	VIC	3:08:07
11.	Bill Dillon	VIC	3:09:43
12.	Brian Hamer	NSW	3:10:46
13.	Peter Bethune	VIC	3:13:08
14.	Peter Waddell	ACT	3:15:18
15.	Brendan Hyde	NSW	3:16:06
16.	Keith Heness	NSW	3:17:08
17.	Frank Overton	NSW	3:17:51
18.	Tom Daintry	VIC	3:24:15
19.	Geoff Major	VIC	3:29:32
20.	John Harris	QLD	3:31:38
21.	Roy Thomas	VIC	3:36:06
22.	Jack Webber	SA	3:40:01
23.	Alan Minter	VIC	3:40:43
24.	J Millington	NCC	3:41:06
25.	Fred Redman	VIC	3:41:50
26.	Gus Theobald	VIC	3:45:22
27.	Ern Geering	NCC	3:54:28
28.	J. Kelly	NCC	4:03:56
-	Brian Carman	NSW	DNF
-	Stan Malbut	SA	DNF
-	David Bryson	SA	DNF
-	Frank Kennett	NCC	DNF
-	Duncan Faux	SA	DNF
-	R. Byrnes	NSW	DNF
-	Peter McCullagh	ACT	DNF
H. C. Campbell Shield			
1.	Victoria	Clarrie Jack, Tim Erickson, Russell Miller	

### 1974 Australian 20km Championship Brisbane, Saturday 24<sup>th</sup> August 1974

1974 was certainly **Peter Fullager**'s year, and the Australian 20km Championship in Brisbane saw him add another title to his resume. **Ross Haywood** continued his own good form, coming second, ahead of New Zealander **Mike Parker** who took third. They were the only 3 walkers to break the 1:40 mark, in a race which saw a big field but not much depth.

Australian 20km Championship, Brisbane, Sat 24 August 1974			
1.	Peter Fullager	SA	1:34:45.6
2.	Ross Haywood	VIC	1:37:40
3.	Michael Parker	NZL	1:38:47
4.	Bill Cullen	VIC	1:40:05
5.	Eddie Dawkins	NSW	1:41:07
6.	Robin Whyte	NSW	1:41:50
7.	Ken Green	NSW	1:41:56
8.	Varel Newmark	VIC	1:42:02
9.	Terry Jones	NSW	1:42:03
10.	Paul Nugent	VIC	1:42:45
11.	Norman Christie	WA	1:42:53
12.	Richard Keam	NSW	1:43:33
13.	Logan Irwin	NSW	1:44:10
14.	Clarrie Jack	VIC	1:44:20
15.	Tim Erickson	VIC	1:46:37
16.	Jock O'Connell	VIC	1:47:30
17.	John Lardi	QLD	1:47:49
18.	John Pottage	VIC	1:48:09
19.	Geoff Barrow	VIC	1:48:24
20.	Duncan Faux	SA	1:50:33
21.	Stan Malbut	SA	1:51:16
22.	Steve Barrulet	QLD	1:52:53

23.	Bruce Cook	QLD	1:53:51
24.	Sidney Bray	QLD	1:57:12
-	Tim Thompson	SA	DQ
-	John Harris	QLD	DQ
-	Frank Overton	NSW	DNF
-	John Tormey	QLD	DNF
-	Lloyd Davies	WA	DNF
-	Russell Miller	VIC	DNF
Teams:	1. NSW 22	2.VIC 23	3. QLD 56

### Australian Track & Field Championships 1974-75 Olympic Sports Field, Adelaide, South Australia, 21-23 March 1975

**Ross Haywood** won his fifth National T&F 3000m track walk in a row, with a good 12:49.4, ahead of Victorian youngster **Paul Nugent** with 12:54.8, with **Peter Fullager** third with 13:00.4.

3,000m Track Walk - Men - Sunday 23 March 1975			
1	Ross Haywood	VIC	12:49.2
2	Paul Nugent	VIC	12:54.8
3	Peter Fullager	SA	13:00.4
4	William Cullen	VIC	13:10.5
5	Arthur Jones	SA	13:15.1
6	Phil Hollis	SA	13:16.4
7	Robin Whyte	NSW	13:27.0
8	Norm Christie	WA	13:27.0
9	Peter Bethune	VIC	13:47.0
10	Gerard Bluett	VIC	14:11.0
11	Bruce Cook	QLD	14:23.0
-	Steve Hausfeld	NSW	DQ (13:10.0)

### Alexander Cup 20km Albert Park, Melbourne, Saturday 10<sup>th</sup> May 1975

The annual Alexander Cup Carnival was 2km lap on Lakeside Drive in Albert Park on Saturday 10<sup>th</sup> May. Although VAWC members were used to fighting it out with the traffic on the shared road, it did not suit the interstate competitors and traffic interference was an issue according to reports.

The Men's 20km got off to an inauspicious start when South Australian champion **Peter Fullager** refused to race, deeming the traffic conditions unsatisfactory. That opened it up for the Victorians, who filled 16 of the 20 first places and had the first 4 teams in the Teams Race. This was indicative of the times – the home club usually had a huge advantage in this yearly carnival, with interstate walkers often choosing the LBG Carnival in June ahead of this carnival. If it was held in Melbourne or Sydney, numbers were big. If it was held anywhere else, numbers were questionable. Youngster **Bill Cullen** turned the tables on **Ross Haywood**, winning with 1:35:33, with Ross relegated to second place and **Robin Whyte** in third. **Tim Erickson** continued his steady improvement, finishing 4<sup>th</sup> with another big PB. Further back, **Tom Daintry** set an M60 World Best with his time of 1:50:34.

Alexander Cup 20km, Melbourne, Saturday 10 May 1975			
1.	Bill Cullen	VIC	1:35:33.6
2.	Ross Haywood	VIC	1:37:35.0
3.	Robin Whyte	ACT	1:37:35.0
4.	Tim Erickson	VIC	1:38:30.6
5.	Clarrie Jack	VIC	1:41:44.0
6.	Ziggy Sokolowski	VIC	1:43:41.2
7.	Willi Sawall	VIC	1:43:59.4
8.	Ian Jack	VIC	1:44:02.2
9.	Kevin Green	ACT	1:44:27.8
10.	Jim Henderson	VIC	1:45:53.6
11.	Peter Vysma	VIC	1:46:13.4
12.	Terry O'Neil	VIC	1:46:38.4
13.	Brian Carman	NSW	1:47:02.0
14.	Jock O'Connell	VIC	1:47:13.2
15.	Claude Martin	VIC	1:47:21.6
16.	Bill Dillon	VIC	1:47:49.8
17.	Bill Ford	VIC	1:49:05.0
18.	Peter Whitham	SA	1:49:34.2

19.	Greg Ellis	VIC	1:49:51.2
20.	Tom Daintry	VIC	1:50:34.6
21.	Alistair (?) Johnston	NSW	1:51:56.4
22.	Stuart Cooper	VIC	1:53:39.2
23.	Ron Crawford	NSW	1:55:24.2
24.	Frank Overton	NSW	1:55:50.2
25.	Keith Henness	NSW	1:57:29.2
26.	Bruce Conboy	VIC	1:57:37.4
27.	Mike Porter	VIC	1:58:10.6
28.	G. Wilson	NSW	1:59:20.2
29.	N. Anderson	VIC	2:00:11.4
30.	Mark Wall	VIC	2:01:38.8
31.	Alan Hancock	NSW	2:02:22.4
32.	Ralph Field	VIC	2:03:43.6
33.	Keith Coster	VIC	2:04:16.6
34.	Brian Hamer	NSW	2:06:53.2
35.	Gus Theobald	VIC	2:09:01.8
-	Paul Dorsett	NSW	DNF
-	Phil Hollis	SA	DNF
-	Peter Bethune	VIC	DNF
-	Gavan Breen	VIC	DNF
-	K. Piscopo	NSW	DNF
-	Paul Nugent	VIC	DNF
-	Graeme Dent	VIC	DNF
-	Paul Francis	SA	DQ
Teams			
1.	VIC 1	6	1, 2, 3
2.	VIC 2	20	5, 6, 9
3.	VIC 4	24	4, 8, 12
4.	VIC 3	28	7, 10, 11
5.	NSW 1	48	13, 16, 17
6.	NSW 2	57	15, 20, 22
7.	VIC 5	58	14, 21, 23
8.	VIC 6	61	18, 19, 24

### 9<sup>th</sup> LBG Carnival

#### Lake Burley Griffin, Canberra, Sunday 15 June 1975

With a total entry of 184 walkers, the LBG Carnival was now Australia's biggest walks meet, a title it has held since. **Peter Fullager** walked to his fifth win in a row, his time of 2:40:51 just one minute outside his event record. No one had been able to match his speed and strength over the Canberra Hills. **Robin Whyte** produced a 5 minute PB for second, and **Tim Erickson** was not far behind in third with a huge PB of 2:42:51. The SA team of Fullager, **Tim Thompson** and **Stan Malbut** took the Teams race from Victoria on a countback.

LBG 20 Miles Walk, Canberra, Sunday 15th June 1975			
1.	Peter Fullager	SA	2:40:51
2.	Robin Whyte	ACT	2:42:12
3.	Tim Erickson	VIC	2:42:51
4.	Clarrie Jack	VIC	2:50:45
5.	Eddie Dawkins	NSW	2:51:51
6.	Richard Keam	QLD	2:58:12
7.	Stuart Cooper	VIC	2:58:41
8.	Tim Thompson	SA	3:00:06
9.	Ian Jack	VIC	3:00:19
10.	John Tormey	QLD	3:01:36
11.	Brian Carman	NSW	3:02:54
12.	Bill Dillon	VIC	3:03:38
13.	Peter Waddell	ACT	3:04:42
14.	Bill Ford	VIC	3:05:28
15.	Paul Dorsett	NSW	3:06:57
16.	Stan Malbut	SA	3:09:04
17.	John Harris	QLD	3:10:03
18.	Frank Overton	NSW	3:11:11
19.	Paul Francis	SA	3:14:37
20.	Peter Bethune	VIC	3:14:51



21.	L Alderton	NSW	3:16:46
22.	Tom Daintry	VIC	3:19:49
23.	Claude Martin	VIC	3:19:49
24.	J Forest	NSW	3:26:04
25.	Ron Crawford	NSW	3:27:58
26.	Keith Heness	NSW	3:28:08
27.	Mike Porter	VIC	3:28:15
28.	George Buck	QLD	3:30:47
29.	Ralph Field	VIC	3:33:56
30.	Jack Webber	SA	3:37:26
31.	Gus Theobald	VIC	3:38:02
32.	Geoff Peters	SA	3:39:28
33.	Len Buck	ACT	3:41:42
34.	Brian Hamer	NSW	3:53:12
35.	Vin Meade	VIC	3:59:04
-	Tony Andrews	ACT	DNF
-	Ern Gerring	NCC	DNF
-	Paul Nugent	VIC	DNF
-	Greg Ellis	VIC	DNF
-	K Piscopo	NSW	DNF
-	Ross Haywood	VIC	DNF
-	Terry O'Neil	VIC	DNF
-	G Rae	VIC	DNF
-	Russell Miller	VIC	DNF
-	Justin Coxhead	VIC	DNF
Teams Race			
1.	SA	25	P Fullager, T Thompson, S Malbut
2.	VIC	25	T Erickson, C Jack, P Bethune
3.	VIC2	30	S Cooper, I Jack, W Ford
4.	NSW	31	E Dawkins, B Carman, P Dorsett
5.	QLD	33	R Keam, J Tormey, G Buck
6.	ACT	39	R Whyte, P Waddell., L Buck
7.	VIC3	55	
8.	NSW2	62	

### 1975 Australian 50km Championship Perth, Saturday 16<sup>th</sup> August 1975

The 1975 Australian 50km championship, held in Perth in August, saw a breakthrough win for **Tim Erickson**. **Robin Whyte** had gone in as favourite, after winning the NSW 50km title the month before in 4:29:59. Dual Commonwealth Games walker **Ian Hodgkinson**, with a PB of 4:23:56, was also expected to challenge. In fact, Hodgkinson had led the field out in the early stages, only to flag and retire. Erickson, who had been walking with training partner **Clarrie Jack**, then took his opportunity, breaking clear and going on to win with a big PB of 4:33:05. Clarrie held on for a good second place with 4:41:00, while MUAC training partners **Jim Henderson** and **Peter Vysma** crossed the line together in 4:45:21, hoping to be awarded equal third. The officials would have none of it and deemed that Henderson had crossed first and was to be a sole third place finisher. Amongst the DNFs was an unknown Victorian newcomer **Willi Sawall**. He would not be unknown for long!

Australian 50km Championship, Brisbane, Sat 16 August 1975			
1.	Tim Erickson	VIC	4:33:05
2.	Clarrie Jack	VIC	4:41:00
3.	Jim Henderson	VIC	4:47:21
4.	Peter Vysma	VIC	4:47:21
5.	Robin Whyte	NSW	4:56:45
6.	Bill Ford	VIC	4:59:53
7.	Ian Jack	VIC	5:03:03
8.	Eddie Dawkins	NSW	5:06:32
9.	John Harris	QLD	5:14:39
10.	Tim Thompson	SA	5:25:25
11.	Paul Dorsett	NSW	5:26:00
-	Ian Hodgkinson	WA	DNF
-	Willi Sawall	VIC	DNF
-	Peter Waddell	NSW	DNF
Teams			
1.	VIC	6	
2.	NSW	15	

**Australian Track & Field Championships 1975-76**  
**Olympic Park, Melbourne, Victoria, 18-21 March 1976**

**Ross Haywood** was proving unbeatable on the track, winning his sixth National T&F 3000m track walk in a row, his time an Australian record of 12:17.2. **Willi Sawall**, who had appeared from nowhere the previous winter, took second with an impressive 12:38.8, ahead of youngster **Graham Dent**, third with 12:56.8.

1	Ross Haywood	VIC	12:17.2
2	Willi Sawall	VIC	12:38.8
3	Graham Dent	VIC	12:56.6
4	Dave Smith	VIC	13:09.0
5	Robin Whyte	NSW	13:10.2
6	Rod Huxley	NSW	13:27.4
7	Bruce Cook	QLD	13:28.0
8	Tim Erickson	VIC	13:31.6
9	Phil Hollis	SA	13:46.8
10	John Tormey	QLD	13:50.6
11	Peter Bethune	VIC	13:55.8
12	Tony Cavanagh	VIC	13:59.0
13	Greg Ellis	VIC	14:02.2
14	Zyg Sokolowski	VIC	14:17.6
-	Gerard Bluett	VIC	DNF

The 1973 rumour that the 50km walk was going to be dropped from the Olympics proved to be true. Now walkers had only one Olympic discipline – the 20km walk. An Australian trial was duly scheduled for 3<sup>rd</sup> April in Melbourne.

The IAAF, a strong supporter of walking in those years, determined to stage its own IAAF World Championship 50km. The date was set for Saturday 18<sup>th</sup> September and the host city was to be Malmö in Sweden. The A.A.U. of Australia decided not to hold a trial as such, but to select a team of up to 3 walkers based on current form.

Tim Erickson, as the current Australian Champion, was a front runner, but it depended on what times other walkers could put on the board. More of that later in the discussion.

**1976 Olympic 20km Trial**  
**Melbourne, Saturday 3<sup>rd</sup> April 1976**

**Ross Haywood** was the walker of the hour, easily withstanding any challenges and winning the 1976 Olympic 20km trial at Albert Park in Melbourne in early April in a PB 1:30:31. He had been challenged early by newcomer **Willi Sawall** who had been eventually disqualified. When the other main contenders, **Peter Fullager** and **Don Cox**, both failed to finish, it was a long way back to the minor placings, with Robin Whyte 1:38:11 and Tim Erickson 1:41:09.

1.	Ross Haywood	VIC	1:30:31
2.	Robin Whyte	NSW	1:38:11
3.	Tim Erickson	VIC	1:41:09
4.	Richard Keam	VIC	1:43:46
5.	Clarrie Jack	VIC	1:46:32
6.	Bruce Cook	QLD	1:47:01
7.	Ian Jack	VIC	1:47:14
8.	Claude Martin	VIC	1:50:40
9.	Bill Dillon	VIC	1:54:24
-	Willi Sawall	VIC	DQ
-	Peter Fullager	SA	DNF
-	Don Cox	NSW	DNF
-	Gerard Bluett	VIC	DNF
-	Graham Dent	VIC	DNF
-	Geoff Barrow	VIC	DNF
-	Greg Ellis	VIC	DNF

**Ross Haywood** was subsequently named as our sole Olympic racewalking representative.

Three weeks later, Ross recorded his best ever 10,000m walk in the Victorian title at the Box Hill track with a time of 43.51. Yet on that occasion he was beaten by newcomer **Willi Sawall** whose 43:36 was a new Victorian record. In truth, the Olympic 20km walk trial was just a month too early for Sawall. From this race onwards, he was untouchable. As the season now progressed, he won the

Glover Shield 10km (45:01.2), the Victorian 30km (2:23:30), the Victorian 15km (1:07:34), the LBG 20 miles title (2:33:29), the Victorian 20 km (equalling Noel Freeman's Australian best time of 1:29:12) and the Australian 20km Championship (1:39:03.6). Willi was beating his PB literally every time he stepped on the start line.

### Glover Shield Carnival

Gosford, NSW, Saturday 15<sup>th</sup> May 1976

Alas, yet another carnival for which the results have been lost. All I have at this stage are the first 3 places in each event, along with the teams placings. The Glover Shield saw a breakthrough win for **Willi Sawall**, with 45:01.2.

<b>Glover Shield 10km, Gosford, Saturday 15 May 1976</b>			
1.	Willi Sawall	VIC	45:01.2
2.	Robin Whyte	ACT	47:49.8
3.	Graeme Dent	VIC	49:13.2
Teams	1. QLD 19	2. VIC 21	3. GOS 30

### 10<sup>th</sup> LBG Carnival

Lake Burley Griffin, Canberra, Sunday 13<sup>th</sup> June 1976

The 10<sup>th</sup> LBG Carnival 20 Mile Championship saw **Peter Fullager** dethroned by Victorians **Willi Sawall** (with a 6 minute race record) and **Tim Erickson**. This would be the first of 7 consecutive wins for Sawall who went on to make the event his own personal property. The Victorian team of Sawall, Erickson and **Peter Bethune** took the teams event, the first of 17 wins in a row. The VAWC domination of the Teams Event would not be broken until a break away Victorian club called Proclamation Park would take the title in 1993.

<b>LBG 20 Miles Walk, Canberra, Sunday 13 June 1976</b>			
1.	Willi Sawall	VIC	2:33:29
2.	Tim Erickson	VIC	2:40:43
3.	Peter Fullager	SA	2:44:55
4.	Robin Whyte	ACT	2:49:20
5.	John Tormey	QLD	2:53:28
6.	Bruce Cook	QLD	2:56:39
7.	Peter Bethune	VIC	2:57:27
8.	John Smith	NSW	2:57:40
9.	Richard Keam	VIC	3:02:19
10.	Terry O'Neill	VIC	3:02:54
11.	John Lardi	QLD	3:03:35
12.	Tim Thompson	SA	3:05:11
13.	Eddie Dawkins	NCC	3:06:22
14.	F Sawyer	NCC	3:08:18
15.	Brendan Hyde	NSW	3:08:35
16.	Paul Dorsett	NSW	3:11:16
17.	Bill Dillon	VIC	3:11:28
18.	John Harris	QLD	3:15:58
19.	Frank Overton	NCC	3:18:24
20.	Tom Daintry	VIC	3:18:59
21.	Mark Wall	VIC	3:20:40
22.	Ian Jack	VIC	3:20:52
23.	Ron Crawford	NSW	3:24:40
24.	David Gaff	VIC	3:25:59
25.	Ralph Field	VIC	3:29:03
26.	Mike Porter	VIC	3:30:20
27.	Colin O'Brien	SA	3:35:42
28.	Vin Meade	VIC	3:42:13
29.	K Piscopo	VIC	3:44:27
30.	Gus Theobald	VIC	3:45:47
<b>Team Race</b>			
1.	VIC	9	Willi Sawall, Tim Erickson, Peter Bethune
2.	QLD	18	John Tormey, Bruce Cook, John Lardi
3.	NSW	34	John Smith, Brendan Hyde, Paul Dorsett
4.	SA	35	Peter Fullager, Tim Thompson, Colin O'Brien
5.	NCC	39	Eddie Dawkins, F. Sawyer, Frank Overton

**1976 Olympic 20km Walk**  
**Montreal, Canada, Friday 23 July 1976**

The 38 contestants in the 1976 20km walk covered one of the widest age ranges in the Olympics. Eighteen -year old Bengt Simonsen of Sweden finished 26<sup>th</sup> while 48 year old Alex Oakley of Canada placed 35<sup>th</sup>. History shows that Bernd Kannenberg, the world record holder, failed to finish. Losing contact with the leading group, he eventually retired. He did not race again in major competition. The winner, Daniel Bautista, brought Mexico its first ever track and field gold medal. He was so dehydrated at the end that he had to drink 10 cans of soft drinks before he could produce enough urine for the dope test.

Australia's sole walking representative was Victorian **Ross Haywood**. His 12<sup>th</sup> placing in the walk (out of 38 finishers) in 1:30:59 cemented his place as an international standard walker.

<b>1976 Olympic 20km Walk, Montreal, Friday 23 July 1976</b>			
1.	Daniel Bautista	MEX	1:24:40.6
2.	Hans-Georg Reimann	GDR	1:25:13.8
3.	Peter Frenkel	GDR	1:25:29.4
	...		
12.	Ross Haywood	AUS	1:30:59.2

The VAWC decided to give its walkers a chance to qualify for the upcoming IAAF 50km Championship during the VAWC Chesty Bond 40km Club Championship, to be contested around Albert Park Lake in Melbourne on Sunday 18<sup>th</sup> July 1976. A 50km option was officially added to the program, with permission from the A.A.U. of Australia. **Willi Sawall** rose to the challenge, breaking the Australian record with a magnificent 4:12:20.6. **Tim Erickson** also responded with his second place finish in a huge PB of 4:20:41.5. **Peter Vysma** came in third in 4:34, a long way back.

**Robin Whyte** had the next best 50km time of 4:29:59.2, done in winning the NSW 50km Championship the previous year.

The Australian selectors subsequently named a team of 3, **Willi Sawall**, **Tim Erickson** and **Robin Whyte**, to represent Australia in the IAAF 50km Championship in Sweden. While Willi and Tim were relative newcomers to the national walking scene, Robin had been a regular Australian Championship competitor since 1964. After 12 years, his efforts were finally rewarded.

**Australian 20km Championship**  
**Sydney, Saturday 31<sup>st</sup> July**

The 1976 Australian 20km championship was held 2 weeks after the VAWC 50km trial and a week after the Olympic 20km walk. As Ross Haywood was not yet back from Canada, it looked on paper to be an easy victory for **Willi Sawall**. But **Robin Whyte** responded to the stimulus of being named in his first Australian team, finishing only a minute behind Willi to take second place. **Tim Erickson** had made the mistake of getting his overseas injections in the lead up to this race and was quite sick, struggling home in 4<sup>th</sup> place, behind **Peter Vysma**. The course was tough, with grass verges and gutters to negotiate, and it was a humid day, leading to slow times overall.

<b>Australian 20km Championship, Sydney, Saturday 31<sup>st</sup> July</b>			
1.	Willi Sawall	VIC	1:39:03.6
2.	Robin Whyte	NSW	1:40:28
3.	Peter Vysma	VIC	1:41:25
4.	Tim Erickson	VIC	1:42:11
5.	John Tormey	QLD	1:44:05
6.	John Smith	NSW	1:45:15
7.	Ken Green	NSW	1:45:35
8.	Terry Jones	NSW	1:45:59
9.	Bruce Cook	QLD	1:46:32
10.	Richard Keam	VIC	1:47:34
11.	Eddie Dawkins	NSW	1:48:24
12.	Logan Irwin	NSW	1:48:41
13.	Greg Sockhill	QLD	1:49:19
14.	Peter Bethune	VIC	1:51:11
15.	William Kirby	NSW	1:52:02
16.	Jock O'Connell	VIC	1:52:31
17.	Eric Wade	TAS	1:52:59
18.	John Harris	QLD	1:53:20
19.	Russell Willis	SA	1:53:54
20.	Anthony Cavanagh	VIC	1:55:40
21.	James Smith	WA	1:56:11

22.	Mark Wall	VIC	1:57:31
23.	David Moore	TAS	2:00:28
24.	Frank Overton	NSW	2:01:55
Teams			
1.	VIC	18 pts	1,3,4,10
2.	NSW	23 pts	2,6,7,8

**Willi Sawall** finished his astonishing winter season with a win in a VRWC track 50km walk at the Glenhuntly track, further improving his time to a new Commonwealth Record of 4:06:39.0.

### IAAF 50km World Championship Malmö, Sweden, Saturday 18<sup>th</sup> September 1976

The 1976 World Championships in Athletics was the first global, international athletics competition organised by the International Association of Athletics Federations (IAAF). Hosted on 18<sup>th</sup> September 1976 in Malmö, Sweden, it featured just one event: a men's 50km race walk contest. The course passed through the streets of the city and the start and finish points were within Malmö Stadion. 42 walkers were sent by the various member federations, with Russian champion Veniamin Soldatenko winning with 3:54:40. One can only guess at the mighty battle which would have ensued if it had remained an Olympic event and Soldatenko and Bernd Kannenberg had faced the starter's gun shoulder to shoulder.

The 3 Australians all performed creditably, with **Willi Sawall** 22<sup>nd</sup> (4:18:27), **Tim Erickson** 23<sup>rd</sup> (4:20:23) and **Robin Whyte** 29<sup>th</sup> (4:30:08). However, it is fair to say that Sawall paid the penalty for his long and amazingly high quality winter season. He was not same walker in Malmö that he had been during the winter.

IAAF 50km World Championship, Sweden, Sat 18 Sept 1976			
1.	Veniamin Soldatenko	URS	3:54:40
2.	Enrique Vera	MEX	3:58:14
3.	Reima Salonen	FIN	3:58:53
...			
22.	Willi Sawall	AUS	4:18:27
23.	Tim Erickson	AUS	4:20:23
...			
29.	Robin Whyte	AUS	4:30:08

### DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions. It continues to change quickly as a result of COVID-19 issues.

#### Australian/Victorian Key Dates – 2020

Aug 30 (Sun), 2020 Australian Masters 20km Championships, Adelaide (TBA)  
Aug 30 (Sun), 2020 Australian Roadwalk Championships (and RWA Carnival), Melbourne (TBA)

#### International Dates

July 17-20, 2020 **18<sup>th</sup> World Athletics U20 T&F Championships**, Nairobi, Kenya (POSTPONED – TBA)  
Sep 18 (Fri), 2020 **46<sup>th</sup> International RW Festival**, Alytus, Lithuania (see <http://www.alytusfestival.lt/>)  
Sep 26 (Sat), 2020 **International Race Walk Meeting**, Zaniemysl, Poland (Includes Polish 20km Champs)  
Oct 10 (Sat), 2020 **Podebrady Walks Meet**, Podebrady, Czech Republic (see <https://www.podebrady-walking.cz/en/>)  
Oct 20-22, 2020 **Lake Taihu Tour**, Suzhou, China  
Nov 7 (Sat), 2020 **NZ Road Walk Championships**, Bruce Pulman Park, Auckland, New Zealand

Jan 17-23, 2021 **Oceania Masters Championships**, Norfolk Island (POSTPONED UNTIL JANUARY 2022)  
July 23 – Aug 8, 2021 **32<sup>nd</sup> Olympic Games, Tokyo and Sapporo**  
July, 2021 **23<sup>rd</sup> World Masters T&F Championships**, Tampere, Finland  
Aug 8-19, 2021 **World University Summer Games**, Chengdu, China

TBA, 2022 **9<sup>th</sup> World Masters Indoor T&F Championships**, Edmonton, Canada  
July 15-24, 2022 **18<sup>th</sup> World Athletics Championships**, Eugene, USA  
July 27 - Aug 7, 2022 **XXII Commonwealth Games**, Birmingham, GBR  
Aug 11-21, 2022 **European Athletics Championships**, Munich, GER

TBA, 2023 **24<sup>th</sup> World Masters T&F Championships**, Gothenburg Sweden  
Aug 2023 (TBC) **19<sup>th</sup> World Athletics Championships**, Budapest, Hungary

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