



# HEEL & TOE Online

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The official organ of the Victorian Race Walking Club, Inc.  
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### \*H&T Notice Board – Page 8

- **\*\* VACANCY – Club Treasurer**

**\*YAMANISHI SETS FIRST HALF-MARATHON WR**  
Page 4

### \*\*WALKER OF THE WEEK\*\*



A no-brainer this week. Underlining his WOTW status from the previous issue (earned at the LAVic Region carnival at Knox), **Angus Shuttleworth (VIC)** took to last Friday's AV U16 3000m championship as if on a mission. He succeeded with a new Victorian state record of **12:29.67**, erasing Nathan Brill's 15-year old record by 3 secs and claiming a 23 sec PB that easily eclipsed his inaugural sub-13:00 effort at the national All Schools titles in December.

It appears that Angus, 14, already has his sights set on the bright lights of international representation, and his recent progression indicates that his prospects of reaching it are undeniable. Having ironed out some technical issues that troubled him for a year or two, on Friday night Angus presented a model of efficient, economical speed walking that allayed any past demons and showed he can approach his opposition at the forthcoming Australian T&F championships in Brisbane with confidence.

Well done, Angus. A terrific result. Wishing you many more!

#### \*Honourable mentions:

- **Aangi Shah, Anna Dubar and Bethany Franzke (VIC)** – the biggest improvers of the championships, with PBs of well over or slightly under 1:30.
- **Oliver Crowl (VIC)** – in his first AV track title race, Oliver stood out against everyone except Angus to win the U13 crown with a 52 sec PB.
- **Matilda Read (VIC)** – emphatically broke through the 25:00 barrier for 5000m with **24:41.25**.
- **Jessica Clelland (SA)** – a 51 sec PB over 5000m in Adelaide's 30C heat.

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## VICTORIA - METRO & REGIONAL



### AV Championships

#### **\*\*AV Junior T&F Championships, 13/14 February – Lakeside Stadium**

Conditions were warm but not brutal for the U13-U16 3000m walks, the first track events of the championships on Friday night. **Angus Shuttleworth** started the whole meeting off with a huge bang, shaving 3 secs from Nathan Brill's Victorian U16 record to clock **12:29.67**. This, naturally, was a sizeable PB, with Knox stable mate **Oliver Crowl** taking his first AV crown with an even bigger improvement (52 secs) in **15:27.54**.

PBs were much in evidence in the girls' races, with seven of the 13 starters cutting down their times and one successfully finishing her first go at the distance. **Mya McClure**, predictably, dominated to take overall line honours, with title winners

**Alaska Bremner** and **Indigo Marshall-Moodie** both going under 16 minutes for the first time. **Anna Dubar** blitzed her previous best by 1:39 with Albury's **Bethany Franzke's** improvement margin only slightly less in winning the U15 title.

**Female U13 3000m Walk**

1 Alaska Bremner	Aths SouthWest	15:46.96*
2 Anna Dubar	Glenhuntly AC	17:52.69*

**Female U14 3000m Walk**

1 Indigo Marshall-Moodie	MorningtonPen	15:59.63*
2 Ella Harris	Aths Essendon	16:41.87*
3 Pippa Read	Wellington AC	17:08.89
4 Annika Downey	Eureka AC	18:09.97 FT
5 Kobe Lewis	Williamstown	18:52.97

**Female U15 3000m Walk**

1 Bethany Franzke	Albury AC	15:55.88*
2 Addison Frenken	CaseyCardinia	16:45.16
.. Caitlyn Shipham	Knox AC	DQ

**Female U16 3000m Walk**

1 Mya McClure	WhittleseaCity	13:57.32
2 Havana Ali	Aths Essendon	15:31.58*
3 Harper Cassidy	Shepparton	18:07.16*

**Male U13 3000m Walk**

1 Oliver Crawl	Knox AC	15:27.54*
2 Logan Allison	Knox AC	16:37.39
3 Tom Guastella	CaseyCardinia	17:00.02 FT

**Male U14 3000m Walk**

1 Charlie Wright	Eureka AC	19:42.35
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**Male U15 3000m Walk**

1 Fiete Diers	Williamstown	15:55.76
2 Tate McQueen	Eaglehawk	16:26.20
3 Harrison Ryan	WhittleseaCity	21:48.03

**Male U16 3000m Walk**

1 Angus Shuttleworth	Knox AC	12:29.67* VR
2 Tate Jardine	Essendon Aths	18:47.27

A small entry of just six lined up for the mixed U17-U18 5000m titles the following morning. Nevertheless, it was pleasing to see four of them leave with new PBs. **Ela Uzun** drew to within 6 seconds of Jemima Montag's Victorian U16, U17 and U18 records with her PB time of **22:38.40**, while **Aangi Shah** smashed her previous best by close to 2:00. **Matilda Read** went sub-25:00 for the first time and **Lily Lambert** was also a substantial improver.

**Female U17 5000m Walk**

1 Matilda Read	Wellington AC	24:41.25*
2 Lily Lambert	Mentone AC	28:16.79*

**Male U18 5000m Walk**

1 Max Davidson	Diamond Valley	24:06.54
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**Female U18 5000m Walk**

1 Ela Uzun	Aths Essendon	22:38.40*
2 Mietta Morgan	Knox AC	30:12.94
3 Aangi Shah	Mentone AC	31:57.02*

**\*PBs:** 3000m – Anna 1:39; Bethany 1:24; Oliver 0:52; Alaska 0:32; Indigo 0:25; Angus 0:23; Ella 0:21; Harper 0:02; Havana 0:01  
5000m – Aangi 1:49; Matilda 0:49; Lily 0:32; Ela 0:04

**\*\* AV PHOTO GALLERY \*\***

AV has posted images of all but two of the Junior championships competitors on its Facebook page (sorry, Anna and Bethany.) To see the uncropped images, visit <https://www.facebook.com/media/set/?set=a.1348886287281842&type=3> (Friday 3000m) and <https://www.facebook.com/media/set/?set=a.1348896797280791&type=3> (Saturday 5000m)





**\*Action models:**

*Annika, Fieta, Max, Tate J, Kobe, Mya, Aangi, Pippa, Harper, Lily, Tom, Matilda, Havana, Harrison, Mietta, Charlie, Oliver, Indigo, Logan, Alaska, Ela, Tate McQ.*

*(Photos: AV Facebook)*

**\*This weekend ...**



## AVSL – News, results

The AVSL competition will resume next weekend and continue to its completion, with Rounds 9 and 10 held in successive weeks prior to the LAVic State championships on March 7/8.

**\*AVSL Round 9 – Saturday 21 February**

<b>Metro – Doncaster (Zone A)</b>	1.00pm	1500m walk (all ages)
	1.20pm	3000m walk (all ages)
<b>Ballarat region</b>	3.05pm	2000m, 5000m walk (all ages)
<b>Bendigo region (Twilight)</b>	6:15pm	1500m, 3000m walk (all ages)
<b>Geelong region</b>	1.15pm	1500m, 3000m walk (all ages)

**ENTRIES**

Enter via Members Portal at <https://athsvic.org.au/events/avsl-round-09/>  
 Entries close 12.00 noon on Wednesday 18 February, 2026

**\*Next week ...**

Round 10 walks will be held at Casey Fields, with distances of 2000m and 5000m.



# CLUB NEWS and RESULTS



- It was a productive night at Lakeside last Friday for coach **Fran Attard**, with five of her young charges at the AV Junior championships bringing home medals – not to mention three State titles and a new Victorian U16 record to boot. (Matilda would add to the tally the next day with another title.) Post-presentations, Fran celebrated with her happy ‘bling racks’ – **Angus, Logan, Oliver, Mya and Pippa**. Well done, everybody!

(Photo: Knox AC)

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## AROUND THE COUNTRY

### **SOUTH AUSTRALIA** ASA Interclub results, 14 February – Mile End stadium

It was another 30C day in Adelaide but no deterrent to two juniors trying for PBs and succeeding. Thanks to **Kim Mottrom** for the results.

#### **Open 5000m**

Kim Mottrom	22:25.89
Liam Freundt	24:25.21
Cooper Rech	25:25.19
Angelina Legrand	27:43.57
Jessica Clelland	33:19.87 PB 0:51
Peter Crump	35:09.97
Alex McEwan	40:10.47

#### **Open 1500m**

Liliana Templer	7:41.97	PB 0:01
Orlando Grantham	8:56.11	
Zachery Freundt	9:22.15	
Kate Hamlyn	9:51.87	
Rachael Pemberton	10:34.69	

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## INTERNATIONAL NEWS

### **Yamanishi sets world half marathon race walk record in Kobe**

by **Paul Warburton** (reprinted from World Athletics News – 15 February)

On his 30th birthday, **Toshikazu Yamanishi** gave himself the present of an inaugural world half marathon race walk record by clocking **1:20:34\*** at the Japanese Half Marathon Race Walking Championships – a *World Athletics Race Walking Tour Bronze* meeting – in Kobe on Sunday (15). Younger competitors with pedigree were ready to cause an upset, but Yamanishi’s master class underlined the number one on his gold-coloured race bib.

Striding away from a dwindling lead group shortly after 17km, Japan’s two-time world champion passed the 20km mark in 1:16:26 – only 16 seconds outside the world record for the 20km race walk he set on the same course last year. He still had a lap and a bit to go but found another gear to notch a speedy 3:47 for the 21st loop of the course.

It is the first performance that surpasses the inaugural world record standard of 1:21:30 that was approved by the World Athletics Council in December, following the announcement that the half marathon and marathon would become the official senior road distances for race walking events.

Yamanishi, as part of a group of five, was well under world record pace from as early as halfway. The weather was kind for racing; a pleasant 11°C, although crowds lining the course still had warm coats to ward off the morning chill.

A large pack including world champion **Caio Bonfim** shot away at the start. The Brazilian was one of only two athletes without sunglasses, despite the overcast conditions.

The lead group had splintered by 3km, reached in 11:36, and Bonfim was in a second pack giving chase to a group of nine.

At 4km, the time was modest, at least modest by the standards of this stellar field. However, the gloves were off – literally for many – and 2km later the pace accelerated to hit 6km in 23:10. Bonfim was already 50 metres behind and losing touch rapidly, with the spearhead passing 10km in 39:06. Ahead of him, that lead group was proving stubborn. **Kento Yoshikawa, Tomohiro Noda, Sotaro Osaka, Satoshi Maruo and Yuta Koga** – all athletes with fast PBs – were hanging on to the quickening pace.

With lap times now around 3:50, something had to give. And so it proved. With 4 kilometres to go, Yamanishi lit the afterburners to immediately open up a gap of 15 metres on Yoshikawa and Noda – the only pair to remain tenuously in touch.

The bespectacled leader glanced over his shoulder a couple of times at the remaining turns but he had already done enough damage to secure the win. In fact, Yamanishi might have shaved off a couple more seconds on his new record, had he not opted to stroll the last few metres through the tape.

The birthday boy admitted he had been working on his technique to make sure there was no repeat of his penalty zone demise at last year’s World Championships. “Based on my experience of the penalty zone at the Tokyo 2025 World Championships, I realised I had a great opportunity to train with other athletes and be observed by other top coaches,” he said. “I also realised that the first step would be to compare and consult with others.”

The top four all finished inside the inaugural world record standard. Finishing fast, Yoshikawa improved his PB for 20km by some margin, with 1:16:38 and Noda did likewise, finishing third after recording 1:16:42 for that split.

Yoshikawa reached the finish line in **1:20:50**, followed by Noda in **1:20:57** and Maruo in **1:21:25**.

Bonfim made the finish just outside the standard in **1:21:44**, but he eclipsed the 1:27:58 he recorded in January back home in Brazil.



(Photo: JAAF/Ikumi Kodama)

#### **Men Half-marathon Japanese c'ship & Bronze tour race**

1.	Toshikazu YAMANISHI	15 FEB 1996	JPN	1:20:34 WR*
2.	Kento YOSHIKAWA	09 AUG 2001	JPN	1:20:50
3.	Tomohiro NODA	24 JAN 1996	JPN	1:20:57
4.	Satoshi MARUO	28 NOV 1991	JPN	1:21:25
5.	Caio BONFIM	19 MAR 1991	BRA	1:21:44
6.	Hayato KATSUKI	28 NOV 1990	JPN	1:22:06
7.	Kazuki TAKAHASHI	17 JUN 1996	JPN	1:22:25
8.	Yuta KOGA	15 JUL 1999	JPN	1:22:40
9.	Hiroto JUSHO	11 JAN 2000	JPN	1:22:46
10.	Kazuya IWAI	24 MAR 2002	JPN	1:22:50
11.	Keisuke HARA	04 MAR 2002	JPN	1:22:50
12.	Atsuki TSUCHIYA	06 AUG 2003	JPN	1:23:23
13.	Motofumi SUWA	22 OCT 1999	JPN	1:23:29
14.	Yushi NAKAJIMA	29 JAN 2005	JPN	1:23:54
15.	Hayato YANAGIHARA	28 MAR 2000	JPN	1:24:21
16.	Rihito ISHIDA	19 DEC 2001	JPN	1:25:00
17.	Haruki MANJU	10 APR 2001	JPN	1:25:07
18.	Byeongkwang CHOE	07 APR 1991	KOR	1:25:49
19.	Tomoki TAKADA	02 JUN 2005	JPN	1:25:50
20.	Kosei AKAZAWA	27 MAY 2004	JPN	1:26:13
21.	Subaru ISHIDA	04 JUN 1999	JPN	1:26:47
22.	Riku KANEKO	15 MAR 2005	JPN	1:26:52
23.	Hyunmyeong JOO	31 MAY 1997	KOR	1:27:08
24.	Taizo TAMAHARU	15 JUN 2006	JPN	1:27:28
25.	Kohaku NAKADAI	31 JUL 2005	JPN	1:27:54
26.	Seongyoon LEE	18 JAN 2002	KOR	1:28:07
27.	Soha NAKAMURA	06 APR 2004	JPN	1:28:08
28.	Naoto SUGIBAYASHI	09 SEP 2003	JPN	1:28:09
29.	Chisato HASEGAWA	20 NOV 2002	JPN	1:28:12
30.	Minato SUGIMOTO	10 DEC 2006	JPN	1:28:46
31.	Akira YAMAGUCHI	16 OCT 2006	JPN	1:29:18
32.	Dongmin LIM	22 JUL 2000	KOR	1:29:23
33.	Yusuke HARA	27 SEP 2005	JPN	1:29:33
34.	Yuki ITO	12 APR 1992	JPN	1:29:55
35.	Kenta SAKURAI	26 DEC 2004	JPN	1:29:55

71 finishers. 8 DNFs. 2 DQs

The women's Half-marathon race quickly became a duel between **Ayane Yanai** and **Yukiko Umeno**. In fact, from just after 3km the two held sway, passing 10km in 45:18 by which time everyone else was more than a lap in arrears.

Like Yamanishi in the men's race, Umeno kept her powder dry until the last three laps and then went through the gears at a rate of knots. In fact, by the finish in **1:35:01**, she had put almost a minute between herself and the tiring Yanai, who came home second in **1:35:57**.

**Ayumi Sugibayashi** was third in **1:39:43**.

**Women Half-marathon Japanese c'ship & Bronze tour race**

1.	Yukiko UMEMO	08 JAN 2003	JPN	1:35:01
2.	Ayane YANAI	24 DEC 2003	JPN	1:35:57
3.	Ayumi SUGIBAYASHI	24 DEC 2000	JPN	1:39:43
4.	Ai OYAMA	28 OCT 2005	JPN	1:39:49
5.	Se-ha LEE	08 NOV 1996	KOR	1:41:17
6.	Mao TATSUMI	12 JAN 2000	JPN	1:41:21
7.	Ayaka NAKAMURA	17 DEC 2003	JPN	1:42:16
8.	Sumika TANI	19 JAN 2005	JPN	1:42:51
9.	Satsuki ISHIDA	02 MAY 2004	JPN	1:42:57
10.	Midori KATSUMA	13 AUG 2001	JPN	1:44:00
11.	Yuki YOSHIZUMI	07 JAN 1996	JPN	1:44:17
12.	Naru TAKAHASHI	03 SEP 2002	JPN	1:45:29
13.	Kaori MURATE	2001	JPN	1:45:30
14.	Yui ABE	12 JUN 2006	JPN	1:45:35
15.	Yoshika YAMADA	26 APR 2004	JPN	1:45:53
16.	Nami HAYASHI	11 AUG 1999	JPN	1:46:00
17.	Kotono NISHIYAMA	02 JUL 2006	JPN	1:46:11
18.	Wakana USAMI	21 SEP 2005	JPN	1:46:13
19.	Uwa OHGA	03 JUN 2005	JPN	1:47:53
20.	Chika HAYASHI	20 SEP 2006	JPN	1:48:16
21.	Nozomi KAWABE	01 SEP 1998	JPN	1:48:29
22.	Maho OGAWA	17 JUL 2003	JPN	1:49:24
23.	Yurika OMURA	02 JUN 1996	JPN	1:50:08
24.	Natsuko OKI	18 FEB 2004	JPN	1:50:55
25.	Raku TAMURA	07 APR 2004	JPN	1:51:12
26.	Machi NAGAOKA	26 JUL 2006	JPN	1:51:24
27.	Momoka NORITAKE	20 JAN 2002	JPN	1:51:39
28.	Rina YAMADA	30 APR 2006	JPN	1:51:42
29.	Yuka KAWAKATSU	14 JUL 2000	JPN	1:52:31
30.	Rio NAKA	22 AUG 2000	JPN	

40 finishers. 7 DNFs. 1 DQ

**UNITED KINGDOM: ERWL Martin Oliver 5km, 17 January - Enfield**

Thanks to **Ron Wallwork** for sending through this report of the 2026 Enfield Race Walking league opener. Looks as if they had a nice day for it!



The picture shows a bright sunny start by 23 walkers anxious to get into the swing of things for 2026. There was a great friendly atmosphere as friends and rivals met up for the start of a new campaign.

It was particularly pleasing to see Helen Middleton fully recovered from her distressing experience at the Hundred in August and Grazia Manzotti, who unbeknown to many, was comatose after being run over by a car in September and suffered a number of injuries. Her

performance suggests that she has recovered well from the experience.

Thanks are expressed to Barry Cook and Enfield & H AC, all the walkers and their families for supporting the event and of course the officials and volunteers for their input to the success of the event.

#### 5000m

1	Melanie Peddle	Loughton AC	28.32.9 W55
2	Grazia Manzotti	TonbridgeAC	28.56.7 W55
3	Colin Harle	Belgrave H	30.31.0 M65
4	Biu Lam	Belgrave H	31.28.6 M65
5	Billie Kwok	Belgrave H	31.49.8 W50
6	Maureen Noel	Belgrave H	32.02.0 W60
7	Emma Keeley	Camb/Col AC	32.07.5 SW
8	Miraiker Wallace	Camb/Col AC	32.11.3 W60
9	Mark Selby	Surrey WC	32.17.4 M50
10	Jacqui Benson	Ashford AC	33.06.0 SW
11	Helen Middleton	Enfield HAC	33.19.9 W60
12	Fiona Bishop	Enfield HAC	36.48.0 W65
13	Suzanne Bailey	Newmarket J	37.12.2 W60
14	Susan Barnett	Enfield HAC	37.14.5 W75

#### 3000m

1	Sophie Blundell	Newmarket J	18.43.9 u16G
2	Lily-Ann Cooper	Newmarket J	20.33.7 u16G
3	Celia Cordran	Brentwood B	21.30.0 W45
4	Taro Tyson	Camb/Col AC	24.36.0 W60

#### 2000m

1	Rio McAndrew	Newmarket J	11.15.3 u14B
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#### B Race 5km Results Permit No: RWA 26002-B

1	Ian Richards ©	Steyning AC	30.47.8 M75
2	John Borgars ©	Loughton AC	35.25.8 M75
3	James Critchley	Surrey WC	35.36.0 M60
4	Dave Hoben	Surrey WC	38.39.7 M70

*Timekeeper/Recorders:* Phil Welch, Pam Ficken ©, John Hall, Tony Wilkinson & Tracey Wilkinson

*Judges:* George Wilkinson (*Chief*), Dave Annetts, Elizabeth Benson, Phil Blundell & Peter Cassidy. *J. Runner's:* Sharon Harle & Mike Wallace

**Virtual Result**      1 Cath Duhig ©      Ryston R      33.33 W70      2 Tony Perkins (C)      Ilford AC      50.43 M80

## ‘O MARCHADOR’ ROUNDUP

The Portuguese race walking blog *O Marchador* posts news reports and results as they come to hand. The page has dozens of links to articles on race walking, featuring both domestic events and those from abroad.

- Tuesday, February 17, 2026 - **Short Track 2026 – National Clubs II Division: CA Seia and J Ilha Verde win in the race walking events.** <https://omarchador.blogspot.com/2026/02/pista-curta-2026-nac-clubes-ii-divisao.html>
- Monday, February 16, 2026 - **Toshikazu Yamanishi sets the Marching Half Marathon world record in Kobe** <https://omarchador.blogspot.com/2026/02/toshikazu-yamanishi-estabelece-em-kobe.html>
- Sunday, February 15, 2026 - **Short Track 2026 – National Clubs III Division: J Ilha Verde and CA Marinha Grande with victories in the race walking events.** <https://omarchador.blogspot.com/2026/02/pista-curta-2026-nac-clubes-iii-divisao.html>
- Sunday, February 15, 2026 - **Portuguese judges José Santos and Luís Dias on the World Athletics Silver Panel** <https://omarchador.blogspot.com/2026/02/jose-santos-e-luis-dias-no-painel.html>
- Saturday, February 14, 2026 - **Guatemala competed in the National Half Marathon and Marathon Race Walking Championships - San Jerónimo 2026** <https://omarchador.blogspot.com/2026/02/guatemala-disputou-nacionais-de-marcha.html>
- Saturday, February 14, 2026 - **Isnardo García (1960 – 2026)** <https://omarchador.blogspot.com/2026/02/isnardo-garcia-1960-2026.html> The passing of Colombia’s International race walk judge at age 65.
- Thursday, February 12, 2026 - **Serena Di Fabio shines at the Italian Under-20 Indoor Championships (Ancona 2026)** <https://omarchador.blogspot.com/2026/02/serena-di-fabio-em-grande-destaque-nos.html>
- Wednesday, February 11, 2026 - **Antalya (TUR) hosted the World Athletics Silver competition, featuring new distances.** <https://omarchador.blogspot.com/2026/02/antalia-acolheu-competicao-silver-da.html>

*Note: The O Marchador blog is written in Portuguese. To access an English version, open the page in Google Chrome – if you haven’t already – at <https://omarchador.blogspot.com>, then right click on any empty space (not on text) on the page. A window will appear with the option to translate the page. Click on it, and the page should reload in English.*

## \*FURTHERMORE ...

### Christoph Höhne ... 85 years young

By *Car Hans-Peter* (Gehen-Leichtathletik FB)

Our two-time European champion and Olympic champion **Christoph Höhne** reigns supreme on Mount Everest in the Himalayas of German race walking. Never before has an Olympic champion won a 50 km race walk as convincingly as Christoph Höhne did in 1968 at an altitude of 2,240 metres above sea level.

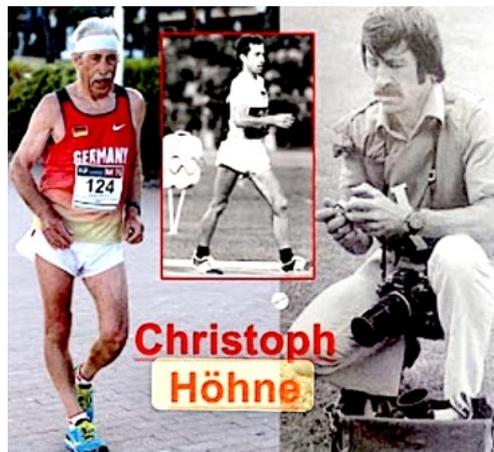
Born on 12 February 1941 in Borsdorf in the district of Grimma, Saxony, his sporting career began in 1956 at SG Machern. In 1957, Höhne won his first medals at the GDR Youth Championships. At the 1962 European Championships in Belgrade, he finished fourth in the 50 km walk, and sixth at the 1964 Olympics in Tokyo. After his Olympic victory in Mexico in 1968 and winning the gold medal at the 1969 European Championships in Athens, he won silver in the 50 km walk in Helsinki in 1971.

On the evening before the 50 km walk at the 1972 Olympics in Munich, he was anonymously denounced to the GDR team management, which may explain why he was a shadow of his former self in Munich and only finished in 14th place<sup>1</sup>. At the 1974 European Championships, however, he was

back on the podium in the 50 km walk with a time of 3:59:06.6, beating the entire Soviet elite and the Munich Olympic champion, Bernd Kannenberg, who finished ninth in 4:21:47.8. After retiring from his sporting career, Höhne became a well-known sports photographer. Ten years ago, Höhne laced up his running shoes again and achieved some impressive successes at the Masters Championships.

Today, the very likeable Christoph Höhne celebrates his 85th birthday, which is being celebrated not only by the race walking community.

*Translated with DeepL.com (free version)*



*(Photo montage: Bernd Ocker Holters)*



*I'll never get tired of posting this: Christoph Höhne at the World Masters championships in Perth ten years ago, with Goetz Klopfer and Tom Dooley (USA), beside Bob Gardiner. These four fought out some great races in the 60s/70s.*

## \*\* H&T Online - NOTICE BOARD \*\*

### VRWC Committee

### \*\*Vacancy – Club Treasurer

The Committee invites expressions of interest from members (or their families) who would like to consider taking on this vital role.

The job entails:

- *Overseeing and accounting for all Club income and expenditure;*
- *Presenting a monthly report to the Committee;*
- *Liaising with the Club's auditor in the preparation of an annual financial statement;*
- *Presenting a Treasurer's Report to the membership at the Annual General meeting*

The position would suit someone with experience in finance, business or clerical work, or indeed anyone with an interest in numbers or accounting.

Interested persons should contact Terry Swan, Stu Cooper or Karyn O'Neill ([treasurer@vrwc.org.au](mailto:treasurer@vrwc.org.au)) ASAP.

<sup>1</sup> Tim Erickson provides further details about this unfortunate incident in his article on Christoph Höhne and Bernd Kannenberg at <https://www.vrwc.org.au/tim-archive/articles/1968%20and%201972%20Olympic%2050km%20races.pdf>.

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# WHAT'S UP AHEAD?

## AVSL Round Dates – 2025/2026

(NOTE: Venues and race distances are as listed by AV on 15/9/2025. Changes may occur.)

Sat 21 Feb 2026                   AVSL Rd9 – Doncaster (1500m, 3000m)  
Sat 28 Feb 2026                   AVSL Rd10 – Casey (2000m, 5000m)

\*Country venues – **Ballarat, Bendigo, Geelong**. Race distances may differ from those of Metro venues.

## Victorian & National Key Dates – 2025/2026

Fri-Mon 6/9 Mar 2026           **Aust. Masters T&F Championships** – AIS & Woden, Canberra ACT  
Sat-Sun 7/8 Mar 2026           **LAVic State T&F Championships** – Knox Park, Knoxfield  
Sat-Sun 14/15 Mar 2026       **VMA Masters T&F c'ships** - Doncaster  
Sun 15 Mar 2026               **AA Half-Marathon Race walk c'ships** – Adelaide SA  
Thu-Sun 19/22 Mar 2026       **AV U20, Open & Overage T&F c'ships** – Lakeside Stadium  
Thu-Sun 9/12 Apr 2026       **AA Open (exc. Walks) & U20 (combined events only) T&F c'ships** – Sydney NSW  
Wed-Mon 15/20 Apr 2026      **AA Junior T&F Championships** – Brisbane QLD

## International Dates

12 Apr 2026                   **2026 World Athletics Racewalking Team c'ship** – Brasilia, BRA  
18-23 May 2026               **2026 Oceania Athletics C'ships** – Darwin NT, AUS  
4-9 Aug 2026                 **World U20 Athletics Championships** – Eugene OR, USA  
22 Aug-3 Sep 2026           **World Masters Athletics Championships** – Daegu, KOR  
30 Oct-15 Nov 2026         **Youth Olympic Games** – Dakar, SEN

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