



HEEL & TOE ONLINE

The official organ of the Victorian Race Walking Club
2026 Number 38
Tuesday 29 September 2026



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TIME FOR SOME RACEWALKING HISTORY

This week's lead article is by former racewalker **John McPherson** who now lives in Lismore, NSW. If you are an older walker, you might remember John who raced in Victoria as a young bloke in the 1970s (gold in the Victorian High Schools walk title and bronze in the Australian All Schools 3000m walk) and in Queensland in the 1980s (where he won couple of State titles – the QAAA 20km and the QRWC 15km - and briefly held the 5000m walk record) before his career was cut short by a major knee reconstruction. In the 1990s John returned to the track to win the NSW Country Championships and won bronze at the Australian University Games and the World Masters Games.

John, who is a retired academic, has always been interested in writing and research and has been working for the past couple of years on a book about Australian and New Zealand athletics world record holders. The document is now in draft mode and is sure to be a great read when it is eventually published.

The Oceania region has produced more than its fair share of racewalkers who have achieved World Records and/or World Bests. **Isaac Beacroft** with his World Records in the U20 10,000m walk and the U20 5000m walk, is the latest in the illustrious line of champions. But two walkers stand out for the quality and quantity of their World Record and World Best performances. These are **Sue Cook (nee Orr)** of Victoria and **Kerry Saxby-Junna** of NSW. I wish to thank John for sharing the chapter of his forthcoming book with us on *The World's Greatest Race Walking Record Breakers*.

THE WORLD'S GREATEST RACE WALKING RECORD BREAKERS



Sue Cook: 1987 World Championships, New York



Kerry Saxby-Junna: 1990 Commonwealth Games, Auckland

When starting to write a manuscript celebrating each of the Oceania athletics world record breakers in mid 2024 I knew that I would have an opportunity to give my former Ballina clubmate, **Kerry Saxby-Junna**, the exposure she fully deserves. I was aware that she had achieved what some called a 'world-record of world's bests'. However, I had never seen a list of her world beating times, so the exact number was uncertain. Some said it was in the vicinity of 32, others placed it in the mid twenties.

I contacted Australian Athletics and was told they didn't have a list of her world's best times. Ratified world records, yes, but not world's best times. Similarly the AIS, where Saxby-Junna was named their athlete of the year three times, and the AOC did not keep such records.

What was a real shame was that Kerry's first world's best time was 1:33.30 for a 20km road walk, held in Canberra on 13 June 1985. The unfortunate aspect was the date. Up until the start of 1985 Danish race walking statisticians, Egon Rasmussen and Palle Lassen would annually release their booklet *'The Evolution of Race Walking Records and Best Performances: Men and Women'*. This was a highly authoritative booklet, particularly due to the involvement of the IAAF's "Mr Race Walking" Palle Lassen. The genial Lassen was the head of the IAAF's walking sub-committee for over two decades.¹

This meant that I had to develop Kerry's record from scratch, with the upper target being 32 world's bests, a number that Kerry believed was accurate. Over a number of months, researching independently and with the assistance of Kerry and her mother Jan, a list was built up that appeared to show 32 world best times. It was still uncertain, but these appeared to be the ones.

On the day that I had arrived at 32 prospective times, I sent an email to Kerry to advise her. That afternoon I then turned my attention to **Sue Cook**'s record breaking career, which all fell within the compass of Rasmussen and Lassen's work.

So I made an initial list of Sue's records. It was the sort of list that gets double checked, but my initial count of world records and world's bests was 33. I have to admit I was shocked. Double checking, I was even more astonished. Due to events where she overtook multiple previous world bests in the same race, the actual number was 34. As can be seen in another VRWC article I have prepared, Sue had two ratified world records that had been omitted incorrectly from World Athletics' record books. Lobbying World Athletics by myself and Australian Athletics statistician Paul Jeness will see Sue's record adjusted in their next progressive world record publication, which comes out every three to four years.²

After we had achieved that goal I contacted Paul to discuss my list of records for Kerry. He happily agreed to look over the list and check them wherever he could against his records. Due to questions over one of the races on the list, Paul and I agreed on 31 world bests by Kerry. There may still be a 32nd, and if members of the race walking community can assist it would be greatly appreciated as I would like to update the listing prior to finding a publisher of the manuscript, which is otherwise completed.

A list of Sue and Kerry's world bests, which are two of the best, if not the best, by any athletes in the history of world athletics, follows. Kerry set her world's best times in 31 races, while Sue's 34 came from 30 races.

If you have information that could add to these lists please contact John McPherson (a member of the Australian Society of Sports Historians and former Victorian Race Walking Club member) via the temporary Heel & Toe editor (tim.erickson02@gmail.com). Additionally, if you have newspaper clippings, or result sheets from Kerry's 3km road walk world's best time on 22 September 1987 a copy would be appreciated.

Sue Cook (nee Orr)

34 world's best performances from 30 races

4 world records ratified by the IAAF (in bold)

1.	6:35.1	1500m walk	Melbourne	8 January 1977
2.	6:29.4	1500m walk	Melbourne	3 February 1977
3.	6:28.9	1500m walk	Doncaster	21 January 1978

1 From the late 1960s until the mid 1980s, Palle Lassen and Egon Rasmussen jointly published many racewalking related books, including yearly world statistics almanacs, all-time best lists, ranking lists and world record progression lists. Nowadays, we can find all this info out via the internet, but they published it at a time when such luxuries were not even dreamed of. I have in my personal library 6 different titles of theirs, all of which have been thumbed through on many occasions. Check out the full text of the 1985 (and last) edition of [*Evolution of Race Walking Records and Best Performances MEN and WOMEN*](#).

2 The most recent edition is the [2024 World Records Progression book](#)

4.	6:27.3	1500m walk	Doncaster	4 February 1978
5.	6:24.0	1500m walk	Melbourne	12 January 1980
6.	1:15:21.0	15km road walk	Melbourne	3 February 1980
7.	1:41:41.6	20km road walk	Melbourne	3 February 1980
8.	13:20.7	3000m walk	Doncaster	8 March 1980
9.	46:48.0	10km road walk	Moss, Norway	11 May 1980
10.	1:13:59	15km road walk	Melbourne	13 July 1980
11.	6:19.0	1500m walk	Doncaster	8 November 1980
12.	6:57.1	1 mile track walk	Adelaide	12 November 1980
13.	6:47.9	1 mile track walk	Canberra	14 March 1981
14.	22:53.2	5000m walk	Adelaide	21 March 1981
15.	2:12:38	25km road walk	Canberra	20 June 1981
16.	1:39:31	20km road walk	Melbourne	20 December 1981
17.	13:20.6	3000m walk	Canberra	10 February 1982
18.	47:13.0	10,000m walk	Melbourne	28 February 1982
19.	22:31.5	5000m walk	Canberra	9 March 1982
20.	22:45.6	5000m walk	Adelaide	24 April 1982
21.	22:32.4	5000m walk	Box Hill	22 May 1982
22.	46:42.6	10,000m walk	Adelaide	23 May 1982
23.	12:56.5	3000m walk	Canberra	29 May 1982
24.	45:32.0	10km road walk	Canberra	10 July 1982
25.	2:45:52	30km road walk	Melbourne	5 September 1982
26.	1:12:10	15km road walk	Melbourne	19 December 1982
27.	1:39:36	20km road walk	Melbourne	19 December 1982
28.	12036 metres	1 hour track walk	Canberra	31 July 1983
29.	36:41.9	5 miles track walk	Leicester, England	14 September 1983
30.	45:47.9	10,000m walk	Leicester, England	14 September 1983
31.	6:10.8	1500m walk	Canberra	21 January 1984
32.	12:42.1	3000m walk	Canberra	10 March 1984
33.	1:11:24	15km road walk	Canberra	7 July 1984
34.	1:36:23	20km road walk	Canberra	7 July 1984

Kerry Saxby-Junna

31 world's best performances from 31 races

8 world records ratified by the IAAF (in bold)

1.	1:33:30	20km road walk	Canberra	13 July 1985
2.	44:53	10km road walk	Canberra	10 May 1986
3.	45:08	10000m walk	Moscow, USSR	9 July 1986
4.	12:20.7	3k road walk	Canberra	20 January 1987
5.	21:16.4	5000m walk	Sydney	4 April 1987
6.	21:07	5km road walk	Canberra	7 June 1987
7.	1:32:51	20km road walk	Canberra	13 June 1987
8.	42:52	10km road walk	Hobart	19 July 1987
9.	21:01	5km road walk	Furth/Nuremberg, Germany	8 August 1987
10.	20:59	5km road walk	Bad Krozingen, Germany	22 August 1987
11.	12:16	3km road walk	Hildersheim, Germany	22 September 1987
12.	20:34	5km road walk	Hildersheim, Germany	24 September 1987
13.	20:55	5000m walk	Sydney	10 January 1988
14.	42:14.2	10000m walk	Canberra	26 January 1988
15.	12:14.48	3000m walk	Sydney	20 February 1988
16.	20:45.32	5000m walk	Perth	27 March 1988
17.	1:29:40	20km road walk	Varnamo, Sweden	13 May 1988
18.	41:30	10km road walk	Canberra	27 August 1988
19.	42:46.45	10000m walk	Sydney	14 January 1989
20.	43:26.12	10000m walk	Canberra	26 January 1989
21.	12:13.75	3000m walk	Sydney	8 February 1989
22.	12:01.65	3000m indoor walk	Budapest, Hungary	4 March 1989
23.	20:32.75	5000m walk	Brisbane	19 March 1989
24.	20:25	5km road walk	Hildersheim, Germany	10 June 1989

25. 20:17.19	5000m walk	Sydney	14 January 1990
26. 12:06.42	3000m walk	Brisbane	18 March 1990
27. 42:25.2	10000m walk	Fana/Bergen, Norway	26 May 1990
28. 5:50.41	1500m walk	Sydney	20 January 1991
29. 11:51.6	3000m walk	Melbourne	7 February 1991
30. 20:03.0	5000m walk	Sydney	11 February 1996
31. 20:13.26	5000m walk	Hobart	23 February 1996

Thanks so much John. For those who want to delve a little more into the careers of these two wonderful walkers, see

Sue: <https://athletics.possumbility.com/athletes/athlete220.htm>
[https://en.wikipedia.org/wiki/Sue_Cook_\(race_walker\)](https://en.wikipedia.org/wiki/Sue_Cook_(race_walker))
<https://www.vrwc.org.au/tim-archive/articles/wv-sue-cook.pdf>

Kerry: <https://athletics.possumbility.com/athletes/athlete127.htm>
<https://www.athletics.com.au/hall-of-fame/kerry-saxby-junna/>
https://en.wikipedia.org/wiki/Kerry_Saxby-Junna
<https://www.vrwc.org.au/tim-archive/articles/wa-kerry-saxby-junna.pdf>

You will see from the above tables that Sue set her last World Best in 1984 and Kerry set her first World Best in 1985. As one career finished, another started. I did manage to find one photo of the two walkers racing in the same international race in 1985. It is one of only a few such photos.



Kerry (far left) and Sue (third from left) racing together in the 1985 World Cup in the Isle of Man

With the world wide COVID-19 pandemic shutdown in 2020, I didn't have any races on which to report in my weekly Heel & Toe Online newsletter, so I posed 5 racewalking related questions each week. These questions (and their answers) are captured for posterity via link <https://www.vrwc.org.au/RW-Questions.shtml>. The answers to 9 of those questions either pointed directly to Sue or Kerry or included references to them as contenders.

6. Which Australian walker has the most appearances in the World Athletics Race Walking Team Championships?
9. Which Australian walker has the most medals from major championships (Olympics, World Champs, World Team

Champs, Commonwealth Games)?

10. What are the longest standing and the most recent Australian racewalking records?
22. Which Australian walkers have represented Australia at 3 separate Olympics? Has anyone done 4 Olympics?
33. A double barrelled question – who was the first Australian walker to feature on a postage stamp, and how many Australian walkers overall have had this honour bestowed on them?
37. You would have read above that 1908 Olympic walk champion George Larnar has a bus named in his honour. Do any walkers have streets or walkways or similar things named in their honour?
51. Which Victorian walker boasts the longest and most prolific national career (in terms of winning Australian and State Championships medals) of any Australian.
53. Who is the Australian walker who won two World championship golds, earned a bronze in the IAAF World Cup and set over 30 World records or World best times.
68. What athlete won the first women's walk contested at the Commonwealth Games?

Now that's what you call leaving behind a big footprint!

WHAT'S COMING UP

Our competition break is coming to an end, with the summer season set to get underway this weekend.

AV All Schools T&F Championships, Lakeside Stadium, Albert Park, 1-4 October

Returning to Lakeside Stadium this weekend, the Victorian All Schools Track & Field Championships will see walkers competing in U14-U20 races, aiming for PBs and for the opportunity to represent Victoria at the Australian All Schools Track & Field Championships. Check out the latest championship information at <https://athsvic.org.au/events/victorian-all-school-track-field-championships/2026-10-01/>. The entry lists read as follows.

U20 5000m Walk, Thurs 1 st Oct	No starters	No starters
U18 5000m Walk, Thurs 1 st Oct	No starters	Aangi Shah (MRGH) Mietta Morgan (VRQA)
U17 5000m Walk, Thurs 1 st Oct	Damian Baldy (HBYC)	Matilda Read (KRNC)
U16 3000m Walk, Sun 4 th Oct	Angus Shuttleworth (BBNH)	Ela Uzun (STMC) Havana Ali (STMC) Mya McClure (HZGC)
U15 3000m Walk, Sun 4 th Oct	Fiete Diers (UNA) Tate McQueen (MRCB)	Addison Frenken (CSTE) Bethany Franzke (CAWC) Caitlyn Shipham (AKSC) Lunah Ibrahim (ALIC)
U14 3000m Walk, Sun 4 th Oct	Jack Greyling (CYFP) Logan Allison (SJFC)	Abby Fowler (BKSC) Alaska Bremner (SMYP) Annika Downey (LTCB) Ella Harris (VUSC) Georgia Walters (PTVC) Indigo Marshall-Moodie (PENG) Kobe Lewis (VRQA)

AVSL Shield Round 1, Saturday 17th October

Athletics Victoria Shield returns on Saturday 17th October, with 5 venues in operation: Doncaster, Murrumbeena, Ballarat, Bendigo and Geelong. See more at <https://athsvic.org.au/avsl/>.

VRWC Summer Season returns, Sunday 15th November

It's a bit more of a break as we wait for our VRWC summer season to kick off on Sunday 15th November. See the fixture timetable at <https://www.vrwc.org.au/vrwcs27.shtml>.

Note that once the races on that day are done and dusted, we will hold our VRWC Annual General Meeting. One of the key items on the agenda will be the election of a new Executive and Committee to guide us through the next 12 months. Our current committee (<https://www.vrwc.org.au/vrwcccommittee.shtml>) has done a sterling job but we always welcome new ideas and new people to help guide the club forward.

VICTORIAN RACE WALKING CLUB
ANNUAL GENERAL MEETING
Sunday 16 November 2025, 11.00am
at
Club HQ, Middle Park Bowling Club

All Executive and Committee positions* will be declared open:

EXECUTIVE	Club Captain – Men
President	Club Captain – Women
Senior Vice-president	AV Delegate
Secretary	Judging Coordinator
Treasurer	Club Coach/Coaching Coordinator
	Prizes/Awards Secretary
GENERAL COMMITTEE	RWA Liaison Officer
Assistant Secretary/Treasurer	Club Records Officer
Race Secretary/Meet Director	First Aid Officer
Publicity Officer	General members (up to 2)
Handicapper	
Uniforms Steward	

(* The position of Club Junior captain will remain occupied and not declared open.)

Anyone wishing to nominate should do so via the **nomination form** which will be issued to all members via email.

Nominations or proxy voting forms must be forwarded to Club secretary Terry Swan by
Sunday 9th November.

All members are entitled to attend the AGM and **new committee members are welcome**. However, voting is restricted to those who have been **financial members** in the year immediately preceding the Annual General Meeting (i.e. from April 1 2025), or those who are Life members.

Stu Cooper
President

WINTER SEASON FINAL ROUNDUP

Although our Australian winter season finished a few weeks go, I have 3 final ACTRWC races on which to report, to close the books. As usual, all results are also fed into our stats website <http://racewalkaustralia.com/Home.asp>.

ACT Walkers Club Walks, Lake Ginninderra, ACT Saturday 12 Sept

4km Fitness Walk

- | | |
|--------------------|-------|
| 1. Doug Fitzgerald | 35:19 |
| 2. Bryan Thomas | 37:54 |

2km Fitness Walk

- | | |
|--------------|-------|
| 1. Jim White | 16:37 |
|--------------|-------|

Capital Athletics High Noon Series 4, Woden, ACT Sunday 13 Sept

3,000m Race Walk

- | | |
|-------------------|-------|
| 1. Hana Jugovic | 14:26 |
| 2. Jillian Ryan | 16:56 |
| 3. Jessica Robson | 19:18 |
| 4. Madison Hyland | 19:39 |
| 5. Clare Rice | 20:01 |

2km Race Walk

- | | |
|-----------------|-------|
| 1. Jillian Ryan | 13:11 |
|-----------------|-------|

5,000m Race Walk

- | | |
|-----------------|-------|
| 1. Scott Hyland | 23:51 |
| 2. Emma Grocott | 29:48 |

ACT Walkers Club Walks, Lennox Gardens, Canberra
Saturday 19 September
3km Race Walk

- | | |
|-------------------|-------|
| 1. Jillian Ryan | 18:24 |
| 2. Jessica Robson | 19:57 |

2km Race Walk

- | | |
|---------------|-------|
| 1. Clare Rice | 12:44 |
|---------------|-------|

1km Fitness Walk

- | | |
|-----------------|-------|
| 1. Geoff Barker | 10:53 |
|-----------------|-------|

20TH EDITION OF THE ASIAN GAMES, NAGOYA, JAPAN, 23-29 SEPTEMBER

The Asian Games have been held every 4 years since 1951, with this year's 20th edition held in the city of Nagoya on the island of Honshu in Japan. Racewalks were included in the 1951 edition but were then excluded until their return in 1978. Since then, 20km and 50km walks have been scheduled in each edition. With World Athletics' recent changes, this year saw walk distances modified to Half Marathon and Marathon.

Day 1, Sept 23, Half Marathon Race Walks, 7:30AM start

Thanks to Nicola Maggio's report (<https://marciadalmondo.com/results/2026/aichi-nagoya-2026-20th-asian-games/>) in Marciadalmondo. My report is based on his comments.

The most noticeable feature of the Half Marathon walks was the high number of red cards – 19 for the 9 walkers in the men's race and 9 for the 8 walkers in the women's race. The outcomes of both races were effected.

Men's Half Marathon Race Walk

In the men's race, favourites **Toshikazu Yamanishi** and **Kento Yoshikawa** each picked up three red cards and were stopped in the Penalty Zone for the required two minutes. It was even worse for Chinese walker **Chenjie Li** who, after leading the race in the first km (4:06) had soon amassed 4 red cards for loss of contact and was disqualified. That left the way to victory open for **Shi Shengji** of China, but even he had to be careful after picking up two red cards for lack of contact by the 13km mark. Shi's splits read very impressively: 19:44 (5km), 38:53 (10km), 58:35 (15km) and 1:18:45 (20km). His winning time of 1:23:32 saw him finish over 4 minutes ahead of Yamanishi and **Byeongkwang Choe**.

- | | | | | | |
|------------------------|-----|-------------|---------|------|---------------|
| 1. SHI Shengji | CHN | 19 JAN 2007 | 1:23:32 | ~~ | |
| 2. YAMANISHI Toshikazu | JPN | 15 FEB 1996 | 1:28:01 | ~~~ | 2 min penalty |
| 3. CHOE Byeongkwang | KOR | 07 APR 1991 | 1:28:35 | ~~ | |
| 4. YOSHIKAWA Kento | JPN | 09 AUG 2001 | 1:29:28 | >>~ | 2 min penalty |
| 5. CHIN Man Kit | HKG | 20 JUL 1991 | 1:34:26 | | |
| 6. LO Sheng-qin | TPE | 11 OCT 2008 | 1:35:20 | > | |
| 7. HENDRO | INA | 25 JAN 1990 | 1:36:49 | ~ | |
| 8. CHAN Yung-kuei | TPE | 14 DEC 2002 | 1:41:48 | ~~~ | 2 min penalty |
| LI Chenjie | CHN | 05 MAY 2005 | DQ | ~~~~ | |

Women's Half Marathon Race Walk

In the women's race, the favourite **Jiang Yunyan** of China was stopped shortly after 15km following three red cards for lack of contact. In a tightly contested race, this 2 minute stop relegated her to third place, eventually finishing one second behind silver medallist **Kristina Morozova** (KAZ). Overall, victory went to **Yang Liuqing** of China with 1:33:30. Technically, she walked a flawless race, with no red cards at all.

1.	YANG Liuqing	CHN	22 AUG 1998	1:33:40		
2.	MOROZOVA Kristina	KAZ	18 JAN 2001	1:35:25	>>	
3.	JIANG Yunyan	CHN	15 FEB 2003	1:35:26	~	2 min penalty
4.	YANAI Ayane	JPN	24 DEC 2003	1:39:24		
5.	LEE Seha	KOR	08 NOV 1996	1:42:28	>~>	2 min penalty
6.	KALIMULLINA Elmira	KAZ	28 MAY 2004	1:43:21		
7.	SUGIBAYASHI Ayumi	JPN	24 DEC 2000	1:46:13		
8.	PUSPITA Violine Intan	INA	22 SEP 2000	1:51:00	>	



Half marathon winners Yang Liuqing of China and Shi Shengji of China (photos Arlan Olzhabay, Marciadalmondo)

Day 5, 27 Sept, Marathon Race Walks, 7:30AM start

Thanks to Nicola Maggio for his Marciadalmondo report: <https://marciadalmondo.com/results/2026/aichi-nagoya-2026-20th-asian-games-hayato-katsuki-jpn-and-toxanbayeva-yasmina-kaz-are-the-winner-of-the-marathon-race-walk/>

Overall the Marathon Walk fields were very small (7 in the men's race and 8 in the women's race) and once again red cards featured prominently. In the men's race, there were 19 red cards spread amongst the 7 athletes, none of whom was immune. The women's race was cleaner but had its own controversy post-event (as explained below).

Men's Marathon Race Walk, 7:30AM

In the men's race, favourite **Hayato Katsuki** of Japan was the dominant walker, leading from start to finish with an impressively consistent pace. His splits reflect this fact: 43:55 (10km), 1:25:54 (20km), 2:09:30 (30km) and 2:53:56 (40km). The 26-year-old Japanese entered the race with a PB of 3:04:58, set in Brasilia earlier this year when he won the World Team Championships, and he won again here with a PB 3:03:36. **Zhou Yingcheng** of China took silver in 3:06:40 after facing a little in the last 10km. Third placed **Suwa Motofumi** of Japan had been in second place until the 35km mark when he was stopped for 4 minutes in the penalty area. He meant he would eventually finish the race in 3:08:57 to take bronze.

1.	KATSUKI Hayato	JPN	28 NOV 1990	3:03:36	>	
2.	ZHOU Yingcheng	CHN	06 OCT 2000	3:06:40	>~	
3.	SUWA Motofumi	JPN	22 OCT 1999	3:08:57	>>>	4 min penalty
4.	TANG Yushuai	CHN	18 NOV 2004	3:13:54	~>	4 min penalty
5.	OO Hyunmyeong	KOR	31 MAY 1997	3:14:31	~	4 min penalty
6.	SHEIKO Georgiy	KAZ	24 AUG 1989	3:16:02	~	
	SEILER Nathaniel	PHI	06 APR 1996	DQ	>~>	

Women's Marathon Race Walk, 7:30AM

The women's Marathon Walk saw surprise victory going to 21 year old **Yasmina Toxanbayeva** of Kazakhstan with a big PB time of 3:22:20. Alas, the victory was short lived. As Nicola Maggio explains in <https://marciadalmondo.com/results/2026/aichi-nagoya-2026-asian-games-yasmina-toxanbayeva-stripped-of-gold-medal-as-per-rule-5-2/>, she was provisionally disqualified the next day after World Athletics found her guilty of a shoe violation (Rule 5.2). This means she was wearing shoes that had not been approved by World Athletics and hence were not listed on the World Athletics platform.

The Kazakhstan Athletics Federation has issued an official statement on the situation and I suspect there might be more to play out here: <https://qazinform.com/news/kazakh-athlete-deprived-of-asiad-gold-federation-explains-why-11a06b>

The Federation has filed a corresponding protest and submitted a complaint against the decision. The World Athletics list of approved footwear includes the brand ASICS. However, the specific model Yasmina wore was not on that list. Moreover, the athlete's footwear was checked before the competition began. After that, she was cleared to start. In this regard, the Federation will continue working to defend Yasmina's rights and interests. At the same time, we do not absolve ourselves of accountability. While preparing athletes well and achieving strong results in competition, it is equally important to comply with established regulations and technical requirements, and effectively protect athletes' interests within international sports organizations,

The gold then went to Chinese walker **Danzen Quzhong** who set a new personal best of 3:26:09. Silver went to pre-race favourite **Ma Li** of China, who suffered a 4 minute timeout in the Penalty Box. Bronze went to **Yukiko Umena** of Japan.

1.	DANZEN GQUZONG	CHN	10 SEP 2002	3:26:09	PB	
2.	MA Li	CHN	15 JAN 2000	3:32:26	>~	4 min penalty
3.	UMENO Yukiko	JPN	08 JAN 2003	3:34:59		
4.	YAGI Maika	JPN	21 JAN 1999	3:36:40		
5.	RANI Manju	IND	22 MAR 1999	3:40:17	>>>	4 min penalty
	PRIYANKA	IND	10 MAR 1996	DQ	~>>>	
	TOXANBAYEVA Yasmina	KAZ	16 NOV 2004	DQ	~	Shoe violation



*Marathon Walk winners Danzen Quzhong of China and Hayato Katsuki of Japan of Japan
(photos Arlan Olzhabay, Marciadalmondo)*



*Left: Yasmina Toxanbayeva (57) shares the lead early in the women's Marathon Walk race
Right: The offending ASICS shoes*

FRENCH MASTERS CHAMPIONSHIPS, JUVAINCOURT, SATURDAY 27 SEPTEMBER

Last weekend, our European correspondent **Emmanuel Tardi** was in Juvaincourt, 350km east of Paris, for the French Masters Championships. The races took place on a go-kart track over a 1km loop and was very flat but with lots of turns. The weather was perfect for the 9:45AM start and the events were open to non-masters walkers as well.

In the men's 10km race, **Kilian Lebreton** shared the lead with **Hugo Ellul** in the first half before increasing the pace and going away to win with a very fast 41:14. In the women's race, **Katalin Horvath** from Hungary led initially before being caught by **Celine Besse** who went on to win with 54:19. After the race, Emmanuel tells me they all had dinner together and could try their hands at go-karting.

10km Masters Men

1. LEBRETON Kilian	2000	Ta Rennes	41:14
2. ELLUL Hugo	2005	St Max Essey Club Athletic	42:11
3. GAUDRE Martin	2004	Efs Reims	46:46
4. KUSTER David	1999	Csl Neuf-Brisach	46:57
5. BONTEMPS Sebastien	1990	Gien Athle Marathon	49:56
6. HADULA Ludovic	1987	Stadoceste Tarbes	50:25
7. MUNOZ Brian	1973	S/l Francheville Ac	52:48
8. TOUSSAINT Alberic	1985	Athle Vosges Pays D:epinal	52:57
9. BONNEAU Philippe	1965	Antony Athletisme 92	53:47
10. BRANLE-BRANICKI Richard	1967	Grenoble Uc	54:32
11. GUILLOU Paul	2011	Efs Reims	57:09
12. BODROS Gaetan	1960	Ac Chateau Thierry	57:13
13. DURAND-PICHARD David	1972	St Max Essey Club Athletic	58:36
14. LARRAN Jean-Michel	1968	Tarbes Pyrenees Athletisme	59:35
15. GALIANA Michel	1961	Tarbes Pyrenees Athletisme	59:45
16. FLORENTIN Thierry	1965	Athle Vosges Pays De Mirecourt	1:00:00
17. STEFANELLY David	1976	As Mantes	1:01:44
18. BROCHOT Patrice	1951	Tarbes Pyrenees Athletisme	1:02:26
19. BONVARLET Patrick	1960	Athle Sud 69 Feyzin-Venissieux	1:03:16
20. TAILLANDIER Patrick	1976	Ca Vierzon	1:04:00
21. CRESSONNIER Rodolphe	1973	Troyes Omnisports	1:04:19
22. SEFFARI Abdelaziz	1958	Athle Sud 69 Feyzin-Venissieux	1:04:50

23. MARIE Frederic	1961	As Mantes	1:06:18
24. SIEGENFUHR Daniel	1950	Es Thaon	1:07:40
25. CORNET Andre	1959	Asvel Villeurbanne	1:09:36
26. LABROUSSE Michel	1954	Le Chesnay-Rocquencourt 78	1:10:45
27. BOHREN Christophe	1970	Co Chalonnais Athletisme	1:13:53
28. CHAUMET Daniel	1949	Luneville Ac	1:14:25
29. FLAMANT Claude	1949	Cuc Athletisme	1:14:35
30. NOUGUES Jean-Claude	1944	Uson Athle	1:16:53
31. POITRENAUX Jean-Marie	1955	Ca Vierzon	1:18:50
32. LE MONTAGNER Jacques	1954	Ac Chenove	1:21:44
33. RABATEL Fernand	1946	Ea Gillonnay-La Cote	1:26:07
34. COURTEJAIRE Pierre	1942	Ua Versailles	1:28:35
BROT Daniel (SUI)	1953	Avec Pays De Bruyeres	DNF



Kilian Lebreton, Hugo Ellul and Ludovic Hadula (photos Emmanuel Tardi)

10km Masters Women

1. BESSE Celine	1980	Ea Macon	54:19
2. BODORKOS-HORVATH Katalin (HUN)	1967		57:19
3. LHERITIER Amelie	1984	Asptt Rouen	58:04
4. BIZARD Lucie	1990	Stade Français	58:38
5. VARENNE Julie	1986	Vierzon-Vignoux-Foecy Athlé	59:48
6. SINA Laurence	1969	Pierre Benite Athletisme	59:59
7. JEAN Sandra	1973	Tarbes Pyrenees Athletisme	1:00:29
8. BRASTEL Adeline	1978	Efs Reims	1:00:41
9. BOBAN Valerie	1968	Athle Vosges Pays De Remiremont	1:01:00
10. MONMESSIN Marie-Astrid	1956	Es Thaon	1:01:26
11. BRASTEL-JUNG Emilie	1980	Ill Bruche A Lingolsheim	1:02:28
12. FLORENTIN Catherine	1967	Athle Vosges Pays De Mirecourt	1:02:45
13. DIDELOT Marie-Odile	1970	Us Pulversheim Athletisme	1:04:55
14. CHRETIEN Nathalie	1966	Es Thaon	1:06:45
15. CORNET Therese	1958	Asvel Villeurbanne	1:09:35
16. GRIZOU-VICARIO Dominique	1971	Athle Sud 69 Feyzin-Venissieux	1:10:40
17. HUBERT Nathalie	1966	Les Clayes Athletisme	1:11:15
18. BROCHOT Edith	1952	Tarbes Pyrenees Athletisme	1:12:23
19. REGNIER Sylvie	1962	Athletisme Chatillonnais	1:12:51
20. MARMET Marie-Anne	1956	Le Chesnay-Rocquencourt 78	1:15:24

21. ANXIONNAT Claudine	1951	Avec Pays De Bruyeres	1:15:37
22. BIZARD Claudie	1959	Thiais Ac	1:16:11
23. SIEGENFUHR Yvette	1954	Es Thaon	1:16:19
24. BONVARLET Liliane	1953	Athle Sud 69 Feyzin-Venissieux	1:18:02
25. THOUMSIN Sylvie	1965	Le Chesnay-Rocquencourt 78	1:22:15
26. LOYER Suzanne	1947	Stade Clermontois	1:40:29



Sebastien Bontemps, Amelie Lheritier, Celine Besse and Katalin Bodorkos-Horvath (photos Emmanuel Tardi)

OMARCHADOR AND MARCIADALMONDO ROUNDUP

The Portuguese race walking blog *O Marchador* posts news reports and results as they come to hand – normally one braoadsheet per day. The website features articles on race walking, as well as results from both domestic and international events.

Mon 28 Sept - Quzong Danzeng wins gold in Asian Games marathon walk after DQ of Kazakh Toxanbayeva
<https://omarchador.blogspot.com/2026/09/quzong-danzeng-china-conquista-o-ouro.html>

Sun 27 Sept - Hayato Katsuki (Japan) wins the gold medal in the marathon walk at the Asian Games
<https://omarchador.blogspot.com/2026/09/hayato-katsuki-japao-conquista-medalha.html>

Sat 26 Sept - Results of Polish U16 walk championships in Lubin
<https://omarchador.blogspot.com/2026/09/jovens-marchadores-polacos-nos.html>

Fri 25 Sept - Maële Biré-Heslouis breaks French 1 Hour Walk record – Barentin 2026
<https://omarchador.blogspot.com/2026/09/maele-bire-heslouis-bate-recorde-de.html>

Thu 24 Sept- Caio Bonfim wins the half-marathon walk at the South American Games
<https://omarchador.blogspot.com/2026/09/caio-bonfim-sagra-se-campeao-na-meia.html>

Wed 23 Sept - Chinese Shengji Shi and Liujing Yang triumph in the half-marathon walk at the Asian Games
<https://omarchador.blogspot.com/2026/09/chineses-shengji-shi-e-liujing-yang.html>

Tue 22 Sept - Santa Fe 2026: Men's Half Marathon Walk Start List
<https://omarchador.blogspot.com/2026/09/santa-fe-2026-meia-maratona-de-marcha.html>

Mon 21 Sept - Evelyn Inga breaks Peruvian national record in the 10,000m race walk (Lima 2026)
<https://omarchador.blogspot.com/2026/09/evelyn-inga-bate-recorde-nacional-do.html>

Marciadalomondo, the voice of Italian Racewalking, has 3 posts this week, all mentioned above on my report on the Asian Games

Asian Games: Yasmina Toxanbayeva stripped of gold medal as per Rule 5.2
<https://marciadalmondo.com/results/2026/aichi-nagoya-2026-asian-games-yasmina-toxanbayeva-stripped-of-gold-medal-as-per-rule-5-2/>

Asian Games: Hayato Katsuki (JPN) and Yasmina Toxanbayeva (KAZ) are the winners of the Marathon Walk
<https://marciadalmondo.com/results/2026/aichi-nagoya-2026-20th-asian-games-hayato-katsuki-jpn-and-toxanbayeva-yasmina-kaz-are-the-winner-of-the-marathon-race-walk/>

Asian Games: Shi Shengji (CHN) and Yang Liuqing (CHN) win gold in the Half Marathon Walk
<https://marciadalmondo.com/results/2026/aichi-nagoya-2026-20th-asian-games/>

DATES...DATES...DATES

Victorian & National Key Dates – 2026/2027

Oct 1-4 2026	AV All Schools T&F Championships	Lakeside Stadium, Albert Park, VIC
Nov 15 (Sun), 2026	VRWC Summer Championships and AGM Includes VRWC Half Marathon Open Championships	Middle Park, VIC
Dec 4-6, 2026	AA All Schools T&F Championships	Perth, WA
Dec 6 (Sun), 2026	VRWC Roadwalks Includes AV Marathon and VRWC Half Marathon	Middle Park, VIC
Jan 17 (Sun), 2027	VRWC Road Races	Middle Park, VIC
Jan 23-24, 2027	AA 10,000m Race Walking Championships, Supernova	Woden Park, Canberra, ACT
Feb 11-14, 2027	AV Junior T&F Championships	Lakeside Stadium, Albert Park VIC
Mar 11-13, 2027	AV U20, Open & Overage T&F Championships	Lakeside Stadium, Albert Park VIC
Mar 21 (Sun) 2027	AA Half Marathon Race Walking Championships	Hobart, TAS
Apr 1-4, 2027	AA T&F Championships	SOPAC, Sydney, NSW
Wed 21-Fri 23 Apr 2027	AA UniSports Championships	Gold Coast, QLD
Aug 22 (Sun), 2027	AA Junior Race Walking Championships	Ballarat, VIC

AVSL Round Dates – 2026/2027

Oct 17 (Sat), 2026	AVSL Rd1 – Metro venues
Oct 24 (Sat), 2026	AVSL Rd2 – Metro venues
Oct 31 (Sat), 2026	AVSL Rd3 – Metro venues
Nov 7 (Sat), 2026	AVSL Rd4 – Metro venues
Nov 14 (Sat), 2026	AVSL Rd5 – Metro venues
Nov 21 (Sat), 2026	AVSL Rd6 – Metro venues
Nov 28 (Sat), 2026	AVSL Rd7 – Metro venues
Jan 9 (Sat), 2027	AVSL Rd8 – Metro venues
Jan 16 (Sat), 2027	AVSL Rd9 – Metro venues
Feb 6 (Sat), 2027	AVSL Rd10 – Metro venues

Country venues are Ballarat, Bendigo and Geelong. Metropolitan venues vary from week to week.

International Dates

Oct 25 (Sun), 2026	All Japan Race Walking Championships	Takahata (JAP)
Oct 30-Nov 15, 2026	Youth Olympic Games	Dakar, SEN
Mar 20, 2027	46 th Dudinska 50	Dudince (SVK)
Apr 17, 2027	6 th Korzienowski Warsaw Race Walking Cup	Warsaw (POL)
Jun 12, 2027	XL Gran Premio Cantones de A Coruna de Marcha	La Coruna (ESP)
Jun 14-18, 2027	2027 Oceania Cup	Majuro (MHL)
Aug 1-12, 2027	FISU World University Games	Chungcheong (KOR)
Sep 11-19, 2027	2027 World Athletics Championships	Beijing (CHN)

Apr 9, 2028	World Athletics Race Walking Teams championships	Hefei (CHN)
Jul 14-30, 2028	XXXIV Summer Olympic Games	Los Angeles (USA)
Sept 2029	World Athletics Championships	Nairobi (KEN)
Sept 2031	World Athletics Championships	Munich (GER)
23 Jul- 8 Aug 2032	XXXV Summer Olympic Games	Brisbane (AUS)

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Tim Erickson, tim.erickson02@gmail.com, Mob: 0412 257 496

Copies of recent newsletters are kept on the VRWC website (<http://www.vrwc.org.au>)